

NEW KNOWLEDGE ADVENTURES

NKA

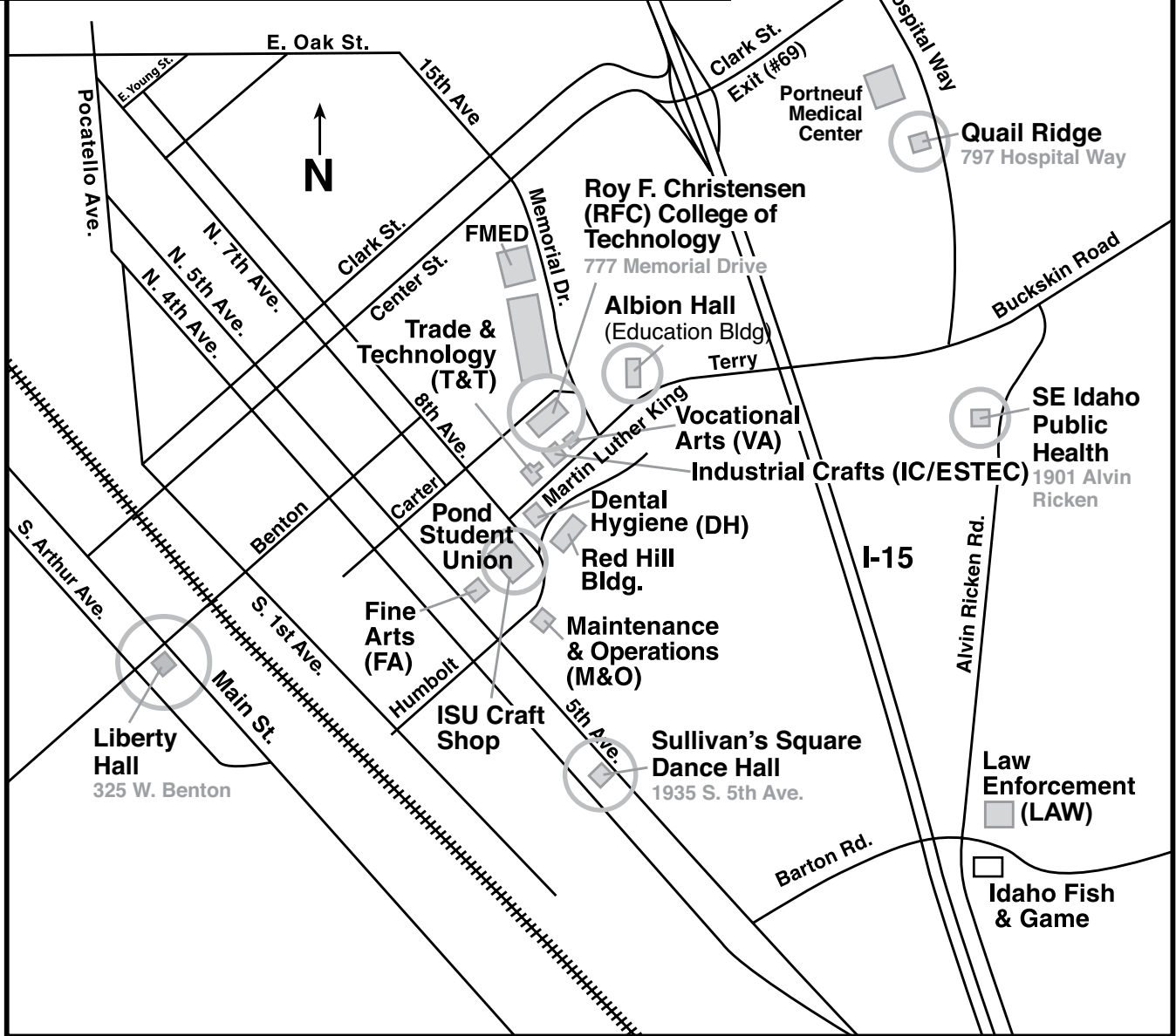
FALL 2020



NEW KNOWLEDGE ADVENTURES
IDAHO STATE UNIVERSITY

NOTES

NEW KNOWLEDGE ADVENTURES



Welcome to New Knowledge Adventures

A MESSAGE FROM THE PRESIDENT

Little did we know, as we began the Spring semester 2020, how it would end. With our classes cancelled mid-way through the semester because of the COVID-19 pandemic, we have all missed the physical and intellectual stimulation, as well as the close personal associations we have loved and expected of NKA over the years.

Also, we recently have lost two key NKA members: Allan Priddy, who, among other things, conducted our story-telling sessions, and Dr. Bill Brydon, past president (2008-2009) and long-time facilitator of our Preview to Symphony series. They will both be sorely missed.

We also face an unprecedented future for the Fall semester. Because of social distancing restrictions, we have cancelled our travel, dance, and card game classes. Furthermore, one of the facilities we have used recently for several of our activities and lectures, Quail Ridge, will be unavailable for the Fall—so all of those activities will be moved to Liberty Hall.

In addition, our lecture series in Liberty Hall will be impacted. The downstairs room where we normally meet, rather than having space for around one hundred, will have seating for only 25. Therefore, our lecture classes will be conducted in the larger upstairs room, which will hold 49 participants. Such a change will necessitate climbing stairs for those attending the lecture in that room. We will also use the downstairs main room for overflow and for those members who cannot climb the stairs. The lecture will be fed live, via Zoom, from the upstairs venue to the

downstairs room. In addition, the presenter will attend the downstairs classroom after the lecture for live questions and discussion. The combination of the two rooms will allow some 74 people to attend lectures in person.

Activities scheduled for the small downstairs room at Liberty Hall will also be impacted. That room will only hold 12 people maximum, so any classes held in that room will be so limited. All members attending lectures or other activities will be required to wear face covers and maintain social distancing. These are ISU requirements for Fall. We will still follow School District 25 class closure procedures.

In addition to NKA members being able to attend lectures in person, each lecture will be available live via Zoom for all NKA members registered for Fall semester, and will be available for later viewing via YouTube. This procedural change will actually facilitate more NKA members to attend any and all lectures. Therefore, we highly recommend that you continue your NKA membership for the Fall semester. Some classes will only be available via Zoom. For those classes where you may attend in person or via Zoom you will be asked on the registration form to indicate how you will attend the class: in person or via Zoom.

I hope you are all keeping journals during these historic times. Maybe some future NKA history lecture will be “The Great COVID-19 Pandemic in 2020 Hindsight.” Together, though apart, we will see this through.

—Trent Stephens, NKA President

NKA FACEBOOK PAGE

NKA members are encouraged to submit pictures and information about NKA activities to the NKA Facebook Page at www.facebook.com/nkapocatello. LindaLee Furstenworth and Christine Young are the group moderators. They can be reached using the Messenger link on the Facebook page. Look for “Send a message” next to the visit group link.

Policies and Procedures for NKA Classes

EMERGENCY CLASS CANCELLATION POLICY

In case of emergencies such as hazardous weather conditions (and if School District 25 has canceled school) then NKA classes will be also be canceled. Membership will notified via e-mail and the NKA Facebook page. If a presenter must cancel a class, the presenter will notify the facilitator, who will contact CEWT to send an email to class members.

PRESENTERS

Generally, presenters are voluntary and are not compensated. Non-member presenters are invited to the Spring luncheon as guests of NKA. We are very fortunate that our presenters share their time and knowledge with us. Please take a minute to thank them.

HOW DO YOU BECOME A MEMBER OF NEW KNOWLEDGE ADVENTURES?

Fill out the Membership and Registration Form (both sides) in the middle of this catalog, sign the "Agreement and Release of Liability" form, choose classes, and return forms with registration fees. Or register online. Membership is by semester and fees are due each semester. For additional information, call 208-282-2789, Monday-Friday, between 8 a.m. and 5 p.m.

