









"We don't do it for the money. We don't do it to get paid. We don't do it for the glory. But for the life that might be saved."

– Anonymous



# Triumph Over Trauma

February 6-8, 2025

ISU Pond Student Union • Pocatello, ID









### **EMC 2025**

### **Welcome to ISU's Annual Emergency Medicine Conference!**

The conference was developed to provide EMTs, paramedics, first responders, emergency physicians, nurses, and other direct-care workers with up-to-the-minute information on a wide variety of topics in emergency medicine. Presenters for this year's conference were selected based on expertise in an area of practice and their ability to convey current, evidence-based, practical information on their area of emergency medicine. The conference format includes lectures, a panel discussion, smaller group breakout sessions, case studies, practical exercises, and question-and-answer sessions. We're glad you are able to join us!

### **Keynotes & MC**



### **KEVIN GRANGE**

### Firefighter/Paramedic for Jackson Hole Fire/EMS

Kevin Grange is the award-winning author of Wild Rescues: A Paramedic's Extreme Adventures in Yosemite, Yellowstone, and Grand Teton, as well as Lights and Sirens: The Education of a Paramedic. Kevin graduated from UCLA's Paramedic Program and currently works as a Firefighter/Paramedic for Jackson Hole Fire/EMS. He is certified to teach Advanced Cardiac Life Support, Pediatric Advanced Life Support and earned his EMT-Tactical (EMT-T) from the Counter Narcotics and Terrorism Operational Medical Support Program. Kevin speaks annually at the World Extreme Medicine Conference in Scotland and has also lectured at EMS Today, the Ski & Mountain Trauma Conference in Sun Valley, and at EMS Refreshers for the National Park Service. Kevin is also a member of the Teton Interagency Peer Support (TIPS) team which provides mental health support and stress management for first responders in Teton County, Wyoming. When he's not working, Kevin enjoys skiing, mountain biking, and trail running with his wife and golden retriever in the Tetons. Visit him at: www.kevingrange.com



JAMES PERRY
Captain/Paramedic, Pocatello Fire Department

James Perry started his career in emergency services as a Volunteer with the Chubbuck Fire Department. He is employed with the Pocatello Fire Department as a Captain/Paramedic where he has been serving for the last 21 years. During that time, he has been involved in USAR, hazmat, fire investigation, and as an AHA CPR Instructor. James is a co-lead instructor for ISU's EMT course and has enjoyed training EMTs for almost a decade. He dedicates time in community service and has volunteered as a United Way board member, youth hockey coach, Scouts BSA, and was the first Skipper of the only Sea Scout Ship in Southeast Idaho. James is currently serving as the 2nd Vice President of the Idaho Chapter of the International Association of Arson Investigators. James and his amazing wife, Lindsay, have four wonderful children. James enjoys spending time with his family, spending time in the outdoors, woodworking, and his humorous dad jokes.

Presenters 3

### **MARA ADDITON, MD**

## Associate Trauma Medical Director, Portneuf Medical Center

General and Trauma Surgeon, Portneuf Medical Center Dr. Additon, born and raised in Boulder, CO, is a board certified general and trauma surgeon. She attended the University of Oregon where she earned her bachelor's degree in biochemistry (with a minor in mathematics); She completed medical school and residency at the University of Colorado.

#### **CURT ANDERSON**

# Professor Biological Science, Idaho State University

Curt Anderson is a Professor of Physiology at Idaho State University where he has taught for 27+ years. His PhD is in Comparative Physiology and Neuroscience and teaches human anatomy and physiology and neuroscience for multiple health professions, as well as comparative physiology and comparative anatomy. Widely published from comparative evolutionary neuroanatomy and neuroethology to philosophy and medical ethics, he has yet to find a focus. His latest textbook 'Comparative Animal Physiology: Form, Function and Adaptation' is due out of the publisher this year. His research ranges from the evolution of the brain to the science of mindfulness and meditation. Dr Anderson raced sleddogs for 20 some years, and now bides his time raising the worlds coolest daughter, working as a volunteer EMT, flyfishing, hiking, golfing and staring blankly at the night sky.

#### **MORGAN ANDERSON**

### Southeastern Idaho Public Health

Morgan Anderson is a Health Education Specialist at Southeastern Idaho Public Health, bringing nearly five years of experience in public health. He has contributed to a variety of impactful areas, including epidemiology, youth tobacco prevention, and, most recently, as the coordinator for the Drug Overdose Prevention Program in southeastern Idaho. In his current role, Morgan leads initiatives focused on drug overdose prevention, harm reduction, and community education, striving to address the complex challenges posed by the opioid crisis. His work includes collaboration with healthcare providers, policymakers, and local organizations to implement evidence-based strategies that improve community health and save lives. As a lifelong resident of southeastern Idaho, Morgan is deeply committed to improving outcomes for individuals facing substance use disorders and reducing overdose fatalities throughout the region.

#### RYAN BALLARD MICP, FP-C, NRP

# Paramedic Supervisor, Star Valley Health, Wyoming

Ryan has been working in EMS for the last 20 years. Former US Army flight medic on UH & HH model Blackhawk helicopters,

deployments in support of OEF. Paramedic preceptor, ACLS, PALS, PHTLS instructor. Tactical Paramedic for the City of Ceres, CA SWAT team. Ryan began his EMS career in a large urban system for 15 years. I am currently working in a remote portion of Wyoming known for backcountry activities.

### KAREN BEATTIE, PT, RYT 500, WFR

Karen is a volunteer backcountry ranger in Grand Teton National Park (GTNP) serving a dual role there as ranger, physical therapist, and voga instructor to the Jenny Lake Climbing Rangers and GTNP staff. Karen earned her Bachelor of Health Sciences in Physical Therapy from The University of Florida in 1982. Karen holds current licensure in Physical Therapy in South Carolina and is Certified Yoga Teacher (500 RYT), Registered Yoga Alliance Member, BLS responder, Wilderness First Responder, CPR and Wilderness and Remote First Aid Instructor. Additional Relevant PT Work Experience include working in ICU environments at level one trauma centers, acute care, orthopaedic, home health, school settings and wilderness settings from 1982 to present. She served as a Backcountry Assistant Scoutmaster for Boy Scouts of America (BSA - 2002-2019), Venture Crew Leader (BSA - 2008-2018), Adult leader and Medic for 14-day backcountry treks at Philmont Scout Ranch (BSA - 2008, 2012, 2014 Volunteer Boy Scouts of American (Indian Waters Council). She is actively involved in teaching and course development with the Wilderness Physical Therapy Educators LLC.

