



Idaho State University

CEWT

CONTINUING EDUCATION AND WORKFORCE TRAINING

**Rick Newlin Plumbing
Apprenticeship Endowment**

For scholarship information

SEE PAGE 19

To Enroll in Classes: Visit cetrain.isu.edu or call (208) 282-3372

S P R I N G 2 0 2 5

2 | WELCOME

Welcome to our Spring Catalog!

Dear Learners and Community Members,

As we welcome in a new year, we are delighted to present our Continuing Education and Workforce Training (CEWT) catalog for the upcoming January through May term. This season is all about fresh starts, renewed energy, and exciting possibilities—whether you're looking to advance in your profession, develop new skills, or explore a personal passion.

We are proud to offer an expanded selection of courses this year, including new offerings such as Leadership from a Distance in conjunction with the College of Business, Starting a Farmer's Market, Writers and Readers, and 100 Days to a New You to help you achieve your health goals. These new additions join a wide range of our trusted programs across business, healthcare, technology, and personal development.

At CEWT, we believe learning is a lifelong journey, and we are here to help you take the next step. Our instructors are dedicated professionals who bring practical knowledge and expertise into every classroom, ensuring that the skills you gain are immediately applicable to your career or personal life.

As you flip through this catalog, I invite you to explore the courses and opportunities that will enable you to reach your goals for 2025. Whether you are looking for professional development, a new hobby, or even a fun family activity, our team is here to support your learning journey. We look forward to welcoming you to class and supporting your growth throughout this new year. We are committed to making 2025 a year of growth, discovery, and success for you!

-RaeLyn Price, Interim Director Continuing Education and Workforce Training

Mark Your Calendar

Mark your calendar and **save these dates** for the following:

- **Emergency Medicine Conference** Feb. 6-8, 2025
- **Construction Combine** April 2-3, 2025
- **Safety Fest**, May 13-15, 2025

For more information about our events, conferences, and classes visit our website: cetrain.isu.edu

LIKE and FOLLOW US ONLINE:

Facebook: @isucetrain

YouTube: @ISUCEWT

Instagram: @isucewt

X (formally Twitter): @ISU_WFT

Blog: blog.cetrain.isu.edu/blog

CEWT Talk Podcast: soundcloud.com/cewt-talk

Idaho Launch

Idaho State University Continuing Education and Workforce Training offers several courses approved through Idaho Launch.

Approved courses include our apprenticeship programs, CNA Courses, online partner program courses through Career Step, Ed2Go, Promineo, NC Labs and much more.

We have both online and in-person classes approved for funding.

Funding for multiple courses must be approved. With the exception of apprenticeship programs, all funded courses must be taken within 6 months of Idaho Launch funding approval.

Idaho Launch funding is a one-time funding option per recipient. If you are interested in Idaho Launch funding we encourage you to call our office. We can help you maximize your Idaho Launch Funding if approved.

CATALOG COVER: Plumbing Apprenticeship (pg. 18-19 & 30)

Call ISU CEWT at (208) 282-3372 or visit idaholaunch.com

Spring Classes 2025

REGISTRATION INFORMATION: PAGE 31—3 Ways to Register for Classes; How to Find Us (Map); Policies & Procedures

Classes (Alphabetically)

100 Days to a New You	13	Excel, Fundamentals	07	Paranormal Research.....	25
Administrative Assistant Fundamentals	04	Excel, Intermediate.....	07	PLC Training, Allen Bradley RS Logix	20
Apprenticeships	30	Excel, Advanced	07	Phlebotomy for Health Care.....	16
Assistance with Medications	11	Farmer’s Market, Starting a.....	04	Phlebotomy Technician Certification Exam and Review	17
Certified Family Basic Medication Awareness and Infection Control.....	11	Flagging.....	27	Phlebotomy Technician- Web Supplemented	16
Certified Nurse Assistant (CNA)	14	Fly Fishing, Beginning	24	Photography, Beginning	20
CNA Manual Skills Prep.....	15	Fly Fishing, Intermediate.....	25	Photography for Stock Photos	05
CNA Prep (ESL)	15	Fly Tying, Beginning	24	Physical Therapy, Wilderness	17
CNA-Traditional Face to Face	14	Fly Tying, Intermediate.....	24	Product Management.....	06
CNA-Web Supplemented	15	Food Safety Manager, Certified.....	26	Project Management.....	06
Coaching as a Management Technique.....	06	French, Introduction to.....	24	Revit Architecture, Intro to	26
Community Health Worker Advanced	12	French, Situational	24	Seizure Awareness.....	16
Community Health Worker Training Core Competencies	12	French, Verbs	24	Self Defense	23
Cooking, Chinese.....	08	Frontline Leadership.....	06	Social Security Basics	25
Cooking, Cinnamon Rolls	08	Furniture Painting.....	21	Spanish the Silent Way.....	24
Cooking, Desserts	08	Glass, Beginning Foiled Stained Glass.....	22	Team Building Process Improvement.....	06
Cooking, Whole Wheat Bread.....	08	Glass, Beginning Leaded Glass	21	Video Editing	05
CPR, AHA Heartcode BLS Provider CPR – Online Blended Learning.....	10	Glass, Beginning Wound Beads	21	Video Production for Clicks & Views.....	05
CPR, AHA Heartcode BLS Provider CPR – Refresher.....	11	Healthcare, Effective Delegation for	16	Watercolor Pencil for Beginners	21
CPR, AHA Heartsaver Basic First Aid.....	10	Horsemanship/Riding Instruction	23	Welding.....	27
CPR, AHA Heartsaver First Aid/CPR/AED.....	10	Idaho Police Officer Standards Certified Training (POST)	27	Wind Chimes, Making.....	21
CPR, AHA Heartsaver Pediatric First Aid CPR/AED	10	IV Basics.....	16	Wreath Making, Spring	21
Dancing, Ballroom	22	Jewelry, Steampunk	21	Writers as Readers	20
Dancing, Country Swing & Two Step.....	22	Leadership from a Distance	04	Zumba	23
Dementia Behaviors, Demystifying	13	Machine Shop Mill Practice.....	27		
Dental Assisting, Fundamentals of	12	Mastering Money & Behaviors With Ease & Flow	06		
Drone Flight (UAS), Intro to	20	Medication Assistant-Certified (MA-C) Web Supplemented	15		
Effective Delegation for Healthcare.....	16	Medication Math	15		
EKG Interpretation, Basic	15	Mentally Fit U	14		
Electrical Grounding and Bonding.....	26	Mental Health First Aid.....	14		
EMT-Advanced	13	Mosaicking a Stepping Stone.....	22		
EMT-Basic	12	NEC Code Update.....	26		
Erosion Control.....	26	Nia	23		
		OSHA Bloodborne Pathogens	15		
		OSHA Safety Classes	29		

Classes by Category

n • BUSINESS.....	04
o • COMPUTERS.....	07
p • CULINARY ARTS.....	08
q • HEALTH AND WELLNESS	10
r • INDUSTRIAL.....	20
s • PERSONAL/PRO DEVELOPMENT.....	20
t • TRADES.....	26

**We are now accepting Sallie Mae Funding
for our workforce training courses.
Contact us for details: 208-282-3372**

NOTE: ALL CLASSES HELD IN POCATELLO UNLESS OTHERWISE STATED.

Business

Develop your business sense and marketability by learning to enhance your leadership skills, become a better team member, & elevate your effectiveness and professionalism.

BUSINESS MANAGEMENT

WEB: Administrative Assistant Fundamentals: Be an Office Hero (Online Course) #6539

Learn what is needed to be an administrative assistant. Topics range from managing office functions to the proper use of office equipment. This fully online course will give you the essential skills you need to be successful in an administrative environment. Registered participants will receive 60 days to watch, review, and complete. The course certificate will be available upon completion and successful submission of course work.

Start Date: Anytime **Ends:** 60 days after registration
Hours: 20 **Fee:** \$50
Register at: cetrain.isu.edu/hero

NEW/WEB Leadership from a Distance #1148

With the shift to remote and hybrid work in many organizations over the past several years, there has never been a more challenging time to be a leader. Join us for this eight-week course to explore "leadership from a distance," with new insights and the latest research on delivery and receiving feedback, motivating others, communicating, and fostering employee well-being where opportunities for face-to-face conversations are limited. 20 in-person contact hours, plus opportunities for supplemental learning activities asynchronously) **Taught by Dr. Alex Bolinger.**

Start Date: 01/15/25 **Days Taught:** W
Hours: 20 **Fee:** \$1,600
Bldg/Rm: Zoom
Times: 6 pm-8:45 pm (8 sessions)

Free Lunch & Learn

When: Monthly
(2nd or 3rd Wednesday of each month)
Time: noon-1 pm
Where: Zoom
Register: cetrain.isu.edu/lunchlearn

NEW Market Ready: Building a Thriving Farmers Market Business #1243

This section of courses is intended to provide needed information to those looking to enter the Farmer's Market Space.

Section 1- Farmers Market Foundations: Setting up for Success

Discover how farmers markets offer a unique, affordable way to connect with your local community and build a customer base through personal, one-on-one interactions. In this class, we will guide you in turning your passion—whether growing, baking, crafting, cooking, or creating—into a thriving farmers market business. We will tackle essential questions: Is your product profitable? What business structure best fits your needs? You'll learn about the necessary permits, licenses, and insurance for food businesses, as well as tips for handling market applications, basic bookkeeping, and staying organized. We'll also cover market etiquette, including the unwritten rules and common practices that can help you succeed in any market setting.

Start Date: 02/04/25 **Days Taught:** T
Hours: 1.5 **Fee:** \$40
Bldg/Rm: RFC 263 **Times:** 6 pm-7:30 pm (1 session)

Section 2- Mastering Farmers Market Success: Design, Pricing, and Sales

Farmers Markets are a different type of selling in the world of selling. Marketing is everything and everything is marketing. Learn to setup and design displays in your booth including signage, tents, tablecloths, and tables. Pricing your products, how to calculate the cost of the product, the market fees, business costs, labor and packaging into a good price point. Salesmanship is also marketing. Present yourself professionally and watch the profits go up.

Start Date: 02/11/25 **Days Taught:** T
Hours: 1.5 **Fee:** \$40
Bldg/Rm: RFC 263 **Times:** 6 pm-7:30 pm (1 session)

Section 3- Beyond the Booth: Strategies for Year-Round Farmers Market Success

You have taken the first steps as a vendor—now, what's next? This course helps you evaluate your current approach and identify areas for growth to boost your return on investment. Learn strategies to sustain momentum, make necessary changes, and increase sales, even if you're experiencing a slowdown. Discover opportunities for off-season selling and explore how building a customer database can keep you connected with your audience year-round, ensuring you start the next season with a run and not a crawl.

Start Date: 02/18/25 **Days Taught:** T
Hours: 1.5 **Fee:** \$40
Bldg/Rm: RFC 263 **Times:** 6 pm-7:30 pm (1 session)

Section 4- Rules for Food Sales

Learn the rules and regulations surround food sales at the local farmers market.

Start Date: 02/25/25 **Days Taught:** T
Hours: 1.5 **Fee:** \$40
Bldg/Rm: RFC 263 **Times:** 6 pm-7:30 pm (1 session)

SOCIAL MEDIA & MARKETING FOR BUSINESS

No matter your business-social media matters! Learn the ins-and-outs of all the major platforms in this series and take your online presence to the next level.

Photography for Stock Photos #1227

Imagine seeing your photos featured on websites across the Internet, accompanying web pages in various languages from around the world! This class is for people who want to take their photos into the stock photo realm. You will learn what types of photos are in demand, how to give them a professional look, and how to read the tea leaves of upcoming trends so you can get your photos out there before everyone else! Using your camera or iPhone, you will be given tips and instruction on composition, photography skills, subject matter, and researching and recognizing what's hot before the crowd figures it out first. The instructor is an accomplished stock photographer on Unsplash.com. This is a class for all levels of photographers: from beginners to more advanced. The course will include "field trips" wherein we meet in places around town or in the area to get photos. **You will need to have a DSLR camera, mirrorless camera, quality point-and-shoot, or a smartphone with good camera capabilities for this course.**

Start Date: 03/04/25 **Days Taught:** T
Hours: 8 **Fee:** \$75
Bldg/Rm: RFC 270 **Times:** 6 pm-8 pm (4 sessions)
No Class during Spring Break (March 24-28)

Online Video Production for Clicks and Views #1228

Want to attract and hold an audience for your Youtube videos, TikToks, or Facebook reels? Learn the secrets of visual storytelling in a series of short, fun, and easy video assignments! Amateur videographers and more advanced visual artists will benefit from practicing their story-telling skills in this nonverbal video production course intended for online video creators. We will play with shot composition (background, mid-ground, foreground along the Z-axis), moving camera, subjective camera, split screen, montage, and more. You will receive constructive feedback (and may even win a miniature "Oscar" statuette!) that will motivate you to take your videos to the next level. Students will use

their own equipment (which can be any type of camera, even a cell phone camera). To see examples of work done in this course, go to <https://sutelevision.blogspot.com/>. (Note: to improve video editing skills, this course can be taken at the same time as the Video Editing Crash Course. But it is not required to take both courses).

