



Wilderness Physical Therapy For more information SEE PAGE 16

To Enroll in Classes: Visit cetrain.isu.edu or call (208) 282-3372

S U M M E R 2025

² WELCOME

Welcome to our Spring Catalog!

Dear Learners and Community Members,

I AM GRATEFUL TO SEE A LONG WINTER AND COOL SPRING BEHIND US. We needed the water but I am eager to celebrate summer. Each season's change presents new opportunities for us, remarkably similar to each new catalog. They showcase different levels of opportunities for learning, playing, upskilling, and for exploring new career paths.

Years ago, I was in a class exploring basic concepts of navigation. It wasn't the navigation we use today, like GPS and satellites and automatic mapping that quickly directs us across town or country. It was the kind of navigation that sailors of old used when they crossed from Europe to the New World. The class taught basic celestial navigation, an essential foundation for my own up-skilling then, because that was to become my trade, flying in aircraft around the world using the sun and stars to guide us.

That craft still exists today, though, mostly done now by computers that digitally dissect complex 3-dimensional trajectories in thousandths of fractions of seconds. That kind of navigation, which used to take hours on wooden sailing ships, took me minutes, and now it's available at the push of a button or a verbal query to Siri or Alexa. Instant opportunity! Learning Basic Navigation taught me some common steps that we all use in every journey we take; how to go from point A to point B; how to explore new directions; how to use the 'Far Sight' while not losing the 'Near Look'. It is not unlike beginning a new career, or branching into a new field. Every journey unearths

new opportunities to explore, finds new pole stars to guide us, and can change our outlook along the way.

Where is life taking you? Where do you want to go? What changes in your own journey will make your life better, and what opportunities will help get you there? This catalog is all about opportunities. Reach out and grab some....and have a great summer.

-RaeLyn Price, Interim Director Continuing Education and Workforce Training

Mark Your Calendar

Mark your calendar and save these dates for the following:

- Safety Fest, May 13-15, 2025 (see pg. 25)
- Ignite Their Future June 9-13 & July 7-11 (see pg. 6)

For more information about our events, conferences, and classes visit our website: **cetrain.isu.edu**

LIKE and FOLLOW US ONLINE:

Facebook: @isucetrain YouTube: @ISUCEWT Instagram:@isucewt X (formally Twitter): @ISU_WFT Blog: blog.cetrain.isu.edu/blog CEWT Talk Podcast: soundcloud.com/cewt-talk

CATALOG COVER: Wilderness Physical Therapy (pg. 16)

Resources

Idaho Launch

Idaho State University Continuing Education and Workforce Training offers several courses approved through Idaho Launch.

Approved courses include our apprenticeship programs, CNA Courses, online partner program courses though Career Step, Ed2Go, Promineo, NC Labs and much more.

We have both online and in-person classes approved for funding. Funding for multiple courses must be approved. With the exception of apprenticeship programs, all funded courses must be taken within 6 months of Idaho Launch funding approval.

Idaho Launch funding is a one-time funding option per recipient. If you are interested in Idaho Launch funding we encourage you to call our office. We can help you maximize your Idaho Launch Funding if approved.

Call ISU CEWT at (208) 282-3372 or visit idaholaunch.com

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You must be 18 years old or older to register and attend CEWT classes unless otherwise specified.

We are now accepting Sallie Mae Funding

for our workforce training courses. Contact us for details: 208-282-3372 NOTE: ALL CLASSES HELD IN POCATELLO UNLESS OTHERWISE STATED.

Business

Develop your business sense and marketability by learning to enhance your leadership skills, become a better team member, & elevate your effectiveness and professionalism.

BUSINESS MANAGEMENT

WEB: Administrative Assistant Fundamentals: Be the Office Hero

(Online Course) #6539

Learn what is needed to be an administrative assistant. Topics range from managing office functions to the proper use of office equipment. This fully online course will give you the essential skills you need to be successful in an administrative environment. Registered participants will receive 60 days to watch, review, and complete. The course certificate will be available upon completion and successful submission of course work.

Start Date: AnytimeEnds: 60 days after registrationHours: 20Fee: \$50Register at: cetrain.isu.edu/hero



SUCCESS SKILLS

Mastering Money & Money Behaviors With Ease & Flow (Online Course) #1145

In this course you will learn about your relationship with money, the underlying patterns and emotions learned in early childhood that create underlying habits, which affect your finances. You will learn basic personal finance & behavioral financial skills around money. **Taught by a Certified Money Coach.**

SECTION 1 – Understanding Money Patterns, Beliefs

and Behaviors. Identify unconscious patterns and beliefs about money and money archetypes.

Start Date: 06/11/25	Days Taught: W
Hours: 1.5	Fee: \$40
Bldg/Rm: Zoom	Times: 6 pm – 7:30 pm (1 session)

SECTION 2 – Releasing Debt and Creating an Abundant

Spending Plan. Budgeting, paying off debt, and building an emergency fund.

Start Date: 06/25/25	Days Taught: W
Hours: 1.5	Fee: \$40
Bldg/Rm: Zoom	Times: 6 pm – 7:30 pm (1 session)

SECTION 3 – Accumulating Wealth and Lifetime

Financial Well-Being. The basics of investing tools and how to use them to maximize income, investing, and retirement planning.

Start Date:07/09/25Days Taught: WHours: 1.5Fee: \$40Bldg/Rm: ZoomTimes: 6 pm - 7:30 pm (1 session)

SECTION 4 – Conquer Financial Risk, Protecting Your Nest

Egg. Understand asset protection, including insurance and estate planning.

Start Date: 07/23/25 Hours: 1.5 Bldg/Rm: Zoom Days Taught: W Fee: \$40 Times: 6 pm – 7:30 pm (1 session)



Idaho State University

Continuing Education and Workforce Training

COMPUTERS

5



ISU Department of Counseling

2025 Professional Development Workshops

Earn Continuing Education Credits, learn new clinical practice techniques, and refresh your skills. Open for Licensed Professional Counselors, Social Workers, Licensed Marriage and Family Therapists, Teachers, Psychologists, and other Mental Health

REGISTER TODAY

nent-workshops/upcoming-workshops



LEARN TO Code online In 18 weeks

\$

Idaho State University

Continuing Education and Workforce Training

Experience hands on training from industry professionals.

Front End: Starts Monthly Back End: Starts Monthly

www.promineotech.com/isucodingbootcamps

PART TIME | ONLINE | AFFORDABLE

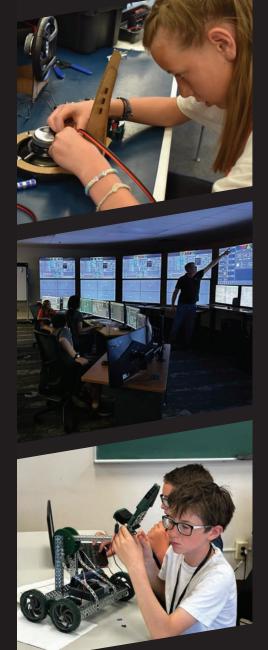
This bootcamp is in partnership with a PROMINEO TECH





Ignite Their Future SCIENCE TECHNOLOGY ENGINEERING and MATH

STEM Summer Workshops



Ignite a passion for STEM through engaging summer programs focused on college and career exploration.

Programs for middle and high school learners!

SAVE THE DATES!

Session 1: June 9-13

Session 2 : July 7-11

Registration Opens April 21

INFO & REGISTRATION cetrain.isu.edu/itf (208)282-3372

ROAR IDAHO LAUNCH

For Adult Learners



Refer to the Idaho Launch website for updates, check frequently.

ISU CEWT has 25+ programs approved for Idaho Launch Funding.