### PAUL BEATTIE, PhD, PT, FAPTA, WEMT

# Clinical Professor Emeritus, Department of Exercise Science, University of South Carolina

Dr. Paul Beattie is Distinguished Clinical Professor Emeritus in the Arnold School of Public Health at the University of South Carolina. Dr. Beattie received a BS degree in Physical Therapy from Quinnipiac College, a master's degree in Orthopedic Physical Therapy from the Medical College of Virginia, and a PhD in Exercise Science from the University of New Mexico. He is currently the co-principal investigator on a large DoDfunded clinical trial investigating the treatment of tibial stress fractures in military trainees and is a co-investigator on an NIH R01 grant investigating the effect of back pain on brain activity. Dr. Beattie has over 150 publications covering a wide array of topics including pain assessment, lumbar MRI, intervertebral disc disease and wilderness medicine. He is also a Wilderness EMT who has assisted with battlefield emergencies as a member of the US Army during the Vietnam war and since that time has many years of providing patient care in a wide array of back country environments as a medical volunteer. Paul currently serves as a seasonal volunteer backcountry ranger at Grand Teton National Park and is co-owner of Wilderness PT Educators, LLC.

### **CHRISTIAN BEAUREGARD, DO**

#### **ISU Wilderness Fellow**

Christian is currently a Fellow in Wilderness and Austere Medicine at Idaho State University in the Department of Family Medicine. He completed medical school at the University of New England College of Osteopathic Medicine and did his family medicine residency at HCA/Tufts University School of Medicine – Portsmouth Regional Hospital Family Medicine Residency. Christian just finished his Diploma in Mountain Medicine through the University of New Mexico International Mountain Medicine Center. In his spare time, you can find him skiing, mountain biking, rock climbing, mountaineering, camping, and hiking

### **RAY BINGHAM**

### Physical Therapist, Wound Care Specialist, & Burn Outreach Coordinator / Educator Eastern Idaho Regional Medical Center

Ray Bingham is an experienced physical therapist with over 24 years of expertise in wound care. For the last year, he has worked as a burn outreach coordinator and educator for Eastern Idaho Regional Medical Center (EIRMC). In this role, Ray provides burn management training and educational resources to healthcare professionals, community organizations, and EMS personnel around Idaho, Wyoming, and Montana. Through his work, he promotes ABLS principles focused on emergent management of burn injuries.

### **KENNEDY (LITTLEDIKE) BINGHAM**

Bingham is 20-year-old woman whose life took a transformative turn at the age of 16. Enduring a life-changing experience, she found strength and determination to rise above challenges. With unwavering perseverance, she is embracing each opportunity to grow and inspire others with her remarkable journey.

### MICK COWARD, PARAMEDIC

Mick retired this past year from the Pocatello Fire Department where he has worked since 1993 and has been a paramedic on the ambulance since 1999. Mick is also a CPR and EMS Instructor, coordinating and instructing courses for the Pocatello Fire Department/ Bannock County Ambulance, volunteer agencies, and recently joined the ISU CEWT EMT instructor team. Mick earned a Bachelor of Science Degree in Marine Engineering from the United States Merchant Marine Academy, and is a graduate of Navy Nuclear Power School.

#### **ERIC DAY, PARAMEDIC**

Day had his initial EMT training and job as a Firefighter EMT with Rural Metro in Tucson 1993. He moved to Idaho Falls Fire in 1995 where he obtained his paramedic license in 1999 and then worked concurrently for Air Idaho as flight paramedic before promoting to Captain at IFFD in 2012. Day was promoted to EMS Division Chief in 2015. During his tenure as EMS Chief he served on the Regional Healthcare Coalition, EMSAC and TSE boards. He is currently the Chairman of the Region 6 TSE committee. Day also served as a representative

on the State EMS Taskforce representing EMS in Eastern Idaho. He is proud to promote EMS in our region and to serve our responders however he can.

#### **WAYNE A. DENNY - MA**

### Bureau of Chief Idaho Bureau of EMS and Preparedness

Wayne is the Chief of the Idaho Bureau of Emergency Medical Services and Preparedness. He has been with the Bureau since January 2005 and managed both the EMS Systems Development and EMS Standards and Compliance Sections prior to being promoted to Bureau Chief in 2011. Wayne spent 21 years in uniform, serving in the U.S. Army Medical Command in a variety of units and positions. Wayne holds a master's degree in management and is a graduate of all army enlisted leadership/management academies including the Sergeant's Major Academy.

### JR. FARNSWORTH

### Firefighter/EMT. Fire Chief. Chief Deputy Coroner. NREMT EMT-B. D-ADMDI. BS-Fire Science. MBA.

Graduate of Purdue University Global and Idaho State University. Committed to a life of service to Southeast Idaho.

### **JORDAN FERRO, PHARMD, BCPS**

Jordan is a Clinical Associate Professor in the Departments of Family Medicine and Pharmacy Practice. He earned his Doctor of Pharmacy from the Idaho State University College of Pharmacy in 2016. After completing his degree, he pursued a two-year Pharmacotherapy Residency with the Idaho State University Department of Family Medicine and College of Pharmacy. Following residency, he became faculty with ISU in 2018. He maintains his Board Certification in Pharmacotherapy and has clinical experience in both inpatient and outpatient settings. He currently practices Adult Inpatient Medicine at Portneuf Medical Center, affiliated with the ISU Department of Family Medicine. Previously, he spent five years providing Ambulatory Care pharmacy services and education with the ISU Department of Family Medicine at Health West ISU. In addition to his clinical practice, Dr. Ferro serves as the Residency Program Director for the Combined PGY1/PGY2 Pharmacotherapy Residency Program, working closely with both the Family Medicine and Pharmacy Practice departments. His professional interests include interdisciplinary education and training, infectious diseases, endocrinology, cardiovascular disease, and quality improvement. In his spare time, he is an avid skier, mountainbiker, golfer, and flyfisher.