Required Material: A high-speed, high-capacity 250 GB (or more) external hard drive (such as UnionSine 250GB 2.5" Ultra Slim Portable External Hard Drive HDD-USB 3.0 for PC, Mac)(Please label and name all hardware and media). Headset or earbuds (to edit video individually on computers during class, and to watch tutorials prepared for this course). A digital video camera, still camera that has video capabilities, or a smart phone with video capabilities.

Students must bring their own laptop with editing software already installed.

Start Date: 03/03/25 **Days Taught:** M
Hours: 12 **Fee:** \$85
Bldg/Rm: RFC 270 **Times:** 6 pm-8 pm (6 sessions)
No Class during Spring Break (March 24-28)

Video Editing Crash Course #1229

Need to learn video editing fast? This six-week, 12-hour intensive course will get you there, using Adobe Premiere Pro or Final Cut Pro (or free programs ShotCut or iMovie, depending on the students' needs). High-quality video and audio clips will be provided to you to practice your skills and build short example projects in the potential areas of public relations, narrative video, cinematic wedding video, and TV news packages. Skills to be covered include working with multiple audio and video tracks, transitions and opacity, titles and captions, voice-overs, visual story-telling through intentional editing, and color correction.

Required Material: A high-speed, high-capacity 250 GB (or more) external hard drive (such as UnionSine 250GB 2.5" Ultra Slim Portable External Hard Drive HDD-USB 3.0 for PC, Mac)(Please label & name all hardware and media)Headset or earbuds (to edit video individually on computers during class, and to watch tutorials prepared for this course).

Students must bring their own laptop with editing software already installed.

Start Date: 03/19/25 **Days Taught:** W
Hours: 12 **Fee:** \$85
Bldg/Rm: RFC 270 **Times:** 6 pm-8 pm (6 sessions)



Idaho State University

Continuing Education and Workforce Training

SUCCESS SKILLS

Mastering Money & Behaviors

With Ease & Flow (Online Course) #1145

In this course you will learn about your relationship with money, the underlying patterns and emotions learned in early childhood that create underlying habits, which affect your finances. You will learn basic personal finance & behavioral financial skills around money. **Taught by a Certified Money Coach.**

SECTION 1 – Understanding Money Patterns, Beliefs and Behaviors. Identify unconscious patterns and beliefs about money and money archetypes.

Start Date: 01/22/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: Zoom **Times:** 6 pm – 7:30 pm (1 session)

SECTION 2 – Releasing Debt and Creating an Abundant Spending Plan. Budgeting, paying off debt, and building an emergency fund.

Start Date: 02/05/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: Zoom **Times:** 6 pm – 7:30 pm (1 session)

SECTION 3 – Accumulating Wealth and Lifetime Financial Well-Being. The basics of investing tools and how to use them to maximize income, investing, and retirement planning.

Start Date: 02/19/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: Zoom **Times:** 6 pm – 7:30 pm (1 session)

SECTION 4 – Conquer Financial Risk, Protecting Your Nest Egg. Understand asset protection, including insurance and estate planning.

Start Date: 03/05/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: Zoom **Times:** 6 pm – 7:30 pm (1 session)

Zoom: Product Management-Building Digital Product #1204

The goal of this class will be to introduce you to product management and learn to build a simple software product from scratch. This class will review topics such as market research, product design, design framework, strategy and more. Please note: this is NOT a coding class and is not intended to teach students how to code software.

Start Date: 02/24/25 **Days Taught:** M
Hours: 10 **Fee:** \$80
Bldg/Rm: Zoom **Times:** 6 pm – 8 pm (5 sessions)

Project Management Foundations #1860

Regardless of your career stage, project management skills are an asset that will distinguish you in the job market and enhance your credibility and effectiveness working on—or with—project teams. In this class, you will learn the fundamentals of project management, leadership, cost estimating, planning, and communication. This training can also be used for the CAPM exam qualifications.

Start Date: 02/08/25 **Days Taught:** S
Hours: 21 **Fee:** \$135
Bldg/Rm: RFC 108 S **Times:** 9 am – 4 pm (3 sessions)

Front Line Leadership; Becoming a Super Supervisor #1186

Learn how supervisors can improve the work environment with a different approach that centers on positive reinforcement.

Start Date: 01/15/25 **Days Taught:** W
Hours: 2 **Fee:** \$40
Bldg/Rm: RFC 162 **Times:** 6 pm – 8 pm (1 session)

Coaching as a Management Technique #1187

Coaching is the newest trend in management training but very few know how to do it effectively. This class will teach you a successful model that will help bring out the best in your employees.

Start Date: 02/12/25 **Days Taught:** W
Hours: 2 **Fee:** \$40
Bldg/Rm: RFC 162 **Times:** 6 pm – 8 pm (1 session)

Team Building Process Improvement #1188

While most team building consists of trust falls and flag football this class focuses on relevant, yet fun, learning. You will be introduced to process improvement techniques in a fun environment that uses Lego bricks to mock up the work experience. Not only is it fun but this class teaches clear communication strategies, process improvement techniques, and teamwork skills that can be applied immediately.

Start Date: 03/12/25 **Days Taught:** W
Hours: 3 **Fee:** \$45
Bldg/Rm: RFC 162 **Times:** 6 pm – 9 pm (1 session)



Idaho State
University

Continuing Education
and Workforce Training

Computers

SPREADSHEETS

Microsoft Excel: Fundamentals #1162

Learn one of the most important skills necessary in Business and Home management. Increase your skills, improve your effectiveness, and help management make important decisions. Discover ways to use Excel for personal and professional use. Learn to work with multiple sheets, customize page layout, adjust rows and columns, and control color, size, and appearance of data. Whether you manually enter data, import and export data, you will learn to create basic formulas, sort, and summarize information using Excel tools. *Students are encouraged to purchase a supplemental text book found here: amzn.to/3mtne66*

Start Date: 01/14/25 **Days Taught:** T
Hours: 12 **Fee:** \$85
Bldg/Rm: RFC 265 **Times:** 6 pm – 9pm (4 sessions)

Microsoft Excel: Intermediate #1163

Learn to sort, organize, and present data and information in your database to management, customers, and accounting. Use valuable formula techniques for statistical evaluation in your spreadsheets. You will learn to filter, group, subtotal and find information in data collected for managing information. Learn to prepare reports, personalize the information, and print professional reports and lists. Learn to use charts and graphs. *Students should have completed the fundamentals of Microsoft Excel class. Students are encouraged to purchase a supplemental text book found here: <https://bit.ly/40Wn7BS>*

Start Date: 02/11/25 **Days Taught:** T
Hours: 12 **Fee:** \$85
Bldg/Rm: RFC 265 **Times:** 6 pm – 9 pm (4 sessions)

Microsoft Excel: Advanced #1164

Practice grouping, sorting, and filtering data using formulas and tools of Excel. Use macros to help with accuracy, speed, repetitive tasks, and privacy of data. Discover how to retrieve, edit, update, and view data with macros. Build summary pages for management and accounting. Design macros to find information meeting certain conditions without compromising data. *Student should have completed fundamentals and intermediate Excel classes. Students are encouraged to purchase a supplemental text book found here: <https://bit.ly/40Wn7BS>*

Start Date: 03/11/25 **Days Taught:** T
Hours: 9 **Fee:** \$80
Bldg/Rm: RFC 265 **Times:** 6 pm - 9 pm (3 sessions)

IDAHO LAUNCH For Adult Learners

**Applications will be
available this spring.**



**Refer to the Idaho Launch
website for updates,
check frequently.**

ISU CEWT has 25+ programs
approved for Idaho Launch Funding.

If you have questions regarding
ISU Continuing Education and
Workforce Training approved
Launch Programs,
please contact us at
208-282-3372



Culinary Arts

Expand your cooking horizons and abilities by working under a talented instructor on elegant and fun dishes.

Must be 18+ to attend. Children under the age of 18 not allowed in the kitchen.

COOKING AND BAKING

Roll Making for Beginners #1749

Make rolls for your holiday dinner, special occasions or just because! We'll spend some time discussing what can go wrong with making rolls and how to safeguard against those pitfalls. **Bring an apron and a cookie sheet** so you can take your rolls home to bake. All other ingredients supplied.

Start Date: 01/09/25	Days Taught: TH
Hours: 2	Fee: \$38
Bldg/Rm: RFC Kitchen	Times: 6 pm – 8 pm (1 session)

Whole Wheat Bread Making for Beginners #1605

If you've always dreamed of baking bread, but have never known where to start, join us! This hands-on class walks through making a loaf of bread: no frills, no mystery, and no tricky moves. We'll discuss what can go wrong and how to safeguard against those pitfalls. **Bring an apron and a loaf pan** so you can take your bread dough home to bake after the class. All ingredients supplied.

Start Date: 02/06/25	Days Taught: TH
Hours: 2	Fee: \$38
Bldg/Rm: RFC Kitchen	Times: 6 pm – 8 pm (1 session)

Cinnamon Roll Making #1707

Warm, gooey, and delicious...these cinnamon rolls will satisfy any sweet tooth! Learn how to make these crowd pleasers from scratch in this fun course!

Start Date: 03/13/25	Days Taught: TH
Hours: 3	Fee: \$42
Bldg/Rm: RFC Kitchen	Times: 6 pm – 9 pm (1 session)

Spring Desserts #1132

The Spring season is often filled with the taste and smell of vanilla. The following section will introduce you to Spring-treats. **Must be 18+ years of age to attend.**

Section 1-Brownies

Start Date: 03/31/25
Hours: 2
Bldg/Rm: RFC Kitchen

Days Taught: M
Fee: \$38
Times: 6 pm – 8 pm
(1 session)

Section 2-Puff & Eclair

Start Date: 04/07/25
Hours: 2
Bldg/Rm: RFC Kitchen

Days Taught: M
Fee: \$38
Times: 6 pm – 8 pm
(1 session)

Section 3-Pound Cake

Start Date: 04/14/25
Hours: 2
Bldg/Rm: RFC Kitchen

Days Taught: M
Fee: \$38
Times: 6pm – 8 pm
(1 session)

Chinese Cuisine #1118

Chinese Cuisine is famous around the world. The following sections will introduce a variety of dishes that may enhance your understanding of Chinese food. If you are interested in tasting authentic Chinese food and/or learning how to cook these dishes, these classes are for you!!

Section 1-Chinese Dumplings

Many people like dumplings but few know how to make dumpling wrappers and filling. It is easier than you think! After you learn how to make wrappers, and prepare dumpling filling, next time you can work with your family and friends to make dumplings. It can be fun, especially with kids.

Start Date: 03/03/25
Hours: 2
Bldg/Rm: RFC Kitchen

Days Taught: M
Fee: \$38
Times: 6 pm – 8 pm
(1 session)

Section 2-Chinese Pork Buns

In the Chinese society, pork buns are so yummy that many people love them. This class will show you step by step how to prepare the dough and filling. Making your own pork buns is possible and easier than you think!

Start Date: 03/17/25
Hours: 2
Bldg/Rm: RFC Kitchen

Days Taught: M
Fee: \$38
Times: 6 pm – 8 pm
(1 session)

Check out our new spring desserts classes! Register at:
cetrain.isu.edu/cook

ONLINE Career Training

CERTIFICATION COURSES



Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-guided online Advanced Career Training course. **Start any time, learn at your own pace.**

ACE Personal Trainer

This provides you with the knowledge and understanding necessary to prepare for the American Council on Exercise (ACE) Certified Personal Trainer (CPT) certification exam and become an effective personal trainer.

Certified Credit Counselor and Certified Financial Health Counselor

(Voucher Included)

Learn practical financial knowledge and effective counseling techniques to help your clients considerably improve their financial well-being.

