

## 3Friends for Learning Registration Form – Spring, 2023

*Please keep a copy of this form for your future reference.*

Name \_\_\_\_\_ *Please print clearly*

• **FFL Members:** List changes to address, e-mail or phone here \_\_\_\_\_

• **For new members only:** Please complete the following information:

Address \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_

### How to Register:

- Complete the Registration Form. Refer to the Course Catalog for details about each class.
- **Membership Fee** – The semester fee is \$20.00. (*Other course-specific fees may be assessed as needed by the instructor.*) Make the check out to ISU-FFL and follow mail-in instructions below.
- **Register Online at: [cetrain.isu.edu/ffl](http://cetrain.isu.edu/ffl)**
- **In-person registration:** If you wish to have help with registration, join us on campus, CHE 202 between 9:00-11:30 Wednesday, January 25<sup>th</sup>.

**You can just as easily download this Registration Form, fill it out and send it to the address below.**

- **Mail-in Registration:** Mail your Registration Class List and registration \$20.00 fee to:  
 Idaho State University  
 Continuing Education/Workforce Training - FFL  
 921 South 8<sup>th</sup> Avenue, Stop 8380  
 Pocatello, ID 83209

**Parking Passes:** All registries will need a parking pass this semester.

X	Course #	Course name	Date	Days	Time	Location
	4215	Parking Pass				
	4242	A Volunteer Opportunity				
	4577	8 Countries in 28 Days	5-16	Tues	1:00-3:00	CHE 213
	4578	A Chef's Life	2-9	Thurs	1:00-2:30	CHE 213
	4579	Aging, Body Wisdom part 1	4-19	Wed	1:00-2:30	CHE 217
	4580	Aging, Make Health a Hobby part 2	4-26	Wed	1:00-2:30	CHE 217
	4581	Aging, Processed Food is Detrimental...3	5-3	Wed	1:00-2:30	CHE 217
	4582	Aging, Movie It part 4	5-10	Wed	1:00-2:30	CHE 217
	4258	Anyone Can Paint ( \$25 at registration)	5-5	Fri	1:00-4:00	Grape Van Gogh 1500 Pancheri
	4583	Australia, New Zealand & Fiji	2-15	Wed	1:00-2:30	CHE 213
	4392	Bear Awareness and Safety	4-5	Wed	1:00-3:00	CHE 213
	4152	Bears and the Yellowstone Experience	6-21 to 6-25	5 days		Yellowstone Park
	4584	Benefits of Urban Trees	2-16	Thurs	1:00-2:30	CHE 213
	4585	Beyond Freeze Dried Basics	2-22	Wed	1:00-2:30	CHE 217
	4586	Bonn. County Fairgrounds Tour	5-23	Tues	11:00-12:30	1542 E 73 <sup>rd</sup> So
	4587	Book of Martyrs	3-21	Tues	1:00-2:30	CHE 213
	4545	Champs Heart Bridling the Healing Power	3-2	Thurs	10:00-12:00	988 S 45th East
	4588	Develop Worth and Independence	2-7	Tues	1:00-2:30	CHE 213
	4533	Dino of the Deep	4-19	Wed	10:00-11:30	Museum of Idaho
	4137	Double Deck Pinochle	2-6 to 5-22	Mon	12:00-3:00	Canton, 2173 E 17th
	4589	Downtown Walking Tour of Idaho Falls	5-11	Thurs	1:00-3:00	TBD
	4590	Dry Eye Disease	5-15	Mon	10:00-11:30	CHE 213
	4591	Dutch Oven Cooking with Doug	2-28	Tues	1:00-3:00	2141 W Saddle Lane
	4592	E Bikes- What's All the Fuss?	3-15	Wed	1:00-2:30	CHE 213