Approved courses include:

- Health Care
- Apprenticeship Programs
- Online Certificates in Health, Coding, IT
- Apply today at Idaholaunch.com

If you have questions regarding ISU Continuing Education and Workforce Training approved Launch Programs, please contact us at 208-282-3372 or cetrain@isu.edu



CULINARY ARTS

Culinary Arts

Expand your cooking horizons and abilities by working under a talented instructor on elegant and fun dishes. Must be 18+ to attend. Children under the age of 18 not allowed in the kitchen.

COOKING AND BAKING

Roll Making for Beginners #1749

Make rolls for your holiday dinner, special occasions or just because! We'll spend some time discussing what can go wrong with making rolls and how to safeguard against those pitfalls. **Bring an apron and a cookie sheet** so you can take your rolls home to bake. All other ingredients supplied.

Start Date: 05/08/25	Days Taught: TH
Hours: 2	Fee: \$38
Bldg/Rm: RFC Kitchen	Times: 6 pm – 8 p
	(1 session)

Whole Wheat Bread Making

for Beginners #1605

If you've always dreamed of baking bread, but have never known where to start, join us! This hands-on class walks through making a loaf of bread: no frills, no mystery, and no tricky moves. We'll discuss what can go wrong and how to safeguard against those pitfalls. **Bring an apron and a loaf pan** so you can take your bread dough home to bake after the class. All ingredients supplied.

Start Date: 06/05/25 Hours: 2 Bldg/Rm: RFC Kitchen Days Taught: TH Fee: \$38 Times: 6 pm – 8 pm (1 session)

8 pm

Cinnamon Roll Making #1707

Warm, gooey, and delicious...these cinnamon rolls will satisfy any sweet tooth! Learn how to make these crowd pleasers from scratch in this fun course! Bring Container to take home cinnamon rolls.

Start Date: 07/10/25 Hours: 3 Bldg/Rm: RFC Kitchen Days Taught: TH Fee: \$42 Times: 6 pm – 9 pm (1 session)

Uzbek Plov (Uzbek Rice Pilaf

with meat) #1758

Simple, easy to find ingredients and outstanding taste has made Uzbek Plov popular worldwide. Traditionally, plov is made with lamb meat, although beef, pork, or even chicken could be used as a substitute. In our class, we are going to use two different recipes to make two types of plov – one with chicken and one with beef.

Start Date: 05/30/25	Days Taught: F
Hours: 2	Fee: \$38
Bldg/Rm: Tech Cafe	Times: 6 pm – 8 pm (1 session)

Your Class Here

We are always looking for talented community members to join our growing list of instructors.

If you are interested in teaching a course through ISU Continuing Education and Workforce Training, please contact us at 208-282-4103.



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ROAR

Recipe For Success

Culinary Life Prep Academy



Participants

Fee: None

This **12-week program** is designed to tackle the significant workforce shortages in the local food service industry while supporting individuals reentering the workforce after incarceration or extended employment gaps. Participants will train under a professional chef and learn soft skills from area experts. Training includes:

- Food Service Training: Hands-on learning to meet industry standards.
- Leadership & Team Building: Preparing participants to work collaboratively.
- **Soft Skills Development:** Resume building, interview techniques, and more.

Dates: Check our website for future classes Location: ISU RFC B1-66 and Tech Cafe Time: 9am-12pm



cetrain.isu.edu/culinaryskills





10 HEALTH AND WELLNESS

Health and Wellness

Whether enhancing skills or starting a new career, our courses offer comprehensive training for success in high demand careers in healthcare.

NOTE: For any health course that exceeds three days in length, please consider other commitments and use discretion when registering for these time sensitive, highcompetency courses. **Handouts can be found at cetrain. isu.edu/handout.**

CPR AND FIRST AID (AHA)

All courses are approved by American Heart Association (AHA) and taught by certified AHA instructors.

AHA Heartsaver Basic First Aid #1915

Discover how to reduce pain and injury by learning and practicing basic first aid. One day you might save a life using this information! This class meets OSHA and DOT guidelines for emergency care. **This class is First Aid ONLY and does not include CPR.** CNAs, NAs, EMTs, daycare workers and parents would benefit from taking the course.

For information on setting up a class please call 208-282-3372 f. Hours: 4

AHA Heartsaver First Aid/CPR/AED

#1933

This course is designed to teach lay responders critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course is ideal for health and fitness coaches, teachers and school staff, lifeguards, flight attendants, and anyone who needs a credential in first aid and CPR, including Certified Family Home.

Note: This course does not meet requirements for AHA Healthcare Provider BLS CPR.

ALL CLASSES: Hours: 6

Fee: \$65 (Includes textbook and certification card)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Spring 6	05/02/25	F	9am-3pm	RFC B166
Summer 1	7/12/25	S	9am-3pm	RFC B166
Summer 2	8/01/25	F	9am-3pm	RFC B166
Summer 3	9/13/25	S	9am-3pm	RFC B166

AHA Heartsaver Pediatric First Aid/CPR/AED #1916

This course meets American Heart Association (AHA) and Idaho Child Care Program (ICCP) requirements (meets daycare provider requirements for the Pocatello and Chubbuck area). Students will learn infant/child/adult CPR, obstructed airways, use of a barrier device, AED, hands-on training and pediatric first aid basics.

ALL CLASSES: Hours: 7

Fee: \$65 (Includes textbook and certification card)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Summer 1	6/07/25	S	9am-4pm	RFC B166

AHA BLS Provider CPR #1930

This class teaches everything necessary to administer CPR in healthcare settings such as assessment of breathing and cardiac emergencies in adults, infants, and children with one-and-two rescuer CPR; adult and pediatric obstructed airway management; AED; and mouth-to-mouth ventilation. **ALL CLASSES: Hours**: 5

Fee: \$65 (Includes manual)

SECTION	START DATE	DAY	S TIMES	BLDG/RM	
Spring 14	05/09/25	F	9am-2pm	RFC B166	
Spring 15	05/12/25	М	5pm-10pm	RFC B166	
Spring 16	05/22/25	ΤH	5pm-10pm	RFC B166	
Spring 17		W	5pm-10pm		
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Spring 17	03/20/23	V V	Spin-ropin	NI C DI UU	
Summer 1	06/14/25	S	9am-2pm	RFC B166	
Summer 2	06/26/25	TH	5pm-10pm	RFC B166	
Summer 3	07/02/25	W	5pm-10pm		
Summer 4	07/08/25	Т	5pm-10pm	RFC B166	
Summer 5	07/24/25	TH	5pm-10pm		
Summer 6	07/30/25	W	5pm-10pm	RFC B166	
Summer 7	08/05/25	Т	5pm-10pm	RFC B166	
Summer 8	08/09/25	S	9am-2pm	RFC B166	
Summer 9	08/14/25	TH	5pm-10pm	RFC B166	
Summer 10	08/21/25	TH	5pm-10pm	RFC B166	

AHA Heartcode Provider CPR – Online Blended Learning #1929

Heartcode BLS Provider CPR is an online blended learning course most appropriate for those familiar with AHA BLS. Students will receive a 'key-code' via email to access the online component. Upon completing this part, they attend a structured BLS Hands-On Session with an AHA Instructor. To participate in the two-hour session, students must finish the online portion and present their course certificate to the instructor. **HANDS-ON: Hours:** 2.5 **Fee: \$65** (Includes online course, hands-on session w/ AHA instructor, & cert. card)

SECTION	START	DAYS	TIMES	BLDG/RM
Spring 12	05/01/25	TH	5pm-7:30pm	RFC B166
Spring 13	05/13/25	Т	5pm-7:30pm	RFC B166
Spring 14	05/15/25	TH	5pm-7:30pm	RFC B166