### **JORGE DE AMORIM FILHO, MD**

### General and Trauma Surgeon, Portneuf Medical Center

Dr. Amorim, born and raised in Sao Paulo, Brazil, is a board certified general and trauma surgeon. He attended the University of Utah where he earned his bachelor's degree in

biology (with a minor in chemistry); He completed medical school and residency at the University of Utah

### **CURTIS GEARHARDT, BSN, RN**

# Simulation Coordinator ISU College of Technology Health Occupations

Curtis began his career in nursing in 2015 as an Army LPN (68C). He received his BSN from BYU-I in 2019. He worked in Med-Surg and Postpartum at Mountain View Hospital and trained in Emergency Trauma care in the Army Reserves while finishing his BSN. After graduating he worked as an RN at EIRMC in the NICU for 3 years. He enjoys applying his experience to recreate the healthcare environment in simulations to better prepare healthcare professionals. Hobbies include hunting, archery and reading.

### MEAGHAN WHEELER-GRANGE FIREFIGHTER/PARAMEDIC

### Jackson Hole Fire/EMS

Grange is a native of coastal Massachusetts and grew up adventuring in the lakes, streams and forests of the White Mountains in New Hampshire. She thrived on every opportunity to explore, to learn and to dream in the outdoors. Attending the University of Vermont for a BS in Molecular Genetics and Microbiology was a natural fit for her as she transitioned her wilderness experiences to the Green Mountains. After graduating she went in pursuit of larger mountains and a deeper snowpack, heading to Squaw Valley CA for several years and then transitioning to Jackson Hole. Some of her most valuable learning experiences have come from sharing the outdoors. She has gained wonderful insight from travel in areas such as Nepal, Antarctica, Tanzania, Patagonia, and the Alps. In 2014 she returned to Conway, NH to obtain her WEMT certification with SOLO which led to her current position with Jackson Hole Fire/EMS as a Firefighter/Paramedic. The multidimensional nature of all hazards response in a wildland/ urban environment and the positive impact we can have on our community has been a life changing experience. She has worked as an ACA certified Kayak & SUP instructor, Alpine Ski Coach, and Ski Guide for Alaska Rendezvous Heli Ski Guides. A lifelong learner, Grange has found joy adding Swiftwater Rescue Tech, Rigging for Rescue, Avalanche Pro 2, and Red Cross BLS CPR Instructor to her "bag of tricks." When not working she can be found trail running with her husband and our fur friend Asher, reading a book, daydreaming about future adventures or out in her garden. As the new owner of Jackson Hole Outdoor Leadership School, she loves instructing, sharing her knowledge with others and learning something new from each and every student.

### DARREN HEARN PT, PhD, WEMT

Performance Scientist at Booz | Allen | Hamilton | US Army Physical Therapist | Fort Bragg, NC | Adjunct Professor at South College

Darren is an Orthopaedic Physical Therapist (PT) and Performance Scientist and is honored to be working primarily

with the military at Fort Bragg, NC. He also volunteers with a local SAR team, is a Wilderness EMT, and is passionate about understanding how PTs can serve and assist first responders. Darren earned his BS degree from the United States Military Academy, West Point, NY in 2002, his Doctor of Physical Therapy from the University of St. Augustine in 2007 and his PhD from the University of North Carolina, Chapel Hill in 2020. In his military capacity, he has deployed to Iraq and Afghanistan serving in a variety of capacities.

### DARIN JERNIGAN, MS, DPT, WEMT

# Director Rehabilitative Programs and Department Co-Chair Health Occupations

### College of Technology, Idaho State University

Dr. Darin Jernigan holds a Master's degree in Physical Therapy from the University of the Pacific and a Doctor of Physical Therapy (DPT) degree from Idaho State University. With over two decades of service as an educator at Idaho State University, Dr. Jernigan specializes in Anatomy and Physiology, Therapeutic Exercise, Neurological Rehabilitation, and Wilderness Emergency Medicine. Dr. Jernigan's extensive expertise extends to Emergency Medical Services (EMS) education, having served as an instructor for annual EMT refresher courses at Grand Teton National Park (GTNP). He worked as a seasonal climbing ranger, EMS provider, and Search and Rescue (SAR) Coordinator at GTNP from 1998 to 2017. During that time, he participated in hundreds of SAR missions across Wyoming, Idaho, Colorado, Montana, and Alaska; including technical rescues on rock, snow, and ice, often involving the use of a helicopter. With nearly 40 years of experience as an accomplished climber and mountaineer, Dr. Jernigan integrates his practical knowledge of wilderness with academic expertise. He is a frequent speaker at regional and national conferences on Physical Therapy and Emergency Medical Services.

#### **ERIC KING**

Fire Chief/EMS Director, Fort Hall Fire and EMS District

### **SUSAN MARION, PHD**

# Lecturer, Department of Biological Sciences Idaho State University

Dr. Marion teaches Anatomy and Physiology, prepares prosections, and studies the effects of hippotherapy on the kinematics of seated balance. She received a PhD in Anatomy from the University of North Dakota, her home state, and a second PhD in Biomedical Engineering from the University of California, Davis.

### DREW W. MCROBERTS, MD

Chief of General Surgery, Trauma Director, Portneuf Medical Center (also affiliated with Skyline Surgery Center)

Dr. McRoberts is Board Certified in General Surgery, a Fellow of the American College of Surgeons, and co-founder of Portneuf Surgical Specialists. He serves as Chief of Surgery and Trauma Director for Portneuf Medical Center. Dr. McRoberts is a Pocatello native. He has been practicing general and trauma surgery in Pocatello since 1995.

### BALA NAPA, MD., FRCP., FRCPI., FAAP

Medical Director of Pediatric Intensive Care and Pediatric Hospital Medicine | Pediatrix Medical Group at Eastern Idaho Regional Medical Center | Idaho Falls and Portneuf Medical Center, Pocatello, Idaho

Dr. Napa completed his pediatric residency at the Mayo Clinic, Rochester, MN and his pediatric intensive care fellowship training at the Children's Hospital of Wisconsin, Milwaukee. His international fellowships include Fellow of the Royal College of Physicians, UK and Fellow of the Royal College of Physicians of Ireland.

### **LUKE NELSON, PA-C, DIMM**

# Owner of Alpine Endurance Medicine, a wilderness medicine and consulting firm; Medical Director OARS

Luke is a Ski Patroller, heavily involved in the education of patrollers in the fields of Outdoor Emergency Care, Avalanche, and Mountain Travel and Rescue. Partner at Idaho Sports and Spine.

### **ROBIN NIELSEN, EMT, BS**

### **EMT Coordinator Bannock South**

EMT and CPR Instructor ISU CEWT Robin has been an EMT for 12 years. He is a math teacher at Connor Academy and EMT and CPR for ISU CEWT. He loves to teach!

