

Anchored & Aware -- Essentials for Fall Protection

Cody Schnitzius

Batelle Energy Alliance

Cody Schnitzius is a Board Certified Safety Professional with 10 years of working experience, currently supporting INL's R&D Division, bringing safety expertise and a strong focus on practical, worker-centered safety solutions to the ever changing world of R&D. Based in Idaho Falls, Cody specializes in exposure evaluation, accuracy in safety calculations, hazard controls and mitigation, and maintaining high standards across laboratory and field environments. Cody is considered a Fall Protection Subject Matter Expert at the INL.

Description: The Anchored & Aware Course introduces new or at-risk workers to the essential concepts needed to recognize, avoid, and control fall hazards in the workplace. It covers the basics of identifying common fall risks, understanding the hierarchy of fall protection, and properly using personal protective equipment such as harnesses, lanyards, and anchor systems. Workers learn how to inspect equipment, follow safe-work procedures, and understand their responsibilities when working at heights. The course emphasizes situational awareness, hazard reporting, and knowing when to stop work if conditions become unsafe—ensuring that at-risk workers gain the confidence and foundation knowledge needed to protect themselves and others.

Asbestos Awareness

Spencer Thomas

MarCom LLC

Description: This Asbestos Awareness course is designed to provide workers with a practical understanding of asbestos, where it may be encountered, and how to recognize and avoid activities that could result in dangerous fiber exposure. The course focuses on awareness—not removal or disturbance—and emphasizes the health risks associated with asbestos, including the long latency period of asbestos-related diseases.

Participants will learn how asbestos was historically used, why it remains a concern in older buildings, and what to do if suspect asbestos-containing materials (ACM) are encountered during routine work activities. The course reinforces regulatory requirements, employer and employee responsibilities, and appropriate response actions to prevent exposure.

Asbestos Awareness Class IV Workers

Rex Steel

RAMM Safety

Description: Training for employees who work in a facility with asbestos building materials who participate in maintenance and custodial operations. Course will cover asbestos materials such as TSI, surfacing, flooring material, and others. Students will learn to recognize damage, deterioration, and delamination and how to respond.

Building Resiliency by using HPI tools (supergrid activity)

Brandy Young

INL

Brandy Young is a Human Performance Improvement (HPI) Subject Matter Expert for the Idaho National Laboratory. Brandy is a former adjunct professor and began her career in the Health Information Management field. She also works for BushCo HPI and has worked with companies in the Oil & Gas, Utilities, and Healthcare industries for 10+ years in integrating Human & Organizational Performance concepts and principles.

Brandy has a B.S. in Biology from BYU-Hawaii and a M.S. in Organizational Performance & Workplace Learning from Boise State University.

Description: Can you successfully complete the Super Grid? Through the use of a simulated group work activity, this session will help participants discover the benefits of using HPI tools in everyday work as you learn how to reduce error, eliminate unwanted outcomes, and build resiliency.

Chemicals, Toxins, and the Human Body

Briana McCandless

Health Advocate and Educator for Immunotec Global

Briana is a busy wife, mom of 4, and a health enthusiast. She has a passion for science and holistic modalities and how the two work synergistically together. She believes a clean healthy body has the ability to heal itself and that the best healthcare is preventative.

Description: I'll be talking about chemicals, toxins and their effects on the human body. Whether it's chronic dehydration, blood sugar issues, autoimmune conditions, brain fog, low energy levels, chronic pain etc you could be suffering from systemic toxicity. We will outline some easy changes you can make to naturally improve your health, as well as discuss how that translates to the workplace. A healthier, happier worker not only increases workplace productivity and moral,

Combustible Dust

Emma Carvo

Idaho National Laboratory

Description: Combustible dust presents significant hazards in various industrial environments. This presentation aims to provide a comprehensive overview of combustible dust, its sources, and the potential risks it poses.