HEALTH AND WELLNESS ¹¹

Spring 15	05/27/25	Т	5pm-7:30pm	RFC B166
Summer 1	6/12/2025	ΤH	5pm-7:30pm	RFC B166
Summer 2	06/24/25	Т	5pm-7:30pm	RFC B166
Summer 3	07/10/25	ΤH	5pm-7:30pm	RFC B166
Summer 4	07/21/25	М	5pm-7:30pm	RFC B166
Summer 5	08/18/25	М	5pm-7:30pm	RFC B166
Summer 6	08/27/25	W	5pm-7:30pm	RFC B166
Summer 7	09/02/25	Т	9am-11:30am	RFC B166
Summer 8	09/18/25	TH	5pm-7:30pm	RFC B166

AHA BLS Provider CPR – Refresher

#1937

This course is intended for individuals who have a current AHA BLS card who need recertification. Must have a current AHA BLS CPR card. If you do not have current card, please sign up for one of our AHA BLS CPR classes. **ALL CLASSES:** Hours: 3 Fee: **\$50**

SECTION	START DAT	E I	DAYS TIMES	BLDG/RM
Spring 5	05/21/25	W	5pm-8pm	RFC B166
Summer 1	06/18/25	W	5pm-8pm	RFC B166
Summer 2	07/16/25	W	5pm-8pm	RFC B166
Summer 3	08/13/25	W	5pm-8pm	RFC B166
Summer 4	09/17/25	W	5pm-8pm	RFC B166

ASSISTANCE WITH MEDICATIONS

Assistance with Medications #1940

Qualify yourself to assist with medications in assisted living, group home and certified family home settings. Upon completion, you will know the legal requirements, be able to identify safety factors involved, and know your responsibilities and restrictions when assisting with medications. Closed-book written exam and skills exam are conducted at the end of class. Begin studying the course manual* at least one week prior to the class. **This 8-hour course is taught in a one-day Saturday course or split between two 4-hour evenings.**

NOTE: These classes are fully face to face; online courses are available on request.

*Required course manual available at cetrain.isu.edu/med ALL CLASSES: Hours: 8 Fee: \$80

SECTI	ON START I	DAYS	TIMES I	BLDG/
Sp 13	05/05 & 05/06/25	M/T	5:30pm-9:30pm	RFC B166
Sp 14	05/17/25	S	9:00am-5:30pm	RFC B166
Sp 15	05/19 & 05/20/25	M/T	5:30pm-9:30pm	RFC B166
	06/16 & 06/17/25	M/T		
Sm 2	06/21/25	S	9:00am-5:30pm	RFC B166
Sm 3	06/30 & 07/01/25	M/T	5:30pm-9:30pm	RFC B166
Sm 4	07/14 & 07/15/25	M/T	5:30pm-9:30pm	RFC B166
Sm 5	07/19/25	S	9:00am-5:30pm	RFC B166

 Sm 6
 07/28 & 07/29/25
 M/T
 5:30pm-9:30pm
 RFC B166

 Sm 7
 08/11 & 08/12/25
 M/T
 5:30pm-9:30pm
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 Sm 8
 08/16/25
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 RFC B166

 Sm 9
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 RFC B166

 Sm 10
 09/08 & 09/09/25
 M/T
 5:30pm-9:30pm
 RFC B166

 Sm 11
 09/20/25
 S
 9:00am-5:30pm
 RFC B166

 Sm 12
 09/22 & 09/23/25
 M/T
 5:30pm-9:30pm
 RFC B166

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Certified Family Home Basic Medication Awareness and Infection

Control #1939

The purpose of this course is to educate Certified Family Home (CFH) providers and substitute caregivers regarding medication safety and infection control. Participants will gain a basic understanding of medications including storing and caring for medications, six rights of medication oversight, medication side effects and warning signs, infection control, maintaining medication records and more. This course satisfies the requirements of **IDAPA 16.03.19.400.05**: "Each staff assisting with resident medications will have successfully completed a medication training under Section 100 of these rules." That section states under IDAPA 16.03.19.100.03.e: "Unless a licensed practical nurse, registered nurse, physician's assistant, or medical doctor, completion of a Department-approved medications course through an Idaho technical college." This course has 2 components:

1. Online coursework. 3.5 contact hours.

2. In-person skills demonstration with skills pass-off by an ISU Registered Nurse instructor and a proctored open-book written testing.

Successful completion of this course will consist of an open book written test with a passing rate of 80% or greater and participation in the skills demonstration and testing. Beginning July 7, 2025 this 5 hour course will be taught completely in person.

Spanish course available. Call 208-282-3372 for details. *Required course manual available at cetrain.isu.edu/med **Hours:** 6 **Fee: \$80**

SECTION	START	DAY	S TIMES I	BLDG/RM
Spring 3	06/23/25	М	5pm-8:30pm	RFC B166
Summer 1	07/07/25	Μ	5pm-10pm	RFC B166
Summer 2	09/15/25	Μ	5pm-10pm	RFC B166
Fall1	11/17/25	М	5pm-10pm	RFC B166



Continuing Education and Workforce Training

12 HEALTH AND WELLNESS

COMMUNITY HEALTH

Web Hybrid-Community Health Worker Training Core Competencies

#6501

This course is designed to provide core competencies for Community Health Worker's (CHWs). It includes key concepts of public health, outreach, advocacy, community and individual assessment, social determinants of health, health education, navigating insurance, stages of behavior change, service coordination and more. This 13-week core course consists of 48 hours of a blend of live online and asynchronous training. **A grant covers the cost of this course. Learn more: cetrain.isu.edu/chw**

Start Dates: TBD Fee: \$0 Bldg/Rm: Zoom Hours: 48

Web Hybrid-Community Health Worker Advanced #6551

The Community Health Worker Advanced course expands student's knowledge and skills and offers experiential learning through community or clinical tracks with a rotation at a preceptor site. This course must be taken after The Community Health Worker Core Course has been completed. This 13-week core course consists of 48 hours of blended, live-online and asynchronous training, and 48 Clinical hours. **A grant covers the cost of this course. Learn more: cetrain.isu.edu/chw**

Start Dates: TBD Fee: \$0 Bldg/Rm: Zoom Hours: 48

DENTAL ASSISTING

Fundamentals of Dental Assisting w/Expanded Functions #1920

Learn the basic concepts and skills of dental assisting including: terminology, dental charting, cavity classification, rubber dams, four-handed dentistry and suctioning through classroom, on-line and lab learning in an intensive 16-week course. **ADDITIONAL COSTS INCLUDE:** Scrubs,Textbook, BLS Healthcare Provider CPR Training Certification (**register at cetrain.isu.edu/cpr**). Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully. For more information please see the handout on **cetrain.isu.** edu/handout/

Fall 1

Start Dates: 08/11/25 to 12/03/25Days Taught: M W + 2 Saturdays (TBA)Hours: 110Fee: \$650Bldg/Rm: RFC B167Times: 6 - 9:30 pm (30 sessions)

Spring 1

Start Dates: 01/12/26 to 05/06/26Days Taught: M W + 2 Saturdays (TBA)Hours: 110Fee: \$650Bldg/Rm: RFC B167Times: 6 - 9:30 pm (30 sessions)

EMERGENCY MEDICAL TECHNICIAN

EMT – Basic #1925

Whether you're starting your career in emergency medicine or expanding your expertise, this course will equip you to deliver high-quality care as an EMT-Basic. Throughout this program, you'll gain essential skills in emergency medical care, from basic life support to advanced interventions. Our focus is on rapid assessment, decisive action, and compassionate treatment, preparing you to handle diverse medical emergencies with confidence and empathy. Upon completion, students must pass both a psychomotor skills exam and a national written exam for certification. This is an intensive course conducted over 16 weeks. Students attend 8-hours of class per week and participate in 7 Saturday Skills days. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully. Must be 18 years or older. ADDITIONAL COSTS: Textbook, blood pressure cuff and stethoscope, immunizations, drug screening test, MyClinical Exchange Account skills and written certification exams, BLS Healthcare Provider CPR training certification (register at cetrain.isu.edu/cpr).