NKA MEMBERSHIP CLASS REQUESTS

Registrations will be accepted after the due date, but you may not be able to enroll in all the classes you want because of room or class size limitations. Be assured: every effort will be made to accommodate and register you for requested classes.

NOTICES

—INSTRUCTORS, facilitators, or leaders of classes, field trips, or other activities have the discretion

and right to deny enrollment or participation of anyone who fails to demonstrate consistently the ability, with or without reasonable accommodation, to complete or perform the requirements of a particular course, field trip, or other activity without jeopardizing the health or safety of the member, other participants, or the instructor.

—FEES required in advance for travel or activity tickets, lodging, transportation, meals, and similar expenses are *nonrefundable*. Some fees will need to be paid either at the first class or prior to the class.

—The VIEWS AND OPINIONS expressed in presentations are those of the instructor and do not necessarily reflect the policy or position of the NKA governing board.

—PHOTOS AND VIDEOS may be taken during NKA classes and activities for publicity or historical purposes. Members may request to opt out.

PARKING

Parking on the ISU campus is *free only after 4 p.m.* For daytime classes on campus, you need a campus parking permit, which is good in all the General Lots for the entire year. The cost of a parking permit through NKA is \$5; the permit will be mailed with the registration receipt or you can buy one in person at the CEWT office. Permits issued to NKA members are not transferable to anyone else and are to be used for NKA classes only. Any other use may result in a ticket. *Neither NKA or CEWT shall be held liable for any violations of parking regulations.*

BUS TRANSPORTATION

For bus stop locations: 208-234-ABUS;
www.pocatellotransit.com

PLEASE be courteous to other members and cancel ASAP if you cannot attend a program so that those on the Wait List may attend. Call the NKA office at 208-282-3372 to cancel.

If you are put on a **wait list**, it is due to the instructor's class limit or the classroom's size.

ISU will be CLOSED September 7 for Labor Day; November 25 - 27 for Thanksgiving; and December 24 through January 1 for ISU Christmas Holiday. No classes will be held these days.

NKA 2020 – 2021 Officers and Board of Directors

OFFICERS

President: **Trent Stephens**
208-240-4994; trentstephens1@cablone.net

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Publicity: Vacant

Social: **Kathy Priddy**
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CONTINUING ED. Management Assistant
Shirley Hockett – 208-282-2789; mcelshir@isu.edu

*New Knowledge
Adventures (NKA),
a Road Scholar
affiliate at Idaho
State University, is
a member-directed
organization that provides
an informal, noncompetitive
environment for lifelong learners
age 50 or older.*



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PLEASE be courteous to other members and cancel ASAP if you cannot attend a program you are registered for so that those on the wait list may attend. Call the NKA office at 208-282-3155 to cancel.

If you are put on a **wait list**, it is due to the instructor’s class limit or the classroom’s size.

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Adventures for the Fall of Twenty Twenty

ART, MUSIC, & THEATRE

Keyboard Lessons (#3715)

*Tuesdays: September 22 – November 24;
3:00 – 4:00 p.m.*

Learn to play your favorite song on a modern keyboard instrument! Even if you have never played an instrument before, you will be playing songs in a few short weeks. This course has proven to be a fun and easy way to play. Rental instruments are available. Join us for this enjoyable learning experience.

Location: Piano Gallery, 338 Yellowstone Ave.

Instructor: TBA

Facilitator: Frank Chalmers (508-922-8900)

Class Limit: 12

Class Fee: \$20 (which pays for the book), purchase at first class. Rental instruments are available; call Piano Gallery at 208-233-1883.

Preview to the Plays (#3090)

Dates and times: TBD

Sign up for this class and, if any of the community theaters are presenting a play and have a preview, CEWT will notify you of the time and place for the preview. Attendance may be limited. All people who have registered will be notified for each play, but the actual class list for a particular play will be based on the order that people respond after the notification.

Location: TBD

Instructor: TBD

Facilitator: TBD

Preview to the Plays at ISU (#3059)

*Fridays: September 11 and November 6;
5:00 – 6:00 p.m.*

These classes will give background to the play and details in its production. Face masks are

required in classes held on the ISU campus.

The Wolves: Preview on Friday, September 11, 5:00 – 6:00 p.m. with Vanessa Bellam and students at the Black Box Theater. *Performance dates: September 18, 19, 24, 25, and 26.*

A Midsummer Night's Dream: Preview on Friday, November 6, 5:00 – 6:00 p.m. with Norman Schoder and students in the Beverly B. Bistline Theater. *Performance dates: November 12, 14, 19, 20, and 21.*

Location: Stephens Performing Arts Center, ISU

Facilitator: Sharon Manning (208-233-9425)

Class Limit: 30

Preview to the Symphony (#3322)

Dates and Times: TBA

Dr. Geoffrey Friedley is an adjunct instructor at ISU, where he teaches voice, music appreciation, and music history. Dr. Julie Sorensen is the conductor and artistic director of the Idaho State-Civic Symphony. Either Dr. Sorensen or Dr. Friedley (or both) will describe the compositions which will be performed at the upcoming concert. They will talk about the composers, their times and styles, and what to expect at the concerts. These previews will enhance the enjoyment of going to the concerts. Those who enroll for this class will be notified by CEWT where and when the previews will be conducted. Face masks are required in classes held on the ISU campus.

Symphony Performance Dates: Due to Covid concerns, the details for the *Metamorphosis* season are still being set. For more information, visit: www.thesymphony.us.

Location: To be determined

Instructor: Dr. Geoffrey Friedley or Dr. Julie Sorensen

Facilitator: Elizabeth Dyer (dyer2158@gmail.com, 573-210-7588)

Class Limit: 35

Producing Community Theater (#3732)*Tuesday: October 6; 3:00 - 5:00 p.m.*

We'll talk about the process an all-volunteer community theater employs to produce a play. Beginning with play selection, we'll discuss what happens during casting, construction, and rehearsal to get everything ready for opening night. The class will also tour the Warehouse Theater to see first-hand the opportunities and challenges our particular environment offers.

Location: The Warehouse, 1009 S. 2nd Ave., Pocatello**Instructor:** Jackie Czerepinski, PhD., Production Committee Chair, Westside Players Board of Directors**Facilitator:** Geoff Hogander (ghogande@yahoo.com)**Class Limit:** 40**Singing for Fun** (#3733)*Second and Fourth Wednesdays: September 23 - December 9; 1:00 - 2:00 p.m.*

Let's get together for some impromptu singing. We'll do easy popular music in unison and in rounds if desired. Talent and experience helpful but not required; music will be provided.

Location: Liberty Hall, 325 W. Benton, lecture room**Instructors:** Jim Mariani and Linda Lindley**Facilitator:** Jim Mariani (208 851-0842, jsm22553@yahoo.com)**Class Limit:** 20**Truman Capote's A Christmas Memory** (#3060)*Tuesday: December 8; 10:00 - 11:00 a.m.*

The Emmy award winning teleplay of the author's recollection of Christmas in the South of his youth.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room**Instructor:** Carol Nelson (208-238-6969)**Facilitators:** Jim Mariani (jsm22553@yahoo.com)**Class Limit:** 74**CRAFTS & HOBBIES****Creative Card Making** (#3739)*Thursday: September 24; 1:00 - 3:30 p.m.*

Join us for lots of fun while creating several beautiful cards! Please bring a small pair of scissors.

Location: Liberty Hall, 325 W. Benton, small room**Instructor:** Diane Tauscher**Facilitator:** Nancy Dafoe (208-596-0491)**Class Limit:** 10

Class Fee: \$15 (pays for prepared packets of supplies); due by **September 17**. Please send a check made payable to Diane Tauscher and mail to Nancy Dafoe, 2800 Birdie Thompson, Pocatello, ID 83201.