CPR and First Aid

Kara Green

Kara Green is a Training Instructor Specialist for Idaho Environmental Coalition at the DOE Idaho National Laboratory and has been employed at the site for 8 years. Her career at the nuclear site has provided her with opportunities in operations and currently Regulatory Training. Kara instructs CPR/AED, First Aid and Personal Risk Evaluation Process. She holds a Bachelor of Science in Workplace Training Leadership; Organizational Learning and Performance.

Description: The Heartsaver First Aid and CPR AED courses are designed to meet OSHA requirements and covers first aid, cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) use in a safe, timely, and effective manner. This course also teaches students how to protect themselves and others from being exposed to blood or blood-containing material.

Effective Communication

Russ Wood

Effective PowerPoint Presentation Strategies

Rob Nii

Description: This presentation is designed to demonstrate a “turnkey formula” for developing and delivering an amazing presentation using PowerPoint.

We cover how to develop an overview/outline to what you want your audience to learn and retain, the most common PowerPoint mistakes (what not to do), and how to transfer information into PowerPoint (complete with examples and tips to maximize your use of PowerPoint).

Electrical Safety 101: Intro to NFPA 70E

Deah Smith

Legacy River Safety LLC

Deah Smith is a partner at Legacy River Safety, LLC, where she works with organizations to strengthen jobsite safety, leadership accountability, and hazard awareness. A combat veteran, she brings discipline, real world perspective, and credibility to every training she delivers.

She spent 15+ years as an electrician working in both commercial and residential environments, with extensive experience in high risk work settings where strong safety practices were critical to mission success and worker survival. She previously served as an instructor at Idaho National Laboratory (INL) and is recognized as a leader in her field, known for a practical, no nonsense approach that connects OSHA expectations to real jobsite decisions.

Her training focuses on building strong safety cultures, developing leaders at every level, and helping workers understand not just what the rules are—but why they matter.

Description: 2 Hour Awareness Session

Electrical hazards don't just affect electricians—and one mistake can be life changing. This fast paced, plain language session introduces NFPA 70E®, the industry standard for electrical safety in the workplace.

Attendees will learn how electrical incidents happen, how to recognize shock and arc flash hazards, and what safe work practices look like on real jobsites. We'll break down who NFPA 70E applies to, what "qualified vs. unqualified" really means, when energized work should stop, and how contractors and subcontractors share responsibility for electrical safety.

This is an awareness level course, not a technical deep dive—perfect for anyone who works on or around electrical equipment and wants to go home safe at the end of the day.

Ideal for: subcontractors, maintenance and HVAC workers, supervisors, safety professionals, and anyone working near electrical hazards.

Establishing an OSHA Confined Space

Debra Nims

Ms. Nims has more than 30 years of diverse experience as an occupational safety and health professional.

Description: This class covers the three methods for entry into confined spaces in accordance with 29 CFR 1910.146, OSHA's confined space standard. If you are new to confined space entry, you'll get a good introduction to setting up your own program. If you're a more experienced professional, bring your tough questions for the group.

Extreme Ownership

Edward Wilson

Ed Wilson has a 30-year career in Strategy, IT, Operations, Sourcing & Global Logistics. The last five of those years have been with Idaho Environmental Coalition as the Enterprise Architecture manager where he manages software teams helping with the companies' scope. This scope includes legacy wastes generated from World War II-era conventional weapons testing, government-owned research and defense reactors, spent nuclear fuel reprocessing, laboratory research, and defense missions at other DOE sites. Ed received his MBA at Westminster College, Salt Lake City, and his Bachelor's Degree from the University Of Utah, also in Salt Lake City. He is married and has four kids.

Description: In their New York Times best-selling book Extreme Ownership, retired SEAL officers Jocko Willink and Leif Babin share leadership principles that enable SEAL leaders and teams to achieve extraordinary results. And how these principles can be applied to achieve success in all aspects of business and life. In this one hour introduction to Extreme Ownership, we'll outline these leadership principles. Then, we will go into detail on some of these principles in a way you can apply them in your personal and professional life today. Not tomorrow... today.