Certified Virtual Assistant

Master the skills of a virtual assistant, and start your own virtual assistant business.

Certified Master Wedding and Event Planner

Get the training to jumpstart your career in event planning, and earn the Certified Master Wedding and Event Planner certification.

Certified Professional Life Coach

Master the skills and strategies endorsed by the International Coaching Federation (ICF) and the International Association of Professional Recovery Coaches (IAPRC). Earn your Certified Professional Coach (CPC) certification upon successfully completing the final exam.

Certified Supply Chain Professional (CSCP)

Train to become a Certified Supply Chain Professional (CSCP). This course covers all facets of supply chain management.

Certified Technical Writer

Learn how to write within any technical writing context, and develop your own portfolio. You will also prepare for the Certified Professional Technical Communicator exam.

Home Inspection Certificate

Learn about standards of practice, defects recognition, inspection guidelines, reporting methodologies, and liability management as you prepare to become a home inspector.

Human Resources Senior Manager

Prepare to take the Senior Professional Human Resources certification (SPHR) and the Senior Certified Professional (SHRM-SCP) to showcase your new skills.

Marketing Design Certificate

This course focuses on design for marketing and business: creating logos, advertisements, communications, and more. You'll learn Photoshop, Illustrator, and PowerPoint.

COURSE FEATURES:

- Facilitators and mentors to answer questions and for guidance
- Career Counselors assist through the transition from classroom to workplace
- Courses are all open-enrollment and self paced
- No additional charges - all materials are included
- Payment plans available

COURSES AVAILABLE IN:

- Business and Professional
- Healthcare and Fitness
- IT and Software Development
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial

Ed2Go in Partnership with ISU

To enroll or for more information, visit:

career.cetrain.isu.edu

Health and Wellness

Whether enhancing skills or starting a new career, our courses offer comprehensive training for success in high demand careers in healthcare.

NOTE: For any health course that exceeds three days in length, please consider other commitments and use discretion when registering for these time sensitive, high-competency courses. Handouts can be found at cetrain.isu.edu/handout.

CPR AND FIRST AID (AHA)

All courses are approved by American Heart Association (AHA) and taught by certified AHA instructors.

AHA Heartsaver Basic First Aid #1915

Discover how to reduce pain and injury by learning and practicing basic first aid. One day you might save a life using this information! This class meets OSHA and DOT guidelines for emergency care. This class is First Aid ONLY and does not include CPR. CNAs, NAs, EMTs, daycare workers and parents would benefit from taking the course.

Please call 208-282-3372 for information on available classes. **Hours:** 4

AHA Heartsaver First Aid/CPR/AED #1933

This course is designed to teach lay responders critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course is ideal for health and fitness coaches, teachers and school staff, lifeguards, flight attendants, and anyone who needs a credential in first aid and CPR, including Certified Family Home.

Note: This course does not meet requirements for AHA Healthcare Provider BLS CPR.

ALL CLASSES: Hours: 6

Fee: \$65 (Includes textbook and certification card)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Spring 1	01/18/25	S	9am-3pm	RFC B166
Spring 2	02/01/25	S	9am-3pm	RFC B166
Spring 3	03/28/25	F	9am-3pm	RFC B166
Spring 4	04/05/25	S	9am-3pm	RFC B166

AHA Heartsaver

Pediatric First Aid/CPR/AED #1916

This course meets American Heart Association (AHA) and Idaho Child Care Program (ICCP) requirements (meets daycare provider requirements for the Pocatello and Chubbuck area). Students will learn infant/child/adult CPR, obstructed airways, use of a barrier device, AED, hands-on training and pediatric first aid basics.

ALL CLASSES: Hours: 6

Fee: \$65 (Includes textbook and certification card)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Spring 1	03/29/25	S	9am-4pm	RFC B166

AHA BLS Provider CPR #1930

This class teaches everything necessary to administer CPR in healthcare settings such as assessment of breathing and cardiac emergencies in adults, infants, and children with one-and-two rescuer CPR; adult and pediatric obstructed airway management; AED; and mouth-to-mouth ventilation.

ALL CLASSES: Hours: 5

Fee: \$65 (Includes manual)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Spring 1	01/17/25	F	9am-2pm	RFC B166
Spring 2	01/30/25	TH	9am-2pm	RFC B166
Spring 3	02/03/25	M	5pm-10pm	RFC B166
Spring 4	02/20/25	TH	9am-2pm	RFC B166
Spring 5	02/27/25	TH	5pm-10pm	RFC B166
Spring 6	03/06/25	TH	5pm-10pm	RFC B166
Spring 7	03/12/25	W	5pm-10pm	RFC B166
Spring 8	03/22/25	S	9am-2pm	RFC B166
Spring 9	03/27/25	TH	5pm-10pm	RFC B166
Spring 10	04/07/25	M	5pm-10pm	RFC B166
Spring 11	04/17/25	TH	5pm-10pm	RFC B166
Spring 12	04/21/25	M	5pm-10pm	RCF B166
Spring 13	04/30/25	W	5pm-10pm	RFC B166
Spring 14	05/09/25	F	9am-2pm	RFC B166
Spring 15	05/12/25	M	5pm-10pm	RFC B166
Spring 16	05/22/25	TH	5pm-10pm	RFC B166
Spring 17	05/28/25	W	5pm-10pm	RFC B166

AHA Heartcode Provider CPR – Online Blended Learning #1929

Heartcode BLS Provider CPR is an online blended learning course most appropriate for those familiar with AHA BLS. Students will receive a 'key-code' via email to access the online component. Upon completing this part, they attend a structured BLS Hands-On Session with an AHA Instructor. To participate in the two-hour session, students must finish the online portion and present their course certificate to the instructor. **HANDS-ON: iHours: 2.5 Fee: \$65** (Includes online course, hands-on session w/ AHA instructor, & cert. card)

SECTION	START	DAYS	TIMES	BLDG/RM
---------	-------	------	-------	---------

Spring 1	01/07/25	T	5pm-7:30pm	RFC B166
Spring 2	01/21/25	T	5pm-7:30pm	RFC B166
Spring 3	02/05/25	W	5pm-7:30pm	RFC B166
Spring 4	02/13/25	TH	5pm-7:30pm	RFC B166
Spring 5	02/18/25	T	5pm-7:30pm	RFC B166
Spring 6	03/05/25	W	5pm-7:30pm	RFC B166
Spring 7	03/18/25	T	5pm-7:30pm	RFC B166
Spring 8	04/01/25	T	5pm-7:30pm	RFC B166
Spring 9	04/09/25	W	9am-11:30am	RFC B166
Spring 10	04/23/25	W	5pm-7:30pm	RFC B166
Spring 11	04/28/25	M	9am-11:30am	RFC B166
Spring 12	05/01/25	TH	5pm-7:30pm	RFC B166
Spring 13	05/13/25	T	5pm-7:30pm	RFC B166
Spring 14	05/15/25	TH	5pm-7:30pm	RFC B166
Spring 15	05/27/25	T	5pm-7:30pm	RFC B166

AHA BLS Provider CPR – Refresher #1937

This course is intended for individuals who have a current AHA BLS card who need recertification. Must have a current AHA BLS CPR card. If you do not have current card, please sign up for one of our AHA BLS CPR classes. **ALL CLASSES: Hours: 3 Fee: \$50**

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Spring 1	01/15/25	W	5pm-8pm	RFC B166
Spring 2	02/19/25	W	5pm-8pm	RFC B166
Spring 3	03/19/25	W	5pm-8pm	RFC B166
Spring 4	04/16/25	W	5pm-8pm	RFC B166
Spring 5	05/21/25	W	5pm-8pm	RFC B166

ASSISTANCE WITH MEDICATIONS

Assistance with Medications #1940

Qualify yourself to assist with medications in assisted living, group home and certified family home settings. Upon completion, you will know the legal requirements, be able to identify safety factors involved, and know your responsibilities and restrictions when assisting with medications. Closed-book written exam and skills exam are conducted at the end of class. Begin studying the course manual* at least one week prior to the class. **This 8-hour course is taught in a one-day Saturday course or split between two 4-hour evenings.**

NOTE: These classes are fully face to face; online courses are available on request.

*Required course manual available at cetrain.isu.edu/med

ALL CLASSES: Hours: 8 Fee: \$80

SECTION	START	DAYS	TIMES	BLDG/
Sp 1	01/11/25	S	9:00am-5:30pm	RFC B166
Sp 2	01/13 & 01/14/25	M/T	5:30pm-9:30pm	RFC B166

Sp 3	01/27 & 01/28/25	M/T	5:30pm-9:30pm	RFC B166
Sp 4	02/10 & 02/11/25	M/T	5:30pm-9:30pm	RFC B166
Sp 5	02/15/25	S	9:00am-5:30pm	RFC B166
Sp 6	02/24 & 02/25/25	M/T	5:30pm-9:30pm	RFC B166
Sp 7	03/10 & 03/11/25	M/T	5:30pm-9:30pm	RFC B166
Sp 8	03/15/25	S	9:00am-5:30pm	RFC B166
Sp 9	03/24 & 03/25/25	M/T	5:30pm-9:30pm	RFC B166
Sp 10	04/14 & 04/15/25	M/T	5:30pm-9:30pm	RFC B166
Sp 11	04/19/25	S	9:00am-5:30pm	RFC B166
Sp 12	04/28 & 04/29/25	M/T	5:30pm-9:30pm	RFC B166
Sp 13	05/05 & 05/06/25	M/T	5:30pm-9:30pm	RFC B166
Sp 14	05/17/25	S	9:00am-5:30pm	RFC B166
Sp 15	05/19 & 05/20/25	M/T	5:30pm-9:30pm	RFC B166

Sp denotes Spring sessions

Certified Family Home Basic Medication Awareness and Infection Control #1939

The purpose of this course is to educate Certified Family Home (CFH) providers and substitute caregivers regarding medication safety and infection control. Participants will gain a basic understanding of medications including storing and caring for medications, six rights of medication oversight, medication side effects and warning signs, infection control, maintaining medication records and more. This course satisfies the requirements of **IDAPA 16.03.19.400.05:** "Each staff assisting with resident medications will have successfully completed a medication training under Section 100 of these rules." That section states under IDAPA 16.03.19.100.03.e: "Unless a licensed practical nurse, registered nurse, physician's assistant, or medical doctor, completion of a Department-approved medications course through an Idaho technical college." **This course has 2 components:**

1. Online coursework which includes the written, open-book exam. 3.5 contact hours.
 2. In-person skills demonstration and testing with an ISU Registered Nurse instructor. 2.5 contact hours.
- Successful completion of this course will consist of an open-book written test with a passing rate of 80% or greater and participation in the skills demonstration and testing. Spanish course available. Call 208-282-3372 for details.

*Required course manual available at cetrain.isu.edu/med

ALL CLASSES: Hours: 6 Fee: \$80

SECTION	START	DAYS	TIMES	BLDG/RM
Spring 1	03/17/25	M	4pm-7:30pm	RFC B166
Spring 2	03/17/25	M	6:30pm-10pm	RFC B166
Spring 3	06/23/25	M	4pm-7:30pm	RFC B166
Spring 5	06/23/25	M	6:30pm-10pm	RFC B166

COMMUNITY HEALTH

Web Hybrid-Community Health Worker Training Core Competencies

#6501

This course is designed to provide core competencies for Community Health Worker's (CHWs). It includes key concepts of public health, outreach, advocacy, community and individual assessment, social determinants of health, health education, navigating insurance, stages of behavior change, service coordination and more. This 13-week core course consists of 48 hours of a blend of live online and asynchronous training. **A grant covers the cost of this course. Learn more: cetrain.isu.edu/chw**

Start Dates: TBD

Fee: \$0

Bldg/Rm: Zoom Hours: 48

Web Hybrid-Community Health Worker Advanced #6551

The Community Health Worker Advanced course expands student's knowledge and skills and offers experiential learning through community or clinical tracks with a rotation at a preceptor site. This course must be taken after The Community Health Worker Core Course has been completed. This 13-week core course consists of 48 hours of blended, live-online and asynchronous training, and 48 Clinical hours. **A grant covers the cost of this course. Learn more: cetrain.isu.edu/chw**

Start Dates: TBD

Fee: \$0

Bldg/Rm: Zoom Hours: 96

DENTAL ASSISTING

Fundamentals of Dental Assisting w/Expanded Functions #1920

Learn the basic concepts and skills of dental assisting including: terminology, dental charting, cavity classification, rubber dams, four-handed dentistry and suctioning through classroom, on-line and lab learning in an intensive 16-week course. **ADDITIONAL COSTS INCLUDE:** Scrubs, Textbook, BLS Healthcare Provider CPR Training Certification (**register at cetrain.isu.edu/cpr**). Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. **In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.** For more information please see the handout on cetrain.isu.edu/handout/

Spring 1

Start Dates: 01/13/25 to 05/14/25

Days Taught: M W + 2 Saturdays (TBA)

Hours: 105

Fee: \$650

Bldg/Rm: RFC B167

Times: 6 – 9:30 pm (30 sessions)

Fall 1

Start Dates: 08/11/25 to 12/03/25

Days Taught: M W + 2 Saturdays (TBA)

Hours: 105

Fee: \$650

Bldg/Rm: RFC B167

Times: 6 – 9:30 pm (30 sessions)

EMERGENCY MEDICAL TECHNICIAN

EMT – Basic #1925

Whether you're starting your career in emergency medicine or expanding your expertise, this course will equip you to deliver high-quality care as an EMT-Basic. Throughout this program, you'll gain essential skills in emergency medical care, from basic life support to advanced interventions. Our focus is on rapid assessment, decisive action, and compassionate treatment, preparing you to handle diverse medical emergencies with confidence and empathy. Upon completion, students must pass both a psychomotor skills exam and a national written exam for certification. This is an intensive course conducted over 16 weeks. Students attend 8-hours of class per week and participate in 7 Saturday Skills days. **In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.** Must be 18 years or older.