Crochet/Knitting Service Group (#3196)*Tuesdays: September 15 - December 15; 1:15 - 2:15 p.m.*

A service project crocheting and knitting lap blankets for the PMC cancer center. Yarn is provided for these projects. BYO hooks and needles are helpful although we do have some we can lend. A basic knowledge of crocheting or knitting is also helpful plus we have talented members to assist you. This is a fun way to practice your skills and to be creative with colors and patterns while helping others at the same time.

Location: Senior Activity Center, 427 North 6th Avenue, dining room**Facilitator:** Barbara Christensen (562-544-4136)**Class Limit:** 20**Glass Etching** (#3962)*Thursday: October 29; 10:00 a.m. - 1:00 p.m.*

We will be etching and stenciling on glass. Please bring a couple pieces of glass or glasswork to work on. Join us—we always have fun!

Location: Liberty Hall, 325 W. Benton, small room**Instructor:** Karen Barron**Facilitator:** Nancy Dafoe (208-596-0491)**Class Limit:** 12

Class Fees: \$20 (which pays for etching solution, paint, and stencils); due **October 22**. Make the check payable to Karen Barron, and send to Nancy Dafoe at 2800 Birdie Thompson, Pocatello 83201.

Letterpress Tricks (#3061)

*Mondays and Wednesdays: October 5 – 28;
2:00 – 4:00 p.m.*

Letterpress is a relief printing process that has been used for art and business for centuries. Modern artists have invented ways to create beautiful imagery using this process with the press. We will be using simple techniques, cutting and pasting your own designs from photos or collages to make prints. Colors of your choice can be used to create small editions of your artwork to take home. All materials are provided. Face masks are required in classes held on the ISU campus.

Location: Pinyon Jay Press, Liberal Arts Building, Room 139 (downstairs) at ISU. Quad side entrance.

Instructor: Paula Jull, Professor Emerita, ISU

Facilitator: Elizabeth Dyer (dyer2158@gmail.com)

Class Limit: 4

Class Fee: \$25 (which pays for ink, paper and tools needed.) Bring cash or check to first class.

Making Greeting Cards (#3961)

Thursday: November 12; 1:00 - 3:00 p.m.

An introduction to a variety of card making techniques such as embossing, paper piecing, and quilling. The class will take home a simple card and envelope.

Location: Liberty Hall, 325 W. Benton, small room.

Instructor: Suzanne H. Johnson

Facilitator: Nancy Dafoe (nancyd@uidaho.edu)

Class Limit: 12

Class Fees: \$5 (which pays for paper and envelope.) Please bring to first class.

Origami for Beginners (#3736)

*Fridays: September 18 & 25, October 2 & 9;
10:30 a.m. – Noon*

This class is intended for folders with little, no, or atrophied origami skills. You'll learn many of the most used folds, including valley and mountain, inside reverse, and sink folds as you complete fun yet impressive models to take home and practice again and again. Sequential lessons will develop skills as you fold swans, cranes, rocking horses, turbines, and more.

Location: Liberty Hall, 325 W. Benton, small room

Instructor: Kris Hansen

Facilitator: Nancy Dafoe (208-596-0491)

Class Limit: 12

Class Fee: \$5 (which pays for origami paper and printed instruction sheets.) Pay at first class.

Origami Nativity (#3062)

*Fridays: November 20 & 27, December 4 & 11;
10:30 a.m. – noon*

Traditional origami is stylized—simple, yet elegant. Figures designed by modern origami artists will represent the essential characters of Christmas: sheep and shepherd, Mary and Joseph, manger and baby.

Location: Liberty Hall, 325 W. Benton, small room

Instructor: Kris Hansen

Facilitator: Nancy Dafoe (208-596-0491)

Class Limit: 12

Class Fee: \$5 (which pays for origami paper and printed instruction sheets.) Pay at first class.

Rustic Painting (#3725)

Thursday: October 22; 10:00 a.m. – 1:00 p.m.

Have fun painting on wood.

Location: Liberty Hall, 325 W. Benton, small room

Instructor: Karen Barron

Facilitator: Nancy Dafoe (nancyd@uidaho.edu)

Class Limit: 12

Class Fee: \$20 (which pays for all supplies, including wood and paint) due **October 15**. Make the check payable to Karen Barron, and send to Nancy Dafoe at 2800 Birdie Thompson, Pocatello 83201.

Seasonal Frame (#3063)

Thursday: October 8; 1:00 – 3:00 p.m.

Join us to make seasonal themed paper inserts in an 8 x 10 wooden frame that will compliment your home décor.

Location: Liberty Hall, 325 W. Benton, small room

Instructor: Diane Tauscher

Facilitator: Nancy Dafoe (208-596-0491)

Class Limit: 8

Class Fee: \$15 (which pays for the frame and all materials) due **October 1**. Make the check payable to Diane Tauscher, and send to Nancy Dafoe at 2800 Birdie Thompson, Pocatello 83201.

Watercolor Painting (#3064)*Thursday: November 5; 1:00 - 2:30 p.m.*

An introduction to beginning watercolor painting—learn the basic techniques.

Location: Liberty Hall, 325 W. Benton, small room**Instructor:** Suzanne H. Johnson**Facilitator:** Nancy Dafoe (nancyd@uidaho.edu)**Class Limit:** 12**Class Fee:** \$10 (which pays for watercolor set, paper, and other tools.) Please bring to class.**Advanced Woodcarving** (#3558)*Mondays, Wednesdays, and Fridays as desired: September 14 – December 18; 9:00 a.m. – Noon (clean-up starts at 11:30)*

Advanced wood carver classes are for individuals who have completed at least one semester as a beginning carver or who have prior experience and do not require constant assistance and supervision. They will provide their own tools and equipment to include rotary power tools or knives/gouges (edged hand tools). Carvers will select their own projects. Related optional activities include participation in woodcarving competitions and displays, including a display on October 2, 2020 (5-8 p.m.) at the Pocatello Art Center.

Location: Home Depot – Lumber Department, 4340 Hawthorne Road, Pocatello**Instructors:** Shorty Miller & Diane Porter, both with years of experience and recognition in woodcarving journals**Facilitator:** Cathy McPherson (208-233-5899, cathylee@cableone.net)**Class Limit:** Unlimited**Class Fee:** \$10 (cash or check at first meeting) plus purchase of any other additional supplies.**Beginning Woodcarving** (#3101)*Wednesday: September 23; 9:00 a.m. – Noon (clean-up from 11:30-noon). After this first class, you may come any Monday, Wednesday, or Friday from September 23– December 18.*

Beginning woodcarving classes are for individuals with little or no experience. Students will use rotary power tools and related equipment

provided. Projects may begin with a stylized bird, then a shelf cat, with a final project selected by the carver. Related optional activities include participation in woodcarving competitions and displays, including a display on October 2, 2020 (5-8 p.m.) at the Pocatello Art Center.

Location: Home Depot lumber department, 4340 Hawthorne Road, Chubbuck**Instructors:** Shorty Miller & Diane Porter, both with years of experience and recognition in woodcarving journals**Facilitator:** Cathy McPherson (208-233-5899, cathylee@cableone.net)**Class Fee:** \$10 (cash or check at first meeting) plus purchase of any other additional supplies.**FITNESS & MOTION****Hiking the Hills** (#3066)*Fridays: September 18 - December 18; 10:00 a.m.*

Enjoy local hiking and snowshoeing depending on weather conditions. Trail selections will be made after a review of the available trail list by those enrolled.

Location: TBA**Instructor/Facilitator:** Lynn Hebdon (208-339-4841, hebdllynn@gmail.com)**T'ai Chi Chih (Advanced)** (#3104)*Tuesdays & Thursdays: September 29 – December 17, no class November 26; 9:00 – 10:00 a.m.*

Meditation in motion. We practice the 19 T'ai Chi Chih disciplines taught in the beginner's class and also several classical Qigong forms. Class is limited to those who have previous experience or are willing to come early for tutoring.