Glove Selections for Chemical and Cuts

Brian Petersen

Handling Conflict in the Workplace

Jonathan Mecham

Having a Safety Program Not Just on Paper but in Practice

Spencer Thomas

MarCom LLC

Description: This course is to help employers operate beyond “paper compliance” and address the issues OSHA most frequently cites during inspections. Using real-world enforcement themes, participants learn how to effectively follow through on past citations, ensure defensible training documentation, apply the hierarchy of controls with emphasis on engineering controls before PPE, and develop and implement effective written safety and health programs.

The course emphasizes practical application over theory, showing how inspectors evaluate compliance in the field and what separates citations that close cleanly from those that become repeat or willful violations.

HAZWOPER 8-Hour Refresher

Spencer Thomas

MarCom LLC

Description: The HAZWOPER 8-Hour Refresher course is designed to meet the annual refresher training requirements of OSHA 29 CFR 1910.120 for workers engaged in hazardous waste operations and emergency response activities. This course reinforces critical safety concepts and updates participants on regulatory changes, site-specific hazards, and best practices for working safely in hazardous environments.

Topics include hazard recognition and control, use and limitations of personal protective equipment (PPE), medical surveillance requirements, air monitoring, decontamination procedures, emergency response principles, and employee rights and responsibilities. Emphasis is placed on practical application of safety procedures and lessons learned from recent incidents.

This course is intended for individuals who have previously completed an OSHA 40-hour HAZWOPER or 24-hour HAZWOPER course and require their annual refresher to remain compliant.

Heat and Cold Stress

Brian Petersen

IEC

Description: This class will discuss the signs and symptoms of heat and cold related illnesses and available methods for evaluation and response to these hazards.

Holistic Worker Wellness: A Human Performance Approach

Tyler Atkinson

INL

Tyler is a Certified Athletic Trainer who has been providing Wellness and Injury Prevention services for over 7 years. He was brought in as Health & Fitness Specialist for Idaho National Lab in January 2023. With experience working with federal law enforcement, large industry, and government, he has been able to apply health promotion and injury prevention techniques to a wide variety of work environments. Tyler earned a Bachelor of Science degree in Exercise Physiology from Brigham Young University – Idaho and a Master of Science degree in Athletic Training from the University of Idaho. Tyler has additional certifications in movement analysis and treatments such as Functional Movement Screening (FMS), MyoKinesthetics Systems (MYK), among others.

Description: Worker wellness is a critical component of safety and operational performance. This session will examine how human anatomy, functional movement, ergonomics, and safety practices intersect to reduce injury risk and enhance resilience. Participants will learn practical, east-to-apply strategies that prepare the body for the physical demands of work and reaction while minimizing cumulative strain. The session will also showcase how Idaho National Laboratory has integrated wellness into its safety culture, creating a program that supports injury prevention, workforce readiness, and long-term health. Attendees will leave with a clearer understanding of how proactive movement and body awareness contribute to both personal well-being and mission success.

Implementing an Effective Respiratory Protection Program

Debra Nims

Ms. Nims has more than 30 years of diverse experience as an occupational safety and health professional.

Description: This class covers the contents of 29 CFR 1910.134, the OSHA Respiratory Protection standard. Each element of an effective program is discussed. A sample written program is included in the handouts.

Lockout Tagout Awareness Education

Brent Cooper

Brady Corp

I have worked in the safety product and compliance world for 27 years. The last 13 years have been spent with Brady, where I have become a subject matter expert on Lock Out Tag Out. I call Meridian home with

My wife of 24 years, Julie, and our two kids, Brandon and Emily, who attend Washington State University and Western Washington University, respectively. I cover four states for Brady, ID, MT, AK and HI, helping customers improve their safety programs to achieve their compliance goals.

Description: Lock Out Tag Out Awareness Education Class. Detailing the six steps to an effective LOTO program to keep you, your co-workers and your facility machinery safe with an emphasis of what OSHA looks for and fines for.

MMH- What can we do different?