NOTE: This course requires an application and interview. Background checks are a course requirement. A failed background check will prevent participation in this course. For more information, including additional costs, please see the handout on **cetrain.isu.edu/emt.**

Summer Priority Given to Applications Submitted Before June 30. Application Deadline July 15.

FALL

Start Dates: 08/12/25 to 12/06/25 Days Taught: T TH: 6 pm – 10 pm (29 sessions) SAT: 9 am – 5 pm (7 sessions) Fee: \$1000 (fee includes background check) Bldg/Rm: EAMES 131 Hours: 172

HEALTH AND WELLNESS ¹³

SPRING

Start Dates: 01/06/26 to 05/02/26 Days Taught: T TH: 6 pm – 10 pm (29 sessions) SAT: 9 am – 5 pm (7 sessions) Fee: \$1000 (fee includes background check) Bldg/Rm: EAMES 131 Hours: 172

AEMT-Advanced #1147

This class will be held in Spring 2026. Please check back for class dates this fall.

HEALTH AND WELL-BEING

Web 100 Days to a New You #1958

Embark on a 100-day journey to a healthier, more vibrant you. Whether you are just starting in nutrition, health, wellness, or seeking a reset, this course will provide you with essential tools to reach optimal health at any stage in life. Learn how to jumpstart your metabolism, stabilize blood sugar, balance hormones, and ward off metabolic diseases all through clean eating, the power of blood sugar stabilization, and balancing hormones. Each day, you'll dive into engaging lessons delivered through our online portal, all centered around transforming your body, mind, and lifestyle, guiding you to transform your body, mind, and daily routines. Discover time management strategies, the art of habit stacking, and essential tips for managing sleep, stress, nutrition, exercise, and hydration. You'll also learn to decode food labels, avoid harmful ingredients, and harness the power of macronutrients. Through simple 1% changes in your everyday habits, you'll unlock the path to achieving your health goals and more. Taught by a certified Nutrition Specialist/Personal Trainer with a Masters in Health Education with over 28 years of experience. Get ready to make healthy living your new way of life-let's start putting YOU first!

Start Date: Check Back	Days
Hours: 15	Fee:
Bldg/Rm: Online	Time

Days Taught: T Fee: \$550 Times: 7 pm - 8 pm (15 sessions)

Cost includes 3 in-person body scans/+15 sessions with a certified coach.

Mental Health First Aid #1788

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use challenge. In this 8-hour course, taught by a nationally certified Mental Health First Aid instructor, you will learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Learn about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well. Participants will receive an official Mental Health First Aid certificate.

Please call 208-282-3372 for information on scheduling additional classes. Hours: 8 classroom hours (+ 30-minute lunch break for full day classes)

NURSING ASSISTANT – CNA

Certified Nurse Assistant (CNA)

Prepare yourself for employment opportunities as a nursing assistant in extended care facilities, hospitals, home-care and hospice situations. This course meets the following requirements for Idaho registration of nursing assistants:

1) 88 hours of classroom instruction

(including discussion, videos, hands-on lab experiences)
2) 32 hours clinical experience in health care facilities
3) Guidance preparing for manual skills testing and written exam as required by the State of Idaho for placement on state registry.

CNA courses are available with several options:

11-14 week–Daytime class: meets 5-6 hrs/session; twice/ week.

14 week–Web Supplemented class: meets 6 hrs/skills session; every other week

20 week–Daytime class meets 3 hrs/session; twice/week; allows student more time for learning and skill mastery. ADDITIONAL COSTS INCLUDE: Textbooks, BLS Healthcare Provider CPR training certification (register at cetrain.isu. edu/cpr), clinical attire, clinical tools and immunizations. Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully. For more information please see the handout at: cetrain.isu.edu/cna

 CNA – Traditional Face To Face #1955

 All Classes: Hours: 120 Fee: \$800 (includes testing fees)

 SECTION START END DAY TIME BLDG/RM

 Sp 4
 06/23/25 09/10/25 M/W 9:00am-3:00pm RFCB163

 Sm 1
 07/24/25 12/09/25 T/TH 9:00am-12:00pm RFCB163

 Sm 2
 09/17/25 12/10/25 M/W 9:00am-3:00pm RFCB163

 Sp denotes Spring sessions

Sm denotes summer sessions



Continuing Education and Workforce Training

HEALTH AND WELLNESS 14

CNA – Web Supplemented #1956

Do you want to take a CNA class but would rather take a portion of it online? This web-supplemented course reduces face-to-face time by almost half.

All Classes: Hours: 120 Fee: \$800 (includes testing fees) SECTION START END DAV TIME **BIDG/RM**

JECHON	JIANI				DEDG/RM
Spring	05/28/25	07/28/25	M (1st day W)	8 am-2 pm	Firth HS
Spring 5 (Accelerated)		07/22/25	T/TH	9am-3pm	RFC B163
Fall 1	09/05/25	1/16/26	F	9am-3pm	Soda Springs
Fall 2	09/06/25	11/22/25	S	9am-3pm	RFC B163

English as a Second Language (ESL) CNA Prep #1963

ESL students entering the CNA program are invited to join a supplemental prep class. Students will study various topics to strengthen English language skills and can provide help with basic pre-CNA vocabulary before starting the CNA course and is **recommended to register for the CNA** course. Students can attend any course sections, but the 18 week course is recommended as it will allow more time for learning and skill mastery. For more information please see the handout at: cetrain.isu.edu/cna

Fee[·] NONE

SE	C. REG.OP	EN REG. E	NDS DAY TIME	BLDG/RM
1	Ongoing	Ongoing	TBD TBD	RFC TBD

Medication Assistant-Certified (MA-C) Web Supplemented #1975

The Medication Assistant-Certified (MA-C) is a CNA with specialized training in Medication Administration. This 120hour course will cover the National Council of State Boards of Nursing (NCSBN) curriculum and will prepare students to take the MACE upon successful course completion. Topics will include ethical and legal responsibilities and consideration, basic pharmacology, medication safety, medication routes, drug classification and more.

Course can be run on an as needed basis. Please call our office for customized classes.

CNA Manual Skills Prep #1953

Need additional guidance with the manual skills portion of the nursing assistant's role? The course includes web videos of each testable skill, a copy of all documents needed to prepare for the CNA manual skills exam, and four hours of face-to-face training with an Idaho-approved nursing assistant instructor.

Call to set up: 208-282-3372 Fee: \$250 (\$150 for ISU CNA students)

ONLINE HEALTH PROGRAMS

Participants registered for the online heath programs have 90 days to complete the course.

Basic EKG Interpretation

(Online Course) #1901

This class covers concepts including basic heart anatomy and physiology, cardiac, conduction, rhythm interpretation, distinguishing EKG from cardiac monitoring, and practice interpreting rhythm strips. Students will complete twelve hours of online training. At the completion, an online exam is required with 80% competency to pass.

Register at: cetrain.isu.edu/ekg Start Date: Anytime Ends: 90 days after registration Hours: 12

Fee: \$40

OSHA Bloodborne Pathogens

(Online Course) #6100

This user-friendly, online-based course allows students to complete the course at their own convenience. The OSHA Bloodborne Pathogen Standard is the focus, with current information about the three most devastating and common bloodborne pathogens. Online handouts and competency quizzes assure the student's competency.

Register at: cetrain.isu.edu/bbp

Start Date: Anytime Ends: 30 days after registration Hours: 4 Fee \$10

Medication Math (Online Course) #1902

Do you struggle with math, but need to understand it to safely administer medication? This course is for you! Concepts include conversion between systems of measurement, dimensional analysis, decimals and percentages, and applying the math to real-world scenarios. Self-paced course.

