



Idaho State University

# CEWT

CONTINUING EDUCATION AND WORKFORCE TRAINING

## Idaho LAUNCH Funding

ISU offers 45+ courses  
approved through Idaho Launch.

SEE PAGE 03

To Enroll in Classes: Visit [cetrain.isu.edu](https://cetrain.isu.edu) or call (208) 282-3372

S P R I N G 2 0 2 6

## 2 | WELCOME

### Welcome to our Spring Catalog!

Dear Learners and Community Members,

What will you do with your 2026?

Every new year offers a chance to hit “reset” and pursue something meaningful. Maybe you are ready to build new skills, chase a dream, or simply challenge yourself in a new way. Whatever your goals are, now is the perfect time to make it happen—and CEWT is here to help you get started!

Our Spring 2026 courses are designed for learners at every stage—those growing in their careers, discovering new passions, or exploring lifelong interests. Our Spring 2026 catalog is packed with fresh opportunities to grow, create, and connect. From career-building courses and industry certifications to creative workshops and personal enrichment, there is something for everyone.

So, what are you waiting for? Turn your curiosity into action and let 2026 be the year of learning, growth, and new beginnings. CEWT is excited to be part of your story.

All the Best,

-**RaeLyn Price**, Director Continuing Education and Workforce Training

## Mark Your Calendar

Mark your calendar and **save these dates** for the following:

- **Emergency Medicine Conference Feb. 26-28, 2026**
- **Safety Fest May 12-14, 2026**
- **Construction Combine Spring 2026**

For more information about our events, conferences, and classes visit our website: [cetrain.isu.edu](http://cetrain.isu.edu)

### LIKE and FOLLOW US ONLINE:

**Facebook:** @isucetrain

**YouTube:** @ISUCEWT

**Instagram:** @isucewt

**X (formerly Twitter):** @ISU\_WFT

**Blog:** [blog.cetrain.isu.edu/blog](http://blog.cetrain.isu.edu/blog)

**CEWT Talk Podcast:** [soundcloud.com/cewt-talk](https://soundcloud.com/cewt-talk)

**CATALOG COVER CLASS:** Welding See page 27

### Idaho Launch

**Idaho State University Continuing Education and Workforce Training offers several courses approved through Idaho Launch. For a full list of approved courses please scan the QR code on the next page.**

Idaho LAUNCH approved courses include our Apprenticeship programs, CNA courses, online partner courses, and more. Funding for multiple courses requires prior approval, and—with the exception of apprenticeship programs—all funded courses must be completed within three fiscal years.

Idaho Launch funding is a one-time opportunity per recipient. If you are interested in applying, please contact our office. We can help you explore options and make the most of your Idaho Launch funding if approved.

**Call ISU CEWT at (208) 282-3372 or visit [idaholaunch.com](http://idaholaunch.com)**

## Spring Classes 2026

**REGISTRATION INFORMATION: PAGE 31**—3 Ways to Register for Classes; How to Find Us (Map); Policies & Procedures

**NOTE: ALL CLASSES HELD IN POCA TELLO UNLESS OTHERWISE STATED.**

### Classes (Alphabetically)

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Autodesk Revit MET, Introduction .....	26
Behavioral Finance and Financial Literacy: From Root to Harvest .....	05
Certified Family Home Basic Medication Awareness and Infection Control .....	12
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Community Health Worker Advanced .....	12
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Cooking, Cinnamon Rolls .....	08
Cooking, Chinese Cuisine .....	08
Cooking, Roll Making .....	08
Cooking, Whole Wheat Bread .....	08
CPR, AHA BLS Provider CPR .....	10
CPR, AHA Heartcode BLS Provider CPR – Online Blended Learning .....	11
CPR, AHA Heartcode BLS Provider CPR – Refresher .....	11
CPR, AHA Heartsaver Basic First Aid .....	10
CPR, AHA Heartsaver First Aid/CPR/AED .....	10
CPR, AHA Heartsaver Pediatric First Aid CPR/AED .....	10
Culinary, Recipe for Success .....	07 & 08
Dancing, Ballroom .....	21
Dancing, Country Swing & Two Step .....	22
Dementia Behaviors, Demystifying .....	14
Dental Assisting, Fundamentals of .....	12
Effective Delegation for Healthcare .....	16
EKG Interpretation, Basic .....	15
Electrical Grounding and Bonding .....	26
Emergency Medicine Conference .....	17
EMT—Advanced .....	13

EMT—Basic .....	13
Erosion Control .....	26
Excel, Fundamentals .....	06
Excel, Intermediate .....	06
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Farmers Market, Market Ready: Building a Thriving Farmers Market Business .....	04
Flagging .....	27
Fly Fishing, Beginning .....	23
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Food Safety Manager, Certified .....	27
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IV Basics .....	17
Jewelry, Steampunk .....	21
Jiu Jitsu .....	22
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Leadership, 4C Leadership .....	04
Leadership, Giving and Receiving Feedback .....	04
Leadership, Making Your Time Count .....	04
Leadership, Understanding Organizational Culture .....	04
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Performing Arts, School of .....	24
PLC Training, Rockwell Studio 5000 .....	20
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Photography, Beginning .....	20
Photography, Travel Stock Photos .....	05

Photographic Trip: Yellowstone or Grand Teton .....	05
Physical Therapy, Wilderness .....	09 & 17
Quilting .....	21
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Seizure Training .....	16
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Spanish the Silent Way .....	22
The 7 Money Milestones .....	06
Watercolor Pencil for Beginners .....	20
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### Classes by Category

• BUSINESS .....	04
• COMPUTERS .....	06
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• HEALTH AND WELLNESS .....	10
• INDUSTRIAL .....	20
• PERSONAL/PRO DEVELOPMENT .....	20
• TRADES .....	26



**Funding For Qualified Workforce Training  
Programs May Be Available Through Idaho Launch**



**NOTE:** ALL CLASSES HELD IN POCATELLO UNLESS OTHERWISE STATED.

## Business

*Develop your business acumen and marketability by learning to enhance your leadership skills, become a better team member, and up your effectiveness and professionalism.*

### BUSINESS MANAGEMENT

#### **Web: Administrative Assistant Fundamentals** (Online Course) #6539

Learn what is needed to be an administrative assistant. Topics range from managing office functions to the proper use of office equipment. This fully online course will give you the essential skills you need to be successful in an administrative environment. Registered participants will receive 60 days to watch, review, and complete. A certificate will be available upon completion and successful submission of coursework.

**Start Date:** Anytime    **Ends:** 60 days after registration  
**Hours:** 20    **Fee:** \$50  
**Register at:** [cetrain.isu.edu/hero](http://cetrain.isu.edu/hero)

#### **NEW 4C Leadership** #1128

In this two-hour session, Dr. Alex Bolinger, Interim Dean of the College of Business and Professor of Management at Idaho State University, will help participants to identify the principles and tactics of versatile leaders in dynamic organizational environments.

**Start Date:** 01/15/26    **Days Taught:** TH  
**Hours:** 2    **Fee:** \$150  
**Bldg/Rm:** Zoom    **Times:** 6:30 pm - 8:30 pm (MST)  
 (1 session)

#### **NEW Giving and Receiving Feedback** #1250

In this two-hour session, Dr. Alex Bolinger, Interim Dean of the College of Business and Professor of Management at Idaho State University, will walk participants through two of the hardest management skills - delivering feedback in a helpful way and leveraging feedback provided by others. This session will include a discussion of frameworks for thinking about feedback and concrete practice with feedback skills.

**Start Date:** 01/22/26    **Days Taught:** TH  
**Hours:** 2    **Fee:** \$150  
**Bldg/Rm:** Zoom    **Times:** 6:30 pm - 8:30 pm (MST)  
 (1 session)

#### **NEW Understanding Organizational Culture** #1249

In this two-hour session, Dr. Alex Bolinger, Interim Dean of the College of Business and Professor of Management at Idaho State University, will walk participants through a process for understanding organizational culture and concrete tactics for diagnosing their unit's culture.

**Start Date:** 01/29/26    **Days Taught:** TH  
**Hours:** 2    **Fee:** \$150  
**Bldg/Rm:** Zoom    **Times:** 6:30 pm - 8:30 pm (MST)  
 (1 session)

#### **NEW Making Your Time Count** #1251

In this two-hour session, Dr. Alex Bolinger, Interim Dean and Professor of Management at Idaho State University, will share tools with participants for leveraging your time to have the greatest impact on the things that matter most to you and your team.

**Start Date:** 02/05/26    **Days Taught:** TH  
**Hours:** 2    **Fee:** \$150  
**Bldg/Rm:** Zoom    **Times:** 6:30 pm - 8:30 pm (MST)  
 (1 session)

### SOCIAL MEDIA & MARKETING FOR BUSINESS

#### **Market Ready: Building a Thriving Farmers Market Business** #1243

This section of courses is intended to provide needed information to those looking to enter the Farmer's Market Space.

##### **Section 1- Farmers Market Foundations: Setting up for Success**

Discover how farmers markets offer a unique, affordable way to connect with your local community and build a customer base through personal, one-on-one interactions. In this class, we will guide you in turning your passion—whether growing, baking, crafting, cooking, or creating—into a thriving farmers market business. We will tackle essential questions: Is your product profitable? What business structure best fits your needs? You'll learn about the necessary permits, licenses, and insurance for food businesses, as well as tips for handling market applications, basic bookkeeping, and staying organized. We'll also cover market etiquette, including the unwritten rules and common practices that can help you succeed in any market setting.

**Start Date:** 02/03/26    **Days Taught:** T  
**Hours:** 1.5    **Fee:** \$40  
**Bldg/Rm:** RFC 263    **Times:** 6 pm-7:30 pm (1 session)

### Section 2- Mastering Farmers Market Success: Design, Pricing, and Sales

Farmers Markets are a different type of selling in the world of selling. Marketing is everything and everything is marketing. Learn to setup and design displays in your booth including signage, tents, tablecloths, and tables. Pricing your products, how to calculate the cost of the product, the market fees, business costs, labor and packaging into a good price point. Salesmanship is also marketing. Present yourself professionally and watch the profits go up.

**Start Date:** 02/10/26    **Days Taught:** T  
**Hours:** 1.5    **Fee:** \$40  
**Bldg/Rm:** RFC 263    **Times:** 6 pm-7:30 pm (1 session)

### Section 3- Beyond the Booth: Strategies for Year-Round Farmers Market Success

You have taken the first steps as a vendor—now, what's next? This course helps you evaluate your current approach and identify areas for growth to boost your return on investment. Learn strategies to sustain momentum, make necessary changes, and increase sales, even if you're experiencing a slowdown. Discover opportunities for off-season selling and explore how building a customer database can keep you connected with your audience year-round, ensuring you start the next season with a run and not a crawl.