Jared Davis

Idaho National Laboratory

Jared is a facilities site safety professional at Idaho National Laboratory (INL). He is the Human Performance Lead for ESH&Q. He has a bachelor's degree in occupational safety management and has worked at the INL for over 10 years. Prior to INL, Jared worked in the chemical and mining industry for more than 15 years as an operator, a trainer, event investigator, and safety liaison. Jared has many years of behavior-based safety knowledge and employee involvement that help mitigate hazards in the workplace.

Description: In this session, learners will hear from Idaho National Laboratory on how they identify new training and tools to enhance manual material handling in the workplace. Manual/Mechanical material handling at Idaho National Laboratory (INL) involves the use of various mechanical systems and equipment to transport, move, and manage materials, including nuclear materials, within the facility. This process ensures the safe, efficient, and effective handling of materials. The primary goal of MMH at INL is to enhance operational efficiency, ensure safety, and comply with regulatory requirements. This involves the integration of advanced technologies and adherence to strict safety protocols. Come prepared to discuss some of your own challenges and success with MMH.

Office Ergonomics

Denise Serr

Batelle Energy Alliance

Denise supports Facilities & Site Services by providing industrial Hygiene and Safety support. She is an SME for office and industrial ergonomics. She works closely with employees to address ergonomic issues and concerns.

Description: Anticipate, recognize, evaluate, and control ergonomic issues and concerns in office settings. Return to Office (RTO) mandates introduce unique challenges with smaller cubicle configuration sizes and lighting.

OSHA #7100 - Introduction to Machinery and Machine Safeguarding

Ed Woodford

Pacific Northwest Safety Consulting

Ed holds a Masters Degree in Occupational Safety and Environmental Management from Columbia Southern University. He is a Certified Safety Professional (CSP), Certified Hazardous Materials Manager (CHMM) and Certified Instructional Trainer (CIT) with 30+ years of experience leading HSE programs in high-risk, high-compliance industries. Proven track record of developing and delivering OSHA, EPA, and

DOT-compliant programs that improve safety performance, reduce incidents, and lower operational costs. Recognized expert communicator and trainer, known for simplifying complex safety regulations into practical, field-ready guidance.

Description: This course covers the process to identify, select and properly safeguard machinery to protect employees and others in the work area and deliver appropriate training in safe work practices. Course topics include types of machinery requiring guarding, point of operation, emergency eyewash/shower requirements, hazard communication, OSHA Machinery and Machine Guarding Standards violations, and corrective actions. Upon course completion students will have the ability to explain hazardous actions and motions of various types of machinery, identify methods of safeguarding, and match identified safeguards with the applicable OSHA Machinery and Machine Guarding Standards to reduce and eliminate the potential for accidents and injuries.

OSHA #7105 - Evacuation and Emergency Planning

Ed Woodford

Pacific Northwest Safety Consulting

Ed holds a Masters Degree in Occupational Safety and Environmental Management from Columbia Southern University. He is a Certified Safety Professional (CSP), Certified Hazardous Materials Manager (CHMM) and Certified Instructional Trainer (CIT) with 30+ years of experience leading HSE programs in high-risk, high-compliance industries. Proven track record of developing and delivering OSHA, EPA, and DOT-compliant programs that improve safety performance, reduce incidents, and lower operational costs. Recognized expert communicator and trainer, known for simplifying complex safety regulations into practical, field-ready guidance.

Description: This course covers OSHA requirements for emergency action and fire protection plans. Course topics include purpose and requirements of emergency action and fire prevention plans, elements of emergency evacuation plans, and features of design and maintenance of emergency exit routes. Students will participate in workshops pertaining to the development of emergency action plans. Upon course completion students will have the ability to list the elements of an emergency action plan and emergency evacuation floor plans, recognize violations of OSHA exit route requirements, determine whether their organization requires an emergency action plan, and develop and implement workplace emergency action and fire protection plans.

OSHA #7120 - Introduction to Combustible Dust Hazards

Kimberli Reynolds

Description: This course covers the hazards posed by combustible dust within general industry. Course topics include recognizing the hazards and risks associated with combustible dust, control of electrical installation hazards, and developing controls and strategies to prevent or mitigate combustible dust fires and explosions. Upon course completion the student will have the ability to utilize strategies that assure employee safety while using or producing materials that generate combustible dust and the ability to use OSHA Standards, National Fire Protection Association (NFPA) Standards, and other applicable consensus standards that impact industries which generate combustible dust.

