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January 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25 FFL Registration Opens	26	27
30	31			



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February 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
		1 How to Improve Brain Health as You Age 10:00-11:30 CHE 213	2 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF	3 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
6 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	7 Develop, Worth & Independence 1:00 - 2:30 CHE 213	8 Singing for Fun 1:00-2:00 Home of Linda Hawley, 4051 Cambria Dr	9 A Chef's Life 1:00-2:30 CHE 213 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF	10 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
13 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	14 Who's Afraid of Brothers Grimm 1:00-3:00 CHE 213	15 Australia, New Zealand and Fiji Tour 1:00-2:30 CHE 213 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr	16 Benefits of Urban Trees 1:00-2:30 CHE 213 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF	17 Mike File: A Story of Grief & Hope 10:00-12:00 ZOOM Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
20 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	21 People & Pictures of Papua New Guinea (PNG) 1:00-2:30 CHE 213	22 Forecasting Your Weather 10:00-11:30 CHE 213 Beyond Freeze Dryer Basics 1:00-2:30 CHE 217 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr	23 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF Writing Your Story 1:00-3:00 CHE 217	24 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
27 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	28 Dutch Oven Cooking 1:00-3:00 2141 West Saddle Lane IF	Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr		



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March 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
		1 How to Improve Brain Health as You Age 10:00-11:30 CHE 213	2 Champ's Heart 10:00-12:00 988 S 45th East IF Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF Papa Tom's Pizza 1830 S Woodruff IF Writing Your Story 1:00-3:00 CHE 217	3 Line Dancing 2:00-3:00 Development Workshop 555 W 25th St IF
6 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	7 Origami Tulips 2:00-4:00 CHE 306	8 Finland Estonia Russia Tour 10:00-11:30 CHE 213 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr	9 Origami Tulips 2:00-4:00 CHE 306 Everyone Can Draw 10:00-12:00 CHE 306 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF Writing Your Story 1:00-3:00 CHE 217	10 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
13 Tapestry of American Religion 1:00-3:00 CHE 213 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	14 Linda Hawley,4051 Cambria Dr	15 Gardening Success in 3 Easy Steps 10:00-12:00 CHE 213 E-Bikes-What's all the Fuss 1:00-2:30 CHE 213 Singing for Fun 1:00 - 2:00 Home Of Linda Hawley,4051 Cambria Dr	16 Everyone Can Draw 10:00-12:00 CHE 306 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF Writing Your Story 1:00-3:00 CHE 217	17 Egypt:-Pyramids, Pharoahs & People 10:00-11:30 CHE 213 Spanish for Touring 10:00-11:30 CHE 305 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
20 Tapestry of American Religion 1:00-3:00 CHE 213 Fitness Made Simple 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	21 The Book of Martyrs 1:00-2:30 CHE 213	22 Ham Radio Repeater and Teton Dam 10:00-11:30 CHE 213 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr	23 Everyone Can Draw 10:00-12:00 CHE 306 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF Writing Your Story 1:00-3:00 CHE 217	24 Spanish for Touring 10:00-11:30 CHE 305 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF
27 Fitness Made Simple 10:00-11:00 Bonneville County Extension Intermediate Spanish 10:00-11:30 ZOOM Double Deck Pinochle 12:00-3:00 Canton Restaurant 2173 E. 17th St IF	28 In Time of Need 1:00-2:30 CHE 213	29 Leigh Lake Canoe Trip 1:00-2:30 CHE 213 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr	30 Learn How to Cook Paella 11:00-2:00 Bonneville County Fairgrounds Commercial Kitchen Everyone Can Draw 10:00-12:00 CHE 306 Hand & Foot Card Game 11:00-3:00 Leo's 155 S Holmes IF Shutterfly Photo Book 1:00-4:00 CHE 202	31 HWE Class: What Is It 10:00-12:00 CHE 213 Spanish for Touring 10:00-11:30 CHE 305 Line Dancing 1:00-2:00 Development Workshop 555 W 25th St IF



