

Aerial Work Platforms

Laurent Brown

INL

Coaching Plain and Simple

David Boyce

HPI

Coaching can be an effective tool to improve performance as it is used appropriately. We will review various coaching strategies to point out those aspects that make each strategy effective. Then we will present and test out the “plain and simple” approach to coaching as a framework that can be used immediately. It is called plain, simple, and effective for good reason. The plain and simple approach is also known as a “solution-focused” or “brief-coaching” approach as the interactions tend to be brief, they require little time to improve performance effectively and quickly.

Combustible Dust

David Young

INL

Construction Focus Four and Heat Hazards

Van Howell

American Road and Transportation Builders

This course focuses on preventing the leading causes of fatalities in roadway construction: falls, struck-by hazards (vehicles and equipment), caught in or between heavy equipment, excavations, and electrocution. Also included is a special section on preventing heat related illnesses at work

Controlling Workplace Hazards

Denise Serr

INL

Emily Sherman

INL

CPR First Aid

Kara Greeb Cindy Dabb

IEC

The Heartsaver First Aid and CPR AED courses are designed to meet OSHA requirements and covers first aid, cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) use in a safe, timely, and effective manner. This course also teaches how to protect themselves and others from being exposed to blood or blood-containing materials.

Cybersecurity Awareness

Tomm Larson

INL

Successfully communicating requires us to be in tune and aware of our coworkers

Damage Prevention/Safe Digging

Bill Hale

Idaho Division of Occupational & Professional Licenses

The “Damage Prevention” presentation is intended for anyone involved in excavation. With an emphasis on safe digging. It will include an overview of Idaho’s Damage Prevention Program, why it was created and who is affected by the Idaho Statutes and Rules. Information will include compliance efforts, details related to reporting, available training and “safe digging” practices. Learning Objective- Know the steps to safe digging. Understand the damage prevention complaint process in Idaho. Learn the basics of excavation regarding damage prevention.

Effective Communication

Russ Wood

IEC

(For anyone hoping to negotiate a pay-raise, understand their spouse better, or simply speak with more clarity) Do you ever feel like some of the things you say get “lost in translation?” In today’s world of instant communication, there seems to be an ever-present disconnect to effectively conveying messages. In this class, you will learn how to say what you mean, and mean what you say.

Effectively Communicating in the Workplace

Janelle McPherson

INL

Excavations and Trenching

Chad Takishita

INL

Fall Protection

Laurent Brown

INL

Hazwoper 8 Hour Refresher

Bryan Hult

Hearing Conservation

Laurent Brown

INL

Heat and Cold Stress

Brian Petersen

IEC

Highway Safety Countermeasures That Work

Lance Johnson

FHWA-ID

This course reviews Federal Highway Administration's research-proven highway safety countermeasures

Human Performance Improvement

Jared Davis

INL

Melanie Keyes

INL

Human Performance Improvement & Safety II

David Boyce

HPI

Safety Fest of Pocatello - 2023

Human Performance Improvement and Safety II principles are foundational in redefining and approaching how we can more effectively design for safety. Safety is not the absence of events, but the presence of defenses and controls aka “failing safely”. Human Performance Improve and Safety II principles set the standard for how to build a capacity for resilience (to fail safely). These concepts even more effective when used in conjunction with psychological safety and behavior design principles. We will also compare the traditional deficit approach to the positive – generative approach. In this session we will introduce and demonstrate strategies that can be applied immediately to improve the quality, safety, and effectiveness of your workers and your work performance.

Implementing an Effective Respiratory Protection Program and Confined Spaces

Debra Nims

IEC

This course covers the elements of an OSHA 1910.134-compliant respiratory protection program. The course will be helpful for those new to respiratory protection as well as providing a good review.

Improved Safety Performance Through Behavior Design

David Boyce

HPI

Behavior Design based on proven and tested essential actions and effective habits. We will discuss and compare behavior design strategies as presented by James Clear, B.J. Fogg and Charles Duhigg and others to clarify golden behaviors and the structure to enable our best outcomes even in those most difficult of life’s challenges. After clarifying the best design strategies, students will provide strategies to hack and develop your own performance action recipes.