ADDITIONAL COSTS: Textbook, blood pressure cuff and stethoscope, immunizations, drug screening test, MyClinical Exchange Account skills and written certification exams, BLS Healthcare Provider CPR training certification (**register at cetrain.isu.edu/cpr**).

NOTE: This course requires an application and interview. Background checks are a course requirement. A failed background check will prevent participation in this course. For more information, including additional costs, please see the handout on cetrain.isu.edu/emt.

Summer Priority Given to Applications Submitted Before June 30. Application Deadline July 15.

SPRING

Start Dates: 01/07/25 to 05/03/25

Days Taught: T TH: 6 pm – 10 pm (29 sessions)

SAT: 8:30 am – 5:30 pm (7 sessions)

Fee: \$1000 (fee includes background check)

Bldg/Rm: EAMES 131

Hours: 172

SUMMER EMT DATES ON NEXT PAGE

SUMMER**Start Dates: 08/12/25 to 12/06/25****Days Taught: T TH: 6 pm – 10 pm (29 sessions)****SAT: 8:30 am – 5:30 pm (7 sessions)****Fee: \$1000 (fee includes background check)****Bldg/Rm: EAMES 131 Hours: 172****AEMT-Advanced #1147****This class will be held in Spring 2025**

The Advanced Emergency Medical Technician (AEMT) course is an intensive and comprehensive hybrid program which includes online progressive learning and in-person skills labs, clinicals and field (ambulance observation) components. The primary focus of the Advanced Emergency Medical Technician is to provide basic and limited advanced emergency medical care and transportation for critical and emergent patients who access the emergency medical system. This course meets the Idaho and national requirements to apply for certification as an Advanced EMT. This course is a 14-week course consisting of approximately 220 hours spread between online coursework, 54 hours of in-person lab/skills time, up to five 12-hour shifts in a clinical setting and ride-alongs with an ambulance crew. **Pre-requisite:** Must have achieved NREMT certification. Preference for EMT's with minimum 1 year of experience. **Additional Costs:** Textbook, blood pressure cuff and stethoscope, clinical facility required immunizations, drug screening test, MyClinical Exchange account, skills and written certification exams, American Heart Association ACLS training will be during class time but will have an addition fee. AEMT national testing fees are not included in the class. **NOTE:** This course requires an application and interview. Due to clinical requirements, a current background check is a course requirement. A failed background check will prevent participation in this course. For more information, including additional costs please see the handout on cetrain.isu.edu/emt for additional costs and course information.

Start Dates: 05/08/25 to 08/07/25**Days Taught: TH: 6 pm – 10 pm (14 sessions)****Fee: \$1000 (fee includes background check)****Bldg/Rm: EAMES 131 Hours: 220****HEALTH AND WELL-BEING****NEW/Web 100 Days to a New You #1958**

Embark on a 100-day journey to a healthier, more vibrant you. Whether you are just starting in nutrition, health, wellness, or seeking a reset, this course will provide you with essential tools to reach optimal health at any stage in life. Learn how to jumpstart your metabolism, stabilize blood sugar, balance hormones, and ward off metabolic diseases—

all through clean eating, the power of blood sugar stabilization, and balancing hormones. Each day, you'll dive into engaging lessons delivered through our online portal, all centered around transforming your body, mind, and lifestyle, guiding you to transform your body, mind, and daily routines. Discover time management strategies, the art of habit stacking, and essential tips for managing sleep, stress, nutrition, exercise, and hydration. You'll also learn to decode food labels, avoid harmful ingredients, and harness the power of macronutrients. Through simple 1% changes in your everyday habits, you'll unlock the path to achieving your health goals and more. Taught by a certified Nutrition Specialist/Personal Trainer with a Masters in Health Education with over 28 years of experience. Get ready to make healthy living your new way of life—let's start putting YOU first!

Start Date: 01/06/25**Hours: 15****Bldg/Rm: Online****Days Taught: M****Fee: \$550****Times: 7 pm - 8 pm
(15 sessions)****Cost includes 3 in-person body scans/+15 sessions with a certified coach.****Demystifying Dementia Behaviors #1971**

As the population ages, dementia (including Alzheimer's) increases. Caring for a person experiencing dementia can be challenging. What is normal and what isn't? What is the best way to respond to gain cooperation and maintain the dignity of the person while reducing caregiver stress and frustration? Intended for those interacting with people with Alzheimer's and related dementias on a regular basis.

SECTION 1 – Dementia Basics

A broad overview of dementia and the warning signs.

Start Date: 03/04/25**Days Taught: T****Hours: 1.5****Fee: \$15****Bldg/Rm: RFC 162****Times: 6 pm – 7:30 pm (1 session)****SECTION 2 – Dementia Behavior**

This two-hour session will dive more deeply into the stages of dementia and the difficult behaviors that may accompany them. Attendees will come away with strategies for how to deal with these behaviors and provide meaningful activities for their loved ones.

Start Date: 03/11/25**Days Taught: T****Hours: 2****Fee: \$15****Bldg/Rm: RFC 162****Times: 6 pm – 8 pm (1 session)****SECTION 3 – Dementia Essentials**

Information for support—including caregiver support, legal support, community support and available resources.

Start Date: 03/18/25**Days Taught: T****Hours: 1.5****Fee: \$15****Bldg/Rm: RFC 162****Times: 6 pm – 7:30 pm (1 session)**

Web: Mentally Fit U! #1152

Embark on a transformative journey with our empowering workshops, addressing winter blues, cultivating lasting habits, and mastering mindset control in two-hour sessions designed to enhance your mental fitness. Taught by a registered nurse.

SECTION 1- Meditation 101: Introduction to the Power of Meditation

- Discover the positive effects of meditation on your mind, body, and soul. Learn the basics of meditation and how it can enhance your overall well-being as well as practical ways to make meditation a part of your everyday life. Don't miss this opportunity to start your meditation journey!

Start Date: 01/30/25**Days Taught: TH****Hours: 2****Fee: \$15****Bldg/Rm: Zoom****Times: 6 pm– 7 pm****SECTION 2- 7 Habits For Enhancing Mental Fitness**

Remember last winter???? Did you struggle with maintaining your mental health? This two-hour seminar introduces students to the power of creating habits and making lifestyle changes as they work to achieve optimum mental health - especially if they have experiences with depression or anxiety. Participants are given 7 effective habits to adopt on their mental fitness journey and help them prepare for whatever comes their way... even another long winter!

Start Date: 02/06/25**Days Taught: TH****Hours: 2****Fee: \$15****Bldg/Rm: Zoom****Times: 6 pm– 8 pm****SECTION 3- Establishing a Powerful Self-Care Routine**

A well-established self-care routine can prevent burnout, physical and mental breakdowns, and improve our health and productivity! Workshop participants will learn the importance of self-care and will spend time creating a routine that will fit with their schedule as well as learn ways to successfully implement new routines into their life during this two-hour workshop

Start Date: 03/06/25**Days Taught: TH****Hours: 2****Fee: \$15****Bldg/Rm: Zoom****Times: 6 pm– 8 pm****TEACH FOR CEWT**

We are always looking for talented community members to join our growing list of instructors.

Needed: QuickBooks, Furniture Upholstery, Cooking & Baking, HVAC and more!

If you are interested in teaching a course through ISU Continuing Education and Workforce Training, please contact us at 208-282-4103.

Mental Health First Aid #1788

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use challenge. In this 8-hour course, taught by a nationally certified Mental Health First Aid instructor, you will learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Learn about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well. Participants will receive an official Mental Health First Aid certificate.

Please call 208-282-3372 for information on scheduling additional classes. Hours: 8 classroom hours (+ 30-minute lunch break for full day classes)

NURSING ASSISTANT – CNA**Certified Nurse Assistant (CNA)**

Prepare yourself for employment opportunities as a nursing assistant in extended care facilities, hospitals, home-care and hospice situations. This course meets the following requirements for Idaho registration of nursing assistants:

1) 88 hours of classroom instruction

(including discussion, videos, hands-on lab experiences)

2) 32 hours clinical experience in health care facilities

3) Guidance preparing for manual skills testing and written exam as required by the State of Idaho for placement on state registry.

CNA courses are available with several options:

11-14 week–Daytime class: meets 5-6 hrs/session; twice/week.

14 week–Web Supplemented class: meets 6 hrs/skills session; every other week

20 week–Daytime class meets 3 hrs/session; twice/week; allows student more time for learning and skill mastery.

ADDITIONAL COSTS INCLUDE: Textbooks, BLS Healthcare Provider CPR training certification (**register at cetrain.isu.edu/cpr**), clinical attire, clinical tools and immunizations.

Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully. For more information please see the handout at: cetrain.isu.edu/cna

CNA– Traditional Face To Face #1955

All Classes: Hours: 120 Fee: \$800 (includes testing fees)

SECTION	START	END	DAY	TIME	BLDG/RM
Spring 1	01/28/25	06/05/25	T/TH	9am-12pm	RFC B163

More classes on next page

Spring 2	02/18/25	05/22/25	T/TH	5:30pm-9:30pm	American Falls ESL
Spring 3	03/31/25	06/18/25	M/W	9am-3pm	RFC B163
Spring 4	06/23/25	09/10/25	M/W	9am-3pm	RFC B163

CNA – Web Supplemented #1956

Do you want to take a CNA class but would rather take a portion of it online? This web-supplemented course reduces face-to-face time by almost half.

All Classes: Hours: 120 Fee: \$800 (includes testing fees)

SECTION	START	END	DAY	TIME	BLDG/RM
Spring 1	01/10/25	05/02/25	F	9am-4pm	Soda Springs
Spring 2	02/01/25	04/26/25	S	9am-3pm	Bear Lake*
Spring 3	03/15/25	06/28/25	S	9am-3pm	RFC B163
Spring 4	04/16/25	8/27/25	W	5pm-9pm (Clinical will be 3-10 hour Saturdays)	RFC B163
Spring 5 Accelerated	06/10/25	07/22/25	T/TH	9am-3pm	RFC B163
Fall 1	08/22/25	12/05/25	F	9am-3pm	RFC B163

* Bear Lake Class held at Bear Lake Memorial Annex

English as a Second Language (ESL) CNA Prep #1963

ESL students entering the CNA program are invited to join a supplemental prep class. Students will study various topics to strengthen English language skills and can provide help with basic pre-CNA vocabulary before starting the CNA course and is **recommended to register for the CNA course**. Students can attend any course sections, but the 18 week course is recommended as it will allow more time for learning and skill mastery. For more information please see the handout at: cetrain.isu.edu/cna

Fee: NONE

SEC.	REG.OPEN	REG.ENDS	DAY	TIME	BLDG/RM
1	Ongoing	Ongoing	TBD	TBD	RFC TBD

Medication Assistant-Certified (MA-C) Web Supplemented #1975

The Medication Assistant-Certified (MA-C) is a CNA with specialized training in Medication Administration. This 120-hour course will cover the National Council of State Boards of Nursing (NCSBN) curriculum and will prepare students to take the MACE upon successful course completion. Topics will include ethical and legal responsibilities and consideration, basic pharmacology, medication safety, medication routes, drug classification and more.