**Start Date:** 02/17/26    **Days Taught:** T  
**Hours:** 1.5    **Fee:** \$40  
**Bldg/Rm:** RFC 263    **Times:** 6 pm-7:30 pm (1 session)

### Photography for Stock Photos #1227

Imagine seeing your photos featured on websites across the Internet, accompanying web pages in various languages from around the world! This class is for people who want to take their photos into the stock photo realm. You will learn what types of photos are in demand, how to give them a professional look, and how to read the tea leaves of upcoming trends so you can get your photos out there before everyone else! Using your camera or iPhone, you will be given tips and instruction on composition, photography skills, subject matter, and researching and recognizing what's hot before the crowd figures it out first. The instructor is an accomplished stock photographer on Unsplash.com. This is a class for all levels of photographers: from beginners to more advanced. The course will include "field trips" wherein we meet in places around town or in the area to get photos. **You will need to have a DSLR camera, mirrorless camera, quality point-and-shoot, or a high-end smartphone with good camera capabilities for this course.**

**Start Date:** 02/23/26    **Days Taught:** M  
**Hours:** 8    **Fee:** \$75  
**Bldg/Rm:** RFC 270    **Times:** 6 pm-8 pm (4 sessions)

### NEW Photographic Trip: Yellowstone OR Grand Teton #1252

Love to travel and take photographs? Learn how to get better travel pics (landscapes, animals, people, and "travel experience" shots), as we practice locally and then travel together on a trip to Yellowstone or Grand Teton! **The trip destination will depend on class interest and will be a separate cost from the course fee (but will be kept economical).** The class is geared toward photographers with at least some experience but beginners are encouraged to enroll and practice with their camera before the course begins (search for free tutorials on Youtube for your specific camera). **Students will be responsible for transporting themselves to and from the field trip.**

**Start Date:** 04/06/26    **Days Taught:** M  
**Hours:** 6 + field trip    **Fee:** \$85  
**Bldg/Rm:** RFC 270    **Times:** 6 pm-8 pm  
 (3 sessions + field trip)

## SUCCESS SKILLS

### Behavioral Finance & Financial Literacy: From Roots to Harvest (Online Course) #1145

In this course you will learn about your relationship with money, the underlying patterns and emotions learned in early childhood that create habits which affect your finances. You will learn basic personal finance & behavioral financial skills around money. **Taught by a Certified Money Coach.**

**SECTION 1 – Understanding Money Patterns, Beliefs & Behaviors.** Identify unconscious patterns and beliefs about money and money archetypes.

**Start Date:** 01/14/26    **Days Taught:** W  
**Hours:** 1.5    **Fee:** \$40  
**Bldg/Rm:** ZOOM    **Times:** 6 pm – 7:30 pm (1 session)

**SECTION 2 – Releasing Debt & Creating an Abundant Spending Plan.** Budgeting, paying off debt, and building an emergency fund.

**Start Date:** 01/28/26    **Days Taught:** W  
**Hours:** 1.5    **Fee:** \$40  
**Bldg/Rm:** ZOOM    **Times:** 6 pm – 7:30 pm (1 session)

**SECTION 3 – Accumulating Wealth & Lifetime Financial Well-Being.** The basics of investing tools and how to use them to maximize income, investing, and retirement planning.

**Start Date:** 02/11/26    **Days Taught:** W  
**Hours:** 1.5    **Fee:** \$40  
**Bldg/Rm:** ZOOM    **Times:** 6 pm – 7:30 pm (1 session)

**SECTION 4 – Conquer Financial Risk, Protecting Your Nest Egg.** Understand asset protection, including insurance and estate planning.

**Start Date:** 02/25/26 **Days Taught:** W  
**Hours:** 1.5 **Fee:** \$40  
**Bldg/Rm:** ZOOM **Times:** 6 pm – 7:30 pm (1 session)

### **NEW The 7 Money Milestones #1264**

These courses teach participants how to address financial stress, plan to alleviate common financial worries related to retirement, emergencies, and long-term care. Emphasize control- encourages women (or any participants) to actively manage their finances, especially since many outlive male partners, and provide a step-by-step plan introducing “The 7 Money Milestones” as a practical guide to financial security and independence. These courses are geared toward women, considering the unique challenges they often face, such as the gender pay gap, longer lifespans, and career breaks for family care. This course aims to empower women through financial education. Courses are open to anyone who would like to take the course regardless of gender.

**SECTION 1 – Financial Education:** Build foundational financial understanding.

**Start Date:** 03/12/26 **Days Taught:** TH  
**Hours:** 1.5 **Fee:** \$40  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 7:30 pm (1 session)

**SECTION 2 – Proper Protection:** Secure adequate insurance & Emergency Fund: Create a financial safety net.

**Start Date:** 03/19/26 **Days Taught:** TH  
**Hours:** 1.5 **Fee:** \$40  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 7:30 pm (1 session)

**SECTION 3 – Debt Management:** Eliminate high-interest debt. & **Learn About Cash Flow:** Manage income and expenses effectively.

**Start Date:** 04/02/26 **Days Taught:** TH  
**Hours:** 1.5 **Fee:** \$40  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 7:30 pm (1 session)

**SECTION 4 – Build Wealth:** Grow assets and mitigate financial risks. & **Protect Wealth:** Establish an estate plan.

**Start Date:** 04/09/26 **Days Taught:** TH  
**Hours:** 1.5 **Fee:** \$40  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 7:30 pm (1 session)



**Idaho State  
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Continuing Education  
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# Computers

## SPREADSHEETS

### **Microsoft Excel: Fundamentals #1162**

Learn one of the most important skills necessary in Business and Home management. Increase your skills, improve your effectiveness, and help management make important decisions. Discover ways to use Excel for personal and professional use. Learn to work with multiple sheets, customize page layout, adjust rows and columns, and control color, size, and appearance of data. Whether you manually enter data or import and export data, you will learn to create basic formulas, sort, and summarize information using Excel tools. *Students are encouraged to purchase a supplemental textbook found here: [amzn.to/3mtne66](https://amzn.to/3mtne66)*

**Start Date:** 01/13/26 **Days Taught:** T/TH  
**Hours:** 12 **Fee:** \$85  
**Bldg/Rm:** RFC 265 **Times:** 6 pm – 8pm (6 sessions)

### **Microsoft Excel: Intermediate #1163**

Learn to sort, organize, and present data and information in your database for management, customers, and accounting. Use valuable formula techniques for statistical evaluation in your spreadsheets. You will learn to filter, group, subtotal and find information in data collected for managing information. Learn to prepare reports, personalize the information, and print professional reports and lists. Learn to use charts and graphs. *Students should have completed the Fundamentals of Microsoft Excel class. Students are encouraged to purchase a supplemental textbook found here: [bit.ly/40Wn7BS](https://bit.ly/40Wn7BS)*

**Start Date:** 02/10/26 **Days Taught:** T/TH  
**Hours:** 12 **Fee:** \$85  
**Bldg/Rm:** RFC 265 **Times:** 6 pm – 8 pm (6 sessions)

### **Microsoft Excel: Advanced #1164**

Practice grouping, sorting, and filtering data using formulas and tools of Excel. Use macros to help with accuracy, speed, repetitive tasks, and privacy of data. Discover how to retrieve, edit, update, and view data with macros. Build summary pages for management and accounting. Design macros to find information meeting certain conditions without compromising data. *Student should have completed fundamentals and intermediate Excel classes. Students are encouraged to purchase a supplemental textbook found here: [bit.ly/40Wn7BS](https://bit.ly/40Wn7BS)*

**Start Date:** 03/31/26 **Days Taught:** T/TH  
**Hours:** 10 **Fee:** \$80  
**Bldg/Rm:** RFC 265 **Times:** 6 pm - 8 pm (5 sessions)

# Recipe For Success

## Culinary Life Prep Academy



### Participants

This **12-week program** is designed to tackle the significant workforce shortages in the local food service industry while supporting individuals interested in a culinary focused career change and those reentering the workforce after extended employment gaps. Participants will train under a professional chef and learn soft skills from area experts. Training includes:

- **Food Service Training:** Hands-on learning to meet industry standards.
- **Leadership & Team Building:** Preparing participants to work collaboratively.
- **Soft Skills Development:** Resume building, interview techniques, and more.

**Dates:** Mon-Thursdays-January 20 - April 16  
(no class MLK Day, President's Day, or Spring Break)

**Location:** ISU RFC B1-66 and Tech Cafe

**Time:** 9am-12pm

**Fee:** \$1500



[cetrain.isu.edu/culinaryskills](http://cetrain.isu.edu/culinaryskills)

**CONTINUING EDUCATION & WORKFORCE TRAINING**

(208) 282-3372 | [cetrain@isu.edu](mailto:cetrain@isu.edu)



**Idaho State  
University**

# Culinary Arts

*Expand your cooking horizons and abilities by working under a talented instructor on elegant and fun dishes.*

**Must be 18+ to attend. Children under the age of 18 not allowed in the kitchen.**

## COOKING AND BAKING

### Roll Making for Beginners #1749

Make rolls for your holiday dinner, special occasions or just because! We'll spend some time discussing what can go wrong with making rolls and how to safeguard against those pitfalls. **Bring an apron and a cookie sheet** so you can take your rolls home to bake. All other ingredients supplied.

**Start Date:** 01/08/26 **Days Taught:** TH  
**Hours:** 2 **Fee:** \$38  
**Bldg/Rm:** RFC Kitchen **Times:** 6 pm – 8 pm (1 session)

### Whole Wheat Bread Making for Beginners #1605

If you've always dreamed of baking bread, but have never known where to start, join us! This hands-on class walks through making a loaf of bread: no frills, no mystery, and no tricky moves. We'll discuss what can go wrong and how to safeguard against those pitfalls. **Bring an apron and a loaf pan** so you can take your bread dough home to bake after the class. All ingredients supplied.

**Start Date:** 02/05/26 **Days Taught:** TH  
**Hours:** 2 **Fee:** \$38  
**Bldg/Rm:** RFC Kitchen **Times:** 6 pm – 8 pm (1 session)

### Cinnamon Roll Making #1707

Warm, gooey, and delicious...these cinnamon rolls will satisfy any sweet tooth! Learn how to make these crowd pleasers from scratch in this fun course! Bring a container to take home cinnamon rolls.

**Start Date:** 03/12/26 **Days Taught:** TH  
**Hours:** 3 **Fee:** \$42  
**Bldg/Rm:** RFC Kitchen **Times:** 6 pm – 9 pm (1 session)

### Chinese Cuisine #1118

Chinese Cuisine is famous around the world. The following sections will introduce a variety of dishes that may enhance your understanding of Chinese food. If you are interested in tasting authentic Chinese food and/or learning how to cook these dishes, these classes are for you!

#### Section 1-Chinese Dumplings

Many people like dumplings but few know how to make dumpling wrappers and filling. However, it is easier than you think. After you learn how to make wrappers, and prepare dumpling filling, next time you can work with your family and friends to make dumplings. It can be fun, especially with kids.

**Start Date:** 02/18/26 **Days Taught:** W  
**Hours:** 2 **Fee:** \$38  
**Bldg/Rm:** RFC Kitchen **Times:** 6 – 8 pm (1 session)

#### Section 2-Chinese Pork Buns

In the Chinese society, pork buns are so yummy that many people love them. This class will show you step by step how to prepare the dough and filling. Making your own pork buns is possible and easier than you think!

**Start Date:** 02/25/26 **Days Taught:** W  
**Hours:** 2 **Fee:** \$38  
**Bldg/Rm:** RFC Kitchen **Times:** 6 – 8 pm (1 session)

### Recipe for Success #6143

This 12-week program is designed to tackle the significant workforce shortages in the local food service industry while supporting individuals interested in a culinary focused career change and those reentering the workforce after extended employment gaps. Participants will train under a professional chef and learn soft skills from area experts. Training includes:

**Food Service Training:** Hands-on learning to meet industry standards. **Leadership & Team Building:** Preparing participants to work collaboratively. **Soft Skills Development:** Resume building, interview techniques, and more.

**Start Date:** 01/20/26 **Days Taught:** M-TH  
**Hours:** 144 **Fee:** \$1500  
**Bldg/Rm:** RFC Kitchen **Times:** 9 am – 12 pm (12 weeks)  
**No class on MLK Day, Presidents Day or Spring Break (March 23-27)**





Idaho State University

# Introduction to **Wilderness** Physical Therapy

CEU's Available

Learn more at  
[cetrain.isu.edu/wpt](http://cetrain.isu.edu/wpt)



# Health and Wellness

*Whether enhancing skills or starting a new career, our courses offer comprehensive training for success in high-demand careers in healthcare.*

**NOTE:** For any health course that exceeds three days in length, please consider other commitments and use discretion when registering for these time sensitive, high-competency courses. **Handouts can be found at [cetrain.isu.edu/handout](http://cetrain.isu.edu/handout).**

## CPR & FIRST AID (AHA)

All courses are approved by American Heart Association (AHA) and taught by certified AHA instructors.