OSHA #7215 - Silica in Construction, Maritime, and General Industries

Ed Woodford

Pacific Northwest Safety Consulting

Ed holds a Masters Degree in Occupational Safety and Environmental Management from Columbia Southern University. He is a Certified Safety Professional (CSP), Certified Hazardous Materials Manager (CHMM) and Certified Instructional Trainer (CIT) with 30+ years of experience leading HSE programs in high-risk, high-compliance industries. Proven track record of developing and delivering OSHA, EPA, and DOT-compliant programs that improve safety performance, reduce incidents, and lower operational costs. Recognized expert communicator and trainer, known for simplifying complex safety regulations into practical, field-ready guidance.

Description: This course covers the development and implementation of controls and strategies to prevent or mitigate silica exposures in construction, maritime, and general industries. Course topics include describing the requirements of OSHA's Respirable Crystalline Silica standards and recognizing the hazards and risks, assessment options, and exposure control measures associated with silica exposure.

OSHA #7400 - Occupational Noise Exposure Hazards

Kimberli Reynolds

Description: This course focuses on describing noise hazards in the workplace. The course includes; OSHA occupational noise exposure standards, properties of sound, noise-induced hearing loss, noise exposure control, selection and use of hearing protection, sound level surveys, noise dosimetry, and worker training. Classroom demonstrations of noise instrumentation and hearing protection devices are featured. The target audience is the employer or representative designated with the responsibility to develop a noise program. At the conclusion of this course, students will describe sound properties and their relationship to noise-induced hearing loss, hearing protection usage, and using a sound level meter.

OSHA #7405 - Fall Hazard Awareness for the Construction Industry

Ed Woodford

Pacific Northwest Safety Consulting

Ed holds a Masters Degree in Occupational Safety and Environmental Management from Columbia Southern University. He is a Certified Safety Professional (CSP), Certified Hazardous Materials Manager (CHMM) and Certified Instructional Trainer (CIT) with 30+ years of experience leading HSE programs in high-risk, high-compliance industries. Proven track record of developing and delivering OSHA, EPA, and DOT-compliant programs that improve safety performance, reduce incidents, and lower operational costs. Recognized expert communicator and trainer, known for simplifying complex safety regulations into practical, field-ready guidance.

Description: This course covers the identification, evaluation, prevention and control of fall hazards in the construction industry. The course focuses on falls to a lower level rather than falls to the same level

resulting from slips and falls. Course topics include identifying, analyzing, and preventing fall hazards utilizing OSHA Fall Protection Standards. At the conclusion of the course, students will have an awareness level of identifying fall hazards and methods to control and abate the hazards.

OSHA #7845 - Recordkeeping Rule Seminar

Kimberli Reynolds

Description: This course covers OSHA requirements for maintaining and posting records of occupational injuries and illnesses, and reporting specific cases to OSHA. Upon course completion students will have the ability to identify OSHA requirements for recordkeeping, posting and reporting and to complete OSHA Form 300 Log of Work-Related Injuries and Illnesses, OSHA Form 300A Summary of Work-Related Injuries and Illnesses, and OSHA Form 301 Injury and Illness Incident Report.

OSHA 10 Introduction

Adam Gerson

US DOL OSHA

Adam Gerson is the Compliance Assistance Specialist for the OSHA Boise Area Office. He has over thirty years of experience working as a safety and health manager, industrial hygienist and safety compliance officer with OSHA. His background includes conducting process safety management inspections at ammonia refrigeration facilities, industrial hygiene surveys for silica hazards, and accident investigations on large-scale manufacturing and multi-employer construction sites. In the Boise Area Office, he assists with planning committees for the Safety Fest of the Great Northwest, OSHA Partnerships with Idaho Construction companies, and Alliance activity to provide OSHA 10 training for a technical high school in Idaho Falls.