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April 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
<p>3 <i>Fitness Made Simple</i> 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 Canton Restaurant 2173 E. 17th St IF</p>	<p>4</p>	<p>5 How to Improve Brain Health as You Age 10:00-11:30 CHE 213 Bear Awareness and Safety 1:00-3:00 CHE 213 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr</p>	<p>6 <i>Pickleball Practice</i> 10:00-12:00 Lincoln Park Pickleball Complex 2280 Lincoln Road, IF <i>Hand & Foot Card Game</i> 11:00-3:00 Leo's 155 S Holmes IF</p>	<p>7 Gyozas (Potstickers) 1:00-4:00 Bonneville County Fairgrounds Commercial Kitchen <i>Spanish for Touring</i> 10:00-11:30 <i>Line Dancing</i> 1:00-2:00 Development Workshop 555 W 25th St IF</p>
<p>10 <i>Fitness Made Simple</i> 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 Canton Restaurant 2173 E. 17th St IF</p>	<p>11 Melaleuca Headqtr Tour 11:00-1:00 Melaleuca Global Headquarters 4609 W. 65th South IF</p>	<p>12 Lawn Sprinkler Maintenance & Install 1:00-2:30 CHE 217 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr</p>	<p>13 <i>Pickleball Practice</i> 10:00-12:00 Lincoln Park Pickleball Complex 2280 Lincoln Road, IF <i>Hand & Foot Card Game</i> 11:00-3:00 Leo's 155 S Holmes IF Shutterfly Photo Book 1:00-4:00 CHE202</p>	<p>14 Idaho Falls Downtown Dev Corp 10:00-12:00 CHE 213 <i>Spanish for Touring</i> 10:00-11:30 CHE 305 <i>Line Dancing</i> 1:00-2:00 Development Workshop 555 W 25th St IF</p>
<p>17 <i>Fitness Made Simple</i> 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 Canton Restaurant 2173 E. 17th St IF</p>	<p>18 History of the Black Sea & Turkey 1:00-3:00 CHE 213</p>	<p>19 Dinos of the Deep (Underwater) 10:00-11:30 Museum of Idaho 200 N Eastern Ave Aging, Body Wisdom Part 1 1:00-2:30 CHE 217 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr</p>	<p>20 <i>Pickleball Practice</i> 10:00-12:00 Lincoln Park Pickleball Complex 2280 Lincoln Road, IF Shutterfly Photo Book 1:00-4:00 CHE202</p>	<p>21 Idaho Falls Law Enforcement Interfaces 1:00-3:00 CHE 213 <i>Spanish for Touring</i> 10:00-11:30 CHE 305</p>
<p>24 <i>Fitness Made Simple</i> 10:00-11:00 Bonneville County Extension Office 1542 E 73rd S <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 Canton Restaurant 2173 E. 17th St IF</p>	<p>25</p>	<p>26 How to Improve Brain Health as You Age 10:00-11:30 CHE 213 Aging, Make Health Your Hobby Part 2 1:00-2:30 CHE 217 Singing for Fun 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr</p>	<p>27 Little Dresses for Africa 10:00-12:00 First Presbyterian Church 325 Elm St IF <i>Pickleball Practice</i> 10:00-12:00 Lincoln Park Pickleball Complex 2280 Lincoln Road, IF Shutterfly Photo Book 1:00-4:00 CHE202</p>	<p>28</p>



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May 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
<p>1 <i>Fitness Made Simple</i> 10:00-11:00 <i>Bonneville County Extension</i> <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 <i>Canton Restaurant</i> 2173 E. 17th St IF</p>	<p>2</p>	<p>3 Readers Roundtable 1:00-2:30 CHE 305 Aging, Processed Foods is Detrimental Part 3 1:00-2:30 CHE 217 <i>Singing for Fun</i> 1:00-2:00 Home of <i>Linda Hawley,4051 Cambria Dr</i></p>	<p>4 Is an E-Bike Right for You 10:00-11:30 CHE 210 <i>Pickleball Practice</i> 10:00-11:30 <i>Lincoln Park Pickleball Complex</i> 2280 Lincoln Road, IF</p>	<p>5 Anyone Can Paint 1:00-4:00 The Grape Van Gogh 1500 Pancheri IF</p>
<p>8 <i>Fitness Made Simple</i> 10:00-11:00 <i>Bonneville County Extension Office</i> 1542 E 73rd S <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 <i>Canton Restaurant</i> 2173 E. 17th St IF</p>	<p>9 History of Hair 10:00-11:30 CHE 217</p>	<p>10 Aging, Move It Part 4 1:00-2:30 CHE 217 <i>Singing for Fun</i> 1:00-2:00 Home of Linda Hawley,4051 Cambria Dr</p>	<p>11 Downtown Walking Tour of IF 1:00-3:00</p>	<p>12 Having Fun With Feng Shui 10:00-11:30 CHE 217</p>
<p>15 Dry Eye Disease 10:00-11:30 CHE 213 <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 <i>Canton Restaurant</i> 2173 E. 17th St IF</p>	<p>16 Geology of the Neighborhood 10:00-12:00 CHE 210 8 Countries in 28 Days 1:00-3:00 CHE 213</p>	<p>17 <i>FFL Potluck Spring Social</i> <i>Lutheran Church on</i> <i>455 WSunnyside Rd. at 12:30 pm</i> <i>Singing for Fun</i> 1:00 - 2:20 home of Linda Hawley, 4051 Cambria Dr.</p>	<p>18 Riding the Great Divide Mtn Bike Route 10:00-12:00 CHE 213</p>	<p>19</p>
<p>22 <i>Intermediate Spanish</i> 10:00-11:30 ZOOM <i>Double Deck Pinochle</i> 12:00-3:00 <i>Canton Restaurant</i> 2173 E. 17th St IF</p>	<p>23 Bonneville County Fairgrounds Tour 11:00-12:30 Bonneville County Fairgrounds 1542 E 73rd S</p>	<p>24</p>	<p>25</p>	<p>26</p>
<p>29</p>	<p>30</p>	<p>31</p>		



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June 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21 Bears and the Yellowstone Experience Yellowstone National Park 5 Day Trip	22	23
26	27	28	29	30



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August 2023

Spring Semester

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8 FFL Summer Picnic & Annual Meeting Tautphaus Park Shelter 1 5:30 pm	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	