Register at: cetrain.isu.edu/medmath

Ends: 90 days after registration Start Date: Anytime Hours: 6 Fee: \$10

Effective Delegation for Healthcare

(Online Course) #1934

For delegation to be appropriate, it is necessary to understand the Board of Nursing's standards, use effective communication skills, and provide instruction that leads to knowledge and competence. In 2014, limits on the role of unlicensed assistive personnel (UAP), such as the CNA, were removed from the rules of the Idaho Board of Nursing, allowing nurses more freedom in delegating tasks to UAPs. This online series clarifies how this change will promote high guality, patient-focused, and cost-effective care in the community environment.

Register at: cetrain.isu.edu/delegation Start Date: Anytime Ends: 90 days after registration Hours: 5.5 Fee: FREE

HEALTH AND WELLNESS ¹⁵

WEB Seizure Training #1936

This 1 hour course provides training on Seizures including: What is a seizure? Types of seizures, What to do when someone is experiencing a seizure, First Aid for seizures, creating a seizure plan and seizure statistics. **This class is fully online, registered participants will receive 90 days to watch, review, and complete. A certificate will be available upon completion and successful submission of course work.**

Start date: Anytime Hours: 2 Ends: 90 days after registration Fee: FREE

PHLEBOTOMY TECHNICIAN

Phlebotomy Technician – Web Supplemented #1919

The ISU phlebotomy program prepares you to take a national certification exam upon course completion. Topics range from blood draws and laboratory procedures to employability skills and safety. Due to clinical requirements, students must be 18 years or over to take this course. Sixty hours of this 160-hour course are completed online with user-friendly videos, assignments, handouts and quizzes. Students will meet twice per week for the skills portion of the course, followed by 40 hours of clinical experience, and blood draws with a clinical agency. Clinical hours are likely to be outside of normal course hours due to agency operating hours, but a clinical schedule will be provided in advance. Total clinical hours are dependent on students completing at least 100 blood draws. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.

ADDITIONAL COSTS: Textbook, uniform, immunizations, MyClinicalExchange account, and BLS provider CPR certification course **(register at cetrain.isu.edu/cpr)**. Some clinical sites may require a drug screen.

ADDITIONAL REQUIREMENTS: Health Insurance: All students are required to have health insurance before entering the clinical setting. Background Check: Background checks are a course requirement. A failed background check will prevent course participation. For more information, including additional costs, please see the handout on cetrain.isu.edu/phlebotomy ALL CLASSES: Hours: 160 Fee: \$1000

SECTION	N STAR	F END	DAY	TIMES	BLDG/RM
Spring 3	06/11/25	10/29/25	W	2pm-5pm	RFC B167
Spring 4	07/22/25	11/13/25	T/TH	5:15pm-7:15pn	n RFC B167



Continuing Education and Workforce Training

IV Basics #1907

This comprehensive IV Therapy Training course is designed to provide healthcare professionals including nurses, paramedics, and medical assistants, with the knowledge and practical skills necessary to safely and effectively perform intravenous therapy. **Note: This course is designed for healthcare professionals with prior medical training and knowledge.** Successful completion of this course does not constitute a license to practice IV therapy, and participants should ensure they meet regulatory requirements for IV therapy practice. Customized training for individual facilities available. Please call our office to request a course.

SUMMER 1

Start Date: 05/02 & 05/09/25Days Taught: FHours: 12Fee: \$250Bldg/Rm: Skills LabTimes: 9am - 3pm
(2 sessions)

Phlebotomy for Health Care #1909

Are you an RN, LPN or Medical Assistant interested in mastering the essential skill of drawing blood for diagnostic purposes? Our Phlebotomy for Healthcare course is designed to provide comprehensive training in the art and science of phlebotomy. This course is ideal for individuals pursuing a career in healthcare or current healthcare professionals looking to enhance their skills. Customized training for individual facilities available. Please call our office to request a course.

SPRING 2

 Start Date: 05/07, 05/14 & 05/28/25
 Days Tau

 Hours: 6
 Fee: \$25

 Bldg/Rm: RFC B167
 Times: 7

Days Taught: W Fee: \$250 Times: 7pm-9pm

NEW Phlebotomy Technician Certification Exam and Review

Prepare for the Phlebotomy Technician Certification Exam with a comprehensive review session offered through Idaho State University. Non-ISU students must provide proof of 40 clinical hours and a letter of recommendation from their supervisor.

All fees are paid directly to the American Society of Phlebotomy Technicians (ASPT). For more information, contact Workforce Training at (208) 282-3372 or visit cetrain.isu. edu/phlebotomy for more details

TEACH FOR CEWT

We are always looking for talented community members to join our growing list of instructors.

Needed: QuickBooks, Furniture Upholstery, Cooking & Baking, HVAC and more!

If you are interested in teaching a course through ISU Continuing Education and Workforce Training, please contact us at 208-282-4103.

¹⁶ HEALTH AND WELLNESS

WILDERNESS PHYSICAL THERAPY

Web: Wilderness Physical Therapy: Level 1 (Basic Competencies) #6560

5 modules offered for a total of 4.0 CEUs, These classes are designed and led by Physical Therapist Wilderness EMTs. It is intended for physical therapists, physical therapy assistants, and other healthcare professionals. A certificate will be available upon completion and successful submission of all course work. visit **cetrain.isu.edu/wilderness** for more details.

Start Date: Ongoing/AnytimeHours: Varies by courseFee: Varies by CourseBldg/Rm: Online/In-person

Free Lunch & Learn

When: Monthly (2nd or 3rd Wednesday of each month) Time: noon-1 pm Where: Zoom

Register: cetrain.isu.edu/lunchlearn

Wilderness Physical Therapy Certification



The Wilderness Physical Therapy Program offered through Idaho State University Continuing Education/Workforce Training. This module "Introduction to Wilderness Physical Therapy" is designed to enhance your skills while *providing valuable continuing education credits.*

Online and in person, hands on, courses available.

Register at: cetrain.isu.edu/wilderness

ISU Continuing Education and Workforce Training (208) 282-3372 | cetrain.isu.edu







NCLab offers unique **learn-by-doing training** that provides **relevant work experience** aligned with what employers expect. Our **AI-based teaching platform** guides you through hundreds of mini-projects, preparing you for job interviews.



DATA ANALYSIS

Virtually all enterprises have now reached "data overload" and need Data Analysts to help them make sense of the **massive amounts of data** so that management can make better and faster decisions.

Courses Include: Data Literacy Data Visualization SQL Fundamentals Dashboard Projects CompTIA Data+ Exam Prep And more!

Start date: Anytime Timeline: Self-paced up to one year, but most trainees complete in 4-6 months Hours: 320 Fee: \$5,600, grant options available Register at:

https://cetrain.isu.edu/nclab/



PYTHON DEVELOPER

Python Development is a rapidly growing field where the demand for **experienced Python Programmers** far outstrips the supply.

Courses Include: Computational Literacy Python Fundamentals Computer Science Minimum Plotting and Drawing Capstone Project And more!

Start date: Anytime

Timeline: Self-paced up to one year, but most trainees complete in 4-6 months Hours: 320 Fee: \$5,600, grant options available Register at: https://cetrain.isu.edu/nclab/



CETRAIN.ISU.EDU/NCLAB

FACES OF CEWT 18

Featured Instructor



Louise Andersen • Dental Assisting

A native of Pocatello, Louise grew up just a short distance from the ISU campus. She initially studied Pre-Dental Hygiene and Family and Child Development at Ricks College, before earning her honors degree in the Dental Assisting and Expanded Functions Program at Eastern Idaho Technical College in 1989. Louise's career spans over 20 years, during which she worked in General Dentistry, Oral Surgery, Orthodontics, and Pediatrics.