Description: (My portion is the OSHA Introduction to the OSHA 10 Hour Training Course)

OSHA Case Studies

Adam Gerson

US DOL OSHA

Adam Gerson is the Compliance Assistance Specialist for the OSHA Boise Area Office. He has over thirty years of experience working as a safety and health manager, industrial hygienist and safety compliance officer with OSHA. His background includes conducting process safety management inspections at ammonia refrigeration facilities, industrial hygiene surveys for silica hazards, and accident investigations on large-scale manufacturing and multi-employer construction sites. In the Boise Area Office, he assists with planning committees for the Safety Fest of the Great Northwest, OSHA Partnerships with Idaho Construction companies, and Alliance activity to provide OSHA 10 training for a technical high school in Idaho Falls.

Description: OSHA Case Studies – This class provides an overview of OSHA enforcement cases conducted by the Boise Area Office and around the United States. This includes descriptions of case involving Endotoxins at a Potato Processing Plant, a Confined Space Fatality involving Carbon Dioxide,

issues related to Heat and Cold Stress, and incident investigations involving Wood Framing and Cable Yarding in the Logging Industry.

OSHA Focus Four Summary

Adam Gerson

US DOL OSHA

Adam Gerson is the Compliance Assistance Specialist for the OSHA Boise Area Office. He has over thirty years of experience working as a safety and health manager, industrial hygienist and safety compliance officer with OSHA. His background includes conducting process safety management inspections at ammonia refrigeration facilities, industrial hygiene surveys for silica hazards, and accident investigations on large-scale manufacturing and multi-employer construction sites. In the Boise Area Office, he assists with planning committees for the Safety Fest of the Great Northwest, OSHA Partnerships with Idaho Construction companies, and Alliance activity to provide OSHA 10 training for a technical high school in Idaho Falls.

Description: Focus Four in Construction – this is an abbreviated overview of OSHA Outreach Presentation material on Focus Four Hazards with an additional emphasis on Trench Hazards in Construction. Hazard recognition photos will be the primary emphasis of the class. The class concludes by providing photos of Idaho based enforcement.

Owning the Outcome: Leadership Accountability in Safety

Debbie Borek

Heartwise Communication

With more than 30 years of expertise in human resources management, leadership development, and organizational strategy, Debbie is a recognized authority in workplace transformation. As Founder and Communication Architect of Heartwise Communication and President & CEO of PNW Safety Consulting, she specializes in equipping leaders with tools to create psychologically safe environments, enhance communication, and drive organizational success - drawing on her background as an executive, senior consultant, coach, and educator. Debbie holds a B.S. in Communication and an M.A. in Transpersonal Psychology, along with multiple certifications in program planning and communication. She held SHRM's Senior Professional in Human Resources (SPHR) certification for more than 15 years and is an OSHA Authorized General Industry Trainer. Her mission is to help organizations and individuals unlock their potential through tailored strategies that foster lasting growth and excellence.

Description: A safe workplace doesn't happen by chance -- it's built through everyday actions, communications, and the courage to speak up. The class moves beyond traditional leadership theory to focus on what supervisors and team leads actually face in the field, how to intervene, how to stay composed under pressure, and how to be heard when it matters most. Through discussion and real-world examples, participants will learn practical ways to influence safety culture from any level of the organization -- including how to "manage up" by encouraging senior leaders to model accountability and safety as shared values. The session also includes opportunities to practice strategies for speaking up confidently when observing unsafe conditions or conduct. Participants will leave with a clear

understanding that accountability isn't about blame --It's about ownership, integrity, and the commitment to act.

Power of Positive Thinking

Russ Wood

Powerline Safety, Public Safety Power Shutoff, and Outage Preparedness

Matt Stucki

Idaho Power

Description: This presentation will focus on powerline safety, Public Safety Power Shutoffs (PSPS), and outage preparedness to help keep our community informed and safe. We will discuss the dangers associated with downed power lines, steps to take to prevent accidents, and how PSPS events are used to reduce wildfire risk during extreme weather conditions. Attendees will also learn practical tips for preparing for power outages, including building emergency kits, staying informed through alerts, and knowing what to do before, during, and after an outage to protect their families and property.