Location: Liberty Hall, 325 W. Benton, upstairs**Instructor/Facilitator:** Stephanie Gill (sgillforterra@gmail.com)**Class Limit:** 35

Please be courteous to other members and cancel ASAP if you are signed up for a program and cannot attend so that the Wait List individuals may be contacted to attend.

Call the NKA office at 208-282-3372.

SEPTEMBER 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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20	21	22	23	24	25	26
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4

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Wd Crv, Adv 9am-noon
Hiking 10am
Origami, Beg 10:30-noon

17

Wd Crv, Adv 9am-noon
Marshall Lib 10-11:30am
Taste & Share 11:30-12:30

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Wd Crv, Adv 9am-noon
Wd Crv, Beg 9am-noon
Hiking 10am
Origami, Beg 10:30-noon

24

Wd Crv, Adv 9am-noon
Wd Crv, Beg 9am-noon
Light Triad 10-11:30am
Singing 1-2pm

22

26

Wd Crv, Adv 9am-noon
Wd Crv, Beg 9am-noon
Hot Topics 1-2:30pm
Creative Writing 2-4pm

24

Wd Crv, Adv 9am-noon
Wd Crv, Beg 9am-noon
Chateaux 10-11:30am
Wine, Yellowstone 5-7pm

29

OCTOBER 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Viking Age 10-11:30am Medicare 101 1-2:30pm Creative Writing 2-4pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Newgrange 10-11:30am Theragami II 10am-noon Team Trivia 1-2:30pm Crochet/Knit 1:15-2:15 Keyboard 3-4pm Comm Theater 3-5pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Pocatello, Vis 10-11:30am Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Calm 10-11:30am Europe 10am-noon Seasonal Frame 1-3pm How Money Works 4:30-6</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Walking 10am Origami, Beg 10:30-noon</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Walking 10am</p>	<p>T'ai Chi 9-10am Grizzlies 10-11:30am Hearing 1-2:30pm Book Group 3-4:30pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Creative Writing 2-4pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Robber Baron 10-11:30am Theragami II 10am-noon Crochet/Knit 1:15-2:15 Keyboard 3-4pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Taste & Share 11:30-12:30 Singing 1-2pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Seinfeld Trivia 10-11am Calm 10-11:30am Stir Fry 4-5:30pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Walking 10am</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Walking 10am</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Creative Writing 2-4pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Theragami III 10am-noon Pandemics 11-12:30pm Team Trivia 1-2:30pm Crochet/Knit 1:15-2:15 Keyboard 3-4pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Tower of London 10-11:30 Naloxone 1-2:30pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Calm 10-11:30am Rustic Painting 10am-1pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Walking 10am Foods 1-2:30pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Creative Writing 2-4pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Theragami III 10am-noon Crochet/Knit 1:15-2:15 Keyboard 3-4pm Normal Naturally 6:30pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hot Topics 1-2:30pm Creative Writing 2-4pm Letterpress 2-4pm</p>	<p>T'ai Chi 9-10am Astronomy 10-11:30am Calm 10-11:30am Glass Etching 10am-1pm</p>	<p>Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Walking 10am</p>	<p>Halloween</p>			

NKA 2020 MEMBERSHIP AND REGISTRATION FORM

New Member Previous Member

PLEASE: • PRINT NEATLY
• SIGN BELOW
• COMPLETE BOTH SIDES

Name: _____

Address: _____

City/State/Zip: _____

Daytime Phone: _____ Evening Phone: _____ Cell Phone: _____

E-Mail: _____

Emergency Contact Person and Phone: _____

Preferred method of contact: Phone E-mail

Preferred method of registration receipt: Mailed E-mailed

REGISTRATION DUE BY SEPTEMBER 1

Three options are available to register:

1—By Mail:

Idaho State University
Continuing Education/Workforce Training
921 S 8th Ave. STOP 8062
Pocatello ID, 83209

2—In Person at:

777 Memorial Drive, Roy F. Christensen Bldg. #48

3—Online at:

cetrain.isu.edu/nka

Phone: 208-282-2789 or 208-282-3372

Fax: 208-282-5894; ATTN. Shirley

Membership Dues MUST Accompany Your Registration

\$40 per person/per semester \$ _____

Parking Fee \$5 (once a year) \$ _____

Only required on campus before 4 p.m.

TOTAL DUE \$ _____

NOTE: Some classes require additional fees that need to be paid at the first class or prior to the class to the instructor or facilitator.

AGREEMENT AND RELEASE OF LIABILITY

I, the undersigned, am aware that participation in activities as a member of New Knowledge Adventures (NKA) is voluntary and may be risky and dangerous to include bodily injury, including death, as well as damage to property or third parties. By participating, I certify that I have full knowledge of and assume all risks, and that I am in good health and have no physical or mental limitations that would preclude the safe participation or the use of equipment related to the activities of NKA. To the fullest extent permitted by law, and in consideration of gaining membership or being allowed to participate in the activities and programs of NKA and to use its facilities and equipment, I, on behalf of myself, my heirs, representatives, executors, administrators, and assignees (the Releasing Parties) hereby agree to indemnify, defend, save, hold harmless, release, and covenant not to sue NKA, the State of Idaho, Idaho State University, its State Board of Education, its members, respective officers, employees, volunteers, and agents (the Released Parties) for any negligently caused injuries or losses arising out of, or connected with, my participation in any activities of NKA. On behalf of myself, I hereby consent to emergency medical care, including transportation to and exchange of medical information with a medical facility. I understand that I am responsible for all medical expenses for myself.

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ART, MUSIC, & THEATRE

- Keyboard Lessons (#3715)
- Preview to the Plays (#3090)
- Preview to the Plays at ISU (#3059)
- Preview to the Symphony (#3322)
- Producing Community Theater (#3732)
- Singing for Fun (#3733)
- Truman Capote's *A Christmas Memory* (#3060)

CRAFTS & HOBBIES

- Creative Card Making (#3739)
- Crochet/Knitting Service Group (#3196)
- Glass Etching (#3962)
- Letterpress Tricks (#3061)
- Making Greeting Cards (#3961)
- Origami for Beginners (#3736)
- Origami Nativity (#3062)
- Rustic Painting (#3725)
- Seasonal Frame (#3063)
- Watercolor Painting (#3064)
- Woodcarving, Advanced (#3558)
- Woodcarving, Beginning (#3101)

FITNESS & MOTION

- Hiking the Hills (#3066)
- T'ai Chi Chih (Advanced) (#3104)
- Walking the Greenway (#3115)

FOOD & BEVERAGE

- Don't Be Scared of Instant Pot Cooking! (#3744)
- My, Oh My..., Stir Fry (#3891)
- Taste & Share (#3197)
- Wine Pairing at PV's Uncorked on Main (#3943)
- Wine Pairing at the Yellowstone (#3642)

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- Seinfeld Trivia (#3068)
- Team Trivia (#3014)

GENERAL INTEREST

IN-PERSON | ZOOM (CHECK BOX FOR HOW ATTENDING)

- | 2020 Second-Half Economic Update (#3069)
- Butterfly Haven Tour (#3749)
- | Europe on Our Own in 40 Days (#3019)
- | Following the Arrows on the Camino de Santiago (#3751)
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- | Hot Topics (#3827)
- | How Money Works (#3089)
 - Hunger and Hope: Solutions for a Better World (ONLINE) (#3088)
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HEALTH & WELLNESS