Improving Physical Safety Through Psychological Safety

David Boyce

HPI

If you work in an organization where physical safety is a priority, this session will permanently change the way you think about safety. Sometimes injuries and crises occur because of equipment failure and mistakes, but oftentimes they’re made because of oversight and a fear of speaking up when something goes wrong. Psychological safety is the key to creating a safer workplace where employees can bring up concerns and problems if we hope to innovate and improve performance. We will include practical and actionable ways to break down hierarchical barriers in your organization and encourage team members to become active participants in their safety at work. Additional resources will be provided to assist you as you continue to learn and apply at your own pace.

Learn About Child Labor Rights

Andrea Rasmussen

Because of labor shortages, more and more employers are hiring minors under the age of 18. This workshop will explore federal child labor regulations such as what hours and type of work 14 and 15 year old's' can do, and give information about what types of work are considered hazardous occupations. Examples of these include certain baking and cooking activities; working and using compactors; and driving.

Mental Health in Construction

Sondra Lavoie

Moreton & Co.

The construction industry has the second highest rate of suicide in the United States at 53.3 per 100,000 workers according to the Center for Disease Control (CDC). This course will discuss key physical and behavioral risk factors, warning signs and imminent danger signs, how to start that difficult conversation with a peer/co-worker/friend, and resources to use to get help.

OSHA #7005 Warehousing and Storage

Ed Woodford

Region X OTI/University of Washington

This course covers the hazards and injuries likely to occur in warehousing and storage operations, including encounters with powered industrial trucks, material handling, lifting and ergonomics, hazard communication, walking and working surfaces, and life safety including fire protection and evacuation. This course is intended for warehouse workers, supervisors, and employer's responsible for developing safe work practices and procedures in a warehouse setting. Upon course completion, students will have the ability to recognize the potential for injuries from forklifts, material handling and lifting, exposure to hazardous substances, slips, trips, and falls and methods to control and abate these hazards.

OSHA #7100 Machine Guarding

Ed Woodford

Region X OTI/University of Washington

Safety Fest of Pocatello - 2023

This course covers the process to identify, select and properly safeguard machinery to protect employees and others in the work area and deliver appropriate training in safe work practices. Course topics include types of machinery requiring guarding, point of operation, emergency eyewash/shower requirements, hazard communication, OSHA Machinery and Machine Guarding Standards violations, and corrective actions. Upon course completion students will have the ability to explain hazardous actions and motions of various types of machinery, identify methods of safeguarding, and match identified safeguards with the applicable OSHA Machinery and Machine Guarding Standards to reduce and eliminate the potential for accidents and injuries.

OSHA #7205 Health Hazard Awareness and ARTBA Other Infectious Diseases

Van Howell

American Road and Transportation Builders

This course covers common health hazards that are encountered in the workplace. These health hazards include exposure to chemicals, asbestos, silica, and lead. Course topics include identification and evaluation of health hazards and their sources of exposure, health hazard information, and engineering and work practice controls. Students participate in workshops on evaluation and abatement of workplace health hazards. Upon course completion students will have the ability to understand common health hazards in the workplace and methods for controlling and abatement of these hazards. In addition, this course will address ARTBA's course material for the transmission of other infectious diseases.

OSHA #7300 Understanding OSHA's Permit Required Confined Space Standards

Ed Woodford

Region X OTI/University of Washington

This course covers the requirements of the OSHA Permit-Required Confined Space Standards with respect to the 29 CFR 1910.146 (General Industry) and Subpart AA (Construction). Course topics include safety and health hazards associated with confined space entry, and the evaluation, prevention, and abatement of these hazards. The course covers OSHA requirements; This course is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit-required confined space program and for their workers to understand the concepts. Upon course completion students will have a basic understanding of confined space hazards, evaluating and abatement of the hazards, and determining when a confined space shall be classified as a permit-required confined space.

OSHA #7485 Recordkeeping Rule Seminar

Van Howell

Safety Fest of Pocatello - 2023

American Road and Transportation Builders

This course covers OSHA requirements for maintaining and posting records of occupational injuries and illnesses and reporting specific cases to OSHA. Upon course completion students will have the ability to identify OSHA requirements for recordkeeping, posting and reporting and to complete OSHA Form 300 Log of Work-Related Injuries and Illnesses, OSHA Form 300A Summary of Work-Related Injuries and Illnesses, and OSHA Form 301 Injury and Illness Incident Report.