4593	Egypt- Pyramids, Pharaohs, and People	3-17	Fri	10:00-11:30	CHE 213
4323	Everyone Can Draw	3-9,16,23,30	Thurs	10:00-12:00	CHE 306
4594	Finland, Estonia, and Russia Tour	3-8	Wed	10:00-11:30	CHE 213
4433	Fitness Made Simple	2-6 thru 5-8	Mon	10:00-11:00	1542 E 73 <sup>rd</sup> S
4595	Forecasting Your Weather Daily	2-22	Wed	10:00-11:30	CHE 213
4596	Gardening Success in Three Easy Steps	3-15	Wed	10:00-12:00	CHE 213
4313	Geology of the Neighborhood	5-16	Tues	10:00-12:00	CHE 210
4597	Gyoza (Potstickers)	4-7	Fri	1:00-4:00	Bonn. County Ext. kitchen
4598	Ham Radio Repeaters and Teton Dam	3-22	Wed	10:00-11:30	CHE 213
4289	Hand and Foot Card Game	2-2 thru 4-13	Thurs	11:00-3:00	Leo's, 155 S Holmes
4599	Having Fun with Feng Shui	5-12	Fri	10:00-11:30	CHE 217
4600	History of Hair	5-9	Tues	10:00-11:30	CHE 217
4601	History of the Black Sea and Turkey	4-18	Tues	1:00-3:00	CHE 213
4602	How to Improve Brain Health as You Age	2-1,3-1,4-5, 4-26	Wed	10:00-11:30	CHE 213
4603	HWE What is it?	3-31	Fri	10:00-12:00	CHE 213
4121	HWE	varies			Varies
4604	Idaho Falls Downtown Development	4-14	Fri	10:00-12:00	CHE 213
4605	Idaho Falls Law Enforcement Interaction	4-21	Fri	1:00-3:00	CHE 213
4606	In Time of Need	3-28	Tues	1:00-2:30	CHE 213
4607	Spanish	2-6 thru 5-22		6:00-7:30	ZOOM
4608	Is an E Bike Right for You?	5-4	Thurs	10:00-11:30	CHE 210
4609	Lawn Sprinkler Maintenance and Installation	4-12	Wed	1:00-2:30	CHE 217
4610	Learn How to Cook Paella	3-30	Thurs	11:00-2:00	Bonn. County Fair- grounds, Kitchen
4611	Leigh Lake Canoe Trip	3-29	Wed	1:00-2:30	CHE 213
4218	Line Dance	2-3 thru 4-14	Fri	1:00-2:00	Development Workshop
4612	Little Dresses for Africa	4-27	Thurs	10:00-12:00	325 Elm St, Church
4613	Melaleuca Headquarter Tour	4-11	Tues	11:00-1:00	4609 W 65 <sup>th</sup> S
4614	Mike's File: A Story of Grief and Hope...	2-17	Fri	10:00-12:00	ZOOM
4615	Origami Tulips	3-7,9	Tue/Thur	2:00-4:00	CHE 306
4616	People and Pictures of PNG	2-21	Tues	1:00-2:30	CHE 213
4503	Pickleball Practice	4-6,13,20,27 5-4	Thurs	10:00-12:00	Lincoln Park Pickleball Com. 2280 Lincoln Rd.
4299	Potluck Spring Social	4-25	Tues	12:00-2:00	Lutheran Ch. 455 W. Sunnyside Rd
4188	Reader's Round Table	5-3	Wed	1:00-2:30	CHE 305
4617	Riding the Great Divide Mtn Bike Route	5-18	Thurs	10:00-12:00	CHE 213
4569	Shutterfly Photo Book Computer Class	3-30,4-,13 ,20,27	Thurs	1:00-4:00	CHE 202
4231	Singing For Fun	2-7 thru 5-15	Wed	1:00-2:00	4051 Cambria Dr.
4505	Spanish for Touring	3-17,24,31,4-7,14,21	Fri	10:00-11:30	CHE 305
4311	Summer Picnic (\$10 pay at registration)	8-8	Tues	5:30...	Tautphaus Park, Shelter 1
4618	Tapestry of American Religion	3-13,20	Mon	1:00-3:00	CHE 213
4572	Who's Afraid of the Brothers Grimm?	2-14	Tues	1:00-3:00	CHE 213
4573	Writing your Story	2-23,3-2,9,16,23	Thurs	1:00-3:00	CHE 217