### **TODD ORR**

#### Patrol Sergeant Idaho State Police

Todd Orr began his law enforcement career with the Chubbuck Police Department in 2003 after time in the United States Marine Corps and working in the private sector. He has been employed with the Idaho State Police for 13 years and is currently a Patrol Sergeant for the Idaho State Police District 5 office in Pocatello. While in law enforcement, Sgt. Orr has been a member of a drug suppression team, participating in numerous multi-agency D.U.I. taskforce patrols. He is a breath testing specialist, standardized field sobriety test instructor and an internationally certified drug recognition expert. Sgt. Orr graduated from ISU with a bachelor degree in History. He holds his general topics instructor certificate through Idaho POST and teaches about drug influence throughout Idaho

### **COLTON PHIPPEN, MD**

Colton completed medical school at Michigan State University. After being in the Midwest for 4 years, he's pretty stoked to be back in the mountain west for Family Medicine Residency at Idaho State University. He will graduate in 2025 and go on to a Palliative Care Fellowship at Dartmouth. Colton is in the residency's Wilderness Medicine Area of Concentration and

loves to rock climb, ski, fly fish, and go canyoneering.

### **MIKE PRICE, EMT**

Mike has served with Bannock County Search and Rescue for seven years, taking on roles as EMT, Training Officer, and Team Lead. He is also a part-time firefighter with the Chubbuck Fire Department and an instructor with ISU's EMT program. Mike enjoys spending his free time with his wife and two young children, as well as exploring local trails on foot or by motorcycle.

### JAMES RHOM, BS, NRP

# Community Health EMS Supervisor for St. Luke's Health System's Magic Valley Paramedics, Twin Falls, Idaho.

James has been a Paramedic for twelve years, working across clinical and leadership roles in public and private entities. He graduated from the College of Southern Idaho with an A.A.S. in Paramedic and a B.S. in Emergency Management from Idaho State University. He has been an adjunct faculty member for the College of Southern Idaho EMS programs since 2013. He is a champion for the intersection of EMS and public health, promoting risk reduction strategies in the community.

### **ADAM ROTH, PARAMEDIC, (NRP)**

Operations Supervisor for Acute Rescue and Transport in Pocatello ID, and part-time as a Paramedic for Intermountain Cassia Paramedics in Burley ID. Adam has been involved in Fire and EMS for nearly 20 years. He graduated from Utah Valley University in 2005 with Associates degrees, in Microbiology, Fire Science, and Paramedicine. He has worked in nearly every aspect of EMS including volunteer/full-time firefighter, a Flight Paramedic and Private ambulance services. He became a certified instructor in 2008 and has helped teach, or run several EMT-basic courses and loves to help train future EMS providers. He is the Owner/Instructor for Life Savers 101 where he teaches First-Aid and Basic Life Support to High School Students and members of the community looking for certification. Adam is married to Catherine Roth, a NICU Nurse at Portneuf Medical Center. They are the parents of 5 amazing children. In his free time, he enjoys spending time with his family and watching/coaching his children in their various sporting activities.

### **CURTIS C. SANDY, MD**

### Director of EMS Portneuf Medical Center/ Medical EMS Director

Dr. Sandy is an emergency medicine and EMS physician at Portneuf Medical Center. He is board-certified in Emergency Medicine with sub-board certification in EMS. He has over 37 years of EMS experience as an EMT, paramedic, flight physician, tactical physician and EMS medical director. He is medical director for several EMS agencies throughout Idaho including the EMT and AEMT program at ISU and paramedic program for the College of Southern Idaho. He is a founding member and current chair of the Idaho EMS Physician

Commission, member of the Idaho TSE Council and state EMSAC. He has special interest and expertise in operational EMS including tactical medicine and wildland fire medical operations.

### SAM SCHWAB, PARAMEDIC

Sam Schwab, a dedicated and experienced professional in the field of emergency medical services, brings knowledge, experience, and a deep commitment to learning and education. With a background deeply rooted in compassion and service, Sam's journey has been impacted by milestones that have shaped his expertise and perspective. Born and raised in Bellevue, Idaho, Sam's formative years were built on family ethics centered around empathy and generosity. Sam's educational journey began with the pursuit of an EMT certification, marking the first step in a career dedicated to saving lives and providing vital medical care. Guided by a commitment to excellence, Sam advanced his training, becoming a paramedic. Recognizing the transformative impact of quality instruction, Sam embraced the role of educator, helping shape the knowledge and skills of aspiring EMS providers. Beyond his professional pursuits, Sam finds joy in a diverse array of interests. From navigating scenic biking trails, cooking, and enjoying family and friends, he approaches life with the same love that characterizes his commitment to healthcare and education. However, primarily, Sam's proudest role is that of a parent, nurturing a daughter named Penelope and instilling in her the same values of compassion and care that have guided Sam's journey.

#### DAVE SMITH PTA, MS

### Physical Therapist Assistant, Clinical Senior Instructor ISU, Health Occupations Education Specialist

Dave Smith is a dedicated Physical Therapist Assistant with over 15 years of experience providing care in a variety of settings. As an instructor at the ISU College of Technology since 2016, Dave teaches courses such as Medical Terminology, Anatomy and Physiology, Pathology, and Kinesiology, sharing his expertise with the next generation of healthcare professionals. An Idaho State University and University of Utah alumnus, Dave holds a BS in Health Science and an MS in Health Promotion and Education. He is also a Certified Biomechanics Specialist. Throughout his career, Dave has worked with veterans, provided therapy to individuals with neurological conditions, and found ways to combine his passions for teaching and physical therapy. Outside of work, Dave is an avid runner, outdoorsman, and lover of all things nature. He enjoys spending time with his wife and three children, often in the mountains, hiking, camping, or exploring with their two Vizslas.

### CAMI TAYSOM, RN, CEN, CPEN,

# Portneuf Medical Center/NOLS Wilderness Medicine Instructor

Cami Taysom, RN, CEN, CPEN balances running Caribou

Yurt B&B with working as an emergency nurse and diabetes educator at Portneuf Medical Center. Her time priorities include family (especially the grandkids) and friends, mountain biking, rock climbing, mountaineering, backcountry skiing, and hiking trails with her dogs. Cami currently volunteers for the Pebble Creek Ski Patrol. Cami considers teaching wilderness medicine for NOLS one of her most fulfilling and rewarding activities, as she enjoys building relationships with other like-minded folks who are committed to helping others and choose healthy outdoor adventure as a way of life.

