



Idaho State University

CEWT

CONTINUING EDUCATION AND WORKFORCE TRAINING

Idaho LAUNCH Funding

ISU offers 45+ courses
approved through Idaho Launch.
SEE PAGES 03

To Enroll in Classes: Visit cetrain.isu.edu or call (208) 282-3372

F A L L 2 0 2 5

2 | WELCOME

Welcome to our Fall Catalog!

Dear Learners and Community Members,

School bells are ringing, the days are growing shorter, and you can feel the crispness of fall settle in. This is the perfect time to jump-start a new career or explore new interests. By the holidays, you could be well on your way to a new or upskilled career! At Continuing Education Workforce Training, we believe fall is the perfect time to explore new possibilities and take steps toward achieving your personal or professional goals.

This fall, we are offering a wide range of options– from technical and professional training to creative workshops and wellness classes. Our experienced instructors and staff are committed to creating a supportive environment where you can grow confidently and succeed.

We encourage you to take the next step. Enroll in the class you have been considering, develop a skill that could enhance your career, or reconnect with an interest that brings you fulfillment. We look forward to helping you discover new possibilities.

Here's to crisp fall mornings, cozy evenings, new opportunities, and learning together!

–RaeLyn Price, Interim Director Continuing Education and Workforce Training

Mark Your Calendar

Mark your calendar and **save these dates** for the following:

- **Mental Health Awareness Week Oct. 6-10, 2025**
- **Emergency Medicine Conference Feb. 26-28, 2026**
- **Safety Fest May 12-14, 2026**
- **Construction Combine Spring 2025**

For more information about our events, conferences, and classes visit our website: cetrain.isu.edu

LIKE and FOLLOW US ONLINE:

Facebook: @isucetrain

YouTube: @ISUCEWT

Instagram: @isucewt

X (formerly Twitter): @ISU_WFT

Blog: blog.cetrain.isu.edu/blog

CEWT Talk Podcast: soundcloud.com/cewt-talk

CATALOG COVER CLASS: CNA See page 15

Idaho Launch

Idaho State University Continuing Education and Workforce Training offers several courses approved through Idaho Launch. For a full list of approved courses please scan the QR code on the next page.

Approved courses include our apprenticeship programs, CNA Courses, online partner program courses through Career Step and much more. We have both online and in-person classes approved for funding. Funding for multiple courses must be approved. With the exception of apprenticeship programs, all funded courses must be taken within 3 fiscal years.

Idaho Launch funding is a one-time funding option per recipient. If you are interested in Idaho Launch funding we encourage you to call our office. We can help you maximize your Idaho Launch Funding if approved.

Call ISU CEWT at (208) 282-3372 or visit idaholaunch.com

Fall Classes 2025

REGISTRATION INFORMATION: PAGE 31—3 Ways to Register for Classes; How to Find Us (Map); Policies & Procedures

NOTE: ALL CLASSES HELD IN POCATELLO UNLESS OTHERWISE STATED.

Classes (Alphabetically)