Responsible Use of AI in the Workplace: Safety General Use & Operations

Kaywin Cottle

ISU

Description: Building on last year's foundation, this hands-on workshop practically examines how AI appears in three workplace contexts: safety, everyday general use, and operations. Participants will explore real-world scenarios, identify risks and safeguards, and leave with a personal action commitment. No technical background is required. All you need is curiosity and a willingness to think critically about the tools we use.

Safe digging 101 for Excavators

Jeannien DeWitt

Idaho Division of Occupational and Professional Licenses

Description: Calling 811 before your excavation is just one of Idaho's many damage prevention laws. In this course, you will learn about Idaho's laws and how to apply them to your excavation project using a five-step process.

Safety Leadership on the Jobsite: Principles

Deah Smith

Legacy River Safety LLC

Deah Smith is a partner at Legacy River Safety, LLC, where she works with organizations to strengthen jobsite safety, leadership accountability, and hazard awareness. A combat veteran, she brings discipline, real world perspective, and credibility to every training she delivers.

She spent 15+ years as an electrician working in both commercial and residential environments, with extensive experience in high risk work settings where strong safety practices were critical to mission success and worker survival. She previously served as an instructor at Idaho National Laboratory (INL) and is recognized as a leader in her field, known for a practical, no nonsense approach that connects OSHA expectations to real jobsite decisions.

Her training focuses on building strong safety cultures, developing leaders at every level, and helping workers understand not just what the rules are—but why they matter.

Description: Safety doesn't happen by policy alone—it happens through leadership on the jobsite. This session builds on last year's safety fundamentals and focuses on what foremen, leads, and managers must do every day to meet OSHA expectations and set the tone for their crews. We'll break down five critical actions every tradesman and tradeswoman in a leadership role should be practicing—from how work is planned, to how hazards are addressed, to how expectations are communicated and enforced. This is a practical, boots on the ground discussion about owning safety, leading by example, and making the right call when production and protection compete.

Attendees will learn how OSHA views leadership responsibility, how small decisions create big outcomes, and how to approach tasks with a safety first mindset that crews actually follow—not just hear about in meetings.

Ideal for: foremen, lead workers, supervisors, superintendents, project managers, and anyone expected to lead people safely on the jobsite.

SIF Prevention and the Future of Safety Management

Michael Church

Jacobs Engineering

Michael Church is an Area Safety Manager at Jacobs, overseeing Environmental Health & Safety programs across the Pacific Northwest. He is passionate about building strong safety cultures through leadership, training, and data-driven risk management. Michael holds a Bachelor of Science in Environmental and Occupational Health from Boise State University, is a Certified Safety Professional (CSP), and is an OSHA Authorized Instructor. He has led award-winning safety initiatives recognized by AGC and Google.

Description: Serious Injuries and Fatalities (SIF) continue to be a growing concern in the construction industry. This course provides practical strategies to prevent SIF's on the jobsite. We will discuss how to identify SIF precursors, assess high risk tasks, and implement controls.

Silica Hazards in GI/Construction

Adam Gerson

US DOL OSHA

Adam Gerson is the Compliance Assistance Specialist for the OSHA Boise Area Office. He has over thirty years of experience working as a safety and health manager, industrial hygienist and safety compliance officer with OSHA. His background includes conducting process safety management inspections at ammonia refrigeration facilities, industrial hygiene surveys for silica hazards, and accident investigations on large-scale manufacturing and multi-employer construction sites. In the Boise Area Office, he assists with planning committees for the Safety Fest of the Great Northwest, OSHA Partnerships with Idaho Construction companies, and Alliance activity to provide OSHA 10 training for a technical high school in Idaho Falls.

Description: This class provides an overview of OSHA Silica Standards in General Industry and Construction, as well as illustrating hazard recognition and abatement photos throughout various industries.