# LANCE TAYSOM RN, CEN, CFRN, EMT-P Flight Nurse/Paramedic. Wilderness Medicine Instructor for NOLS.

Works with EMS providers of all levels, teaching outdoor survival skills and developing wilderness patient-care protocols for outdoor schools and guiding companies. Lance has spent several climbing seasons volunteering as a High Altitude Ranger on Denali and currently volunteers for the Pebble Creek Ski Patrol. Lance enjoys building projects in remote locations and helping Cami with the Caribou Yurt.

### IAN TROESOYER, DNP, FNP-BC Southeastern Idaho Public Health

Ian Troesoyer is a board-certified Family Nurse Practitioner. He earned his Doctor of Nursing Practice from Idaho State University. Ian deeply enjoys spending time getting to know his patients and learning how he can best help them. He is drawn to public health for the opportunity to find answers to systemic challenges that affect the health of entire communities. He feels honored to work for all the people of Southeastern Idaho, regardless of their ability to pay or otherwise access typical healthcare services. He is passionate about preventive health, primary care, evidence-based medicine, and data science. In his free time, Ian loves playing music, adventuring outside, and spending time with his wife and 2 kids.

### **LAUREL WHITTEMORE, CFRN**Life Flight Network

Laurel has been a Critical Care and Emergency nurse for 20 years with 15 years of both flight and ground transport. She has enjoyed multiple leadership roles and has extensive teaching experience both at work and in communities. Laurel has also completed multiple humanitarian missions including nursing relief in New Orleans after Hurricane Katrina, assisting in the shelters during the Paradise Fires in California, and multiple local church and community efforts to relieve hunger, turn away from drug use, build healthy communities, and mentor youth. In her free time, Laurel enjoys running, biking, and hiking, and working at her family's fruit ranch.

#### **PARKER WILLIAMS**

#### **Portneuf Medical Center**

Parker Williams is the Emergency Management and Injury Prevention Coordinator for Portneuf Medical Center. As an

Injury Prevention Coordinator, Parker gets the opportunity to teach community members life-saving skills, such as Stop the Bleed—and enjoys being a resource for education. Parker graduated from Idaho State University with his Master's degree in Homeland Security & Emergency Management in 2022.

### **DEB WRIGHT, AEMT**

# Lead AEMT/EMT/CPR Instructor ISU College of Technology

CEWT Debra Wright graduated from Ricks College in 1984 with an Emergency Medicine degree. She also received the Hope B Jones Award for being the Outstanding Emergency Medical Student. Since graduating, Debra has had many opportunities to use her knowledge and increase her expertise. Her current positions include Lead EMT Instructor for ISU's Workforce Training Program, EMT Instructor at the College of Eastern Idaho, and Advanced EMT at the Shelley/Firth QRU, where she previously served as Chief Deputy. She is currently the Outdoor Emergency Care Supervisor of the Intermountain Division of the National Ski Patrol and a member of the Kelly Canyon Ski

Patrol. Debra has also served as the Chief Deputy Coroner for Bingham County, Idaho, where she obtained her national certification as an American Board of Medicolegal Death Investigator. Debra has always enjoyed teaching and helping students, old or young, gain additional medical knowledge.

### **JAMES VOLIN, EMT**

James Volin is a Wyoming native whose life has been deeply shaped by the mountains and wild landscapes he calls home. From an early age, he immersed himself in the outdoors, fostering a deep appreciation for the wilderness. This passion led him to work as a guide, both in the snowy backcountry of the mountains and the arid depths of the Grand Canyon. During these experiences that he discovered his interest in wilderness medicine, responding to emergencies and providing care in remote settings. Now, James serves as an EMT for Star Valley EMS, where he has been instrumental in developing the organization's backcountry rescue program, bringing his unique blend of wilderness expertise and medical training to the community he serves.



### **Schedule of Events**

### Thursday, February 6

### **Prehospital Trauma Life Support (PHTLS)**

7:30 am	CHECK IN	ISU Pond Student Union Lobby
8:00-8:15 am	Wood River Room	Welcome and introductions
8:15-9:30 am	Wood River Room	X: Skills and Patient Simulations
9:30-9:45 pm	Break with snacks provided	
9:45-11:00 am	Wood River Room	A & B: Skills and Patient Simulations
11:00 am-12:00 pm	Wood River Room	C: Skills and Patient Simulations
12:00-1:00 pm	Lunch (on your own)	
1:00-2:00 pm	Wood River Room	D: Skills and Patient Simulations
2:00-2:30 pm	Wood River Room	E: Skills and Patient Simulations
2:30-2:45 pm	Break with Snacks provided	
2:45-3:45 pm	Wood River Room	Patient Simulations: Other Injuries and Special Considerations Patient Simulations: Instructor's Choice
3:45-5:15 pm	Wood River Room	Patient Simulation Capstone: Multisystem Trauma
5:15-5:30 pm	Wood River Room	Questions, Award Certificates, Adjourn  For more information please scan here:



## **Schedule of Events**

# Friday, February 7

### Denotes Wilderness Track

		Wood River	Little Wood River	Salmon River	Clearwater	RFC	Lab		
		Tha	nk you for attendi	ng the 2025 EMC					
7:30 - 8:15 am	Check In	ISU Pond Student Union							
8:15-8:25 am	Welcome								
8:25-9:40 am	Session 1	Ballroom-Keynote: The Best Way Out is Through- Kevin Grange							
9:40 - 9:50 am	BREAK	Snacks Provided							
9:50-11:20 am	Session 2	Ballroom- General Session-Behind the Trauma: A 360 View from Accident to Recovery Kennedy (Littledike) Bingham; Laurel Whittemore; Adam J Roth, Paramedic; Dr. Jorge De Amorim Filho; Dr. Drew W. McRoberts; Dr. Mara Additon							
11:30 am-12:20 pm	Session 3	Idaho's Opioid Crisis:Data, Policy, and Response Strategies Morgan Anderson, Ian Troesoyer	<b>Stop the Bleed</b> Parker Williams	El Voquero loco: a race that lives up to its name Christian Beauregard	<b>LZO</b> Kristina Wuthrich- Hoffman	Anatomage Table Dave Smith RFC 160			
12:20 - 1:40 pm	Session 4	Ballroom: Lunch and Learn (lunch provided) State of the State EMS- Wayne Denny							
1:40 pm- 2:30 pm	Session 5	Two Minutes in Hell Sam Schwab	Observable Signs and Symptoms of Drug Impairment Todd Orr	Fueling Performance in the Wilderness - Understanding Nutrition in the Outdoors Darren Hearn	IV Certification Eric Day	RFC SIM Lab Cardiac Trauma and Pediatric Trauma Curtis Gearhard, Deb Wright, Mike Price, JR Farnsworth, Robin Neilsen	Cadaver Lab-A Susan Marion Dr. Curtis Sandy		
2:40-3:30 pm	Session 6	Hocus POCUS Using Point- of-Care Ultrasound in the Prehospital Setting Kevin Grange	Extrication Eric King	From Peaks to Depths: Navigating Medications for High Altitude Adventures and Scuba Diving Dives Jordan Ferro					
3:30-3:45 pm	Break	Snacks Provided							
3:45 - 5 pm	Session 7	Ballroom-General Session: Emergency Management of Burn Injuries - Ray Bingham							

7:30 am - 8:15 am Check-In

8:15 am- 8:25 am

Welcome

#### 8:25 am -9:40 am [Session 1]

### The Best Way Out is Through: An Evidenced-Based Approach to Mindset & Mass Casualty Incidents KEYNOTE SPEAKER: Kevin Grange

On the morning of August 3, 2020, three hot air balloons got caught in a downdraft in Jackson Hole, Wyoming and crashed. More than 16 people were injured and scattered across a field, desperate for EMS to arrive. Firefighter, Paramedic Kevin Grange was one of the first responders on-scene and, in this informative and entertaining lecture, he details the lessons learned from that chaotic incident and offers up new, evidenced-based science behind Mass Casualty Incidents (MCI) that will change the way you think and act during a large-scale event. Grange will review patient triage, treatment and transport during a MCI, the new trauma "diamond of death" and discuss the concepts behind setting up a "casualty collection point." Whether you work as a wilderness physician, paramedic, in search and rescue or simply find yourself as a spectator at "soft target" like a music concert, ski area or national park where a MCI occurs, the result will be an educational and engaging presentation that is, unfortunately, applicable to everyone in this day and age.

9:40 am - 9:50 am [BREAK]

### 9:50 am - 11:20 am [Session 2]

Behind the Trauma: A 360° View from Accident to Recovery

by Kennedy (Littledike) Bingham; Laurel Whittemore; Adam J Roth, Paramedic; Dr. Jorge De Amorim Filho; Dr. Drew W. McRoberts; Dr.Mara Additon

This immersive 360° presentation takes you through a traumatic event from multiple perspectives: the victim, EMS personnel, life flight responders, and trauma surgeons. Experience the critical moments of care, from the initial injury and on-scene treatment to the life-saving interventions in the air and in the operating room. Gain a deeper understanding of each role in the trauma response system and the collaboration required to save lives in high-pressure situations. This presentation provides a unique, comprehensive look at trauma care from every angle.

### 11:30 am - 12:20 pm [Session 3]

### Idaho's Opioid Crisis:Data, Policy, and Response Strategies

#### by Morgan Anderson and Ian Troesoyer

The opioid crisis continues to impact communities across Idaho, with overdose deaths on the rise and an increasing need for effective solutions. This session will provide an overview of the current opioid landscape in the state, highlighting key overdose statistics and emerging trends. We'll explore the vital role of treatment and harm reduction strategies, as well as the legislative actions aimed at addressing this ongoing crisis. Attendees will gain a deeper understanding of the challenges our state faces, and the collaborative efforts needed to combat this epidemic.

### **Stop the Bleed**

#### by Parker Williams

A person experiencing severe bleeding can die within five minutes, making it crucial to stop blood loss quickly. Those closest to the injured individual can save a life if they are properly trained to provide immediate care. STOP THE BLEED® is an interactive course that guides you through the three methods of bleeding control. A formal presentation is followed by hands-on practice of applying direct pressure, packing a wound and using a tourniquet to stop bleeding.

### El Voquero loco: a race that lives up to its name by Christian Beauregard

El Vaquero Loco" translates to "The Crazy Cowboy" in Spanish, and it's a fitting name for a trail running race known for its challenging, rugged terrain in the Wyoming wilderness, featuring steep climbs, high altitude, and often harsh weather conditions, essentially making it a "wild" and demanding race for even experienced runners. Join us for an exhilarating adventure as we navigate the rugged trails, steep climbs, and breathtaking wilderness of El Voguero loco

### Anatomage Table 2 hours- [Shuttle to RFC Room 160. Shuttle meets in Bengal Theatre Lobby] By Dave Smith

Unlock a cutting-edge learning experience with the Anatomage Table, a virtual dissection tool that brings human anatomy to life. Gain a deeper and more comprehensive knowledge of anatomy and physiology in a unique and exciting learning environment. Review various body systems and relevant pathologies to EMS through discussion and observation of detailed 3D models. This interactive class allows participants to visualize structures, study complex systems, and deepen their understanding of the human body, making it an ideal resource for healthcare students, educators, and professionals.

12:20 pm - 1:40 pm [LUNCH - Provided] [Session 4]

Reserve your lunch through our online registration.

**Lunch and Learn: State of the State EMS** 

by Wayne Denny

Lunch provided: Contact CEWT at 208-282-3372 with any food allergy concerns

1:40 pm - 2:30 pm [Session 5]

Two Minutes in Hell by Sam Schwab

This session will provide all levels of EMS providers a pathway into the initial steps of the critically ill pediatric and adult trauma patient. We will focus our minds towards a pathway of "What can I fix right now" to reduce the demise of our patient. Learning objectives include early recognition of the deteriorating patient, immediate life threat treatment, airway management, treatment before CPR and the benefits of rapid transport to a higher level of care hospital.

### **Observable Signs and Symptoms of Drug Impairment** by **Todd Orr**

Gain the skills to recognize key signs and symptoms of drug impairment in this practical and informative class. Learn how different substances affect behavior, physical appearance, and motor function. Through real-world examples and expert guidance, you will develop the confidence to identify and respond appropriately to impairment in various settings, fostering safer environments for everyone.