28 - Day Metabolic Jump Start	13	Excel, Intermediate.....	06	Project Management.....	05
100 - Days to a New You	14	Excel, Advanced	06	Physical Therapy, Wilderness	17
Administrative Assistant Fundamentals	04	Flagging.....	27	Pumpkin Pour Painting.....	21
Assistance with Medications	11	Fly Fishing, Beginning	24	Resilience Training (for First Responders).....	13
AutoCAD, Introduction.....	26	Fly Fishing, Intermediate.....	24	Self Defense	23
Certified Family Home Basic Medication		Fly Tying, Beginning	24	Seizure Training.....	16
Awareness and Infection Control.....	11	Fly Tying, Intermediate.....	24	Spanish the Silent Way.....	24
Certified Nurse Assistant (CNA) COVER ...	15	Food Safety Manager, Certified.....	26	Stained Glass, Beginning Foiled.....	21
CNA Manual Skills Prep.....	15	French, Introduction to	24	Watercolor Pencil for Beginners	20
CNA—Traditional Face to Face	15	Furniture Painting.....	21	Welding.....	27
CNA—Web Supplemented	15	Horseback Riding/Horsemanship.....	23	Wreath Making, Fall	21
Community Health Worker Advanced	12	Idaho Police Officer Standards Certified		Video Editing Crash Course.....	04
Community Health Worker Training Core		Training (POST)	27	Zumba	23
Competencies	12	IV Basics.....	17		
Cooking, Cinnamon Rolls	08	Jewelry, Steampunk	21		
Cooking, Roll Making.....	08	Jiu Jitsu.....	22		
Cooking, Whole Wheat Bread.....	08	Joint Health.....	14		
Cooking, Fermented Food	08	Laser Cut Idaho	21		
Cooking, Recipe for Success.....	09	Lathe Theory	27		
CPR, AHA BLS Provider CPR	10	Leaded Glass, Beginning	22		
CPR, AHA Heartcode BLS Provider CPR –		Mandala Rock Painting	21		
Online Blended Learning.....	10	Mastering Money & Behaviors			
CPR, AHA Heartcode BLS		with Ease & Flow	05		
Provider CPR – Refresher.....	11	Medication Assistant-Certified (MA-C) Web			
CPR, AHA Heartsaver Basic First Aid.....	10	Supplemented	15		
CPR, AHA Heartsaver First Aid/CPR/AED.....	10	Medication Math	16		
CPR, AHA Heartsaver Pediatric		Mental Health First Aid.....	14		
First Aid CPR/AED	10	Native Peoples of North America: Sustaining			
Cyber Security Awareness	06	Land, Water, Culture, & Community.....	20		
Dancing, Ballroom	22	Nia	23		
Dancing, Country Swing & Two Step	22	OSHA Bloodborne Pathogens	16		
Dementia Behaviors, Demystifying	14	OSHA-10.....	26		
Dental Assisting, Fundamentals of	12	Paranormal Research.....	24		
Effective Delegation for Healthcare	16	PLC Training, Rockwell Studio 5000	20		
EKG Interpretation, Basic	16	Phlebotomy for Health Care.....	17		
EMT—Advanced	13	Phlebotomy Technician Certification			
EMT—Basic	12	Exam and Review	17		
Energy Storage Systems	26	Phlebotomy Technician—			
Erosion Control.....	26	Web Supplemented	16		
ESL Health Care Prep	15	Photography, Beginning	20		
Excel, Fundamentals	06	Photography, Travel Stock Photos	04		

Classes by Category

• BUSINESS.....	04
• COMPUTERS.....	06
• CULINARY ARTS.....	08
• HEALTH AND WELLNESS.....	10
• INDUSTRIAL.....	20
• PERSONAL/PRO DEVELOPMENT.....	20
• TRADES	26



Funding For Qualified Workforce Training Programs May Be Available Through Idaho Launch



NOTE: ALL CLASSES HELD IN POCA TELLO UNLESS OTHERWISE STATED.

Business

Develop your business acumen and marketability by learning to enhance your leadership skills, become a better team member, and up your effectiveness and professionalism.

BUSINESS MANAGEMENT

Web: Administrative Assistant Fundamentals (Online Course) #6539

Learn what is needed to be an administrative assistant. Topics range from managing office functions to the proper use of office equipment. This fully online course will give you the essential skills you need to be successful in an administrative environment. Registered participants will receive 60 days to watch, review, and complete. A certificate will be available upon completion and successful submission of course work.

Start Date: Anytime **Ends:** 60 days after registration
Hours: 20 **Fee:** \$50
Register at: cetrain.isu.edu/hero

Free Lunch & Learn

Join us monthly for a free,
1 hour-long training session courtesy
of ISU Continuing Education and
Workforce Training.

When: Monthly
(2nd or 3rd Wednesday of each month)

When: noon-1 pm

Where: Zoom

Register: cetrain.isu.edu/lunchlearn

Learn About: Taxes • Mental Health
 • Employee Development • Safety
 • + Much, Much More

SOCIAL MEDIA & MARKETING FOR BUSINESS

No matter your business-social media matters! Learn the ins-and-outs of all the major platforms in this series and take your online presence to the next level.

New: Travel Stock Photography #1112

Do you love to travel? Did you know that your travel photos are desired by websites all over the world? Come learn how to get better photos to share with others through Unsplash.com! Even if you just want inspiration and opportunities to take more photos (and aren't seeking to become a stock photographer), this is the class for you! Notice how the photos on this travel webpage are all about the experience of travel: unsplash.com/t/travel

Have you taken photos like that? Now come take some more, as we practice travel photography locally and then travel together on an optional weekend trip to Yellowstone or Grand Teton! The trip will depend on class interest and will be a separate cost from the course fee (but will be kept economical). The class is geared toward photographers with at least some experience but beginners are encouraged to enroll and practice with their camera before the course begins (search for free tutorials online for your specific camera). Check out the instructor's Unsplash page here: unsplash.com/@judy_beth_morris_idaho

Start Date: 09/23/25 **Days Taught:** T
Hours: 8 **Fee:** \$85
Bldg/Rm: RFC 270 **Times:** 6 pm - 8 pm (4 sessions)

Video Editing Crash Course #1229

Need to learn video editing fast? This six-week, 12-hour intensive course will get you there, Canva, an online video editing program). High-quality video and audio clips will be provided to practice your skills and build short example projects in the potential areas of public relations, narrative video, cinematic wedding video, and TV news packages. Skills to be covered include working with multiple audio and video tracks, transitions and opacity, titles and captions, voice-overs, visual story-telling through intentional editing, and color correction. **Required Material:** Headset or earbuds (to edit video individually on computers during class, and to watch tutorials prepared for this course). Students must bring their own laptop. Students should be comfortable using a computer and the internet. We advise all students have a G-Mail account.