Now teaching Dental Assisting and Expanded Functions at ISU, Louise is deeply committed to helping her students succeed and reach their potential. She brings her wealth of experience in the dental field into the classroom, creating a dynamic learning environment that prepares students for success in the industry. Louise's ultimate goal is to make a difference in her students' lives, empowering them with the education and skills they need to thrive.

Outside of her professional life, Louise enjoys spending time with her family. Whether hiking, biking, or engaging in floral arranging, she values any opportunity to connect with her loved ones and enjoy the outdoors

> To learn more about our courses please visit: cetrain.isu.edu/dental

FACES of CEWT ¹⁹

Featured Staff



Nikelle Morrison • Administrative Assistant

Nikelle Morrison is an experienced administrative professional who has been with ISU since 2008. She is currently serving as an Administrative Assistant 2 in the Continuing Education and Workforce Training department at the ISU College of Technology, a role she began in December 2024. In her current position, Nikelle plays an integral part in supporting daily operations, planning and organizing conferences and events, and is eagerly learning about her new role supporting the CEWT team's goals and operations.

Prior to her role in CEWT, Nikelle worked as an Administrative Assistant 2 at the ISU College of Technology Industry Welcome Center, where she coordinated a wide range of meetings and events for donor and industry relations, supported the Dean's office in their event planning, and helped facilitate Scholarship Committee meetings and record keeping.

In 2021, when Nikelle was first hired into the College of Technology family she worked as a Technical Records Specialist 1 in the Student Services department. She gained valuable experience in customer service and worked on graduate follow up reporting. In each of the departments she has served, beginning with Student Services, she has been inspired by what the College of Technology stands for, the dedication and friendship of her colleagues, and she found a team who showed her how amazing a work family can be.

Nikelle's background also includes over a decade in the dental field, where she served as a Dental Assistant in the Dental Sciences department at ISU.

Outside of work, Nikelle enjoys spending time with her family outdoors, whether it's working in the yard, riding 4-wheelers, or camping. Her personal interests also include crocheting, reflecting her creative side and appreciation for hands-on activities.

20 PERSONAL DEVELOPMENT

Personal/ Professional Development

ART, LITERATURE & WRITING

Photography (DSLR) Workshop

#1215

This is an opportunity to build on the basic skills of your photography. This workshop is intended to be a hands on workshop. The skills we will be developing out in the field are Aperture, Shutter Speed, ISO, Composition, Rule of Thirds, Lighting, etc. We will work together at trying to achieve the best images possible. This is a 4-week session. You will need to bring a notebook, pen, & your camera. Please dress appropriately for the weather. Classes will rotate between shooting photos in the field and in class photo review. **Limited to 8 students.**

Start Date: 06/05/25 Hours: 8 Bldg/Rm: Edson Fichter Days Taught: TH Fee: \$50 Times: 6 pm – 8 pm (4 sessions)

CRAFTS & SEWING

Chair Makeover #1018

Bring a single chair you want to give a makeover to class and transform it into a fun porch chair or make over one for your dining table to start a set.

Start Date: 07/01/25Days Taught: THours: 2.5Fee: \$40Bldg/Rm: The Elwen Cottage, 334 N Main St.Times: 6 pm - 8:30 pm (1 session)

Wreath Making #1778

Come enjoy making a one-of-a-kind, classy pinecone flower-style wreath created by you! All materials will be provided to create a wreath that will be a perfect focal point for your front door or anywhere.

Start Date: 05/08/25Days Taught: THHours: 2.5Fee: \$40Bldg/Rm: The Elwen Cottage, 334 N Main St.Times: 6 pm - 8:30pm (1 session)

Mandala Rock Painting #1016

Keep calm and relax by learning the art of mandala rocks. In this workshop, participants will learn the history and meaning behind mandala art, and apply that knowledge to their own mandala rock art. Whatever you decide, you'll certainly enjoy this serene workshop, and share your newly-discovered art form with friends and family.

Start Date: 06/03/25Days Taught: THours: 2.5Fee: \$40Bldg/Rm: The Elwen Cottage, 334 N Main St.Times: 6 pm - 8:30 pm (1 session)

Making Wind Chimes #1532

Transform vintage kitchen gadgets—like spoons and measuring cups—into a one-of-a-kind wind chime. Each student will take home a completed chime to hang all year long. All materials provided.

Start Date: 05/27/25	Days Taught: T
Hours: 2.5	Fee: \$40
Bldg/Rm: The Elwen C	Cottage, 334 N Main St.
Times: 6 pm – 8:30 pr	n (1 session)

NEW Window Sun Catchers #1063

Turn a branch and treasures into a beautiful sun catcher! Perfect for your window or garden to reflect your style and crystal prisms filling the air. All class material provided.

Start Date: 06/18/25Days Taught: WHours: 2.5Fee: \$40Bldg/Rm: The Elwen Cottage, 334 N Main St.Times: 6 pm - 8:30 pm (1 session)

Mosaicking a Stepping Stone #1882

Please bring your stone and any objects you wish to incorporate into the design. Students are required to bring eye protection, masks, and gloves. Bring a precast concrete paver about 1' across. They are available at local garden center, Lowes, Home Depot, etc. The student must have a drawn design as well as an idea of what colors. Classes will cover all steps of the stepping stone creation (glue glass, finish design, grout and sanding) **REQUIRED SUPPLIES:** For safety, eye protection, masks, and gloves are required. **Throughout the class, we will guide you through each step of the process: gluing the glass pieces, completing your design, grouting, and sanding for a polished finish. This class is open to students aged 18 and older.**

Section 1

Start Date:05/19/25Days Taught: MHours: 8Fee: \$60Bldg/Rm: T&T Welding ClassroomTimes: 6 pm – 8 pm (4 sessions)

PERSONAL DEVELOPMENT

Section 2

Start Date: 05/20/25 Days Taught: T Hours: 8 Fee: \$60 Bldg/Rm: T&T Welding Classroom Times: 6 pm – 8 pm (4 sessions)

FITNESS & DANCE

NEW Aikido #1111

Aikido is a Japanese martial art that focuses on ethical conflict resolution. By blending with the attacker's energy (physical or otherwise) and leading it towards de-escalation a less "powerful" person can remain safe. The training is cooperative and joyous and suitable for all ages and physical abilities. In the words of the Founder Morihei Ueshiba, "You are here to realize your inner divinity and manifest your innate enlightenment. Foster peace in your own life and then apply the Art to all that you encounter."

Start Date: 05/20/25 Days Taught: T/TH Hours: 9 Fee: \$45 Bldg/Rm: Pocatello Community Rec Center Times: 6 pm – 7:30 pm (6 sessions)

LANGUAGE

Elementary Russian #1500

This introductory level course focuses on mastery of the alphabet, basic vocabulary and the forms and syntax essential for reading and oral comprehension on everyday topics. Students will learn how to introduce themselves, ask for information, make polite requests, and have simple discussions.

Start Date: 05/08/25 Days Taught: TH Fee: \$71 Hours: 9 Bldg/Rm: RFC 263 Times: 6 pm – 7:30 pm (6 sessions)

Ballroom Dancing

We offer ballroom dance classes in fall and spring. Check back at cetrain.isu.edu in August to see the next available score.



²² TRADES

Trades

Industries across the U.S. are looking for individuals skilled in welding, machining, and flagging certification. Take advantage of our courses which provide you with the skills you need for the job you want.

BUILDING CONSTRUCTION

2023 NEC Code Update #1580

Every 3 years the National Electrical Code is revised and new code changes are included and adopted by the states. To renew their licenses in Idaho, Master and Journeyman electricians must have 24 hours of continuing education, 8 hours of which must be on the current code changes to renew their licenses.