### AHA Heartsaver Basic First Aid #1915

The American Heart Association Heartsaver® Basic First Aid course equips you with the knowledge and confidence to respond to common emergencies such as bleeding, sprains, broken bones, shock, and more. Designed for anyone with little or no medical training, this hands-on course teaches essential first aid skills in a straightforward, practical way. Upon successful completion, participants receive a two-year Heartsaver First Aid certification card, empowering you to make a difference when it matters most. Does not include CPR. **Please call 208-282-3372 for information on available classes. Hours: 4**

### AHA Heartsaver Pediatric First Aid/CPR/AED #1916

This course meets American Heart Association (AHA) and Idaho Child Care Program (ICCP) requirements (meets daycare provider requirements for the Pocatello and Chubbuck area). Students will learn infant/child/adult CPR, obstructed airways, use of a barrier device, AED, hands-on training and pediatric first aid basics.

**ALL CLASSES: Hours: 7**

**Fee: \$65** (Includes textbook and certification card)

**This course is offered on a as-needed basis. Please call 208-282-3372 to schedule.**

### AHA Heartsaver First Aid/CPR/AED #1933

This course is designed to teach lay responders critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course is ideal for health and fitness coaches, teachers and school staff, lifeguards, flight attendants, and anyone who needs a credential in first aid and CPR, including Certified Family Home.

**Note: This course does not meet requirements for AHA Healthcare Provider BLS CPR.**

**ALL CLASSES: Hours: 6**

**Fee: \$65** (Includes textbook and certification card)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
1	01/24/26	S	9am-3pm	RFC B166
2	02/07/26	S	9am-3pm	RFC B166
3	03/07/26	S	9am-3pm	RFC B166
4	04/04/26	S	9am-3pm	RFC B166
5	05/02/26	S	9am-3pm	RFC B166
6	06/06/26	S	9am-3pm	RFC B166

### AHA BLS Provider CPR #1930

This class teaches everything necessary to administer CPR in healthcare settings such as assessment of breathing and cardiac emergencies in adults, infants, and children with one-and-two rescuer CPR; adult and pediatric obstructed airway management; AED; and mouth-to-mouth ventilation.

**ALL CLASSES: Hours: 5**

**Fee: \$65** (Includes manual)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Fall 12	12/20/25	S	9am-2pm	RFC B166
1	01/03/26	S	9am-2pm	RFC B166
2	01/14/26	W	5pm-10pm	RFC B166
3-EMT Only	01/15/26	TH	5pm-10pm	RFC B166
4	01/20/26	T	5pm-10pm	RFC B166
5	01/30/26	F	9am-2pm	RFC B166
6	02/04/26	W	5pm-10pm	RFC B166
7	02/11/26	W	5pm-10pm	RFC B166
8	02/17/26	T	5pm-10pm	RFC B166
9	02/25/26	W	5pm-10pm	RFC B166
10	03/11/26	W	5pm-10pm	RFC B166
11	03/16/26	M	5pm-10pm	RFC B166
12	03/28/26	S	9am-2pm	RFC B166
13	04/01/26	W	5pm-10pm	RFC B166
14	04/16/26	TH	5pm-10pm	RFC B166
15	04/25/26	S	9am-2pm	RFC B166
16	04/29/26	W	5pm-10pm	RFC B166
17	05/11/26	M	5pm-10pm	RFC B166
18	05/27/26	W	5pm-10pm	RFC B166



**Idaho State  
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**Continuing Education  
and Workforce Training**

19	05/30/26	S	9am-2pm	RFC B166
20	06/04/26	TH	5pm-10pm	RFC B166
Summer 1	06/08/26	M	5pm-10pm	RFC B166
Summer 2	06/23/26	T	5pm-10pm	RFC B166

### AHA Heartcode BLS Provider CPR – Online Blended Learning #1929

Heartcode BLS Provider CPR is an online blended learning course most appropriate for those familiar with AHA BLS. Students will receive a 'key-code' via email to access the online component. Upon completing this part, they attend a structured BLS hands-on session with an AHA Instructor. To participate in the two-hour session, students must finish the online portion and present their course certificate to the instructor. **HANDS-ON: Hours: 2.5 Fee: \$65** (Includes online course, hands-on session w/ AHA instructor, & cert. card)

SECTION	START	DAYS	TIMES	BLDG/RM
1	01/06/26	T	5pm-7:30pm	RFC B166
2	01/09/26	F	5pm-7:30pm	RFC B166
3	01/22/26	TH	1pm-3:30pm	RFC B166
4	02/02/26	M	5pm-7:30pm	RFC B166
5	02/19/26	TH	5pm-7:30pm	RFC B166
6	03/03/26	T	5pm-7:30pm	RFC B166
7	03/18/26	W	5pm-7:30pm	RFC B166
8	03/30/26	M	1pm-3:30pm	RFC B166
9	04/09/26	TH	5pm-7:30pm	RFC B166
10	04/21/26	T	5pm-7:30pm	RFC B166
11	05/06/26	W	5pm-7:30pm	RFC B166
12	05/21/26	TH	5pm-7:30pm	RFC B166

### AHA BLS Provider CPR – Refresher #1937

This course is intended for individuals who have a current AHA BLS card who need recertification. Must have a current AHA BLS CPR card. If you do not have current card, please sign up for one of our AHA BLS CPR classes. **ALL CLASSES: Hours: 3.5 Fee: \$50**

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Fall 3	12/17/25	W	5pm-8:30pm	RFC B166
1	01/21/26	W	5pm-8:30pm	RFC B166
2	02/18/26	W	5pm-8:30pm	RFC B166
3	03/19/26	TH	5pm-8:30pm	RFC B166
4	04/15/26	W	5pm-8:30pm	RFC B166
5	05/20/26	W	5pm-8:30pm	RFC B166
6	06/17/26	W	5pm-8:30pm	RFC B166

## ASSISTANCE WITH MEDICATIONS

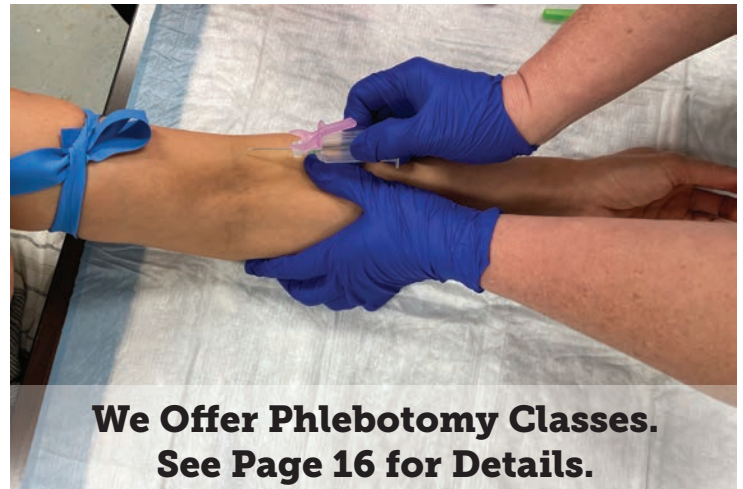
### Assistance with Medications #1940

Qualify yourself to assist with medications in assisted living, group home and certified family home settings. Upon completion, you will know the legal requirements, be able to identify safety factors involved, and know your responsibilities and restrictions when assisting with medications. Closed-book written exam and skills exam are conducted at the end of class. Begin studying the course manual\* at least one week prior to the class. **This 8-hour course is taught in a one-day Saturday course or split between two 4-hour evenings.** **NOTE:** These classes are fully face to face; online courses are available on request.

\*Required course manual available at [cetrain.isu.edu/med](http://cetrain.isu.edu/med)

**ALL CLASSES: Hours: 8 Fee: \$80**

SECTION	START	END	DAYS	TIMES	BLDG/RM
1	01/12/26	01/13/26	M/T	5:30pm-9:30pm	RFC B166
2	01/24/26	1day class	S	9:00am-5:30pm	RFC B166
3	01/26/26	01/27/26	M/T	5:30pm-9:30pm	RFC B166
4	02/09/26	02/10/26	M/T	5:30pm-9:30pm	RFC B166
5	02/21/26	1day class	S	9:00am-5:30pm	RFC B166
6	02/23/26	02/24/26	M/T	5:30pm-9:30pm	RFC B166
7	03/09/26	03/10/26	M/T	5:30pm-9:30pm	RFC B166
8	03/21/26	1day class	S	9:00am-5:30pm	RFC B166
9	03/23/26	03/24/26	M/T	5:30pm-9:30pm	RFC B166
10	04/13/26	04/14/26	M/T	5:30pm-9:30pm	RFC B166
11	04/18/26	1day class	S	9:00am-5:30pm	RFC B166
12	04/27/26	04/28/26	M/T	5:30pm-9:30pm	RFC B166
13	05/04/26	05/05/26	M/T	5:30pm-9:30pm	RFC B166
14	05/16/26	1day class	S	9:00am-5:30pm	RFC B166
15	05/18/26	05/19/26	M/T	5:30pm-9:30pm	RFC B166
16	06/15/26	06/16/26	M/T	5:30pm-9:30pm	RFC B166
17	06/27/26	1day class	S	9:00am-5:30pm	RFC B166
18	06/29/26	06/30/26	M/T	5:30pm-9:30pm	RFC B166



**We Offer Phlebotomy Classes.  
See Page 16 for Details.**



**Idaho State  
University**

Continuing Education  
and Workforce Training

### Certified Family Home Basic Medication Awareness and Infection Control #1939

The purpose of this course is to educate Certified Family Home (CFH) providers and substitute caregivers regarding medication safety and infection control. Participants will gain a basic understanding of medications including storing and caring for medications, six rights of medication oversight, medication side effects and warning signs, infection control, maintaining medication records and more. This course satisfies the requirements of IDAPA 16.03.19.400.05: "Each staff assisting with resident medications will have successfully completed a medication training under Section 100 of these rules." That section states under IDAPA 16.03.19.100.03.e: "Unless a licensed practical nurse, registered nurse, physicians assistant, or medical doctor, completion of a Department-approved medications course through an Idaho technical college. Successful completion of this course will consist of an open-book written test with a passing rate of 80% or greater and participation in the skills demonstration and testing. Spanish course available. Call 208-282-3372 for details.

\*Required course manual available at [cetrain.isu.edu/med](http://cetrain.isu.edu/med)

**ALL CLASSES: Hours: 5 Fee: \$80**

SECTION	START	DAYS	TIMES	BLDG/RM
1	01/10/26	S	12pm-5pm	RFC B166
2	02/07/26	S	12pm-5pm	RFC B166
3	03/14/26	S	12pm-5pm	RFC B166
4	04/11/26	S	12pm-5pm	RFC B166
5	05/09/26	S	12pm-5pm	RFC B166
6	06/13/26	S	12pm-5pm	RFC B166

  Denotes classes taught in Spanish

## COMMUNITY HEALTH

### Web Hybrid-Community Health Worker Training Core Competencies #6501

This course is designed to provide core competencies for Community Health Workers (CHWs). It includes key concepts of public health, outreach, advocacy, community and individual assessment, social determinants of health, health education, navigating insurance, stages of behavior change, service coordination and more. This 13-week core course consists of 48 hours of a blend of live online and asynchronous training.

**Start Dates: 01/08/26 Days Taught: TH**  
**Hours: 48 Fee: \$650**  
**Bldg/Rm: ZOOM Hours: 48**

### Web Hybrid-Community Health Worker Advanced #6551

The Community Health Worker Advanced course expands student's knowledge and skills and offers experiential learning through community or clinical tracks with a rotation at a preceptor site. **This course must be taken after The Community Health Worker Core Course has been completed.**

This 13-week core course consists of 48 hours of blended, live-online and asynchronous training, and 48 Clinical hours.