Course can be run on an as needed basis. Please call our office for customized classes.

CNA Manual Skills Prep #1953

Need additional guidance with the manual skills portion of the nursing assistant's role? The course includes web videos of each testable skill, a copy of all documents needed to prepare for the CNA manual skills exam, and four hours of face-to-face training with an Idaho-approved nursing assistant instructor.

Call to set up: 208-282-3372

Fee: \$250 (\$150 for ISU CNA students)

ONLINE HEALTH PROGRAMS

Participants registered for the online health programs have 30 days to complete the course.

Basic EKG Interpretation

(Online Course) #1901

This class covers concepts including basic heart anatomy and physiology, cardiac, conduction, rhythm interpretation, distinguishing EKG from cardiac monitoring, and practice interpreting rhythm strips. Students will complete twelve hours of online training. At the completion, an online exam is required with 80% competency to pass.

Register at: cetrain.isu.edu/ekg

Start Date: Anytime **Ends: 30 days after registration**
Hours: 12 **Fee: \$40**

OSHA Bloodborne Pathogens

(Online Course) #6100

This user-friendly, online-based course allows students to complete the course at their own convenience. The OSHA Bloodborne Pathogen Standard is the focus, with current information about the three most devastating and common bloodborne pathogens. Online handouts and competency quizzes assure the student's competency.

Register at: cetrain.isu.edu/bbp

Start Date: Anytime **Ends: 30 days after registration**
Hours: 4 **Fee \$10**

Medication Math (Online Course) #1902

Do you struggle with math, but need to understand it to safely administer medication?

This course is for you! Concepts include conversion between systems of measurement, dimensional analysis, decimals and percentages, and applying the math to real-world scenarios. Self-paced course.

Register at: cetrain.isu.edu/medmath

Start Date: Anytime **Ends: 30 days after registration**
Hours: 6 **Fee: \$10**



Idaho State University

Continuing Education and Workforce Training

NEW Phlebotomy Technician Certification Exam and Review

Prepare for the Phlebotomy Technician Certification Exam with a comprehensive review session offered through Idaho State University. Non-ISU students must provide proof of 40 clinical hours and a letter of recommendation from their supervisor.

All fees are paid directly to the **American Society of Phlebotomy Technicians (ASPT)**. For more information, contact **Workforce Training** at (208) 282-337 or visit cetrain.isu.edu/phlebotomy for more details

Don't forget about the Emergency Medicine Conference Feb. 6-8, 2025
Learn more: cetrain.isu.edu/EMC

WILDERNESS PHYSICAL THERAPY

Web: Wilderness Physical Therapy: Level 1 (Basic Competencies)#6560

5 modules offered for a total of 4.0 CEUs, These classes are designed and led by Physical Therapist Wilderness EMTs. It is intended for physical therapists, physical therapy assistants, and other healthcare professionals. A certificate will be available upon completion and successful submission of all course work. visit cetrain.isu.edu/wilderness for more details.

Start Date: Ongoing

Hours: Varies by course

Bldg/Rm: Online/In-person

Fee: Varies by Course



NCLab offers unique **learn-by-doing training** that provides **relevant work experience** aligned with what employers expect. Our **AI-based teaching platform** guides you through hundreds of mini-projects, preparing you for job interviews.



CETRAIN.ISU.EDU/NCLAB



DATA ANALYSIS

Virtually all enterprises have now reached "data overload" and need Data Analysts to help them make sense of the **massive amounts of data** so that management can make better and faster decisions.

Courses Include:

Data Literacy
Data Visualization
SQL Fundamentals
Dashboard Projects
CompTIA Data+ Exam Prep
And more!

Start date: Anytime

Timeline: Self-paced up to one year, but most trainees complete in 4-6 months

Hours: 320

Fee: \$5,600, grant options available

Register at:

<https://cetrain.isu.edu/nclab/>



PYTHON DEVELOPER

Python Development is a rapidly growing field where the demand for **experienced Python Programmers** far outstrips the supply.

Courses Include:

Computational Literacy
Python Fundamentals
Computer Science Minimum
Plotting and Drawing
Capstone Project
And more!

Start date: Anytime

Timeline: Self-paced up to one year, but most trainees complete in 4-6 months

Hours: 320

Fee: \$5,600, grant options available

Register at:

<https://cetrain.isu.edu/nclab/>



Featured Story



Charli Christensen • Youth Apprentice

Charli Christensen began her career as a plumber at the young age of 16. She was (and still is) in high school when she began taking the apprenticeship classes through ISU's Continuing Education and Workforce Training department. Charli is one of a growing number of female students looking to make a career in the trades.

Charli works for her family's plumbing business when she is not in class. ISU's apprenticeship courses are open to youth 16 years of age and older. The courses are also offered and recorded over Zoom giving students balancing a school and work schedule flexibility.

"Charli's dedication and hard work are truly remarkable, especially given her young age. As a Year 3 apprentice, she has already completed two years of the program with excellent attendance and academic performance. What stands out most is her ability to balance high school, her apprenticeship, and work. It's impressive to see someone so young be so driven and responsible. By the time she graduates from high school, she'll be ready to sit for her Journeyman exam—a remarkable achievement. Charli's commitment to her education and future is inspiring, and I have no doubt she will continue to excel." Stated Paul Dickey, Apprenticeship Coordinator

To learn more about apprenticeships please visit:
cetrain.isu.edu/apprentice

Featured News



Rick Newlin Plumbing Scholarship

Rick Newlin-Endowment for the Plumbing Apprenticeship Program

Richard Darlis Newlin, was born January 11, 1954 and passed away on October 3, 2023. Shortly after turning 18, Rick took a job at Standard Plumbing. Over the years, he held multiple positions at Standard Plumbing, and was Manager of the Pocatello facility at the time of his passing. In all, Rick devoted over 50 years of service to the company where he supplied parts and materials, and helped countless plumbers, apprentices, and local homeowners tackle their plumbing projects. Rick was a kind and gentle soul to others, especially to those who knew and loved him- though he seemed to enjoy telling people that he was known as "Rotten Rick," a name that stuck with many people he was close with.

This endowment was created through loving commemoration by Rick's family and friends, and through the generous support of several local businesses. Its contributions represent Rick's spirit of giving, empowerment of others, and his love for the plumbing industry.

Applications open Jan. 15, 2025.

If you would like to contribute to this endowment please contact David Doran daviddoran@isu.edu.

Pictured: Rick Newlin (center) and friends, many of whom contributed to the endowment.

To learn more about scholarship requirements and to apply
cetrain.isu.edu_rick_newlin_endowment

Industrial Maintenance

Required knowledge for industrial tradespeople, including controls, PLC basics and fluid dynamics.

CONTROLS

PLC Training—Rockwell Studio 5000 #1203

Using the Rockwell Studio 5000/CompactLogix Programmable Logic Controllers (PLC), learn ladder logic format, I-O instructions, external devices, operating cycle, relays, timers, counters, sequencers, shift registers, analog application, math blocks use of tending and data logging tools, as well as troubleshooting tools and techniques.

This course is taught by an industry expert with over 25 years of control experience.

Start Date: 01/13/25 **Days Taught: M/W**
Hours: 51 **Fee: \$650**
Bldg/Rm: ESTEC 202 **Times: 6 pm – 9 pm (17 sessions)**

ELECTRONICS

Introduction to Drone Flight (UAS) #1642

Understand the basic flight characteristics of drones and get hands-on training operating drones safely and effectively. The course also provides students with a brief overview of safety-related topics and procedures to mitigate or minimize accidents. Course fee includes a drone and spare parts that each student will take home at the end of class. **Ages 16+ welcome with an enrolled adult 18 or older.**

Start Date: 04/14/25 **Days Taught: M/W**
Hours: 7.5 **Fee: \$99**
Bldg/Rm: T&T 206 **Times: 5:30 pm – 8 pm (3 sessions)**

Your Class Here

We are always looking for talented community members to join our growing list of instructors.

If you are interested in teaching a course through ISU Continuing Education and Workforce Training, please contact us at 208-282-4103.

Personal/ Professional Development

ART, LITERATURE & WRITING

NEW Writers as Readers #1242

One of the best ways to learn about craft principles is to study what other authors have accomplished (or not quite accomplished) in their own writing. Come discuss preassigned work with a group as we analyze craft and add writing tools to our own skill set.

A list of possible books will be emailed one month prior to each meeting. We will have some discussion together about which craft principles we would most like to discuss, and the instructor will compile a list of pertinent course materials.

Start Date: 01/08/25 **Days Taught: 2nd W of ea/month**
Hours: 10 **Fee: \$55**
Times: 8 pm – 9 pm (5 sessions)
Bldg/Rm: Hares & Hatters 200 S. Main St. Suite G

Beginning Photography (D/SLR) #1155

This beginner-level class is designed to give you a solid understanding of photography basics. You will explore key concepts such as aperture, shutter speed, ISO, and composition, while learning how to operate your DSLR camera with confidence. The class will focus on hands-on practice, with props available to enhance your learning. On the final day, weather permitting, we will head outdoors on campus to apply what you've learned in a real-world setting. Be sure to bring your DSLR camera and its owner's manual, or have access to it online or on your phone. By the end of the course, you will feel more comfortable using your camera and have a clearer understanding of the essentials to capture great photos.

Start Date: 02/06/25 **Days Taught: TH**
Hours: 8 **Fee: \$50**
Bldg/Rm: RFC 263 **Times: 6 pm – 8 pm (4 sessions)**



Idaho State University

Continuing Education and Workforce Training

Watercolor Pencil for Beginners #1225

For beginning learners interested in watercolor pencils. This class will demonstrate how to draw with watercolor pencils and cover several drawing techniques. The first week will introduce materials and techniques needed for this class and the remaining seven weeks will draw a variety of vegetables and fruits.

Start Date: 03/04/25 **Days Taught:** T
Hours: 16 **Fee:** \$80
Bldg/Rm: RFC 263 **Times:** 6 pm – 8pm (8 sessions)
No Classes during Spring Break

CRAFTS AND SEWING

Furniture Painting #1529

Bring a small piece of furniture from home like a chair, stool, side table, etc. and learn the art of using Dixie Belle Chalk Paint to transform your fixer upper projects. It's a fun DIY that anyone can do! Paint, brushes, and other materials provided.

Start Date: 01/07/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Spring Wreath Making #1778

Come enjoy making a one of a kind, classy spring style wreath. All materials will be provided to create a wreath that will be a perfect focal point for your front door or anywhere.

Start Date: 01/28/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30 pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Making Wind Chimes #1532

Transform vintage kitchen gadgets – like spoons and measuring cups – into a one-of-a-kind wind chime. Each student will take home a completed chime to hang all spring long. All materials provided.

Start Date: 02/04/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30 pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Steampunk Jewelry #1794

Victorian inspired Steampunk Jewelry doesn't have to break the bank! Combining vintage, hardware, imagination,

gadgetry, and science fiction, this style is sure to make people stop and stare. We not only dive into history, art, and science, but create custom one-of-a-kind pieces. All materials will be provided.