Speak Up Without Fear: Creating Psychological Safety at Work

Debbie Borek

Heartwise Communication

With more than 30 years of expertise in human resources management, leadership development, and organizational strategy, Debbie is a recognized authority in workplace transformation. As Founder and Communication Architect of Heartwise Communication and President & CEO of PNW Safety Consulting, she specializes in equipping leaders with tools to create psychologically safe environments, enhance communication, and drive organizational success - drawing on her background as an executive, senior consultant, coach, and educator. Debbie holds a B.S. in Communication and an M.A. in Transpersonal Psychology, along with multiple certifications in program planning and communication. She held SHRM's Senior Professional in Human Resources (SPHR) certification for more than 15 years and is an OSHA Authorized General Industry Trainer. Her mission is to help organizations and individuals unlock their potential through tailored strategies that foster lasting growth and excellence.

Description: When people feel safe to speak up, they engage more, learn faster, and work smarter together. Discover how psychological safety transforms workplaces from cautious to collaborative in this interactive, hands-on class. We'll unpack what psychological safety really means and explore how leaders and teams can create environments where curiosity, candor, and collaboration thrive. You'll learn how to recognize signs of low psychological safety, practice strategies for inviting honest dialogue, and leave with practical tools to build a culture where everyone feels valued and empowered to contribute and grow.

The History and Importance of the Life Safety Code (NFPA-101)

Rob Nii

Description: This presentation will provide basic information on fire, a brief history of the Life Safety Code (NFPA-101), a discussion on Means of Egress and Time, and home applications of the Life Safety Code.

The PASS Advantage Confident Fire Extinguisher Use

Jose Sandoval

Idaho National Laboratory Fire Department

Jose Sandoval is a Division Chief with the INL Fire Department, specializing in fire education and community outreach initiatives. Jose teaches fire extinguisher and practical skills courses and works closely with regional partners to strengthen community safety and readiness. Jose brings practical field experience and a clear, engaging teaching style to every session.

Description: This session gives participants quick, hands-on training in recognizing fire types, choosing the correct extinguisher, and safely applying the PASS method. Attendees will practice essential suppression skills, learn when to intervene versus evacuate, and build confidence in responding to small fires. The course focuses on simple, effective actions anyone can take to improve personnel and workplace safety.

Titanic Effects of Culture and Technology; "Understanding the Past in Order to Anticipate the Future of Safety"

Walt Simms

Trenching and Excavation Hazard Awareness

Adam Gerson

US DOL OSHA

Adam Gerson is the Compliance Assistance Specialist for the OSHA Boise Area Office. He has over thirty years of experience working as a safety and health manager, industrial hygienist and safety compliance officer with OSHA. His background includes conducting process safety management inspections at ammonia refrigeration facilities, industrial hygiene surveys for silica hazards, and accident investigations on large-scale manufacturing and multi-employer construction sites. In the Boise Area Office, he assists with planning committees for the Safety Fest of the Great Northwest, OSHA Partnerships with Idaho Construction companies, and Alliance activity to provide OSHA 10 training for a technical high school in Idaho Falls.

Description: Trench and Excavation Overview with OSHA Enforcement Photos – this is an overview of OSHA trench and excavation requirements with photos of hazard recognition from enforcement sites in Idaho and around the United States.

Using Human Performance Improvement (HPI) to determine if you are safe. (Introductory)

Brandy Young

INL

Brandy Young is a Human Performance Improvement (HPI) Subject Matter Expert for the Idaho National Laboratory. Brandy is a former adjunct professor and began her career in the Health Information Management field. She also works for BushCo HPI and has worked with companies in the Oil & Gas, Utilities, and Healthcare industries for 10+ years in integrating Human & Organizational Performance concepts and principles.

Brandy has a B.S. in Biology from BYU-Hawaii and a M.S. in Organizational Performance & Workplace Learning from Boise State University.

Description: How do we know we are safe? Do we rely on stats and numbers such as TCIR/TRIRs to answer that question? This presentation will explain how to determine your actual safety based on Human Performance Improvement Principles and Concepts.