**Start Dates: Check [cetrain.isu.edu/CHW](http://cetrain.isu.edu/CHW) for dates & times**  
**Fee: \$850**

**Bldg/Rm: ZOOM**

**Hours: 96**

## DENTAL ASSISTING

### Fundamentals of Dental Assisting w/Expanded Functions #1920

Learn the basic concepts and skills of dental assisting including: terminology, dental charting, cavity classification, rubber dams, four-handed dentistry and suctioning through classroom, on-line and lab learning in an intensive 13-week course.

**ADDITIONAL COSTS INCLUDE:** Scrubs, Textbook, BLS Healthcare Provider CPR Training Certification (**register at [cetrain.isu.edu/cpr](http://cetrain.isu.edu/cpr)**). Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. **In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.** For more information please see the handout on [cetrain.isu.edu/handout/](http://cetrain.isu.edu/handout/)

#### SPRING

**Start Dates: 01/12/26 to 05/06/26**

**Days Taught: M/W + 2 Saturdays (TBA)**

**Hours: 115**

**Fee: \$675**

**Bldg/Rm: RFC B167**

**Times: 6pm– 9:30pm (30 sessions)**

**FALL- Registration for this class will open in summer 2026**

**Start Dates: 08/10/26 to 12/02/26**

**Days Taught: M/W + 2 Saturdays (TBA)**

**Hours: 115**

**Fee: \$675**

**Bldg/Rm: RFC B167**

**Times: 6pm– 9:30pm (30 sessions)**



**Idaho State University**

**Continuing Education and Workforce Training**

## EMERGENCY MEDICAL TECHNICIAN

### EMT – Basic #1925

Whether you're starting your career in emergency medicine or expanding your expertise, this course will equip you to deliver high-quality care as an EMT-Basic. Throughout this program, you'll gain essential skills in emergency medical care, from basic life support to advanced interventions. Our focus is on rapid assessment, decisive action, and compassionate treatment, preparing you to handle diverse medical emergencies with confidence and empathy. Upon completion, students must pass both a psychomotor skills exam and a national written exam for certification. This is an intensive course conducted over 16 weeks. Students attend 8 hours of class per week and participate in 7 Saturday Skills days. **In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.** Must be 18 years or older.

**ADDITIONAL COSTS:** Textbook, blood pressure cuff and stethoscope, immunizations, drug screening test, MyClinical Exchange Account skills and written certification exams, BLS Healthcare Provider CPR training certification.

(register at [cetrain.isu.edu/cpr](http://cetrain.isu.edu/cpr)).

**NOTE:** This course requires an application and interview. Background checks are a course requirement. A failed background check will prevent participation in this course. For more information, including additional costs, please see the handout on [cetrain.isu.edu/emt](http://cetrain.isu.edu/emt).

**Spring class priority given to applications submitted before Nov. 30. Application deadline Dec. 15.**

**Fall 2026 applications will open May 2026.**

#### SPRING

**Start Dates:** 01/05/26 to 05/02/26

**Days Taught:** M/TH: 6pm – 10pm (29 sessions)

**SAT:** 9 am – 5 pm (7 sessions)

**Fee:** \$1100 (fee includes background check)

**Bldg/Rm:** EAMES 131      **Hours:** 172

**FALL Registration for this class will open in summer 2026**

**Start Dates:** 08/10/26 to 12/05/26

**Days Taught:** M/TH: 6pm – 10pm (29 sessions)

**SAT:** 9 am – 5 pm (7 sessions)

**Fee:** \$1100 (fee includes background check)

**Bldg/Rm:** EAMES 131      **Hours:** 172

### AEMT-Advanced #1147

The Advanced Emergency Medical Technician (AEMT) course is an intensive and comprehensive hybrid program which includes online progressive learning and in-person skills labs, clinicals and field (ambulance observation) components. The primary focus of the Advanced Emergency Medical Technician is to provide

basic and limited advanced emergency medical care and transportation for critical and emergent patients who access the emergency medical system. This course meets the Idaho and national requirements to apply for certification as an Advanced EMT. This course is a 14-week course consisting of approximately 220 hours spread between online coursework, 54 hours of in-person lab/skills time, up to five 12-hour shifts in a clinical setting and ride-alongs with an ambulance crew. **Pre-requisite:** Must have achieved NREMT certification. Preference for EMT's with minimum 1 year of experience. **Additional Costs:** Textbook, blood pressure cuff and stethoscope, clinical facility required immunizations, drug screening test, MyClinical Exchange account, skills and written certification exams, American Heart Association ACLS training will be during class time but will have an additional fee. AEMT national testing fees are not included in the class. **NOTE:** This course requires an application and interview. Due to clinical requirements, a current background check is a course requirement. A failed background check will prevent participation in this course. For more information, including additional costs please see the handout on [cetrain.isu.edu/emt](http://cetrain.isu.edu/emt) for additional costs and course information.

**Start Dates:** 05/04/26 to 08/08/26

**Days Taught:** M/TH: 6pm– 10pm (14 sessions)

**Fee:** \$1200 (fee includes background check)

**Bldg/Rm:** EAMES 131      **Hours:** 220

## HEALTH AND WELL-BEING

### 100-Days (Online) #1958

Embark on a 100-day journey to a healthier you. Whether you are just starting in nutrition, health, wellness, or seeking a reset, this course will provide you with essential tools to reach optimal health at any stage in life. Learn how to jumpstart your metabolism, stabilize blood sugar, balance hormones, and ward off metabolic diseases—all through clean eating, the power of blood sugar stabilization, & balancing hormones. Each day, you'll dive into engaging lessons delivered through our online portal, all centered around transforming your body, mind, & lifestyle, and daily routines. Discover time management strategies, the art of habit stacking, & essential tips for managing sleep, stress, nutrition, exercise, and hydration. Learn to decode food labels, avoid harmful ingredients, & harness the power of macronutrients. Simple 1% changes in your everyday habits, can unlock the path to achieving health goals. Taught by a certified Nutrition Specialist/Personal Trainer with a Masters in Health Education with over 35 years of experience.

**Start Date:** 01/05/26

**Hours:** 9

**Bldg/Rm:** Online

**Days Taught:** M

**Fee:** \$597

**Times:** 7:30 pm - 8:30 pm  
(9 sessions)

**Cost includes:** Full access to the complete digital course and workbook—100 days of step-by-step guidance, audio version of the entire course for on-the-go learning, two InBody scans with instructor to track your transformation, 9 live Q&A Zoom sessions with a certified coach for personalized support, 100 days of motivational emails to keep you inspired and accountable, gym membership, fitness and nutrition guidance from a certified trainer and nutritionist, group coaching and accountability via live Zoom calls and a private WhatsApp community, practical tools: dining out tips, grab 'n go meals, a portal of RECIPES, weekly local and global coaching opportunities, access to all recorded calls for flexible learning, ongoing support through a private Facebook group.

## Demystifying Dementia Behaviors #1971

As the population ages, dementia (including Alzheimer's) increases. Caring for a person experiencing dementia can be challenging. What is normal and what isn't? What is the best way to respond to gain cooperation and maintain the dignity of the person while reducing caregiver stress and frustration? Intended for those interacting with people with Alzheimer's and related dementias on a regular basis.

### SECTION 1 – Dementia Basics

A broad overview of dementia and the warning signs.

**Start Date:** 03/04/26 **Days Taught:** W  
**Hours:** 1.5 **Fee:** \$15  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 7:30 pm (1 session)

### SECTION 2 – Dementia Behavior

This two-hour session will dive more deeply into the stages of dementia and the difficult behaviors that may accompany them. Attendees will come away with strategies for how to deal with these behaviors and provide meaningful activities for their loved ones.

**Start Date:** 03/11/26 **Days Taught:** W  
**Hours:** 2 **Fee:** \$15  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 8 pm (1 session)

### SECTION 3 – Dementia Essentials

Information for support—including caregiver support, legal support, community support and available resources.

**Start Date:** 03/18/26 **Days Taught:** W  
**Hours:** 1.5 **Fee:** \$15  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 7:30 pm (1 session)

## Joint Health #1965

Join Us for a 4-Part Health Series with Dr. Kari Schultz! Led by local chiropractor, Dr. Kari Schultz, this engaging class series will explore four essential topics to help you take charge of your health:

- Joint Aches & Pains – What Can Be Done About It
- Ways to Boost Your Brain

- Strengthen Your Immune System
- Gut Health & Why It's Important

Each class will take a deep dive into one of these key areas, providing practical tips and insights to support your well-being. Don't miss this opportunity to learn how small changes can make a big impact on your health!

**Start Date:** 02/04/26 **Days Taught:** W  
**Hours:** 4 **Fee:** \$65  
**Bldg/Rm:** RFC 263 **Times:** 5:30pm – 6:30pm (4 sess)

## Mental Health First Aid #1788

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use challenge. In this 8-hour course, taught by a nationally certified Mental Health First Aid instructor, you will learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Learn about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well. Participants will receive an official Mental Health First Aid certificate.

**Please call 208-282-3372 for information on scheduling classes. Hours: 8 classroom hours (+ 30-minute lunch break for full day classes)**

**Mental Health Awareness Week Special-Mental Health First Aid Course. Check back at [cetrain.isu.edu/mhw](http://cetrain.isu.edu/mhw)**

## NURSING ASSISTANT – CNA

### Certified Nurse Assistant (CNA)

Prepare yourself for employment opportunities as a nursing assistant in extended care facilities, hospitals, home-care and hospice situations. This course meets the following requirements for Idaho registration of nursing assistants:

- 1) 88 hours of classroom instruction** (including discussion, videos, hands-on lab experiences)
- 2) 32 hours clinical experience** in health care facilities
- 3) Guidance preparing for manual skills testing and written exam** as required by the State of Idaho for placement on state registry.

CNA courses are available with several options:

**Web supplemented-**

**Accelerated (day) class:** 6 hours 2 days/week total of 7 weeks long

**Regular web (day) classes:** 6 hours 1 day/week total of 13-15 weeks long

**Evening classes:** 4 hours 2days/week, total of

**11 1/2 weeks long** (the Malad class is 9 weeks long)

**Face-to-face** 6 hours 2 days/week, total of 12.5 weeks long

3 hours 2 days/week, total of 20 weeks long; allows student more time for learning and skill mastery.

**ADDITIONAL COSTS INCLUDE:** Textbooks, BLS Healthcare Provider CPR training certification (**register at [cetrain.isu.edu/cpr](http://cetrain.isu.edu/cpr)**), clinical attire, clinical tools and immunizations.

Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully. For more information please see the handout at: **[cetrain.isu.edu/cna](http://cetrain.isu.edu/cna)**

**CNA CLASSES: Hours 120 FEE: \$850 (including testing fees).**

### **CNA– Traditional Face To Face #1955**

**2026 Classes: Hours: 120 Fee: \$850 (includes testing fees)**

SECTION	START	END	DAY	TIME	BLDG/RM
1	01/22/26	06/04/26	T/TH	9am-12pm	RFC B165
2	02/23/26	05/18/26	M/W	9am-3pm	RFC B165
3	06/01/26	08/12/26	M/W	9am-3pm	RFC B165

### **CNA – Web Supplemented #1956**

Do you want to take a CNA class but would rather take a portion of it online? This web-supplemented course reduces face-to-face time by almost half.

**2026 Classes: Hours: 120 Fee: \$850 (includes testing fees)**

SECTION	START	END	DAY	TIME	BLDG/RM
1	01/05/26	02/18/26	M/W	9am-3pm	RFC B165
2	02/02/26	04/02/26	M/W	4:30pm-8:30pm	Malad
3	02/21/26	05/30/26	S	9am-3pm	Bear Lake
4	03/06/26	05/22/26	W/F	6pm-10pm	RFC B165
5	04/04/26	06/27/26	S	9am-3pm	RFC B165
6	06/16/26	07/23/26	T/TH	9am-3pm	RFC B165

### **CNA Manual Skills Prep #1953**

Need additional guidance with the manual skills portion of the nursing assistant's role? The course includes web videos of each testable skill, a copy of all documents needed to prepare for the CNA manual skills exam, and four hours of face-to-face training with an Idaho-approved nursing assistant instructor.