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NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Creative Writing 2-4pm	3 T'ai Chi 9-10am Theragami III 10am-noon Team Trivia 1-2:30pm Crochet/Knit 1:15-2:15 Keyboard 3-4pm	4 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Portugal/Spain 1-2:30pm	5 T'ai Chi 9-10am Watercolor 1-2:30pm Book Group 3-4:30pm	6 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Plays! SU 5-6pm	7
8	9 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Children 10-11:30am Rhodochrosite 1-2:30pm Creative Writing 2-4pm	10 T'ai Chi 9-10am Galapagos 10-11:30am Theragami III 10am-noon Crochet/Knit 1:15-2:15 Keyboard 3-4pm	11 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Taste & Share 11:30-12:30 Singing 1-2pm Wine, PV on Main 6-8pm	12 T'ai Chi 9-10am Greeting Cards: 1-3pm	13 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am	14
15	16 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Creative Writing 2-4pm	17 T'ai Chi 9-10am Theragami III 10am-noon Team Trivia 1-2:30pm Crochet/Knit 1:15-2:15 Keyboard 3-4pm	18 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon	19 T'ai Chi 9-10am Seinfeld Trivia 10-11am	20 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Origami, Nat 10:30-noon	21 Landscape 10am-12:30pm
22	23 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Creative Writing 2-4pm	24 T'ai Chi 9-10am Theragami IV 10am-noon Crochet/Knit 1:15-2:15 Keyboard 3-4pm	25 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Singing 1-2pm	26 THANKSGIVING	27 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hiking 10am Origami, Nat 10:30-noon	28
29	30 Wd Crv, Adv 9am -noon Wd Crv, Beg 9am -noon Hot Topics 1-2:30pm Creative Writing 2-4pm					

DECEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 T'ai Chi 9-10am Theragami IV 10am-noon Team Trivia 1-2:30pm Crochet/Knit 1:15-2:15	2 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon	3 T'ai Chi 9-10am Book Group 3-4:30pm	4 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon Hiking 10am Origami, Nat 10:30-noon	5
6	7 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon Bonus Army 10-11:30am Creative Writing 2-4pm	8 T'ai Chi 9-10am Capote 10-11am Theragami IV 10am-noon Crochet/Knit 1:15-2:15	9 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon Singing 1-2pm	10 T'ai Chi 9-10am	11 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon Hiking 10am Origami, Nat 10:30-noon	12
13	14 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon Creative Writing 2-4pm	15 T'ai Chi 9-10am Theragami IV 10am-noon Team Trivia 1-2:30pm Crochet/Knit 1:15-2:15	16 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon	17 T'ai Chi 9-10am	18 Wd Crv, Adv 9am-noon Wd Crv, Beg 9am-noon Hiking 10am	19
20	21	22	23	24	25 CHRISTMAS	26
27	28	29	30	31		

Walking the Greenway (#3115)*Fridays: October 9, 16, 23 & 30; 10:00 a.m.*

Portneuf Greenway Trails are paved on mostly flat terrain. Walk at your own pace. We will meet at the Trailheads, which will be announced by e-mail two days before the walk. Those who do not have e-mail or need guidance must phone the facilitator.

Location: Portneuf Greenway Trails**Instructor/Facilitator:** Sandra Babb (208-238-2034, sacbabb@gmail.com)**FOOD & BEVERAGE****Don't Be Scared of Instant Pot Cooking!**

(#3744)

Thursday: September 17; 4:00 – 5:30 p.m.

The Instant Pot can be a useful tool for quick meals. You will learn the basic fundamentals of how to use the Instant Pot and you will learn how to make a simple teriyaki rice bowl, with a homemade teriyaki sauce, chicken, and rice...all in one pot! Face masks are required in classes held on the ISU campus.

Location: ISU Tech Café, inside Roy F. Christensen building, 777 Memorial Drive, ISU**Instructor:** Suzanne H. Johnson (208-589-5122)**Facilitators:** Mamoy Hong (hongma1186@gmail.com)**Class Limit:** 15**Class Fee:** \$2 for food and supplies. Bring to class.**My, Oh My..., Stir Fry** (#3891)*Thursday: October 15; 4:00 – 5:30 p.m.*

A course on basic stir-frying. Principles, cutting techniques, cooking, and tasting. We will learn about a variety of stir fry sauces. Face masks are required in classes held on the ISU campus.

Location: ISU Tech Café, inside Roy F. Christensen building, 777 Memorial Drive, ISU**Instructor:** Suzanne H. Johnson**Facilitator:** Mamoy Hong (hongma1186@gmail.com)**Class Limit:** 15**Class Fee:** \$2 for food and supplies. Bring to class.**Taste & Share** (#3197)*Wednesdays: September 16, October 14, & November 11; 11:30 – 12:30 p.m.*

Come share your favorite recipes and discover new treats that someone else has made. You only bring a dish once during the semester, but you get to taste everything others bring. Plus, you take all the recipes home! Men and women are welcome!

Location: Liberty Hall, 325 W. Benton, lecture room**Instructors/Facilitators:** Marilyn Edwards (208-237-0751) & Liz Meske (208-234-1544)**Class Limit:** 25**Wine Tasting at PV's Uncorked on Main** (#3943)*Wednesday: November 11; 6:00 – 8:00 p.m.*

Let's get together at PV's Uncorked for some great food, great wine, and good company.

Location: PV's Uncorked, 138 N. Main St., Pocatello**Instructors:** Donny and Jenn Flores**Facilitator:** Robert Farmer (208-221-9627)**Class Limit:** 30

Class Fee: \$45, includes wine, food, and gratuity. Make check payable to PV's Uncorked. Send to Robert Farmer, 235 Sorenson Ave., Pocatello, Idaho 83201, by **October 28**.

Wine Pairing at the Yellowstone (#3642)*Wednesday: September 30; 5:00 – 7:00 pm*

The Yellowstone Restaurant is reprising their successful pairing from last spring, matching menu items selected to complement the attributes of each wine.

Location: The Yellowstone Restaurant inside the Yellowstone Hotel, 230 W. Bonneville, downtown**Instructor:** Jennifer Erchul, owner**Facilitator:** Geoff Hogander (208- 232-3437)**Class Limit:** 50

Class Fee: \$50 includes gratuity. Make check payable to Geoff Hogander, 255 Fairmont Ave., Pocatello, ID 83201 and send by **September 23**.

Please be courteous to other members and cancel ASAP if you are signed up for a program and cannot attend so that the Wait List individuals may be contacted to attend. Call the NKA office at 208-282-3372.

GAMES

Seinfeld Trivia (#3068)

Thursdays: September 17, October 15, & November 19; 10:00 – 11:00 a.m.

Calling all *Seinfeld* fans! Come challenge your knowledge of the hit TV sit-com with trivia quizzes on the “show about nothing.” Track your own points to see if you’re a “*Seinfeld* Virgin” or “Master of Your Domain.” Bring your own pen or pencil and a firm surface to write upon. Answer sheets will be provided.

Location: Liberty Hall, 325 W. Benton, lecture room

Instructor/Facilitator: Cheryl Lyda
(lydacher@gmail.com)

Class Limit: 35

Team Trivia (#3014)

First, third, & fifth Tuesdays: September 15 – December 15, no class October 21; 1:00 – 2:30 p.m.

Why scratch your head alone? We’ll form teams on the spot and change them out each session. Play for bragging rights only!

Location: Liberty Hall, 325 W. Benton, lecture room

Facilitator/Instructor: Jim Mariani (208-851-0842,
jism22553@yahoo.com)

Class Limit: 35

GENERAL INTEREST

2020 Second-Half Economic Update

(#3069)

Thursday: September 24; 1:00 – 2:30 p.m.