Start Date: 10/20/25 **Days Taught:** M
Hours: 10 **Fee:** \$85
Bldg/Rm: RFC 270 **Times:** 6 pm-8 pm (5 sessions)

SUCCESS SKILLS

Mastering Money & Behaviors

With Ease & Flow (Online Course) #1145

In this course you will learn about your relationship with money, the underlying patterns and emotions learned in early childhood that create habits which affect your finances. You will learn basic personal finance & behavioral financial skills around money. **Taught by a Certified Money Coach.**

SECTION 1 – Understanding Money Patterns, Beliefs & Behaviors. Identify unconscious patterns and beliefs about money and money archetypes.

Start Date: 08/27/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: ZOOM **Times:** 6 pm – 7:30 pm (1 session)

SECTION 2 – Releasing Debt and Creating an Abundant Spending Plan. Budgeting, paying off debt, and building an emergency fund.

Start Date: 09/10/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: ZOOM **Times:** 6 pm – 7:30 pm (1 session)

SECTION 3 – Accumulating Wealth & Lifetime Financial Well-Being. The basics of investing tools and how to use them to maximize income, investing, and retirement planning.

Start Date: 09/24/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: ZOOM **Times:** 6 pm – 7:30 pm (1 session)

SECTION 4 – Conquer Financial Risk, Protecting Your Nest Egg. Understand asset protection, including insurance and estate planning.

Start Date: 10/08/25 **Days Taught:** W
Hours: 1.5 **Fee:** \$40
Bldg/Rm: ZOOM **Times:** 6 pm – 7:30 pm (1 session)

**Check our Travel Stock
Photography and
Video Editing Crash
Course classes.**

Project Management Foundations #1860

Regardless of your career stage, project management skills are an asset that will distinguish you in the job market and enhance your credibility and effectiveness working on—or with—project teams. In this class, you will learn the fundamentals of project management, leadership, cost estimating, planning, and communication. This training can also be used for the CAPM exam qualifications.

Start Date: 09/06/25 **Days Taught:** S
Hours: 21 **Fee:** \$135
Bldg/Rm: RFC 108 S **Times:** 9 am – 4 pm (3 sessions)

ROAR

Gem State Beauty Expo



SAVE THE DATE

August 9-11, 2026

Hosted @ Idaho State University

**Presented by
Idaho State University
Department of Cosmetology
in partnership with IUVENI**

Questions | hofmcasi@isu.edu

Computers

SECURITY

New: Cyber Security Awareness #1124

The course will focus on the risks of cybercrime. We have seen this topic becoming a critical communication and wanted to give our clients the tools to help them “not” become victims of these bad actors. Cybercrime financial loss is now larger than the sale of illegal drugs worldwide and we believe that this poses a threat to you, your wealth, and your family. Mark Hurley, CEO of Digital Privacy and Protection, will be providing a 40-minute presentation followed by questions. The presentation will cover:

- Who the bad guys are and what they are after
- Where you are at risk
- How they are likely to attack you
- The specific steps you need to take to protect you and your family.

Start Date: 09/09/25 **Days Taught:** T
Hours: 1.5 **Fee:** \$15
Bldg/Rm: RFC 263 **Times:** 6 pm - 7:30 pm (1 session)

TEACH FOR CEWT

We are always looking for talented community members to join our growing list of instructors.

If you are interested in teaching a course through ISU Continuing Education and Workforce Training, please contact us at 208-282-4103.

SPREADSHEETS

Microsoft Excel: Fundamentals #1162

Learn one of the most important skills necessary in Business and Home management. Increase your skills, improve your effectiveness, and help management make important decisions. Discover ways to use Excel for personal and professional use. Learn to work with multiple sheets, customize page layout, adjust rows and columns, and control color, size, and appearance of data. Whether you manually enter data or import and export data, you will learn to create basic formulas, sort, and summarize information using Excel tools. *Students are encouraged to purchase a supplemental text book found here: amzn.to/3mtne66*

Start Date: 09/09/25 **Days Taught:** T/TH
Hours: 12 **Fee:** \$85
Bldg/Rm: RFC 265 **Times:** 6 pm – 8pm (6 sessions)