Start Date: 05/08/25	Days Taught: TH
Hours: 8	Fee: \$115
Bldg/Rm: TBD	Times: 8 am – 5 pm (1 session)

Electrical Grounding and Bonding

(NEC 2023) #1668

This 8 hour class highlights one of the most important, but least understood articles in the National Electrical Code®– Grounding and Bonding. Simply put, proper grounding and bonding protects your employees from electric shock and your plant, and equipment from heat and fire. We will aim at reducing these risks and help answer any power quality issues you may be experiencing. **BOOKS: Mike Holt Bonding and Grounding Book**

Start Date: 05/09/25	Days Taught: F
Hours: 8	Fee: \$115
Bldg/Rm: TBD	Times: 8 am – 5 pm (1 session)

Electrical Safety Update (NFPA 70E)

#1530

This course is based on the NFPA 70E: Standard for Electrical Safety and has a variety of safety tips, rules, and regulations. Topics include electrical safety, safety audits, personal protective equipment, and behavior-based safety. This course will also provide 8 hours of the 24 continuing education hours needed by Master and Journeyman Electricians. **This course is approved in Idaho, Utah, Montana and Wyoming.**

Idaho #20-1010970 • Utah #20315 • Montana • Wyoming #WY-23-199C

Start Date: 05/02/25Days Taught: FHours: 8Fee: \$115Bldg/Rm: TBDTimes: 8 am - 5 pm (1 session)

DRAFTING

Introduction to Revit Architecture 2022 #1207

This workshop will cover the basic principles of Autodesk Architectural Revit 2022, a building information modeling (BIM) program. Participants learn the software by working on projects and creating high-quality floor plans, elevations, 3D perspectives, and renderings for client presentations using some of the new features included with the latest version of Autodesk Revit architecture software.

Fluency in Autodesk AutoCAD is strongly recommended.

Start Date: 05/07/25 Hours: 20 Bldg/Rm: EAMES 198

Days Taught: WTF Fee \$185 Times: 5:30 pm– 7:30 pm (10 sessions)

OSHA/SAFETY TRAINING

OSHA Safety Classes: See ad on page #26

Certified Food Safety Manager #6521

This Certified Food Safety Manager Course (CFSM) covers food safety issues, regulations, and the techniques necessary to maintain a food safe environment. Handling food correctly is not only the law, but it improves public safety and lowers costs. Learn to implement essential food safety practices and create a culture of food safety. Food safety is critical to sales and the continued patronage of your establishment. Establishments found to violate food safety protocols are fined or closed—food safety is that important. The role of a food manager is crucial. Now is the time to certify your department managers and food handlers as a Certified Food Safety Manager. **Registration deadline is June 2, 2025.** Course conducted in English.

Start Date: 07/15/25 Hours: 8 Bldg/Rm: 162 Days Taught: T Fee: \$130 Times: 8 am – 5 pm (1 session)



Idaho State University

Continuing Education and Workforce Training

ONLINE Career Training

CERTIFICATION COURSES

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-guided online Advanced Career Training course. **Start any time, learn at your own pace.**

ACE Personal Trainer

This provides you with the knowledge and understanding necessary to prepare for the American Council on Exercise (ACE) Certified Personal Trainer (CPT) certification exam and become an effective personal trainer.

Certified Credit Counselor and Certified Financial Health Counselor

(Voucher Included)

Learn practical financial knowledge and effective counseling techniques to help your clients considerably improve their financial well-being.

Certified Virtual Assistant

Master the skills of a virtual assistant, and start your own virtual assistant business.

Certified Master Wedding and Event Planner

Get the training to jumpstart your career in event planning, and earn the Certified Master Wedding and Event Planner certification.

Certified Professional Life Coach

Master the skills and strategies endorsed by the International Coaching Federation (ICF) and the International Association of Professional Recovery Coaches (IAPRC). Earn your Certified Professional Coach (CPC) certification upon successfully completing the final exam.

Certified Supply Chain Professional (CSCP)

Train to become a Certified Supply Chain Professional (CSCP). This course covers all facets of supply chain management.

Certified Technical Writer

Learn how to write within any technical writing context, and develop your own portfolio. You will also prepare for the Certified Professional Technical Communicator exam

Home Inspection Certificate

Learn about standards of practice, defects recognition, inspection guidelines, reporting methodologies, and liability management as you prepare to become a home inspector.

Human Resources Senior Manager

Prepare to take the Senior Professional Human Resources certification (SPHR) and the Senior Certified Professional (SHRM-SCP) to showcase your new skills.

Marketing Design Certificate

This course focuses on design for marketing and business: creating logos, advertisements, communications, and more. You'll learn Photoshop, Illustrator, and PowerPoint.

COURSE FEATURES:

- Facilitators and mentors to answer questions and for guidance
- Career Counselors assist through the transition from classroom to workplace
- Courses are all openenrollment and self paced
- No additional charges all materials are included
- Payment plans available

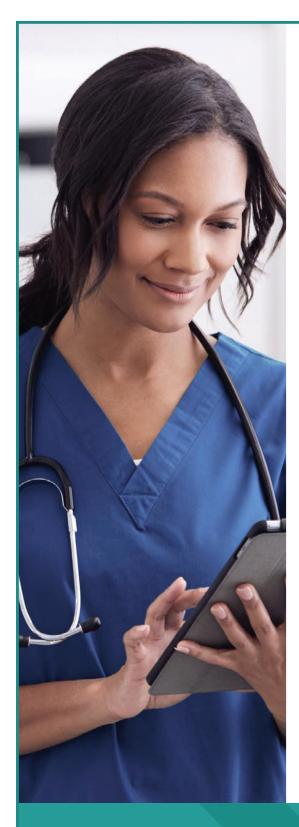
COURSES AVAILABLE IN:

- Business and Professional
- Healthcare and Fitness
- IT and Software Development
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial

Ed2Go in Partnership with ISU

To enroll or for more information, visit:

career.cetrain.isu.edu



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Trusted by some of the largest most respected names in healthcare, CareerStep, in partnership with **Idaho State University, o**ffers online training programs that teach you the skills employers need:

- Behavioral and Psychiatric Health Technician
- Computer Technician A+
- Dental Assistant
- EKG Technician
- Executive Assistant
- Healthcare IT
 Professional
- Hemodialysis Technician
- Medical Administrative Assistant
- Medical Assistant
- Medical Billing
- Medical Coding and Billing for Outpatient Services
- Medical Laboratory
 Assistant

- Medical Office Manager
- Medical Transcription Editor
- Mental Health Technician
- Microsoft Office 2019: Specialist
- Nutrition and Personal Trainer
- Patient Care Technician
- Pharmacy Technician
- Phlebotomy Technician
- Physical Therapy Aide
- Physician Coding Specialist
- Veterinary Assistant
- Veterinary Receptionist



Call or visit online to learn more:

(877) 225–7151 www.careerstep.com/ lp/partner/ap/isu/

Save the Date



May 13-15, 2025

Join us for FREE safety training.

Past classes have included:

- OSHA
- CPR & First Aid
 - **Leadership**
- Road/HWY safety
- Hearing & Respiratory safety

²⁶ INDUSTRIAL MAINTENANCE

ISU Is Excited To Be The Location Host For The Pacific Northwest OSHA Education Center's Spring 2025 OSHA Classes.

Summer/Spring 2025

OSHA #500 - Trainer Course in OSHA Standards for *Construction* (26 hrs)

When: April 28-May 1, 2025 | Monday-Thrurday. 8 am-4 pm

Cost: \$595

Prerequisites: Five years of construction safety and health work experience and successful completion of the OSHA #510 Occupational Safety and Health Standards for the Construction Industry.



Registration is Open!