**Call to set up: 208-282-3372**

**Fee: \$250 (\$150 for ISU CNA students)**

### **Medication Assistant-Certified (MA-C) Web Supplemented #1975**

The Medication Assistant-Certified (MA-C) is a CNA with specialized training in Medication Administration. This 120-hour course will cover the National Council of State Boards of Nursing (NCSBN) curriculum and will prepare students to take the MACE upon successful course completion. Topics will include ethical and legal responsibilities and consideration, basic pharmacology, medication safety, medication routes, drug classification and more.

**Course is offered on an as-needed basis. Please call our office at 208-282-3372 for customized classes.**

## **ONLINE HEALTH PROGRAMS**

*Participants registered for the online health programs have 90 days to complete the course.*

### **Basic EKG Interpretation #1901**

This class covers concepts including basic heart anatomy and physiology, cardiac, conduction, rhythm interpretation, distinguishing EKG from cardiac monitoring, and practice interpreting rhythm strips. Students will complete twelve hours of online training. At the completion, an online exam is required with 80% competency to pass.

**Register at: [cetrain.isu.edu/ekg](http://cetrain.isu.edu/ekg)**

**Start Date: Anytime**      **Ends: 90 days after registration**  
**Hours: 12**      **Fee: \$40**

### **OSHA Bloodborne Pathogens #6100**

This user-friendly, online-based course allows students to complete the course at their own convenience. The OSHA Bloodborne Pathogen Standard is the focus, with current information about the three most devastating and common bloodborne pathogens. Online handouts and competency quizzes assure the student's competency.

**Register at: [cetrain.isu.edu/bbp](http://cetrain.isu.edu/bbp)**

**Start Date: Anytime**      **Ends: 90 days after registration**  
**Hours: 4**      **Fee: \$10**

## **IDAHO LAUNCH**

Check to see if the health program you are interested in qualifies for Idaho Launch Funding.

For help bundling approved courses through ISU Continuing Education and Workforce Training please contact us at 208-282-4103



## Effective Delegation for Healthcare #1934

For delegation to be appropriate, it is necessary to understand the Board of Nursing's standards, use effective communication skills, and provide instruction that leads to knowledge and competence. In 2014, limits on the role of unlicensed assistive personnel (UAP), such as the CNA, were removed from the rules of the Idaho Board of Nursing, allowing nurses more freedom in delegating tasks to UAPs. This online series clarifies how this change will promote high-quality, patient-focused, and cost-effective care in the community environment. **Register at: [cetrain.isu.edu/delegation](http://cetrain.isu.edu/delegation)**

**Start Date:** Anytime      **Ends:** 90 days after registration  
**Hours:** 5.5                      **Fee:** FREE

## Medication Math #1902

Do you struggle with math, but need to understand it to safely prescribe or administer medication? This course is for you! Concepts include conversion between systems of measurement, dimensional analysis, decimals and percentages, and applying the math to real-world scenarios. Self-paced course. **Participants have 90 days to complete the course.**  
**Register at: [cetrain.isu.edu/medmath](http://cetrain.isu.edu/medmath)**

**Start Date:** Anytime      **Ends:** 90 days after registration  
**Hours:** 6                      **Fee:** \$10

## Seizure Training #1936

This 1-hour course provides training on seizures including: what is a seizure? types of seizures, what to do when someone is experiencing a seizure, first aid for seizures, creating a seizure plan, and seizure statistics. This class is fully online, registered participants will receive 90 days to watch, review, and complete. A certificate will be available upon completion and successful submission of course work.

**Start date:** Anytime      **Ends:** 90 days after registration  
**Hours:** 1                      **Fee:** \$10



## PHLEBOTOMY TECHNICIAN

### Phlebotomy Technician – Web Supplemented #1919

Topics range from blood draws and laboratory procedures to employability skills and safety. **Due to clinical requirements, students must be 18 years or over to take this course.** Sixty hours of this 160-hour course are completed online with user-friendly videos, assignments, handouts and quizzes. Students will meet twice per week for the skills portion of the course, followed by 40 hours of clinical experience, and blood draws with a clinical agency. Clinical hours are likely to be outside of normal course hours due to agency operating hours, but a clinical schedule will be provided in advance. Total clinical hours are dependent on students completing at least 100 blood draws. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.

**ADDITIONAL COSTS:** Textbook, uniform, immunizations, MyClinicalExchange account, and BLS provider CPR certification course (register at [cetrain.isu.edu/cpr](http://cetrain.isu.edu/cpr)). Some clinical sites may require a drug screen.

**ADDITIONAL REQUIREMENTS:** Health Insurance: All students are required to have health insurance before entering the clinical setting. Background Check: Background checks are a course requirement. A failed background check will prevent course participation. For more information, including additional costs, please see the handout on [cetrain.isu.edu/phlebotomy](http://cetrain.isu.edu/phlebotomy)

**ALL CLASSES:** Hours: 160 Fee: \$1,000

SECTION	START	END	DAY	TIMES	BLDG/RM
1	02/25/26	07/22/26	W	2:00 pm-5:00pm	RFC B167
2	04/28/26	08/27/26	T/TH	5:15pm-7:15pm	RFC B167
Summer 1	07/01/26	11/18/26	W	2:00 pm-5:00pm	RFC B167
Summer 2	08/25/26	12/22/26	T/TH	5:15pm-7:15pm	RFC B167

### Phlebotomy for Health Care #1909

Are you an RN, LPN or Medical Assistant interested in mastering the essential skill of drawing blood for diagnostic purposes? Our Phlebotomy for Healthcare course is designed to provide comprehensive training in the art and science of phlebotomy. This course is ideal for individuals pursuing a career in healthcare or current healthcare professionals looking to enhance their skills. Customized training for individual facilities available. Please call our office to request a course.

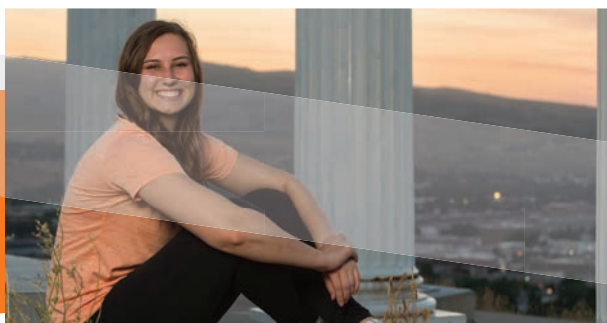
**Start Date:** TBD                      **Days Taught:** TBD  
**Hours:** 6                              **Fee:** \$250  
**Bldg/Rm:** TBD                      **Times:** TBD  
**Check back at [cetrain.isu.edu](http://cetrain.isu.edu)**

**IV Basics #1907**

This comprehensive IV Therapy Training course is designed to provide healthcare professionals with the knowledge and practical skills necessary to safely and effectively perform intravenous therapy. **Note:** This course is designed for healthcare professionals with prior medical training and knowledge. Successful completion of this course does not constitute a license to practice IV therapy, and participants should ensure they meet their local regulatory requirements for IV therapy practice. Customized training for individual facilities available. Please call our office to request a course.

**Start Date:** 02/05-02/06/26**Days Taught:** TH/F**Hours:** 12**Fee:** \$250**Bldg/Rm:** RFC B167**Times:** 3 pm – 9 pm  
(2 sessions)**PHYSICAL THERAPY CEUs****Wilderness Physical Therapy:  
Level 1 ( Basic Competencies) #6560**

5 modules offered for a total of 4.0 CEUs, These classes are designed and led by Physical Therapist Wilderness EMTs. It is intended for physical therapists, physical therapy assistants, and other healthcare professionals. A certificate will be available upon completion and successful submission of all course work. visit [cetrain.isu.edu/wilderness](http://cetrain.isu.edu/wilderness) for more details.

**Start Date:** Ongoing/Anytime**Hours:** Varies by Course**Fee:** Varies by Course**Bldg/Rm:** Online/In-person**ROAR****Funding Options****Funding May Be Available for Qualifying Programs.**

We encourage those interested in applying for funding to contact our office prior to application. Funding resources include: Sallie Mae WFT, WOA, Voc Rehab, Maximus, Deseret Industries, Idaho Launch, Equus, and Community Council of Idaho. Call us for more information.

(208) 282-3372 | [cetrain.isu.edu](http://cetrain.isu.edu)**SAVE THE DATE  
Feb. 26-28, 2026****Join us for our annual Emergency  
Medicine Conference****Contact Hours Are  
Available.****[cetrain.isu.edu/EMC](http://cetrain.isu.edu/EMC)**



# **BENGALS RISE**

**CAREER-READY**  
*at the*  
**College of Technology**

■ **HEALTH PROGRAMS**

■ **BUSINESS AND SERVICE PROGRAMS**

■ **ENGINEERING TECHNOLOGY PROGRAMS**

■ **TRADE AND INDUSTRIAL PROGRAMS**





**ISU's College of Technology** delivers hands-on, industry-driven training through certificate and associate degree programs that lead directly to high-wage, high-demand careers. Our programs are built with employer partners and backed by a **96% positive placement rate**, giving students a powerful edge in the workforce. Whether you want to heal, build, innovate, or lead, this is where opportunity begins.

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BOOK A TOUR AND START  
YOUR JOURNEY.**



(208) 282-2800 | [ctech@isu.edu](mailto:ctech@isu.edu)

# Industrial Maintenance

*Required knowledge for industrial tradespeople, including controls, PLC basics and fluid dynamics.*

## CONTROLS

### PLC Training—Rockwell Studio 5000 #1203

Using the Rockwell Studio 5000/CompactLogix Programmable Logic Controllers (PLC), learn ladder logic format, I-O instructions, external devices, operating cycles, relays, timers, counters, sequencers, shift registers, analog applications, math blocks use of trending and data logging tools, as well as troubleshooting tools and techniques.

**This course is taught by an industry expert with over 25 years of control experience.**

**Start Date:** 01/19/26 **Days Taught:** M/W  
**Hours:** 51 **Fee:** \$650  
**Bldg/Rm:** ESTEC 202 **Times:** 6 pm – 9 pm (17 sessions)  
**No class on MLK day or Presidents Day**

# Personal/ Professional Development

## ART, LITERATURE & CULTURE

### Beginning Photography (D/SLR) #1155

Basic understanding of photography. This class will discuss Aperture, Shutter Speed, ISO, and go over some Composition. **You will learn how to operate your own camera.** This class is geared for DSLR Cameras. The class will have props for you to practice during class time. Bring your DSLR camera that you want to learn with. Students are encouraged to bring their camera's owner's manual, or be able to look it up online, or on your phone. The goal of this class is to make you feel more comfortable taking

your camera out and gain an understanding of the basics. This is a beginner class. Participants will spend the first three sessions learning photography techniques and the last class reviewing each others photos.

**Start Date:** 02/05/26 **Days Taught:** TH  
**Hours:** 8 **Fee:** \$50  
**Bldg/Rm:** RFC 162 **Times:** 6 pm – 8 pm  
**(4 sessions)**

### NEW Sketch with Watercolor and Ink Pen for Beginners #1254

This class will show beginning learners a fun and easy way to paint with watercolor. The first week will introduce materials needed for this class. During the eight weeks, learners will try 8-12 projects covering items in daily life, street view, and natural landscape.

**Start Date:** 03/04/26 **Days Taught:** W  
**Hours:** 16 **Fee:** \$80  
**Bldg/Rm:** RFC 263 **Times:** 6 pm – 8pm (8 sessions)  
**No Classes during Spring Break March 23-27**

### Watercolor Pencil for Beginners #1225

For beginning learners interested in watercolor pencils. This class will demonstrate how to draw with watercolor pencils and cover several drawing techniques. The first week will introduce materials and techniques needed for this class and the remaining seven weeks learners will draw a variety of vegetables and fruits.