We will look at all the notable economic events that have occurred in 2020 thus far: all-time record highs in the stock market, an oil war, a global pandemic, the resulting bear market and maybe even recession, as well as what’s still ahead: a US presidential election and what each candidate is proposing to steer the economy forward in 2021 and beyond.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Joel Phillips, Vice President of Operations, Sanctuary Wealth Management

Facilitator: Jim Manning (djamesmanning@aol.com)

Class Limit: 74

Butterfly Haven Tour (#3749)

Thursday: September 17; 11:00 a.m. – 1:00 p.m.

Enjoy hundreds of butterflies in the indoor botanical garden. Educators will teach you about the butterflies featured in the garden, where the host and nectar plants for 24 species are growing, with 12 – 15 different species on the wing. The butterfly life cycle will be discussed with each stage possibly being seen, including butterflies emerging from the chrysalis. Butterflies are important pollinators and in need of our help. Several species of birds are also found in the haven.

Location: The Butterfly Haven is located at 1462 W 200 S, Pingree, Idaho. Due to Covid-19, class participants will need to provide their own transportation to the Butterfly Haven. Also, wearing of masks is required. To caravan, meet at the Travel Lodge parking lot, 133 W. Burnside Road, Chubbuck at 10:00 AM.

Instructors: Karen and Randy Reed

Facilitator: Mary Spinner (208-241-7258)

Class Limit: 30

Class Fee: \$8 for admittance to the Butterfly Haven, payable at the door.

Europe on Our Own in 40 Days (#3019)

Thursday: October 8; 10:00 a.m. - Noon

We traveled around Europe for 40 days last fall and will explain how we booked it, what apps, websites, and other resources we used to plan it and to book accommodations. We did it all ourselves – no travel agents, not on a big tour—just the two of us. We have a lot of great pictures!

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructors: Darlene Gerry and Doug Davlin

Facilitator: Elizabeth Dyer (573-210-7588,
dyer2158@gmail.com)

Class Limit: 74

Following the Arrows on the Camino de Santiago (#3751)

Wednesday: November 4; 1:00 – 2:30 p.m.

Eileen and two of her sisters walked the Portuguese route of the Camino de Santiago, following the yellow arrows through Portugal and Spain. Eileen will share the sights and adventures along the route and the bonding that occurred between the sisters.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Eileen Huestis

Facilitator: Mary Spinner 208-241-7258

Class Limit: 74

Hey, Let's Go to the Galapagos (#3070)

Tuesday: November 10; 10:00 – 11:30 a.m.

Most biologists have the Galapagos on their bucket list and when my friend asked me if I would join her for a couple of weeks, cruising the islands, of course I said, “Yes!”

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Geoff Hogander

Facilitator: J. Mariani (jism22553@yahoo.com, 208-851-0842)

Class Limit: 74

Hot Topics (#3827)

Mondays: September 28, October 26 & November 30; 1:00– 2:30 p.m.

Events are moving very quickly in our modern world. Some move so quickly we can't even calendar them for the following semester, but need to address them as they unfold. Just in case this semester will see some strange and exciting events, we are leaving time open to discuss those topics hot off the press. Suitable instructors will be invited as events evolve.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructors: Various

Facilitator: Trent Stephens (208-240-4994, trentstephens1@cableone.net)

Class Limit: 74

How Money Works (#3089)

Thursday: October 8; 4:30 – 6:00 p.m.

We will discuss income protection, fundamentals of investing, debt avoidance/resolution, trusts, wills, probate, ID theft, 529 college saving plans, and asset management. Face masks required in classes held on the ISU campus.

Location: RF Christensen Building, room 108

Instructors: Paula Dover, Regional Leader for Primerica, and Corwin Tolman, Regional Vice President for Primerica

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 18

Hunger and Hope: Solutions for a Better World (ONLINE) (#3088)

Tuesday; September 15; 1:30 – 3:00 p.m.

Drawing upon Rick Steves' documentary, *Hunger and Hope*, we will examine the partnership model of raising people out of abject poverty and hunger. Participants do not need to have watched the documentary to participate.

Location: Virtual, via Zoom. Log-in information will be sent to each person who has registered for the class.

Instructor/Facilitator: Reverend Jenny Peek, Consulting Minister, Pocatello Unitarian Universalist Fellowship (208-380-1084, jpeek64@gmail.com)

Class Limit: 299

The Light Triad (#3755)

Wednesday: September 23; 10:00 - 11:30 a.m.

This presentation contrasts the Light Triad of Personality (*Kantianism*—treating people as ends unto themselves, not mere means; *Humanism*—valuing the dignity and worth of each individual; and *Faith in Humanity*—believing in the fundamental goodness of humans) versus the Dark Triad (*Narcissism*—entitled self-importance; *Machiavellianism*—strategic exploitation and deceit; and *Psychopathy*—callousness and impulsivity). It includes research on two different profiles of human nature.

(continues...)

(continued: *The Light Triad*)

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Dr. Victor Joe, Professor Emeritus, ISU

Facilitator: Virginia Kelly (208-232-7417)

Class Limit: 74

HEALTH & WELLNESS

Calm in Calamity: Using Mindfulness to Keep Your Cool (ONLINE) (#3071)

Thursdays: October 8, 15, 22, & 29;
10:00 – 11:30 a.m.

How can we maintain our balance when the world seems to be rapidly changing around us? This course will help us develop habits of calming our nervous system, bringing mindful awareness to the situation, and responding with kindness and skill to whatever gets thrown our way. Participants will learn mindfulness meditation practices, relaxation skills, and practical ways to return to a healthy life balance.

Location: Class will take place on the internet using Zoom. Log-in information will be sent to enrollees.

Instructor: Paula Seikel, Ph.D.

Facilitator: Barbara Bain (208-232-3415)

Class Limit: 25

Get Back to Normal Naturally (#3072)

Tuesday: October 27; 6:30 p.m.

Get back to normal naturally without medications, injections, or surgery. We'll give you an overview of physical therapy and have some fun.

Location: High Desert Physical Therapy, 820 W. Chubbuck Road, Chubbuck

Instructor: Jared Pugmire, Doctor of Physical Therapy

Facilitator: Lee Hendricks
(Hendricks_N_L@yahoo.com)

Class Limit: 35

Medicare 101 (#3578)

Monday: October 5; 1:00 – 2:30 p.m.

This class will answer the questions you may have about Medicare. Learn about the parts of

Medicare. What differentiates Parts A, B, C, and D? And what's Plan G? We'll help you determine the right plan for you. By the end of the class you will be equipped with the tools you need when it's time to sign up for Medicare. This class is open to all and recommended for individuals over 62 years of age. Family members are welcome as well.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Marilee Park, Blue Cross of Idaho

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

Naloxone Training for Overdose Prevention: Save a Life with a Spray (#3073)

Wednesday: October 21; 1:00 – 2:30 p.m.

Attend the presentation to learn: dangers and risks associated with use and misuse of opioids; opioid overdose warning signs; how and where to purchase naloxone locally; how to administer naloxone; and information about the Idaho Good Samaritan Law.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Traci Lambson, Health Education Specialist Senior, Southeastern Idaho Public Health

Facilitator: Jim Mariani (jsm22553@yahoo.com)

Class Limit: 60

Origami & Theragami: The Science and Art of Celebration and Healing (#3461)

Origami and Theragami are used to educate, inspire, self-heal, and instill greater confidence. Theragami has therapeutic benefits connecting the mind and body. See information about each class below.

Location (all classes): Liberty Hall, 325 W. Benton, small room

Instructor: Hugh Suenaga

Facilitator: Nancy Dafoe (208-596-0491)

Class Limit: 12

Class Fee: \$20 to be paid at the first day of the class. Pays for all paper and costs associated with preparation of an instructional video which is emailed to each registered student.

SECTION 1 – Senbazuru Spiritual Cranes*Tuesdays: September 15, 22, & 29;**10:00 a.m. – Noon*

Come bless your mental and physical health-wellness through the simple, but mesmerizing and empowering, elegance of Senbazuru, the Thousand Cranes.