Osha #7505 Introduction to Incident (Accident) Investigation

Van Howell

American Road and Transportation Builders

This course covers an introduction to basic accident investigation procedures and describes accident analysis techniques. Course topics include reasons for conducting accident investigations, employer responsibilities related to workplace accident investigations, and a six-step accident investigation procedure. The target audience is the employer, manager, employee, or employee representative who is involved in conducting accident and/or near-miss investigations. Upon course completion students will have the basic skills necessary to conduct an effective accident investigation at the workplace

OSHA 10 Hour Construction (A)

John Green

OSHA 10 Hour Construction (B)

Josh Dickhaut

OSHA 10 Hour Construction (C)

Brodie Mortensen

OSHA 10 Hour Construction class 3

Brodie Mortensen

OSHA 10 Hour for General Industry

Bill Miller

The OSHA Outreach Training Program provides training on the recognition, avoidance, abatement, and prevention of workplace hazards. Outreach classes also provide overview information regarding OSHA, including workers' rights, employer responsibilities, and how to file a complaint.

Overview of Traffic Sign and Pavement Marking Retroreflectivity Requirements

Lance Johnson

FHWA-ID

This course provides an overview of the MUTCD's traffic sign and pavement marking retroreflectivity requirements

Physical Therapy for Injury Prevention/Response

Todd Anderson

INL

Practical Measures to Reduce Auto Risks

Jason Lenius

Liberty Mutual Insurance

Safety Fest of Pocatello - 2023

Fleet vehicles are the biggest exposure your company has. The number and cost of auto claims continue to go up year after year. This presentation will cover fleet management best practices through resources and analytics to improve your drivers' performance and overall fleet program.

Raising and Resolving Employee Issues

Devon Jackson
IEC

Respirators

Laurent Brown
INL

Rigging Fundamentals

J P Pezina
Boise Rigging

This 3-hour Rigging Awareness class will help students understand the rules to be a safe rigger. Everyone that completes the class will receive a card that shows they have taken a rigging course. This class will train on the following: 1. Sling Criteria Requirements. 2 Types of Slings: Wire Rope, Chain and Synthetics 3. How to properly inspect slings 4. How to inspect rigging hardware. 5. Trained on rigging safety rules. 6. Trained on the Rigging Triangle principles.

White board, tables for training materials

Scaffold User

Laurent Brown
INL

SKYWARN spotter and Weather Safety Training

Safety Fest of Pocatello - 2023

Kevin Smith

National Weather Service

SKYWARN is a National Weather Service (NWS) program developed in the 1960's that consists of trained spotters who provide accurate real-time, ground-truth reports of tornadoes, funnel clouds hail, wind damage flooding, and snowfall to help meteorologists make critical, life saving warning decisions. While the NSW has access to increasingly accurate and high-resolution data from radar, satellite, and weather stations, technology still cannot detect every instance of hazardous weather. Spotters serve as "eyes and ears" in the field and help fill in the gaps by reporting exactly what is happening at the ground. There are currently 350,000 to 400,000 spotters nationwide, with over 1,000 of those spotters located here locally in southeast Idaho. Since the NWS instituted the SKYWARN program, there has been a significant decrease in the death rate due to severe weather nationwide. This training class will last 2 hours, and is designed to be fun, interactive, and informative! Participants will learn basics of thunderstorm development, fundamentals of storm structure, what do watches, warning, and advisories mean?, information to report and how to report it, and basic severe weather safety. There is no requirement for attendees to commit to joining the SKYWARN program, but at the end of the class there will be an opportunity for those who are interested to register as spotters in the NWS database.

Spotter Safety

Brandon Spiers

IEC

The History and Importance of the Life Safety Code (NFPA-101)

Rob Nii

IEC

This presentation will provide basic information on fire, a brief history of the Life Safety Code (NFPA-101), a discussion on Means of Egress and Time, and home applications of the Life Safety Code.

Well-Being, Engagement and Development

Cydnee Radford

INL

Evan Thomas

INL

Workplace Active Aggressor Preparedness

Dan Hammer

INL