**Start Date:** 03/02/26 **Days Taught:** M  
**Hours:** 16 **Fee:** \$80  
**Bldg/Rm:** RFC 263 **Times:** 6 pm – 8pm (8 sessions)  
**No Classes during Spring Break March 23-27**

## CRAFTS AND SEWING

### Furniture Painting #1529

Bring a small piece of furniture from home like a chair, stool, side table, etc. and learn the art of using Dixie Belle Chalk Paint to transform your fixer-upper projects. It's a fun DIY that anyone can do! Paint, brushes, and other materials provided.

**Start Date:** 01/06/26 **Days Taught:** T  
**Hours:** 2.5 **Fee:** \$40  
**Times:** 6 pm – 8:30pm (1 session)  
**Bldg/Rm:** The Elwen Cottage, 334 N Main St.

**Spring Wreath Making #1778**

Come enjoy making a one of a kind, classy spring style wreath. All materials will be provided to create a wreath that will be a perfect focal point for your front door or anywhere.

**Start Date:** 01/27/26    **Days Taught:** T  
**Hours:** 2.5    **Fee:** \$40  
**Times:** 6 pm – 8:30 pm (1 session)  
**Bldg/Rm:** The Elwen Cottage, 334 N Main St.

**Making Wind Chimes #1532**

Transform vintage kitchen gadgets – like spoons and measuring cups – into a one-of-a-kind wind chime. Each student will take home a completed chime to hang all spring long. All materials provided.

**Start Date:** 02/03/26    **Days Taught:** T  
**Hours:** 2.5    **Fee:** \$40  
**Times:** 6 pm – 8:30 pm (1 session)  
**Bldg/Rm:** The Elwen Cottage, 334 N Main St.

**Steampunk Jewelry #1794**

Victorian inspired Steampunk Jewelry doesn't have to break the bank! Combining vintage, hardware, imagination, gadgetry, and science fiction, this style is sure to make people stop and stare. We not only dive into history, art, and science, but create custom one-of-a-kind pieces. All materials will be provided.

**Start Date:** 04/07/26    **Days Taught:** T  
**Hours:** 2.5    **Fee:** \$40  
**Times:** 6 pm – 8:30pm (1 session)  
**Bldg/Rm:** The Elwen Cottage, 334 N Main St.

**Quilting 101 #1134**

Welcome to Quilting 101! The friendly team at Sew in Stitches is bringing their expertise and love of quilting to everyone who wants to learn! Join us as we introduce you to the basics of quilting. We begin our journey with how to choose, prep, and cut fabric, and take you through the process of sewing a perfect quarter-inch to create different blocks, and even show you how you can quilt and bind your quilt. Students will make a lap-size quilt top in class. Students need a sewing machine in working order and basic sewing supplies. Fabric and supplies can be purchased at a discount from Sew in Stitches prior to class.

**Start Date:** 02/03/26    **Days Taught:** Every other T  
**Hours:** 20    **Fee:** \$85  
**Times:** 5:30 pm – 8 pm (8 sessions)  
**Bldg/Rm:** Sew in Stitches-777 Yellowstone Ave. Ste B

**FITNESS & DANCE****Ballroom Dancing #1280**

These ballroom classes will move at a pace good for learning, including group exercises to become familiar and comfortable with dancing. Partner required; class fee (\$50) per person. You will need to bring your own water. Leather-soled shoes, and loose, breathable clothing is suggested.

**Section 1 – Tango**

American Tango is a fun, flirty and dramatic dance that can bring a sparkle to your winter evenings! Tango is typically danced with staccato movements to 4/4 music with a strong South American rhythm and occasional pop tunes. The dance has been featured in a variety of Hollywood movies and TV commercials. Come learn the basics and join in the fun! A brief beginner's tango routine is viewable at [www.youtube.com/watch?v=L5RGs8zMP8U](http://www.youtube.com/watch?v=L5RGs8zMP8U)

**Start Date:** 01/13/26    **Days Taught:** T  
**Hours:** 10    **Fee:** \$50  
**Bldg/Rm:** Liberty Hall Times: 7 pm – 9 pm (5 sessions)

**Section 2 – Foxtrot**

Foxtrot is a smooth, progressive dance of long, continuous flowing movements around the entire dance floor. The music is typically vocal/big band music, and/or some pop. This classic dance is probably the 2nd best-known ballroom dance, after waltz. It can look similar to waltz, but has its own style, uses two different rhythms, and is done to 4/4 music. Fred Astaire and Ginger Rogers famously performed this dance in films. A sample of a beginner's routine is available at: Beginner Bronze American Smooth Foxtrot: Basic step, grapevine, and box - YouTube

**Start Date:** 02/17/26    **Days Taught:** T  
**Hours:** 10    **Fee:** \$50  
**Bldg/Rm:** Liberty Hall Times: 7 – 9 pm (5 sessions)

**Section 3 – Cha Cha**

Cha-cha, also known as Cha-Cha-Cha, is Rhythm Ballroom Dances, suitable for many 4/4 songs "Latin" or Swing rhythms. The Cha-Cha is a "spot dance," meaning couples typically stay in one area of the dance floor. This course teaches the basics of this fun and lively dance. Classes include both instruction (~1.5 hrs) and time (~0.5 hrs) to practice with instructor support.

**Start Date:** 03/24/26    **Days Taught:** T  
**Hours:** 10    **Fee:** \$50  
**Bldg/Rm:** Liberty Hall Times: 7 pm – 9 pm (5 sessions)

### Country Swing and Two-Step #1336

Grab your cowboy boots and get moving! Class focuses on the basics of Swing, Two-Step and various couple dances such as: 10-step Cotton-Eyed Joe, Waltz, and Amarillo. Practice and learn in a relaxed atmosphere that encourages you to master skills and look good doing them. Partner required; class fee (\$40) per person. You will need to bring your own water as there are no drinking fountains available.

#### Section 1

**Start Date:** 01/05/26    **Days Taught:** M  
**Hours:** 12    **Fee:** \$40  
**Bldg/Rm:** Liberty Hall    **Times:** 7 pm–9 pm (6 sessions)

#### Section 2

**Start Date:** 03/02/26    **Days Taught:** M  
**Hours:** 12    **Fee:** \$40  
**Bldg/Rm:** Liberty Hall    **Times:** 7 pm –9 pm (6 sessions)  
**No Class Spring Break March 23-27**

### Jiu Jitsu #1235

#### Section 1 - Youth BJJ Fundamentals (Ages 6-9)

Students aged 6 to 9 can learn the fundamentals of Brazilian Jiu Jitsu through movement drills, technique instruction, and sparring. Parents who want to continue their children's training will receive a 20% discount on signing up for a 3 month gym membership if they took the CEWT Intro class. Students should be showered, have their nails trimmed, and wear comfortable clothes without zippers to participate in class. It's also recommended to bring slip on shoes and a water bottle. All classes will have a male and female coach present.

**Start Date:** 01/14/26    **Days Taught:** W  
**Hours:** 1    **Fee:** \$25  
**Times:** 5 pm – 6 pm (1 session)  
**Bldg/Rm:** Colossal Fight Company, 300 N 5th Ave.

#### Section 2 - Teen BJJ and Self Defense (Ages 10+)

Students aged 10 and up can learn the fundamentals of Brazilian Jiu Jitsu through movement drills, technique instruction, and sparring. Parents who want to continue their children's training will receive a 20% discount on signing up for a 3 month gym membership if they took the CEWT Intro class. Students should be showered, have their nails trimmed, and wear comfortable clothes without zippers to participate in class. It's also recommended to bring slip on shoes and a water bottle. A mouth guard is allowed but not required for the sparring portion of the class. All classes will have a male and female coach present.

**Start Date:** 01/09/26    **Days Taught:** F  
**Hours:** 1    **Fee:** \$25  
**Times:** 5 pm – 6 pm (1 session)  
**Bldg/Rm:** Colossal Fight Company, 300 N 5th Ave.

#### Section 3 - Little Giants Jiu Jitsu (Ages 3-5)

Students aged 3 to 5 can learn the fundamentals of grappling through movement and balance drills and games. Parents who want to continue their children's training will receive a 20% discount on signing up for a 3 month gym membership if they took the CEWT Intro class. All students must be potty trained to participate. Slip-on shoes and a water bottle are recommended. All classes will have a male and female coach present.

**Start Date:** 01/13/26    **Days Taught:** T  
**Hours:** 0.75    **Fee:** \$25  
**Times:** 3:30 pm – 4:15 pm (1 session)  
**Bldg/Rm:** Colossal Fight Company, 300 N 5th Ave.

### Nia #1218

Nia is a sensory-based movement practice that draws from martial arts (Tai Chi, Taekwondo, Aikido), dance arts (jazz dance, modern dance, Duncan dance) and healing arts (Duncan dance, yoga, Alexander Technique and Teachings of Moshe Feldenkrais). Nia is a great way to get in shape and offers a unique experience from traditional aerobic exercises. Instructor is a certified Nia and Yoga instructor.

**Start Date:** 01/23/26    **Days Taught:** F  
**Hours:** 4    **Fee:** \$40  
**Bldg/Rm:** Red Hill 101    **Times:** 6 pm - 7 pm (4 sessions)

### Women's Self Defense #1236

This course combines Brazilian Jiu Jitsu, Muay Thai, and fundamental situational awareness skills to promote easy-to-learn techniques that exploit leverage and position to enable smaller, weaker persons to escape and defend themselves. This course is adaptable to your fitness level, and is suitable both for those with no martial arts experience, or those with experience but looking to focus on the techniques and skills applicable to self-defense. The course is taught by a female Brazilian Jiu Jitsu blackbelt. Ages 13 and up.

**Start Date:** 01/22/26    **Days Taught:** TH  
**Hours:** 8    **Fee:** \$75  
**Times:** 5 pm – 6 pm (8 sessions)  
**Bldg/Rm:** Colossal Fight Company, 300 N 5th Ave.



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## HORSEMANSHIP

All riding lessons are western. Bring your own horse or use a program horse for an additional \$10 per class session. Call CEWT to make arrangements for a horse (limited availability).

### Riding Instruction I #1052

Learn basic horsemanship skills. Each session begins with an informative equine-related lecture and continues with horse handling skills, riding techniques and instruction. Minimum Age is 18.

**Start Date:** 03/25/26    **Days Taught:** W  
**Hours:** 12    **Fee:** \$85  
**Times:** 5 pm – 8 pm (4 sessions)  
**Bldg/Rm:** Sweet Talk Ranch Arena,  
 7727 W. Katsilometes Rd., Pocatello, ID

### Riding Instruction II #1053

For the intermediate rider or those who have completed the Riding Instruction 1 class. Participants will learn topics ranging from balanced stops to pivots and so much more. Minimum Age is 18.

**Start Date:** 04/22/26    **Days Taught:** W  
**Hours:** 12    **Fee:** \$85  
**Times:** 5 pm – 8 pm (4 sessions)  
**Bldg/Rm:** Sweet Talk Ranch Arena,  
 7727 W. Katsilometes Rd., Pocatello, ID

### Riding Instruction III #1054

Are you a confident rider? Have you taken the Riding Instruction I and II classes? Here's your chance to explore advanced western riding techniques. Discussion will include improving your horse's body control, stops, pivots, and leads as well as learn several roll maneuvers. Minimum Age is 18.