SECTION 2 – Tessellations I*Tuesdays: October 6, 13, & 20; 10:00 a.m. – Noon*

Tessellations are folded patterns that repeat themselves indefinitely. This session teaches almost magical basics as a pre-requisite to complex modeling. All skill levels are welcome.

SECTION 3 – Tessellations II*Tuesdays: October 27, November 3, 10, & 17;**10:00 a.m. – Noon*

Completion of Tessellations I is a prerequisite for this class. This session will teach many complex models that lay the foundation for expanding the greatest resource in the world, your imagination. Come “touch” the future as it is meant to be touched by “You”.

SECTION 4 – Kusudama I*Tuesdays: November 24, December 1, 8, & 15;**10:00 - Noon*

Kusudama are comprised of multiple folded modules that are presented as special blessings at celebrations such as baptisms and weddings. They have been a tradition for centuries. All skill levels from beginner to advanced are welcome.

Peace of Mind Seminar (#3764)*Monday: September 21; 1:00 - 2:30 p.m.*

The Peace of Mind Seminar discusses how pre-planning your funeral helps ease the emotional and financial burden for you and your family.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Steve Pearce, Advanced Funeral Planner, Downard Funeral Home

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

What Is in the Foods You Are Eating?**Part 2 (#3767)***Friday: October 23; 1:00 - 2:30 p.m.*

A discussion of sugar substitutes, processed foods, foods to boost satiety, foods to help you sleep, and the health benefits of nuts and dark chocolate.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Mary Dundas, PhD, FADA, Professor Emerita

Facilitator: Aleen Shearer (ajshearer@cableone.net)

Class Limit: 74

Your Brain Has a Mind of Its Own (#3528)*Monday: September 21; 10:00 – 11:30 a.m.*

Seeing may not be believing because what we see is not necessarily the real world. The light that reaches our eye is processed many times, in the eye and in the brain, before we actually are aware of what we are seeing. Likewise, other senses, such as hearing, undergo similar processing. Why can't we hear the music from radio stations whose sound waves are constantly passing through our brain? Are there people who can hear that music?

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Trent Stephens, PhD

Facilitator: Kathleen Stephens (208-244-2732)

Class Limit: 74

Your Hearing Health: We are Hear for You! (#3074)*Thursday: October 1; 1:00 - 2:30 p.m.*

Hearing is a crucial sense for communicating with the world around us. This ISU Audiology professor will discuss how we hear, causes of hearing loss, the impact of hearing loss, treatment options, and will answer audience questions.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Debbie Vieira, M.S., Assistant Clinical Professor, Audiology Clinic, ISU

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

HISTORY

The Bonus Army of 1932 (#3768)

Monday: December 7; 10:00 – 11:30 a.m.

The Bonus Army was a group of veterans and their families who came to Washington, DC in 1932 demanding cash-payment redemption of their service certificates from World War I. About 43,000 veterans and their families camped near the mall in our nation's capital beginning early March. On July 28, 1932, they were routed by the US Army using infantry and tanks. Chief of Staff General Douglas McArthur led the operation under direct orders from President Herbert Hoover.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: F. C. "Chuck" Humphrey, PhD; Professor Emeritus, ISU, Lieutenant Colonel, US Army (retired)

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

The Camp Bird Mine (#3769)

Monday: September 14; 1:00 – 2:30 p.m.

High above Ouray, Colorado, gold was in plain sight to Irishman Thomas Walsh, who saw what other miners overlooked for two decades. Cloud gold. How did he develop it, provide first-class bunkhouses for his workers to stave off strikes, and earn a fortune to become a philanthropist? Participants will get to examine stock certificates, mineral specimens, and maps.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Dr. S. Eric Krasa

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

Chateaux of the Loire River Valley (#3075)

Wednesday: September 30; 10:00 – 11:30 a.m.

There are over three hundred chateaux in the Loire River Valley, ranging from practical military castles dating from the 10th century, to splendid palaces built half a millennium later. These

chateaux are part of the architectural heritage of the historic towns of Amboise, Angers, Blois, Chinon, Montsoreau, Nantes, Orléans, Saumur, and Tours along the Loire River in France. They are among the most spectacular buildings ever constructed.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Trent Stephens, PhD

Facilitator: Kathleen Stephens (208-244-2732)

Class Limit: 74

Children and Childhood in Pre-Industrial Europe (#3076)

Monday: November 9; 10:00 – 11:30 a.m.

This course explores elements of growing up in pre-industrial Europe. Topics include conception and birth, class differences, social challenges and vulnerability, and contrasts with modern roles and attitudes. Regardless of status, children lived in adult worlds and were often expected to perform adult tasks; like their parents, they experienced early death. How did social conditions affect relations between parents and children? How did they shape children's lives?

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Stephanie Christelow, Professor Emerita, Department of History, ISU, and Life Member of the University of Cambridge, England

Facilitator: Jim Mariani (jsm22553@yahoo.com)

Class Limit: 74

History of Pocatello (#3773)

Thursday: September 17; 1:00 – 2:30 p.m.

The Blalock family has been an integral part of the history of Pocatello. Bill will discuss some of the historical factors and has several artifacts regarding Pocatello, World War I and World War II.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructors: Bill and Teresa Lee Blalock

Facilitator: Cathy McPherson (208-233-5899, athylee@cableone.net)

Class Limit: 74

History of the Marshall Public Library (ONLINE) (#3772)

Wednesday: September 16; 10:00 – 11:30 a.m.

Public libraries have had an important place in US history and culture since the colonial era. Yet the true Golden Age of libraries was the late 19th and early 20th centuries when Carnegie libraries were built across the nation. Pocatello was no exception, yet the story of its building took an unexpected turn. We will look at our library's place in city, state, national, and global history, both in its development and its architecture.

Location: Virtual, via Zoom. Log-in information will be sent to each person registered for the class.

Instructor: Kristine Hunt, adjunct instructor, History Department, ISU

Facilitator: Barbara Christensen (christensen.barb@gmail.com)

Class Limit: 60

Newgrange (#3077)

Tuesday: October 6; 10:00 – 11:30 a.m.

Newgrange is a prehistoric passage tomb in County Meath, Ireland, on the north side of the River Boyne. It was built during the Neolithic period, around 3200 BC, making it older than Stonehenge and the Egyptian pyramids. The engineering is so brilliant and precise that rays of the rising sun at the winter solstice enters through a window box above the doorway, traverses the sixty-foot-long passage, and lights up a stone bowl in the tripartite chamber at the end.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Trent Stephens, PhD

Facilitator: Kathleen Stephens (208-244-2732)

Class Limit: 74

Pandemics Past in the USA (#3078)

Tuesday: October 20; 11:00 a.m. – 12:30 p.m.

A look at the yellow fever, smallpox, cholera, malaria, influenza and other death-dealing pandemics that have struck the USA.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Mike Doellman, MS

Facilitator: Geoff Hogander, (208-232-3437, ghogande@yahoo.com)

Class Limit: 74

Rhodochrosite, Rare and Beautiful

(#3079)

Monday: November 9; 1:00 – 2:30 p.m.

In a defunct silver mine, an insightful geologist saw what others overlooked—rhodochrosite with its enticing shades of pink and rose and scarlet. A mineral coveted for its beauty, collectors often pay more for a specimen than a car. What did the geologist see and how is it carefully extracted with diamond-tipped chain saws? See specimens for yourself, but beware, they are highly addicting.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Dr. S. Eric Krasa

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

Robber Baron Castles of the Rhine (#3080)

Tuesday: October 13; 10:00 – 11:30 a.m.