Start Date: 04/01/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Beginning Wound Glass Beads "Moretti" Glass #1884

All tools and glass provided. After instructor demonstration, the rest of the time is used for hands-on torch work. **REQUIRED SUPPLIES:** Must bring eye protection and a can of MAPP gas. Wear cotton clothing. No sandals, bare feet or shorts. Hair must be kept clear of the torch. Masks may be required. **You must be 18 years of age or older to take the class.**

Section 1

Start Date: 02/24/25 **Days Taught:** M
Hours: 6 **Fee:** \$60
Bldg/Rm: T&T Welding
Times: 6 pm – 8 pm (3 sessions)

Section 2

Start Date: 02/25/25 **Days Taught:** T
Hours: 6 **Fee:** \$60
Bldg/Rm: T&T Welding
Times: 6 pm – 8 pm (3 sessions)

Beginning Leaded Glass #1139

This class introduces students to the older techniques for creating an art glass panel. Students will create a small panel by cutting glass and fastening it together with strips of lead came and solder. **Glass will NOT be provided for the class.** Students **must contact** the instructor (Lon Hamlin at 208-226-6044) to pick up the pattern in advance in order to facilitate getting the glass they want prior to class. **You must be 18 years of age to take the class.** **Class size limited to 8.**

Section 1

Start Date: 03/24/25 **Days Taught:** M
Hours: 8 **Fee:** \$60
Bldg/Rm: T&T Welding Classroom
Times: 6 pm – 8 pm (4 sessions)

Section 2

Start Date: 03/25/25 **Days Taught:** T
Hours: 8 **Fee:** \$60
Bldg/Rm: T&T Welding Classroom
Times: 6 pm – 8 pm (4 sessions)

Beginning Foiled Stained Glass #1881

Learn technique used in the Tiffany studios to create many of their masterpieces. **REQUIRED SUPPLIES:** Students are required to bring eye protection, mask, gloves, Band-Aids and wear closed-toe shoes. Long hair must be tied back when using the grinder. **If you are pregnant or nursing please do not register for this class.** Please contact the instructor (Lon Hamlin at 208-226-6044) to choose and pick up the pattern in advance in order to facilitate getting the glass you want PRIOR to class. Glass will NOT be provided for the class. **You must be 18 years of age to take the class.**

Section 1

Start Date: 04/21/25 **Days Taught:** M
Hours: 8 **Fee:** \$60
Bldg/Rm: T&T Welding Classroom
Times: 6 pm – 8 pm (4 sessions)

Section 2

Start Date: 04/22/25 **Days Taught:** T
Hours: 8 **Fee:** \$60
Bldg/Rm: T&T Welding Classroom
Times: 6 pm – 8 pm (4 sessions)

Mosaicking a Stepping Stone #1882

Please bring your stone and any objects you wish to incorporate into the design. Students are required to bring eye protection, masks, and gloves. Bring a precast concrete paver about 1' across. They are available at locale garden center, Lowes, Home Depot, etc. The student must have a drawn design as well as an idea of what colors. Classes will cover all steps of the stepping stone creation (glue glass, finish design, grout and sanding) **REQUIRED SUPPLIES:** For safety, eye protection, masks, and gloves are required. **Throughout the class, we will guide you through each step of the process: gluing the glass pieces, completing your design, grouting, and sanding for a polished finish. This class is open to students aged 18 and older.**

Section 1

Start Date: 05/19/25 **Days Taught:** M
Hours: 8 **Fee:** \$60
Bldg/Rm: T&T Welding Classroom
Times: 6 pm – 8 pm (4 sessions)

Section 2

Start Date: 05/20/25 **Days Taught:** T
Hours: 8 **Fee:** \$60
Bldg/Rm: T&T Welding Classroom
Times: 6 pm – 8 pm (4 sessions)

FITNESS & DANCE**Ballroom Dancing #1280**

Join us for a fun and engaging ballroom dance class designed to help you learn at a comfortable pace. Through group exercises, you'll gain confidence and familiarity with the basic steps and rhythms of ballroom dancing. **Partner required; class fee (\$50) per person. You will need to bring your own water. Leather soled shoes and loose, breathable clothing is suggested.**

Section 1 –Tango

American Tango is a fun, flirty and dramatic dance that can bring a sparkle to your winter evenings! Tango is typically danced with staccato movements to 4/4 music with a strong South American rhythm and occasional pop tunes. The dance has been featured in a variety of Hollywood movies and TV commercials. Come learn the basics and join in the fun! A brief beginner's tango routine is viewable at <https://www.youtube.com/watch?v=L5RGs8zMP8U>

Start Date: 01/14/25 **Days Taught:** T
Hours: 10 **Fee:** \$50
Bldg/Rm: Liberty Hall **Times:** 7 pm – 9 pm (5 sessions)

Section 2 – Cha Cha

Cha-cha, also known as Cha-Cha-Cha, is Rhythm Ballroom Dances, suitable for many 4/4 songs "Latin" or Swing rhythms. The Cha-Cha is a "spot dance," meaning couples typically stay in one area of the dance floor. This course teaches the basics of this fun and lively dance. Classes include both instruction (~1.5 hrs) and time (~0.5 hrs) to practice with instructor support.

Start Date: 02/18/25 **Days Taught:** T
Hours: 10 **Fee:** \$50
Bldg/Rm: Liberty Hall **Times:** 7 pm – 9 pm (5 sessions)

Section 3 – Beginning Waltz

Waltz, sometimes called "Slow Waltz", is one of the primary Ballroom Dances, and a favorite at weddings and Holiday parties. Waltz is done to $\frac{3}{4}$ time music, and this course teaches the basics of this fun, elegant and flowing dance. Classes include both instruction (~1.5 hrs.) and time (~0.5hrs) to practice with instructor support.

Start Date: 04/08/25 **Days Taught:** T
Hours: 10 **Fee:** \$50
Bldg/Rm: Liberty Hall **Times:** 7 pm – 9 pm (5 sessions)

Country Swing and Two-Step #1336

Grab your cowboy boots and get moving! Class focuses on the basics of Swing, Two-Step and various couple dances such as: 10-step Cotton-Eyed Joe, Waltz, and Amarillo. Practice and learn in a relaxed atmosphere that encourages



you to master skills and look good doing them. **Partner required; class fee (\$40) per person. Must register both partners at the same time. You will need to bring your own water as there are no drinking fountains available.**

Section 1

Start Date: 01/13/25
Hours: 12
Bldg/Rm: Liberty Hall

Days Taught: M
Fee: \$40
Times: 7 pm– 9 pm
(6 sessions)

Section 2

Start Date: 03/03/25
Hours: 12
Bldg/Rm: Liberty Hall

Days Taught: M
Fee: \$40
Times: 7 pm – 9 pm
(6 sessions)

No Class Nov. 25, 2024

Nia #1218

Nia is a sensory-based movement practice that draws from martial arts (Tai Chi, Taekwondo, Aikido), dance arts (jazz dance, modern dance, Duncan dance) and healing arts (Duncan dance, yoga, Alexander Technique and Teachings of Moshe Feldenkrais). Nia is a great way to get in shape and offers a unique experience from traditional aerobic exercises. Instructor is a certified Nia and Yoga instructor.

Section 1

Start Date: 01/22/25
Hours: 4
Bldg/Rm: Red Hill 101

Days Taught: W
Fee: \$40
Times: 6pm-7pm
(4 sessions)

Section 1

Start Date: 02/19/25
Hours: 4
Bldg/Rm: Red Hill 101

Days Taught: W
Fee: \$40
Times: 6pm-7pm
(4 sessions)

Smart Self Defense #1236

Smart Self-Defense is a dynamic self-defense course that blends Brazilian Jiu-Jitsu, Krav Maga, Muay Thai, and other martial arts to teach practical, easy-to-learn techniques. These techniques focus on using leverage and positioning, allowing individuals of all sizes and strength levels to effectively escape and defend themselves. Whether you're a beginner with no martial arts experience or someone with a background looking to refine your self-defense skills, this course is adaptable to your fitness level. Taught by certified instructors from the Elizabeth Smart Foundation, this course is designed for ages 13 and up, providing essential skills to increase your confidence and safety in real-world situations.

Section 1

Start Date: 04/05/25
Hours: 3
Bldg/Rm: Colossal Fight Company: 300 N 5th Ave.
Times: 9 am – 12 pm (1 session)

Section 2

Start Date: 04/12/25
Hours: 3
Bldg/Rm: Colossal Fight Company: 300 N 5th Ave.
Times: 9 am – 12 pm (1 session)

Days Taught: S
Fee: \$40

Zumba #1113

In this class you will burn off calories by dancing to different kinds of lively tunes, often Latin-American inspired such as salsa, merengue and samba. You won't feel like you are exercising as you are dancing. Put on your comfy shoes, grab a friend and come party.

Section 1

Start Date: 01/28/25
Hours: 8
Bldg/Rm: Reed Gym 208
Times: 6:30 pm – 7:30 pm (8 sessions)

Days Taught: T
Fee: \$40

Section 2

Start Date: 04/01/25
Hours: 6
Bldg/Rm: Reed Gym 208
Times: 6:30 pm – 7:30 pm (6 sessions)

Days Taught: T
Fee: \$40

HORSEMANSHIP

All riding lessons are western. Bring your own horse or use a program horse for an additional \$10 per class session. Call CEWT to make arrangements for a horse (limited availability).

Riding Instruction I #1052

Learn basic horsemanship skills. Each session begins with an informative equine-related lecture and continues with horse handling skills, riding techniques and instruction.
Minimum Age is 18.

Start Date: 03/26/25
Hours: 12
Times: 5 pm – 8 pm (4 sessions)
Bldg/Rm: Sweet Talk Ranch Arena,
7727 W. Katsilometes Rd., Pocatello, ID

Days Taught: W
Fee: \$85

Riding Instruction II #1053

For the intermediate rider or those who have completed the Riding Instruction 1 class. Participants will learn topics ranging from balanced stops to pivots and so much more.
Minimum Age is 18.

Start Date: 04/23/25
Hours: 12
Times: 5 pm – 8 pm (4 sessions)
Bldg/Rm: Sweet Talk Ranch Arena,
7727 W. Katsilometes Rd., Pocatello, ID

Days Taught: W
Fee: \$85

Riding Instruction III #1054

Are you a confident rider? Have you taken the Riding Instruction I and II classes? Here's your chance to explore advanced western riding techniques. Discussion will include improving your horse's body control, stops, pivots, and leads as well as learn several roll maneuvers. **Minimum Age is 18.**

Start Date: 05/21/25 **Days Taught:** W
Hours: 12 **Fee:** \$85
Times: 5 pm – 8 pm (4 sessions)
Bldg/Rm: Sweet Talk Ranch Arena,
 7727 W. Katsilometes Rd., Pocatello, ID

LANGUAGES**Introduction to French #1809**

An easy introduction. Learn the sounds, vocabulary and basic grammar that will enable you to converse and be understood.

Start Date: 01/06/25 **Days Taught:** M
Hours: 9 **Fee:** \$40
Bldg/Rm: RFC 262 **Times:** 5:30 pm – 7 pm (6 sessions)

NEW French Verbs #1244

Mastering French verbs is one of the main obstacles to becoming fluent in French. French conjugation can be overwhelming so we will break down some of its complexity during this 6 week session. Knowledge of basic French needed.

Start Date: 01/08/25 **Days Taught:** W
Hours: 9 **Fee:** \$40
Bldg/Rm: RFC 262 **Times:** 5:30 pm – 7 pm (6 sessions)

Conversational French #1245

Spend the class conversing in French on a variety topics. If you would like to just practice speaking French this is class for you. Students should have a basic understanding of French.

Start Date: 01/06/25 **Days Taught:** M
Hours: 9 **Fee:** \$40
Bldg/Rm: RFC 262 **Times:** 7 pm – 8:30 pm (6 sessions)

Spanish the Silent Way #1129

The Silent Way by Oteg Cateagno is used to teach languages using the color system by which students will do most of the speaking and the instructor will play the role of the tutor.