**Start Date:** 05/20/26    **Days Taught:** W  
**Hours:** 12    **Fee:** \$85  
**Times:** 5 pm – 8 pm (4 sessions)  
**Bldg/Rm:** Sweet Talk Ranch Arena,  
 7727 W. Katsilometes Rd., Pocatello, ID

## OUTDOOR ADVENTURE

### Beginning Fly Tying #1618

For those who want to tie their own flies, this class will cover the tools, skills, and base techniques of fly tying. Learn the different kinds of flies and their applications. Students will tie a variety of flies to suit most fishing situations. **Classes are for ages 16 and up, however, those 12 years of age to 17 may attend with a registered adult. Students must bring a fly-tying vise.**

**Start Date:** 03/03/26    **Days Taught:** T/TH  
**Hours:** 8    **Fee:** \$59  
**Bldg/Rm:** RFC 263    **Times:** 6:30 pm– 8:30 pm (4 sess.)

### Intermediate Fly Tying #1619

This course is for beginning fly tiers who want to expand their skills and learn some new fly-tying techniques. We'll be skipping the basics and working on more complex fly patterns, using complicated materials, incorporating multiple materials, tying more realistic flies, and using standard materials in different ways to achieve different effects and appearances. Students should bring their own fly-tying tools (vise, bodkin, bobbin, thread, scissors) and are encouraged to bring other tools and materials as well. **Classes are for ages 16 and up, however, those 12 years of age to 17 may attend with a registered adult. Students must bring a fly-tying vise.**

**Start Date:** 04/07/26    **Days Taught:** T/TH  
**Hours:** 8    **Fee:** \$59  
**Bldg/Rm:** RFC 263    **Times:** 6:30 – 8:30 pm (4 sessions)

### Beginning Fly Fishing #1624

Perfect for those looking to break into the sport of fly fishing, but don't know where to start. Learn about the different types of flies, basic knots and rigging as well as casting and presentation techniques. The class will conclude with a morning of fishing. Students are responsible for their own transportation. **REQUIRED SUPPLIES:** fly rod, fly reel, fly line, baseball cap or other brimmed hat, sunglasses, shoes with closed toes. Saturday location TBA.

**Start Date:** 05/12/26    **Days:** T/TH, 6:30 pm–8:30 pm  
**Hours:** 12    **(4 sessions)**  
**SAT (5/23), 7:30 am–11:30am**  
**(1 session)**  
**Bldg/Rm:** RFC 263    **Fee:** \$63

## SPANISH/LANGUAGES

### Spanish the Silent Way #1129

The Silent Way by Oteg Categno is used to teach languages using the color system by which students will do most of the speaking and the instructor will play the role of the tutor. New students are encouraged to sign up for the Thursday class.

**Session 1-**This class is geared to intermediate students

**Start Date:** 01/13/26    **Days Taught:** T  
**Hours:** 10    **Fee:** \$50  
**Bldg/Rm:** RFC 379    **Times:** 6 pm – 8 pm (5 sessions)

**Session 2-**This class is geared to new/beginning students

**Start Date:** 02/24/26    **Days Taught:** T  
**Hours:** 10    **Fee:** \$50  
**Bldg/Rm:** RFC 379    **Times:** 6 pm – 8 pm (5 sessions)

125  
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# SCHOOL OF PERFORMING ARTS

## SPRING 2026 FEATURED EVENTS



### **Jazz Fest**

Feb. 13 | Station Square

Feb. 14 | Jensen Grand Concert Hall | SPAC

### **The Marvelous Wonderettes**

Feb. 27-28 | March 5-7

Bistline Theatre | SPAC

Rated PG



### **Southeastern Idaho Honor Band Festival**

April 2

Jensen Grand Concert Hall | SPAC



SCAN FOR TICKETS

### **Emme and the Taking of the Woods**

April 17-18 | 23-25

Bistline Theatre | SPAC

Rated PG



# ROAR

## Applications Open Soon



Pictured: Rick Newlin (center) and friends, many of whom contributed to the endowment.

## Rick Newlin-Endowment for the Plumbing Apprenticeship Program

Richard Darlis Newlin, was born January 11, 1954 and passed away on October 3, 2023. Shortly after turning 18, Rick took a job at Standard Plumbing. Over the years, he held multiple positions at Standard Plumbing, and was Manager of the Pocatello facility at the time of his passing. In all, Rick devoted over 50 years of service to the company where he supplied parts and materials, and helped countless plumbers, apprentices, and local homeowners tackle their plumbing projects. Rick was a kind and gentle soul to others, especially to those who knew and loved him- though he seemed to enjoy telling people that he was known as "Rotten Rick," a name that stuck with many people he was close with.

This endowment was created through loving commemoration by Rick's family and friends, and through the generous support of several local businesses. Its contributions represent Rick's spirit of giving, empowerment of others, and his love for the plumbing industry.

Applications open Jan. 2026.

If you would like to contribute to this endowment please contact David Doran [daviddoran@isu.edu](mailto:daviddoran@isu.edu).



To learn more about scholarship requirements and to apply  
[cetrain.isu.edu/plumbing-scholarship/](https://cetrain.isu.edu/plumbing-scholarship/)



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# Trades

*Industries across the U.S. are looking for individuals skilled in welding, machining, and flagging certification. Take advantage of our courses which provide you with the skills you need for the job you want.*

## BUILDING CONSTRUCTION

### Erosion Control / Storm Water #1190

Contractors, learn the new guidelines! Topics covered are federal and local erosion and sediment control requirements; responsible person requirements; local training and certification; best management practices; erosion control; sediment control; and the top 10 compliance problems. After passing this class, you may apply for ESC certification from the City of Pocatello—additional fees apply.

#### Section 1

**Start Date:** 03/17/26    **Days Taught:** T  
**Hours:** 4    **Fee:** \$45  
**Bldg/Rm:** RFC 263    **Times:** 6 pm – 10 pm (1 session)

#### Section 2

**Start Date:** 04/21/26    **Days Taught:** T  
**Hours:** 4    **Fee:** \$45  
**Bldg/Rm:** RFC 263    **Times:** 6 pm – 10 pm (1 session)

## CODE UPDATE

### 2023 NEC Code Update #1580

Every 3 years the National Electrical Code is revised and new code changes are included and adopted by the states. This class is geared toward Master and Journeyman electricians looking to keep current with updated code. States Utah, Wyoming, and Montana.

**Start Date:** 05/07/26    **Days Taught:** TH  
**Hours:** 8    **Fee:** \$115  
**Bldg/Rm:** RFC 108 S    **Times:** 8 am – 5 pm (1 session)

### Electrical Grounding and Bonding (NEC 2023) #1668

This 8 hour class highlights one of the most important, but least understood articles in the National Electrical Code®—Grounding and Bonding. Simply put, proper grounding and bonding protects your employees from electric shock and your plant and equipment from heat and fire. We will aim at reducing these risks and help answer any power quality issues you may be experiencing. BOOKS: Mike Holt Bonding and Grounding Book. States UT, WY, & MT.

**Start Date:** 05/08/26    **Days Taught:** F  
**Hours:** 8    **Fee:** \$115  
**Bldg/Rm:** RFC 108 S    **Times:** 8 am – 5 pm (1 session)

## DRAFTING

### NEW Introduction to Autodesk Revit #1257

This 25-hour beginner-level night class introduces students to Building Information Modeling (BIM) using Autodesk Revit. Participants will learn to create and modify architectural building models while producing professional 2D drawings and 3D views. Core topics include levels and grids, walls, doors, windows, roofs, stairs, dimensions, annotations, sheets, and schedules. Emphasis is placed on hands-on practice and real-world documentation workflows. By the end of the course, students will complete a small building project with floor plans, elevations, sections, and schedules assembled into sheets for presentation and export. **Fluency in Autodesk AutoCAD is strongly recommended.**

**Start Date:** 02/03/26    **Days Taught:** T/TH  
**Hours:** 25    **Fee:** \$200  
**Bldg/Rm:** EAMES 198    **Times:** 6:00 pm– 8:30 pm (10 sessions)

### NEW Introduction to Autodesk Revit MEP #1258

This 25-hour beginner-level night class introduces students to the Mechanical, Electrical, and Plumbing (MEP) tools in Autodesk Revit. Building on prior Revit experience, participants will learn to create and coordinate HVAC, piping, and electrical systems within architectural models. Core topics include placing and modifying MEP components, generating circuits and schedules, checking for interferences, and producing annotated MEP drawings. Emphasis is placed on hands-on practice, model coordination, and professional documentation standards. By course completion, students will develop a small, coordinated MEP project with sheets and schedules. **Prerequisite:** Introduction to Autodesk Revit – 25-Hour Night Class.

**Start Date:** 03/17/26    **Days Taught:** T/TH  
**Hours:** 25    **Fee:** \$200  
**Bldg/Rm:** EAMES 198    **Times:** 6:00 pm– 8:30 pm (10 sessions)

**No Classes during Spring Break, March 23 - 27**



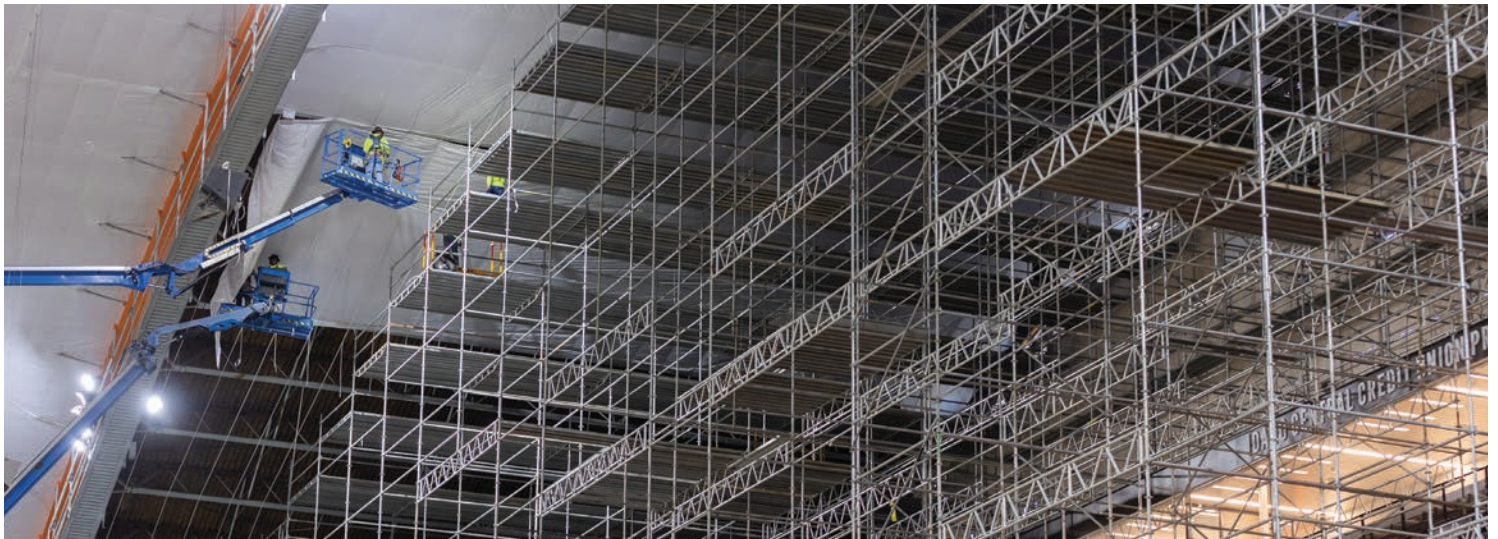
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# Safety Fest of the Great Northwest

## May 12-14, 2026



Safety Fest of the Great Northwest Pocatello is an annual training event that offers **FREE** safety and health training courses to workers, supervisors, and managers of all levels. We offer this benefit to the community to provide safety and health training in an effort to help reduce fatalities, injuries, and illnesses.

### Who's Invited to Attend

The Construction, General and Transportation Industries; highway jurisdictions, contractors and construction personnel; any business requiring safety related training. As well as anyone who desires to improve the safety performance of their business/agency.