Idaho State University Continuing Education and Workforce Training



cetrain.isu.edu/nw-osha/ or call 208-282-3372

University of Washington



The Inside Track to Journeyman

An apprenticeship education is a combination of on-the-job training and related classroom instruction providing the practical and theoretical aspects of a highly skilled occupation. These four-year programs build concept upon concept, year after year, preparing the student for the journeyman exam required by the State of Idaho. It's an efficient and practical way to build the foundation for an in-demand and satisfying career.

Flexible Blended Learning Programs

The electrical, plumbing, and HVAC apprenticeship programs participate in the new blended curriculum at ISU **Continuing Education Workforce** Training (CEWT).

Blended classes are a combination of traditional instructor-led classes and online self-directed coursework. Blended classes give continuous access to assignments, allowing for more mobility and flexibility during the on-the-job training portion of the apprenticeship. For example, in addition to the blended classwork, the lectures are also streamed live so that students who cannot make it to classroom sessions can still participate in the live lecture. All coursework for the blended classes will be offered online on the Moodle platform, making it easy for students to track their progress.

College credits are available when all program criteria are met. Contact us to learn more!

Earn as You Learn.

Apprenticeship Programs in Electrical, Plumbing and HVAC

Apprentices in our four-year programs learn to build real-world, careerdefining skills through on the job training— while earning wages, college credits, and the know-how to become licensed a journeyman. Don't just dream about your future... Make it!

FOR MORE INFORMATION

Program Coordinator: Paul M. Dickey 208-282-1077 · cetrain@isu.edu

TO ENROLL

cetrain.isu.edu/apprentice or call 208-282-3372

> Idaho State and Workforce Training

University **Continuing Education**

Idaho State University's Apprenticeship Program is supported by the United States Department of Labor. A total of \$51,308, or 28.5 percent, of the program is financed with federal funds, and \$104,915, or 71.5 percent, is funded by other sources.

Instructor-Moderated ONLINE COURSES

Our instructor-led online courses are informative, fun, convenient, and highly interactive.

We focus on creating warm, supportive communities for our learners.

COURSE FEATURES:



24/7 Course access







Receive a certificate of completion

A to Z Grant Writing

Gain the hands-on experience and knowledge needed to successfully begin writing grant proposals, including real-world scenarios.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

Creating Web Pages

Learn the basics of HTML as you design, create, and post your very own website.

Effective Business Writing

Learn how to develop powerful written documents that draw readers in and keep them motivated.

Fundamentals of Supervision

and Management Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

Grammar Refresher

Develop your English grammar skills and take your writing and speaking to the next level of excellence.

Intermediate Microsoft Excel 2019

Take your Excel skills to the next level. Learn to use the powerful features in the 2019 version of Excel.

Introduction to CSS3 and HTML5

Learn to create state-of-the-art websites using modern CSS3 and HTML5 techniques.

Introduction to Microsoft Excel 2019

This course will introduce you to Microsoft Excel 2019 and teach you how to use this powerful software.

Introduction to SQL

Learn the key concepts of SQL (Structured Query Language) the powerful and standard database management query language for relational databases.

Leadership

Gain the respect and admiration of others, exert more control over your destiny, and enjoy success in your professional and personal life.

Introduction to QuickBooksOnline

Learn to record income and expenses; enter checks and credit card payments; track your payables, inventory, and receivables: and much more.

Writing Essentials

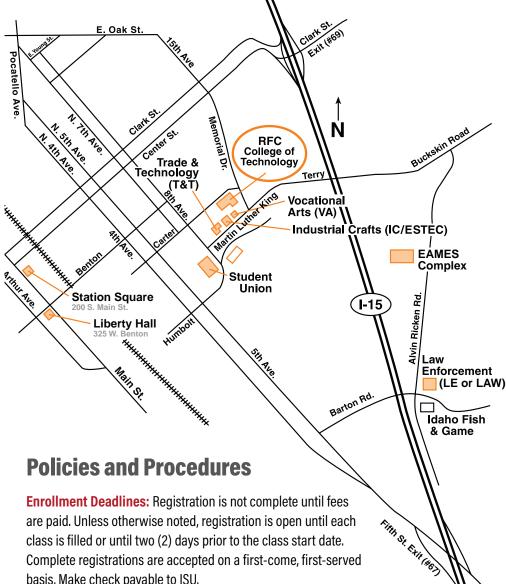
Master the essentials of writing to can excel at business communications, express yourself clearly online, and take your creative literacy talents to a new level.

Idaho State University

To learn more and enroll, visit:

ed2go.com/isu

Registration Information



are paid. Unless otherwise noted, registration is open until each class is filled or until two (2) days prior to the class start date. Complete registrations are accepted on a first-come, first-served basis. Make check payable to ISU.

Class Cancellations/Refunds: If a class is cancelled by ISU CEWT, a full refund will be issued. If a class is dropped by a student, it must be done at least two days prior to the class start date to receive a full refund less a \$15 processing fee. If a two-day notice is not given, no refund will be issued.

Snow Policies and School Closures: If the university is closed during the day because of bad weather or some other emergency, our night classes are also cancelled. We will make every attempt to reschedule classes for students. In the event that ISU is not closed and the weather is inclement, use your best judgement. If in doubt, call 208-282-3372.

AA/EEOC: Idaho State University subscribes to the principles and laws of the State of Idaho and the federal government, including applicable executive orders pertaining to civil rights. All rights,

3 Easy Ways to Sign Up for Classes

ONLINE: cetrain.isu.edu Go online. create a profile, register and pay online with your Visa or MC.

BY PHONE: (208) 282-3372 Phone-in registration will be accepted using Visa or MasterCard. Call (208) 282-3372 any weekday from 8 a.m. to 5 p.m. We will take your information over the phone, mail you an invoice or take your credit card information, and upon receipt of payment, you will be officially registered for class(es).

IN PERSON: Come to the CEWT office located in the Roy F. Christensen Building (#48), Suite 184 (777 Memorial Drive), in Pocatello and have one of our customer service associates help you with the process. Payment can be made with cash, check, credit card (Visa or MC), or a signed Purchase Order.



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privileges, and activities of the University are made available without regard to race, creed, color, sex, age, disability, national origin or veteran status. The University is an Equal Opportunity and Affirmative Action employer. Evidence of practices that are not consistent with such a policy should be reported to the Director of Equity and Inclusion Office, Located in the Rendezvous Building, Room 157 or call 208-282-3964.

ADA: Students having questions about accessibility or requesting reasonable accommodations as indicated in the Americans with Disabilities Act (ADA) or Section 504, should contact the Director of Disability Services, located in Rendezvous Bldg., Room 125 or call 208-282-3599.

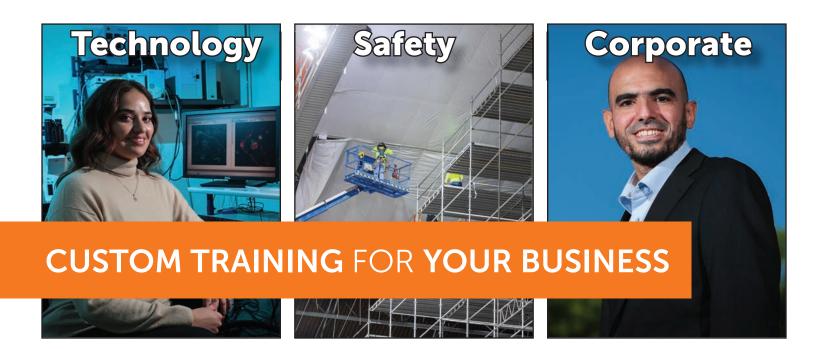


Continuing Education and Workforce Training 921 South 8th Avenue, Stop 8380 Pocatello, ID 83209-8390

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CONTACT: cetrain@isu.edu cetrain.isu.edu/customized-training



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