### Fueling Performance in the Wilderness - Understanding Nutrition in the Outdoors, Introduction to Wilderness PT by Darren Hearn

Fueling Performance in the Wilderness will be a discussion on meeting the energy demands in the extreme outdoor environments many of us enjoy. The initial focus will be a review of the physiological demands and changes that occur at altitude, in extreme heat and extreme cold environments. This will include how common conditions due to these environments influence and are influenced by dietary intake. The second component of the discussion will focus on long-term and short-term preparation strategies and mitigation strategies once in the environment.

#### **IV Certification- 2 hours**

#### by Eric Day

Enhance your emergency care skills with this hands-on IV Therapy module designed for EMTs. This course covers essential techniques for initiating and managing intravenous lines, fluid administration, and patient safety protocols. Through practical exercises and expert instruction, you will gain the confidence and competence to integrate IV therapy into your emergency response toolkit.

### Cardiac, Trauma, and Pediatric Trauma -SIM 2 hours [Shuttle to RFC SIM Lab. Shuttle meets in Bengal Theatre Lobby] by Curtis Gearhardt: Deb Wright: Robin Nielsen

The Simulation Lab Experience tailored for Emergency Medicine personnel, features immersive scenarios in Cardiac, Trauma, and Pediatric Trauma. In our high-tech facility, using advanced mannequins with lifelike responses, participants will encounter a realistic cardiac emergency, trauma, and pediatric trauma scenario. This experience will offer a low-stress opportunity to practice rapid decision-making, teamwork, and communication skills found in normally traumatic situations. The simulation includes debriefing sessions facilitated by experienced instructors, offering valuable insights to enhance performance. Join us in this dynamic environment to refine your emergency medicine expertise and ensure optimal patient care in critical situations.

### Cadaver Lab Demonstration-2 hours [Shuttle to Cadaver Lab in Gale Life Science. Shuttle meets in Bengal Theatre Lobby] by Dr. Curtis Sandy and Dr. Susan Marion

A visual tour through the anatomy of the human body. This session will review external and internal structures a nd organs. Discuss the impact of the most common penetrating and blunt injuries to the internal organs, impact of crush injuries. Identify landmarks for I/O, Cricoidectomy, needle decompression.

#### 2:40 pm - 3:30 pm [Session 6]

### Hocus POCUS: Using Point-of-Care Ultrasound in the Pre-hospital Setting by Kevin Grange

Discover the exciting use of ultrasound on ambulances and in wilderness medicine. This class will introduce students to the science of ultrasound and the information it can provide--cardiac ultrasound can be used in cardiac arrest patients to determine our course of treatment; lung ultrasound can determine a potential pneumothorax; eFAST exam checks the lungs, heart, abdomen, and pelvis for internal bleeding and trauma and a view of the inferior vena cava (IVC) can help us decide if the dehydrated patient needs more fluid. At the end of class, students will get hands-on experience with transducer handling and manipulation to optimize their images and practice ultrasound on a live patient!

### Rescue with Care: EMS Best Practices for Extrication Events by Eric King

Join us for this vital session focusing on the critical EMS best practices for patient care during extrication events. Participants will learn about the key roles and safety precautions necessary for providing effective care before, during, and after the extrication process. The presentation covers strategies for managing complex rescue situations, ensuring the safety of both patients and EMS personnel, and delivering life-saving interventions in high-risk environments. Through practical examples and expert insights, you will gain the knowledge and confidence to handle extrication events with precision and care.

### From Peaks to Depths: Navigating Medications for High Altitude Adventures and Scuba Diving Dives by Jordan Ferro

3:30 pm - 3:45 pm [BREAK]

3:45 pm - 5 PM [Session 7 - General Session]

# **Emergency Management of Burn Injuries** by **Ray Bingham**

Learn best practices for assessing and treating burn injuries in pre-hospital settings. Learn to identify burn severity, manage airway and fluid needs, provide pain relief, and prepare patients for transport. Gain the confidence and knowledge to deliver effective care and improve outcomes for burn patients in emergency situations.



#### **Wilderness Physical Therapy Certification**

The Wilderness Physical Therapy Program offered through Idaho State University Continuing Education/Workforce Training. This module "Introduction to Wilderness Physical Therapy" is designed to enhance your skills while *providing valuable continuing education credits*.

On-line and in person, hands on, courses available.

Register at: cetrain.isu.edu/wilderness





#### **Advanced EMT**

**Class Dates**: 05/08/25 to 08/07/25

08/0//25

Must hold basic EMT Days Taught: TH

6 pm-10 pm (14 sessions)

Fee: \$1000

#### **Basic EMT**

Start Dates: 08/7/25

to 12/6/25 Applications open May 15

Days Taught: T TH 6–10 pm (29 sessions) SAT: 8:30 am–5:30 pm

(7 sessions) Fee: \$1000





### **Schedule of Events**

### Saturday, February 8

### **Denotes Wilderness Track**

		Deno	otes Wilder	ness Track					
		Idaho State	University	Student Union B	uilding				
		Wood River Room	Little Wood River	Salmon River Suite Wilderness	Clearwater	Lab			
		Than	k you for atten	ding the 2025 EMC					
8:00 - 8:30 am	Check In	ISU Pond Studen	ISU Pond Student Union						
8:30-9:45 am	Session 8	Ballroom: General Session: Pediatric Trauma- Dr. Bala Napa							
9:45-10:00 am	BREAK	Snacks Provided	Snacks Provided						
10:00-10:50 am	Session 9	<b>Triage</b> Mick Coward	Preventing Burnout for the First Responder Curt Anderson	Bannock County Backcountry SAR Team Lessons Learned Luke Nelson Darin Jernigan	Introduction to Wilderness PT Paul Beattie Karen Beattie Darren Hearn	<b>Cadave Lab-B</b> Susan Marior			
11:00 am-11:50 am	Session 10	Trapped in the Snow! Bringing a Pit Crew Approach to Avalanche Rescue Meaghan Wheeler-Grange	Transport Pearls Dallen Farmer	Improvised Splinting for the Backcountry Lance Taysom	Functional Mobility for the EMS Provider Darin Jernigan  Can be both EMS and Wilderness PT	Dr. Curt Sandy			
11:50 -12:45 pm		Vendors/Lunch (Lunch Provided)							
12:45- 2:00 pm	Session 11	Ballroom: Keynote: Wilderness Medicine- A Call in the Wild-Kevin Grange							
2:10-3:00 pm	Session 12	New Solutions to an Old Problem: Diabetes Updates Cami Taysom	Emergency Orthopedics - Focus on Dislocations Darin Jernigan Darren Hearn  Can be both EMS and Wilderness PT	Star Valley Wilderness Medicine presentation  Ryan Ballard James Volin	Mobile Crisis Unit Community Bridges				
3:10 pm-3:30 pm		Ballroom: Conference Wrap-Up							
3:30 pm-4:30 pm	Session 13	Ballroom: Closing Session: Two Truths and a Lie-Kevin Grange							