Robber barons, or robber knights, were wealthy German land owners who violated the structure of tolls on the Rhine either by charging excessively high tolls or by operating without authority from the Holy Roman Emperor. During the Great Interregnum (1250–1273), the number of such tolling stations guarded by castles exploded in the absence of Imperial authority. These castles are so thick along the Rhine that three or more can be seen at the same time.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Trent Stephens, PhD

Facilitator: Kathleen Stephens (208-244-2732)

Class Limit: 74

Please be courteous to other members and cancel ASAP if you are signed up for a program and cannot attend so that the Wait List individuals may be contacted to attend. Call the NKA office at 208-282-3372.

The Tower of London (#3081)*Wednesday: October 21; 10:00 – 11:30 a.m.*

The Tower of London was built “...against the restlessness of the huge and brutal populace...”. The castle keep was originally built of wood in the south-east corner of the Roman town walls beside the River Thames, but by the end of the 11th century, the Tower was rebuilt in stone, under the direction of Gundulf, Bishop of Rochester. It has been the most famous fortress, royal palace, treasure house, and prison in all of English history.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room**Instructor:** Trent Stephens, PhD**Facilitator:** Kathleen Stephens (208-244-2732)**Class Limit:** 74

The Viking Age (#3082)*Monday: October 5; 10:00 – 11:30 a.m.*

The Viking Age investigates the identities and impacts of one of Europe’s most notorious groups of people. It presents an image of two cultures—that of the stay-at-home Scandinavian farmers and the younger offspring that left Scandinavia to raid, trade, and ultimately to settle in England, northern France, Russia, and the North Atlantic. Sources include sagas, rune stones, chronicles, and archaeology. The course works to reconcile stereotypes with historical evidence.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room**Instructor:** Stephanie Christelow, Professor Emerita, Department of History, ISU, and Life Member of the University of Cambridge, England**Facilitator:** Jim Mariani (jsm22553@yahoo.com)**Class Limit:** 74

A Visual Walk through Pocatello History (#3777)*Wednesday: October 7; 10:00 – 11:30 a.m.*

Enjoy an illustrated tour of local history. Pictures and anecdotes about the growth and expansion of the town bring history to life. The

presentation includes little known facts and rarely seen images of places and buildings still around and many that are no longer with us.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room**Instructor:** Arlen Walker**Facilitator:** Nancy Dafoe (nancyd@uidaho.edu)**Class Limit:** 74

NATURE, SCIENCE, & TECHNOLOGY

**Astronomy 8: The Solar System–
The Unknown Knowns** (#3780)*Thursday: October 29; 10:00 – 11:30 a.m.*

The solar system is a lot weirder than you know—and getting weirder all the time. We’ll unearth fascinating facts followed by the latest explorations from NASA, the ESA, the Japanese and more.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room**Instructors:** Jim Mariani**Facilitator:** Trent Stephens (208-244-2732)**Class Limit:** 74

Cutting the Cable Cord (#3083)*Tuesday: September 22; 10:00 - 11:30 a.m.*

Is cable TV getting too expensive? Has satellite TV dropped your favorite channel because of a contract dispute? Have you almost forgotten about broadcast TV and rabbit ear antennas? Let’s talk about your options for broadcast TV, replacing your cable or satellite service with a live streaming service, or just using streaming apps on your TV. We’ll talk about your available options, their cost (some are free!), and what channels or features you might gain or lose.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room**Instructor:** Brian Kauffmann**Facilitator:** Geoff Hogander (208-232-3437)**Class Limit:** 74

Please be courteous to other members and cancel ASAP if you are signed up for a program and cannot attend so that the Wait List individuals may be contacted to attend. Call the NKA office at 208-282-3372.

Easy Stargazing (ONLINE) (#3782)*Tuesday: September 15; 3:30 - 5:00 p.m.*

This presentation shows attendees how to enjoy the nighttime sky with just their eyes or binoculars.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: L. Paul Verhage, Boise School District

Facilitator: Sue Miller (millerpag@yahoo.com)

Class Limit: 74

In the Presence of Grizzlies (#3784)*Thursday: October 1; 10:00 - 11:30 a.m.*

In Katmai National Park, Alaska, the Brooks River and Brooks Falls are famous for observing grizzlies feeding on salmon as the fish migrate upstream to spawn. Don and Jane Streubel visited Brooks Falls and will show photos and videos of bears feeding on salmon. In Brooks Camp, near the falls, strict rules exist for humans, so bears have learned to tolerate their presence. Come join us as we view these magnificent animals feeding on their favorite food, salmon.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Donald Streubel, Ph.D., Professor Emeritus, ISU

Facilitator: Geoff Hogander (ghogande@yahoo.com)

Class Limit: 74

Make Your Landscape a Haven for People and Pollinators II (#3785)*Saturday: November 21; 10:00 a.m. - 12:30 p.m.*

This is a continuation of Fall 2019's class in which you'll get help in designing your landscape using some of the principles discussed then. Learn how to apply basic concepts from the fields of ecology and design to improve your home or commercial landscape. We'll help you define goals for your landscape! Bring a bird's eye diagram or map of your yard or garden (8"x11" or larger), and be prepared to work on your design during class. Some drawing material will be furnished. Face masks are required in classes held on the ISU campus.

Location: RF Christensen Building, RFC, Room 108, ISU

Instructor: Alissa Salmore, RLA, MS, Landscape Architect

Facilitator: Geoff Hogander (208-232-3437)

Class Limit: 18

The Philippines: A Biodiversity Hotspot (#3084)*Tuesday: September 29; 10:00 - 11:30 a.m.*

The 7,641 islands of the Philippines archipelago have provided nature an opportunity to experiment and create many novel designs. Half of its animal species are thought to exist nowhere else in the world. There are more endemic plant species than all of the plants in Idaho put together! Set in the midst of the Coral Triangle, the isles are surrounded by some of the last healthy reef systems on the planet. I traveled for 5 weeks to study them.

Location: Liberty Hall, 325 W. Benton, lecture room and upstairs room

Instructor: Dr. Paul Allen

Facilitator: Geoff Hogander (208-232-3437, ghogande@yahoo.com)

Class Limit: 74

TRAVEL & FIELD TRIPS

Travel and field trips have been canceled for the Fall 2020 semester. Stay tuned for Spring 2021.

WRITING & LITERATURE**Book Group and a Glass... (#3372)***Thursdays: October 1, November 5, & December 3; 3:00 - 4:30 p.m.*

Enjoy a glass of wine or other beverage while we discuss the book of the month in small groups. The selections are: October—*The Book Woman of Troublesome Creek* by Kim Michele Richardson, November—*Sold on Monday* by Kristina McMorris, and December—*Eleanor Oliphant is Completely Fine* by Gail Honeyman.

(continues...)

(continued: Book Group and a Glass)

Location: Café Tuscano, 2231 E. Center Street (Please park in the Café Tuscano lot across the street.) If in-person attendance is a problem due to COVID-19, please contact one of the facilitators for information about a Zoom section.

Facilitators: Ann Smith (208-251-5812) & Sharon Manning (208-233-9425)

Class Limit: 56

Class Fee: \$10 per session, which pays for beverage, appetizer, and gratuity. Make check payable to Café Tuscano. Send to Sharon Manning, 830 Spyglass Point, Pocatello, ID 83204 by **September 18** for our first meeting.

Low-Impact Creative Writing (#3136)

*Mondays: September 28 – December 14;
2:00 to 4:00 p.m.*

Writing for your own pleasure. Like low-impact aerobics, the object is to enjoy the activity without stress. We write for an hour on any topic we want, or on ideas sparked by story starters that class members bring in. During the second hour we take turns reading our creations, if we want. Negative criticism is not allowed. Our encouraging environment and the support of other writers helps everyone become a better writer.

Location: Liberty Hall, 325 W. Benton, small room

Facilitator: Stephanie Gill (208-234-4184; sgillforterra@gmail.com)

Class Limit: 12



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