Session 1-This class is geared to beginning students

Start Date: 01/15/25 **Days Taught:** W
Hours: 10 **Fee:** \$50
Bldg/Rm: RFC 379 **Times:** 6 pm – 8 pm (5 sessions)

Session 2-This class is geared to returning students

Start Date: 02/20/25 **Days Taught:** TH
Hours: 10 **Fee:** \$50
Bldg/Rm: RFC 379 **Times:** 6 pm– 8 pm (5 sessions)

OUTDOOR ADVENTURE**Beginning Fly Tying #1618**

For those who want to tie their own flies, this class will cover the tools, skills, and base techniques of fly tying. Learn the different kinds of flies and their applications. Students will tie a variety of flies to suit most fishing situations. **Classes are for ages 16 and up, however, those 12 years of age to 15 may attend with a registered adult. Students must bring a fly-tying vice.**

Start Date: 02/04/25 **Days Taught:** T TH
Hours: 8 **Fee:** \$59
Bldg/Rm: RFC 262 **Times:** 6:30 pm– 8:30 pm
 (4 sessions)

Intermediate Fly Tying #1619

This course is for beginning fly tiers who want to expand their skills and learn some new fly-tying techniques. We'll be skipping the basics and working on more complex fly patterns, using complicated materials, incorporating multiple materials, tying more realistic flies, and using standard materials in different ways to achieve different effects and appearances. Students should bring their own fly-tying tools (vice, bodkin, bobbin, thread, scissors) and are encouraged to bring other tools and materials as well. **Classes are for ages 16 and up, however, those 12 years of age to 15 may attend with a registered adult. Students must bring a fly-tying vice.**

Start Date: 03/04/25 **Days Taught:** T TH
Hours: 8 **Fee:** \$59
Bldg/Rm: RFC 262 **Times:** 6:30 – 8:30 pm (4 sessions)

Beginning Fly Fishing #1624

Perfect for those looking to break into the sport of fly fishing, but don't know where to start. Learn about the different types of flies, basic knots and rigging as well as casting and presentation techniques. The class will conclude with a morning of fishing. Students are responsible for their own transportation. **REQUIRED SUPPLIES:** fly rod, fly reel, fly line, baseball cap or other brimmed hat, sunglasses, shoes with closed toes. **Saturday location TBA.**

Start Date: 04/15/25 **Days:** T TH, 6:30 pm – 8:30 pm
 (4 sessions)
Hours: 12 **SAT (04/26), 7:30am – 11:30am**
 (1 session)
Bldg/Rm: RFC 262 **Fee:** \$63

Intermediate Fly Fishing #1056

This course is for beginning fly anglers looking to expand their skills and catch fish in more diverse situations. We will be developing more familiarity with fly casting, including different methods for more diverse situations. We will learn how to fish rivers and streams, as well as insect identification and how to "match the hatch." Students are also encouraged to bring whatever flies or tackle they already have. Some classes held at diverse fishing locations near Pocatello, so students need to provide own transportation to the meeting sites. **REQUIRED SUPPLIES:** fly rod, fly reel, fly line, baseball cap or other brimmed hat, sunglasses, shoes with closed toes. **Saturday location TBA.**

Start Date: 05/06/25 **Days:** T TH, 6:30 – 8:30 pm (2 sessions)
Hours: 8 **SAT (05/10), 7:30am – 11:30am (1 sess)**
Bldg/Rm: RFC 262 **Fee:** \$59

PERSONAL INTEREST**Paranormal Research #1223**

The class will focus on the equipment used in the field (cameras, pendulums, dowsing rods, various electronic equipment, etc.), how to conduct an investigation, paranormal phenomenon, developing your own skill set for investigations and debunking. Members of her team will be guest speakers and will speak of their own abilities and will teach how to develop your natural abilities and will provide resources for the student. The class will consist of 5 weeks (2 hours per class) of classroom sessions followed by one paranormal investigation where the student can put their new skills to work.

Start Date: 01/17/25 **Days Taught:** F
Hours: 12 **Fee:** \$50
Bldg/Rm: RFC 108 S **Times:** 6 – 8 pm (6 sessions)

Social Security Basics: Know How and When to Claim #1117

Come and learn the basics of Social Security including the history of the program, how different benefits are paid, and the future viability of the program. Social Security benefits are a staple in the retirement plan of nearly every American, however, understanding the complexities of the program can be difficult. This course aims to solve the mystery of Social Security benefits and help prepare individuals to decide when to file for benefits so they can maximize their payout and meet their retirement needs.

Section 1:

Start Date: 1/16/25 **Days Taught:** TH
Hours: 1.5 **Fee:** \$15
Bldg/Rm: RFC 162 **Times:** 7 pm – 8:30 pm (1 session)

Section 2:

Start Date: 03/19/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$15
Bldg/Rm: RFC 162 **Times:** 7 pm – 8:30 pm (1 session)

Section 3:

Start Date: 05/01/25 **Days Taught:** TH
Hours: 1.5 **Fee:** \$15
Bldg/Rm: RFC 162 **Times:** 7 pm – 8:30 pm (1 session)

Check out our new French Verbs class!
 Please see the course description
 on page 24. Register at:
cetrain.isu.edu



SAVE THE DATE:
February 6-8, 2025

Join us for our annual
Emergency Medicine Conference
cetrain.isu.edu/EMC



Trades

Industries across the U.S. are looking for individuals skilled in welding, machining, and flagging certification. Take advantage of our courses which provide you with the skills you need for the job you want.

BUILDING CONSTRUCTION

Erosion Control / Storm Water #1190

Contractors, learn the new guidelines! Topics covered are federal and local erosion and sediment control requirements; responsible person requirements; local training and certification; best management practices; erosion control; sediment control; and the top 10 compliance problems.

After passing this class, you may apply for ESC certification from the City of Pocatello—additional fees apply.

Section 1

Start Date: 03/18/25 **Days Taught:** T
Hours: 4 **Fee:** \$45
Bldg/Rm: RFC 262 **Times:** 6 pm – 10 pm (1 session)

Section 2

Start Date: 04/22/25 **Days Taught:** T
Hours: 4 **Fee:** \$45
Bldg/Rm: RFC 162 **Times:** 6 pm – 10 pm (1 session)

CODE UPDATE

2023 NEC Code Update #1580

Every 3 years the National Electrical Code is revised and new code changes are included and adopted by the states. To renew their licenses in Idaho, Master and Journeyman electricians must have 24 hours of continuing education, 8 hours of which must be on the current code changes to renew their licenses.

Start Date: 05/08/25 **Days Taught:** TH
Hours: 8 **Fee:** \$115
Bldg/Rm: RFC 108 S **Times:** 8 am – 5 pm (1 session)

Electrical Grounding and Bonding (NEC 2023) #1668

This 8 hour class highlights one of the most important, but least understood articles in the National Electrical Code®—Grounding and Bonding. Simply put, proper grounding and bonding protects your employees from electric shock and your plant and equipment from heat and fire. We will aim at reducing these risks and help answer any power quality

issues you may be experiencing. **BOOKS:** Mike Holt Bonding and Grounding Book

Start Date: 05/09/25 **Days Taught:** F
Hours: 8 **Fee:** \$115
Bldg/Rm: RFC 108 S **Times:** 8 am – 5 pm (1 session)

DRAFTING

Introduction to Revit Architecture 2022 #1207

This workshop will cover the basic principles of Autodesk Architectural Revit 2022, a building information modeling (BIM) program. Participants learn the software by working on projects and creating high-quality floor plans, elevations, 3D perspectives, and renderings for client presentations using some of the new features included with the latest version of Autodesk Revit architecture software.

Fluency in Autodesk AutoCAD is strongly recommended.

Start Date: 05/07/25 **Days Taught:** WTF
Hours: 20 **Fee:** \$185
Bldg/Rm: EAMES 198 **Times:** 5:30 pm– 7:30 pm (10 sessions)

OSHA/SAFETY TRAINING

OSHA Safety Classes: See ad on page #29

Certified Food Safety Manager #6521

This Certified Food Safety Manager Course (CFSM) covers food safety issues, regulations, and the techniques necessary to maintain a food safe environment. Handling food correctly is not only the law, but it improves public safety and lowers costs. Learn to implement essential food safety practices and create a culture of food safety. Food safety is critical to sales and the continued patronage of your establishment. Establishments found to violate food safety protocols are fined or closed—food safety is that important. The role of a food manager is crucial.

Now is the time to certify your department managers and food handlers as a Certified Food Safety Manager. **Registration deadline is February 25, 2024. Course conducted in English.**

Start Date: 03/25/25 **Days Taught:** T
Hours: 8 **Fee:** \$130
Bldg/Rm: RFC 108 S **Times:** 8 am – 5 pm (1 session)



Idaho State
University

Continuing Education
and Workforce Training

Idaho Police Officer Standards Certified Training (POST) #1477

This 15-week program follows the curriculum of Idaho POST, in Meridian. All of our instructors are police officers or retired police officers. The curriculum will cover everything from Drill and Ceremony, Domestic Violence, DUI/SFST, Crime prevention, Health and Fitness to EVOG, Defensive Tactics, Firearms, etc. The program is a mixture of book-work and hands-on training. At the end of the 15-weeks, the officer will take a certification exam in Patrol and Reserve. **This is a restricted course. Please contact the Law Enforcement program at ISU for details to register. Call Kendra at 208-282-3083.**

Start Date: 01/13/25 Days Taught: M W F, 8 am – 5 pm
Hours: 480 T TH, 6 am – 5 pm
Bldg/Rm: LAW 103 Fee: \$850

MACHINING

Machine Shop Mill Practice #1201

This course will provide you with hands-on training and classroom instruction, primarily on vertical milling machines. You will learn to set up the machine, square a part, locate positions for drilling or other operations, mill, bore, etc. You can choose to do either personal projects or you can build a small pin vise. **Tools:** 10" adjustable wrench, Allen wrench set to 5/16, safety glasses(required), safety shoes (recommended). Clothing should not be too loose.

Machine Shop Lathe Theory is a prerequisite.

Students must be 18 years of age to attend the class.

Start Date: 02/06/25 Days Taught: TH
Hours: 30 Fee: \$215
Bldg/Rm: EAMES Complex Machine Shop
Times: 6 pm – 9 pm (10 sessions)
No Classes during Spring Break, March 24-28



April 2-3,
2025

This free event is open to students 16+ years of age. More information see: cetrain.isu.edu/combine

TRAFFIC CONTROL

Flagging #1195

In this class you will learn the responsibilities of the flagger: basic signals, flagging systems, signing, channeling devices and traffic control practices. This class meets requirements for training programs recognized by the Idaho Transportation Department. **Must have valid ID to present to instructor before obtaining your flagging card. Flagging cards will be mailed.**

Section 1

Start Date: 04/05/25 Days Taught: S
Hours: 8 Fee: \$140
Bldg/Rm: RFC 108 S Times: 8 am – 4 pm (1 session)

Section 2

Start Date: 05/03/25 Days Taught: S
Hours: 8 Fee: \$140
Bldg/Rm: RFC 108 S Times: 8 am – 4 pm (1 session)

WELDING

Beginning/Intermediate/Advanced Welding #1230

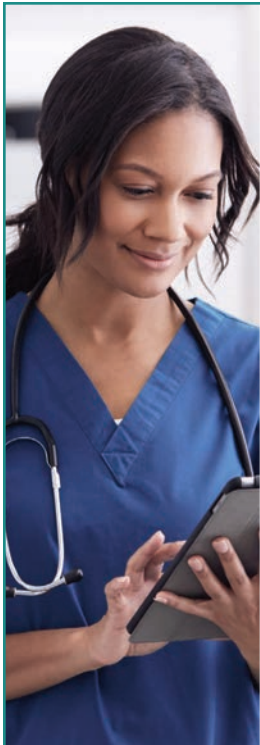
Re-tool your skills to take advantage of in-demand, high paying jobs in the manufacturing sectors. If you're an individual who likes building things, working with your mind and hands or simply enjoys seeing the results of your efforts, then we have just what you're looking for. These self-paced courses are designed for the beginner, intermediate, or experienced welder. SMAW and GMAW are taught at all levels. GTAW (TIG) will be covered only in the intermediate/ advanced welding class. These topics will be covered: Machine Settings, Preparation of Materials, Safety and Welding in all positions. No welding equipment is required for the first night of class; it is two hours only. Three types of welding offered: Arc and Mig have similar equipment, however, they are taught separately. GTAW (TIG) will be covered only in the intermediate/ advanced welding class. No hobby welding or project building. **Students must be 18 years of age to attend the class, unless accompanied by an adult who is also taking the class. All MUST attend the FIRST night to continue with the class.**

SECTION 1

Start Date: 01/16/25 Days Taught: TH
Hours: 30 Fee: \$350
Bldg/Rm: EAMES Welding Shop/Rm 500
Times: 6 pm – 10 pm (8 sessions)

SECTION 2

Start Date: 03/06/25 Days Taught: TH
Hours: 30 Fee: \$350
Bldg/Rm: EAMES Welding Shop/Rm 500
Times: 6 pm – 10 pm (8 sessions)



Get In. Get Out. Get Working.



Need a New Career? We've Got Your Back!

Trusted by some of the largest most respected names in healthcare, CareerStep, in partnership with **Idaho State University**, offers online training programs that teach you the skills employers need:

- Behavioral and Psychiatric Health Technician
- Computer Technician A+
- Dental Assistant
- EKG Technician
- Executive Assistant
- Healthcare IT Professional
- Hemodialysis Technician
- Medical Administrative Assistant
- Medical Assistant
- Medical Billing
- Medical Coding and Billing for Outpatient Services
- Medical Laboratory Assistant
- Medical Office Manager
- Medical Transcription Editor
- Mental Health Technician
- Microsoft Office 2019: Specialist
- Nutrition and Personal Trainer
- Patient Care Technician
- Pharmacy Technician
- Phlebotomy Technician
- Physical Therapy Aide
- Physician Coding Specialist
- Veterinary Assistant
- Veterinary Receptionist



CareerStep

Call or visit online to learn more:

(877) 225-7151

www.careerstep.com/lp/partner/ap/isu/

Save the Date



Safety Fest
of the
Great Northwest



May 13-15, 2025

Join us for FREE safety training.

