



High Performance CPR Competition

Do you have what it takes to save lives under pressure? Bring your team and compete for Bragging Rights and Prizes!

Why Join

- Test your skills in high-performance CPR
- Showcase your teamwork, speed, and accuracy.
- Prove your team is the best in the field!
 Will your team take home the trophy?
- Push your CPR skills to the limit.
- Build Camaraderie: Team up and bond with peers.
- Make an Impact: Sharpen the skills that save lives every day.

What to do next?

- Gather your team
- Choose your team name (prize for the most creative team name!)
- We want to see the Paddle Pushers, the Shock Squad, the Lifesaver Legends – compete!

Register your team Today, contact us at 208-282-3372

Team Times

(individual competitors can show up anytime and do not need to register)

Please sign up for BLS or ALS

Friday Feb 7th

- 7:30 AM-8:00 AM
- 11:30 AM-12:00 PM
- 12:00 PM- 12:30 PM
- 1:40 PM- 2:10 PM
- 2:40 PM- 3:10 PM
- 5:00 PM- 5:30 PM

Saturday Feb 8th

- 7:30 AM 8:00 AM
- 8:00 AM- 8:30 AM
- 10:00 AM- 10:30 AM
- 11:00 AM 11:30 AM
- 12:00 PM 12:30 PM- Finals- Top 2 teams compete on the Ballroom stage!

Competition held at Idaho State University Student Union Building (Main Campus) in Pocatello, ID