8:00 am - 8:30 am Check-In

8:30 am - 9:45 am [Session 8] Pediatric Trauma Speaker by Dr. Bala Napa

9:45 am - 10:00 am [BREAK]

10:00 am - 10:50 am [Session 9]

### The Art of Triage: Tools and Techniques for Emergency Response by Mick Coward

Discover the essentials of triage in this interactive presentation, from its historical roots to practical applications within ICS. Case studies and practical exercises will equip you with the tools to excel in high-pressure scenarios.

### **Burnout for the First Responder** by **Curt Anderson**

Burnout is a state of mental, physical, and emotional exhaustion, caused by chronic and excessive stress that the individual struggles to manage. It is extremely common in the health professions, particularly in first responders and the leading cause of suicidal and other damaging behaviors. The World Health Organization defines burnout as 'a syndrome that can develop from workplace stress'. However, the effects of burnout can extend beyond the workplace to a person's home and personal life. In this presentation, we will discuss one of the most successful mechanisms for preventing workplace stress and burnout; the idea of easily promoting mindful practices through meditation. It is pharmaceutically free, fiscally free and easy to learn and adapt in one's every day life.

### **Bannock County Backcountry SAR Team Lessons Learned** by **Luke Nelson and Darin Jernigan**

Please join our panel discussion to review a Triumph over Trauma SAR mission from the past summer and a recap of missions we participated in.

### **Introduction to Wilderness PT**

### by Paul Beattie, Karen Beattie, and Darren Hearn

This course is a premiere of the field of Wilderness Physical Therapy. Get a glimpse into clinical reasoning skills for remote and backcountry environments while learning essential tools for wilderness physical therapy.

#### 11:00 am - 11:50 am [Session 10]

### TRAPPED IN THE SNOW! Bringing a Pit Crew Approach to Avalanche Rescue

#### by Meaghan Wheeler-Grange

Calling all skiers and snowmobilers! In this engaging breakout presentation, Paramedics Meaghan Wheeler-Grange—a former heli-ski guide in Alaska's Chugach Mountains—will discuss snow science and how to perform an avalanche beacon search, before detailing how bringing a "pit crew approach" to avalanche rescue by delegating specific roles to specific people can save lives when someone is trapped in the snow and minutes matter. We'll also review the latest best practices regarding avalanche resuscitation. During the second half of class, students will respond to a short, simulated avalanche scenario. Working as a team, students will have to locate and assess the victim and administer life saving interventions, followed by a debrief by the instructors.

### Improvised Splinting for the Backcountry

### by Lance Taysom

Come practice creative ways to manage suspected fractures in the upper and lower extremities. For any EM professional who spends time outdoors, away from your emergency department, ambulance, SAR vehicle or Ski Patrol Building. This hands-on workshop will address using common outdoor equipment to build effective immobilization. These are essential wilderness medicine, best practice skills that work! Plan for hands-on action. Held indoors, all equipment provided.

### Functional Mobility for the EMS Provider by Darin Jernigan

Learn how to ambulate and transfer patients safely, which will decrease injuries to both patients and EMS providers on the job. This is an in-depth look at the use of gait Belts and assistive devices that can be employed in EMS.

#### 11:50 am - 12:45 pm [LUNCH - Provided]

Reserve your lunch through our online registration. Contact CEWT at 208-282-3372 with any food allergy concerns.

### 12:45 pm - 2:00 pm [Session 11]

### Wilderness Medicine Keynote-A Call in the Wild: Lessons Learned from Working as a Paramedic with the National Park Service

#### by **Kevin Grange**

Kevin Grange spent five summers—and one winter—working as a paramedic at Yellowstone, Yosemite, and Grand Teton. In this entertaining and informative lecture, Grange presents case studies of his most critical patients and the lessons he learned. Attendees will learn hard-won, take-away wisdom that is applicable to working on an ambulance, in search & rescue and prolonged field care.

### 2:10 pm - 3:00 pm [Session 12]

### **New Solutions to an old Problem: Diabetes updates** by **Cami Taysom**

Diabetes is the fastest-growing disease in the US (and the world) today. Diabetes medications and tools used to manage diabetes are also changing rapidly. Come to a fun and interactive session to brush up on, or learn all about, the "new" and the "latest" in this constantly changing world of diabetes management. Especially how you, as a first responder or health care provider, can be of help to someone with diabetes.

### Mobile Crisis Unit by Community Bridges

### **Wilderness Medicine Presentation**

### by Star Valley Health

Prepare for the unexpected in remote environments in this wilderness medicine course led by an experienced rural EMS response team. Learn essential skills for assessing and managing medical emergencies when access to traditional healthcare is limited. medical situations in the backcountry.

#### **Emergency Orthopedics**

### by **Darin Jernigan**, **Darren Hearn**

An in-depth look at the anatomy of shoulder dislocations and solutions for self and assisted reduction in the field. We will also cover the difference between a dislocation and separation of the shoulder.

#### 3:10 pm - 3:30 pm

**Conference Wrap-Up** 

#### 3:30 pm - 4:30 pm [Session 13]

### Closing Session: Two Truths and a Lie: Separating Fact from Fiction in the Emergency Medicine by Kevin Grange

This is a unique EMS and SAR twist on the legendary icebreaker game. In this engaging lecture, Firefighter Paramedic (and author) Kevin Grange will give three statements about such topics as prehospital medicine, search and rescue, wildland fire, or working as a ski patroller. Two of them will be facts and the third will be a believable lie. Participants will be asked to pick out which of the statements is the lie. Following the vote, Grange will tally the score and then, using the latest evidence-based findings from NAEMSP's Prehospital Medicine (and other periodicals), discuss why the "lies" (or myths) we've heard might seem realistic and the new truths sound totally far fetched. The result will be a fun, entertaining presentation where all-levels of providers will improve things like their incident command, scene size-up, patient assessment and treatment.



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