Past classes have included:

- OSHA
- CPR & First Aid
- Leadership
- Road/HWY safety
- Hearing & Respiratory safety

LEARN TO CODE ONLINE IN 18 WEEKS



**Idaho State
University**

Continuing Education
and Workforce Training

Experience hands on training from industry professionals.

Front End: Starts Monthly
Back End: Starts Monthly

www.promineotech.com/isucodingbootcamps

PART TIME | ONLINE | AFFORDABLE

This bootcamp is in partnership with  **PROMINEO TECH**



ISU Is Excited To Be The Location Host For The Pacific Northwest OSHA Education Center's Spring 2025 OSHA Classes.

Spring 2025

OSHA #510 OSHA Standards for Constructions (26 hrs)

When: March 31-April 3, 2025 | Monday-Thurday. 8 am-4 pm
Cost: \$595

Prerequisite for OSHA #500 Trainer Course in Occupational Safety and Health Standards for Construction.

OSHA #500 - Trainer Course in OSHA Standards for Construction (26 hrs)

When: April 14-17, 2025 | Monday-Thurday. 8 am-4 pm
Cost: \$595

Prerequisites: Five years of construction safety and health work experience and successful completion of the OSHA #510 Occupational Safety and Health Standards for the Construction Industry.



Registration is Open!

For More information:
cetrain.isu.edu/nw-osh/ or call **208-282-3372**



**Idaho State
University**

**Continuing Education
and Workforce Training**



*Idaho State University continues to monitor the COVID-19 outbreak, and the safety and well-being of our entire campus community, including visitors, is our top priority. As a result, scheduled events may have to be canceled or moved to an Online format. Attendees will be notified of any changes or alterations to schedule.

The Inside Track to Journeyman

An apprenticeship education is a combination of on-the-job training and related classroom instruction providing the practical and theoretical aspects of a highly skilled occupation. These four-year programs build concept upon concept, year after year, preparing the student for the journeyman exam required by the State of Idaho. It's an efficient and practical way to build the foundation for an in-demand and satisfying career.

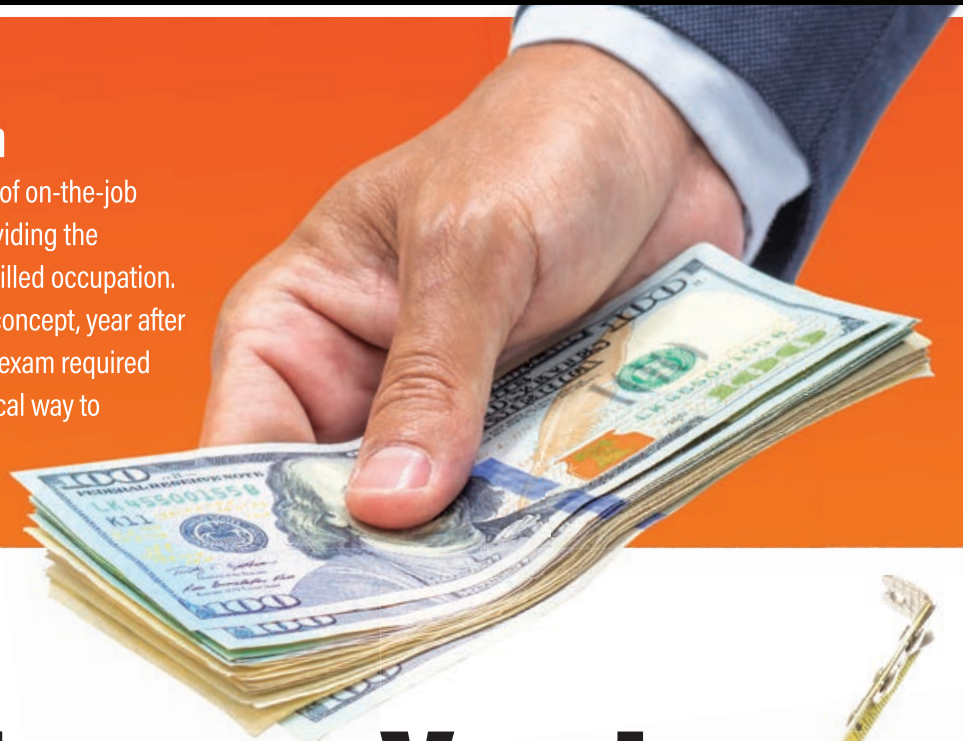
Flexible Blended Learning Programs

The electrical, plumbing, and HVAC apprenticeship programs participate in the new blended curriculum at ISU Continuing Education Workforce Training (CEWT).

Blended classes are a combination of traditional instructor-led classes and online self-directed coursework. Blended classes give continuous access to assignments, allowing for more mobility and flexibility during the on-the-job training portion of the apprenticeship. For example, in addition to the blended classwork, the lectures are also streamed live so that students who cannot make it to classroom sessions can still participate in the live lecture. All coursework for the blended classes will be offered online on the Moodle platform, making it easy for students to track their progress.

College credits are available when all program criteria are met. Contact us to learn more!

Idaho State University's Apprenticeship Program is supported by the United States Department of Labor. A total of \$51,308, or 28.5 percent, of the program is financed with federal funds, and \$104,915, or 71.5 percent, is funded by other sources.



Earn as You Learn.

Apprenticeship Programs in Electrical, Plumbing and HVAC

Apprentices in our four-year programs learn to build real-world, career-defining skills through **on the job training**— while earning wages, college credits, and the know-how to become licensed a journeyman.

Don't just dream about your future... Make it!

FOR MORE INFORMATION

Program Coordinator: Paul M. Dickey
208-282-1077 • cetrain@isu.edu

TO ENROLL

cetrain.isu.edu/apprentice
or call 208-282-3372



Idaho State University

Continuing Education and Workforce Training

Registration Information

3 Easy Ways to Sign Up for Classes

ONLINE: cetrain.isu.edu Go online, create a profile, register and pay online with your Visa or MC.

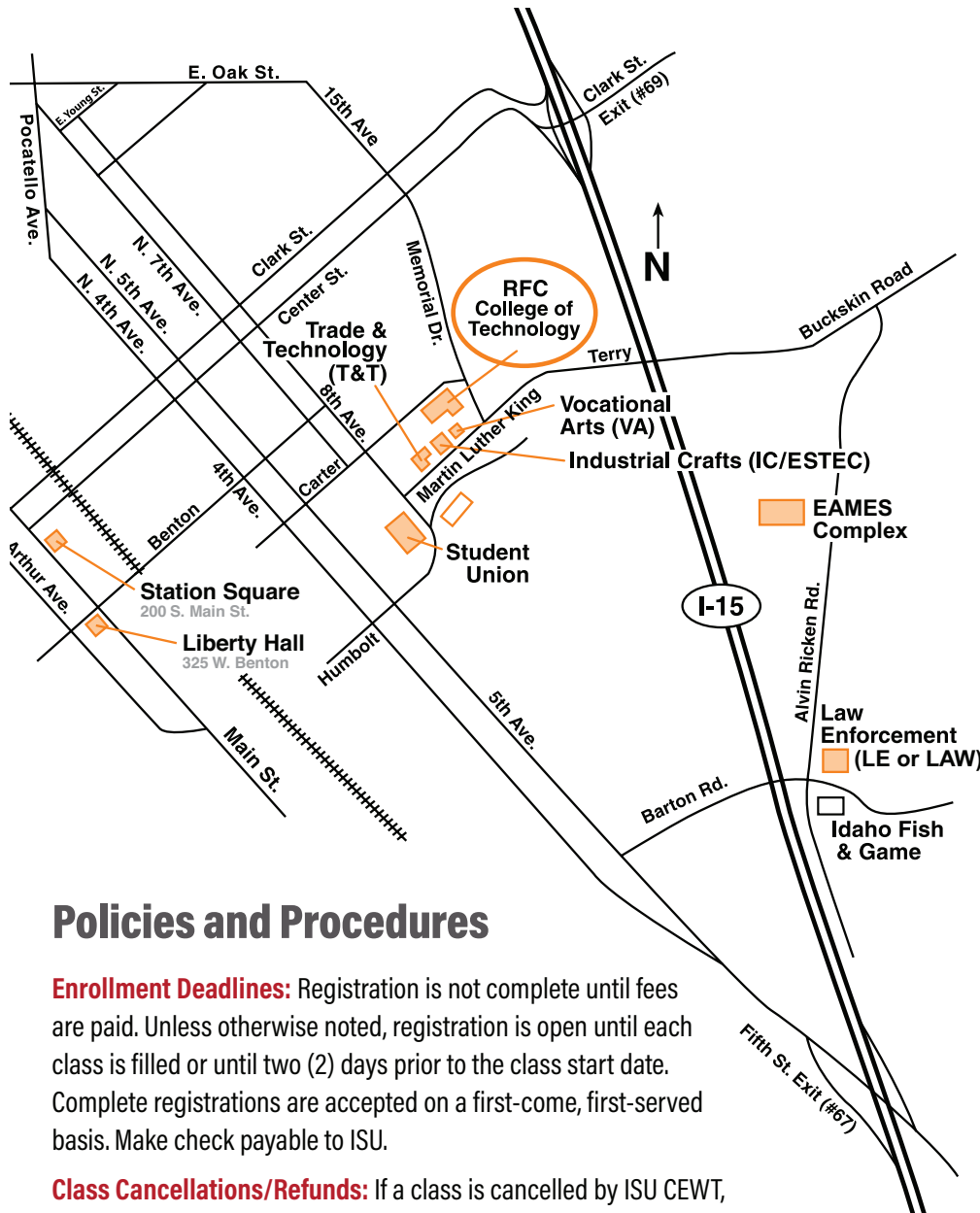
BY PHONE: (208) 282-3372 Phone-in registration will be accepted using Visa or MasterCard. Call (208) 282-3372 any weekday from 8 a.m. to 5 p.m. We will take your information over the phone, mail you an invoice or take your credit card information, and upon receipt of payment, you will be officially registered for class(es).

IN PERSON: Come to the CEWT office located in the **Roy F. Christensen Building (#48), Suite 184** (777 Memorial Drive), in Pocatello and have one of our customer service associates help you with the process. Payment can be made with cash, check, credit card (Visa or MC), or a signed Purchase Order.



Idaho State University

Continuing Education and Workforce Training



Policies and Procedures

Enrollment Deadlines: Registration is not complete until fees are paid. Unless otherwise noted, registration is open until each class is filled or until two (2) days prior to the class start date. Complete registrations are accepted on a first-come, first-served basis. Make check payable to ISU.

Class Cancellations/Refunds: If a class is cancelled by ISU CEWT, a full refund will be issued. If a class is dropped by a student, it must be done at least two days prior to the class start date to receive a full refund less a \$15 processing fee. If a two-day notice is not given, no refund will be issued.

Snow Policies and School Closures: If the university is closed during the day because of bad weather or some other emergency, our night classes are also cancelled. We will make every attempt to reschedule classes for students. In the event that ISU is not closed and the weather is inclement, use your best judgement. If in doubt, call 208-282-3372.

AA/EOC: Idaho State University subscribes to the principles and laws of the State of Idaho and the federal government, including applicable executive orders pertaining to civil rights. All rights,

privileges, and activities of the University are made available without regard to race, creed, color, sex, age, disability, national origin or veteran status. The University is an Equal Opportunity and Affirmative Action employer. Evidence of practices that are not consistent with such a policy should be reported to the Director of Equity and Inclusion Office, Located in the Rendezvous Building, Room 157 or call 208-282-3964.

ADA: Students having questions about accessibility or requesting reasonable accommodations as indicated in the Americans with Disabilities Act (ADA) or Section 504, should contact the Director of Disability Services, located in Rendezvous Bldg., Room 125 or call 208-282-3599.



**Idaho State
University**

NON PROFIT
US POSTAGE

PAID
Post Falls, ID
PERMIT NO. 32

Continuing Education and Workforce Training
921 South 8th Avenue, Stop 8380
Pocatello, ID 83209-8390

LWFT04

POSTAL PATRON



CUSTOM TRAINING FOR YOUR BUSINESS

CONTACT:
Scott Stephens, Business Consultant
scottstephens@isu.edu
cetrain.isu.edu/customized-training



**Idaho State
University**
Continuing Education
and Workforce Training