Check back for updates  
[cetrain.isu.edu/safetyfest](http://cetrain.isu.edu/safetyfest)





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partner programs

Learn more at  
[cetrain.isu.edu/online](http://cetrain.isu.edu/online)



## The Inside Track to Journeyman

An apprenticeship education is a combination of on-the-job training and related classroom instruction providing the practical and theoretical aspects of a highly skilled occupation. These four-year programs build concept upon concept, year after year, preparing the student for the journeyman exam required by the State of Idaho. It's an efficient and practical way to build the foundation for an in-demand and satisfying career.

## Flexible Blended Learning Programs

The electrical, plumbing, and HVAC apprenticeship programs participate in the new blended curriculum at ISU Continuing Education Workforce Training (CEWT).

Blended classes are a combination of traditional instructor-led classes and online self-directed coursework. Blended classes give continuous access to assignments, allowing for more mobility and flexibility during the on-the-job training portion of the apprenticeship. For example, in addition to the blended classwork, the lectures are also streamed live so that students who cannot make it to classroom sessions can still participate in the live lecture. All coursework for the blended classes will be offered online on the Moodle platform, making it easy for students to track their progress.

College credits are available when all program criteria are met. Contact us to learn more!

Idaho State University's Apprenticeship Program is supported by the United States Department of Labor. A total of \$51,308, or 28.5 percent, of the program is financed with federal funds, and \$104,915, or 71.5 percent, is funded by other sources.

# Earn as You Learn.

## Apprenticeship Programs in Electrical, Plumbing and HVAC

Apprentices in our four-year programs learn to build real-world, career-defining skills through **on the job training**— while earning wages, college credits, and the know-how to become licensed a journeyman.

**Don't just dream about your future... Make it!**

### FOR MORE INFORMATION

Program Coordinator: **Paul M. Dickey**  
208-282-1077 • [cetrain@isu.edu](mailto:cetrain@isu.edu)

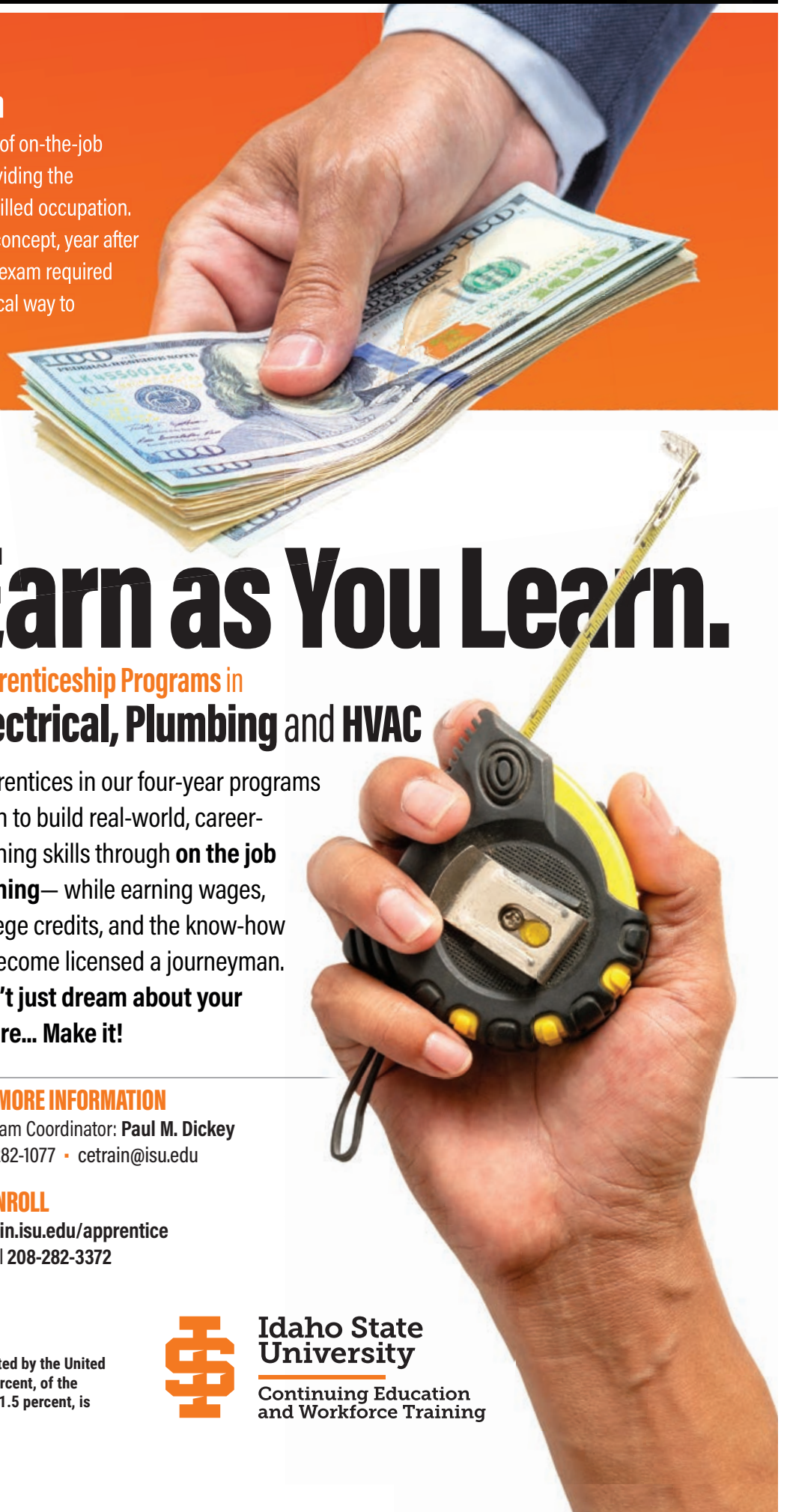
### TO ENROLL

[cetrain.isu.edu/apprentice](http://cetrain.isu.edu/apprentice)  
or call 208-282-3372

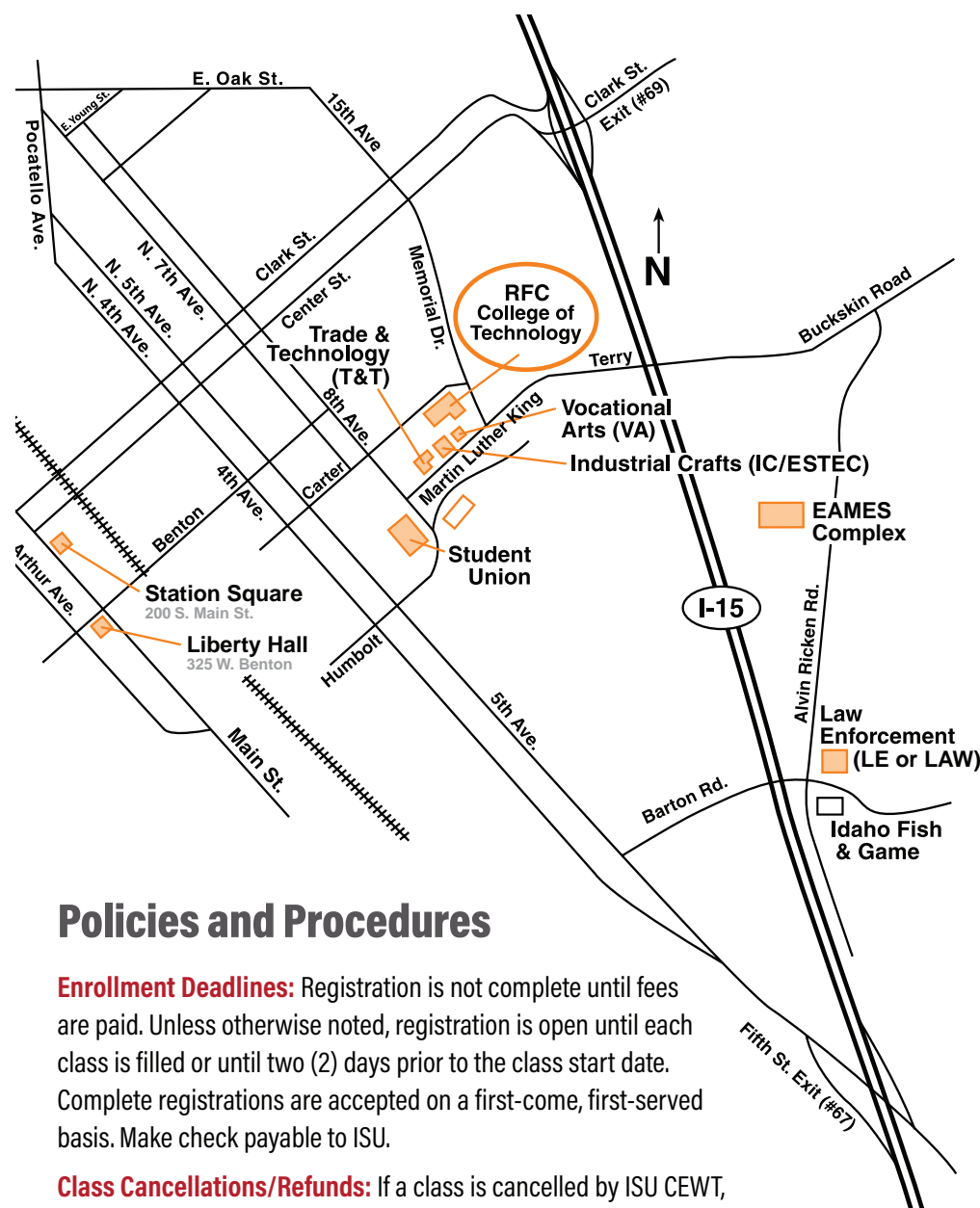


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# Registration Information



## 3 Easy Ways to Sign Up for Classes

**ONLINE:** [cetrain.isu.edu](http://cetrain.isu.edu) Go online, create a profile, register and pay online with your Visa or MC.

**BY PHONE:** (208) 282-3372 Phone-in registration will be accepted using Visa or MasterCard. Call (208) 282-3372 any weekday from 8 a.m. to 5 p.m. We will take your information over the phone, mail you an invoice or take your credit card information, and upon receipt of payment, you will be officially registered for class(es).

**IN PERSON:** Come to the CEWT office located in the **Roy F. Christensen Building (#48), Suite 184** (777 Memorial Drive), in Pocatello and have one of our customer service associates help you with the process. Payment can be made with cash, check, credit card (Visa or MC), or a signed Purchase Order.



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Continuing Education and Workforce Training

## Policies and Procedures

**Enrollment Deadlines:** Registration is not complete until fees are paid. Unless otherwise noted, registration is open until each class is filled or until two (2) days prior to the class start date. Complete registrations are accepted on a first-come, first-served basis. Make check payable to ISU.

**Class Cancellations/Refunds:** If a class is cancelled by ISU CEWT, a full refund will be issued. If a class is dropped by a student, it must be done at least two days prior to the class start date to receive a full refund less a \$15 processing fee. If a two-day notice is not given, no refund will be issued.

**Snow Policies and School Closures:** If the university is closed during the day because of bad weather or some other emergency, our night classes are also cancelled. We will make every attempt to reschedule classes for students. In the event that ISU is not closed and the weather is inclement, use your best judgement. If in doubt, call 208-282-3372.

**AA/EEOC:** Idaho State University subscribes to the principles and laws of the State of Idaho and the federal government, including applicable executive orders pertaining to civil rights. All rights,

privileges, and activities of the University are made available without regard to race, creed, color, sex, age, disability, national origin or veteran status. The University is an Equal Opportunity and Affirmative Action employer. Evidence of practices that are not consistent with such a policy should be reported to the Director of the Affirmative Action Office, located in the Museum Building, Room 422 or call 208-282-3964.

**ADA:** Students having questions about accessibility or requesting reasonable accommodations as indicated in the Americans with Disabilities Act (ADA) or Section 504, should contact the Director of Disability Services, located in Rendezvous Bldg., Room 125 or call 208-282-3599.



**Idaho State  
University**

Continuing Education and Workforce Training  
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