Microsoft Excel: Intermediate #1163

Learn to sort, organize, and present data and information in your database for management, customers, and accounting. Use valuable formula techniques for statistical evaluation in your spreadsheets. You will learn to filter, group, subtotal and find information in data collected for managing information. Learn to prepare reports, personalize the information, and print professional reports and lists. Learn to use charts and graphs. *Students should have completed the Fundamentals of Microsoft Excel class. Students are encouraged to purchase a supplemental text book found here: <https://bit.ly/40Wn7BS>*

Start Date: 10/07/25 **Days Taught:** T/TH
Hours: 12 **Fee:** \$85
Bldg/Rm: RFC 265 **Times:** 6 pm – 8 pm (6 sessions)

Microsoft Excel: Advanced #1164

Practice grouping, sorting, and filtering data using formulas and tools of Excel. Use macros to help with accuracy, speed, repetitive tasks, and privacy of data. Discover how to retrieve, edit, update, and view data with macros. Build summary pages for management and accounting. Design macros to find information meeting certain conditions without compromising data. *Student should have completed fundamentals and intermediate Excel classes. Students are encouraged to purchase a supplemental text book found here: <https://bit.ly/40Wn7BS>*

Start Date: 11/04/25 **Days Taught:** T/TH
Hours: 10 **Fee:** \$80
Bldg/Rm: RFC 265 **Times:** 6 pm - 8 pm (5 sessions)

NCLab offers unique **learn-by-doing training** that provides **relevant work experience** aligned with what employers expect. Our **AI-based teaching platform** guides you through hundreds of mini-projects, preparing you for job interviews.



DATA ANALYSIS

Virtually all enterprises have now reached “data overload” and need Data Analysts to help them make sense of the **massive amounts of data** so that management can make better and faster decisions.

Courses Include:

Data Literacy
Data Visualization
SQL Fundamentals
Dashboard Projects
CompTIA Data+ Exam Prep
And more!

Start date: Anytime

Timeline: Self-paced up to one year, but most trainees complete in 4-6 months

Hours: 320

Fee: \$5,600, grant options available

Register at:

<https://cettrain.isu.edu/nclab/>



PYTHON DEVELOPER

Python Development is a rapidly growing field where the demand for **experienced Python Programmers** far outstrips the supply.

Courses Include:

Computational Literacy
Python Fundamentals
Computer Science Minimum
Plotting and Drawing
Capstone Project
And more!

Start date: Anytime

Timeline: Self-paced up to one year, but most trainees complete in 4-6 months

Hours: 320

Fee: \$5,600, grant options available

Register at:

<https://cettrain.isu.edu/nclab/>



CETRAIN.ISU.EDU/NCLAB



Culinary Arts

Expand your cooking horizons and abilities by working under a talented instructor on elegant and fun dishes.

Must be 18+ to attend. Children under the age of 18 not allowed in the kitchen.

COOKING AND BAKING

Roll Making for Beginners #1749

Make rolls for your holiday dinner, special occasions or just because! We'll spend some time discussing what can go wrong with making rolls and how to safeguard against those pitfalls. **Bring an apron and a cookie sheet** so you can take your rolls home to bake. All other ingredients supplied.

Start Date: 10/02/25 **Days Taught:** TH
Hours: 2 **Fee:** \$38
Bldg/Rm: RFC Kitchen **Times:** 6 pm – 8 pm (1 session)

Whole Wheat Bread Making for Beginners #1605

If you've always dreamed of baking bread, but have never known where to start, join us! This hands-on class walks through making a loaf of bread: no frills, no mystery, and no tricky moves. We'll discuss what can go wrong and how to safeguard against those pitfalls. **Bring an apron and a loaf pan** so you can take your bread dough home to bake after the class. All ingredients supplied.

Start Date: 11/06/25 **Days Taught:** TH
Hours: 2 **Fee:** \$38
Bldg/Rm: RFC Kitchen **Times:** 6 pm – 8 pm (1 session)

Cinnamon Roll Making #1707

Warm, gooey, and delicious...these cinnamon rolls will satisfy any sweet tooth! Learn how to make these crowd pleasers from scratch in this fun course! Bring a container to take home cinnamon rolls.

Start Date: 12/04/25 **Days Taught:** TH
Hours: 3 **Fee:** \$42
Bldg/Rm: RFC Kitchen **Times:** 6 pm – 9 pm (1 session)

Fermented Food Mastery #1240

Scientists in the field of fermentation have discovered that the presence of good bacteria in your gut can contribute to maintaining a healthy brain.

Section 1- Raw Cultured Vegetables

Raw cultured vegetables are one of the oldest forms of food preservation utilized by many ethnicities around the world throughout human history. The term is generally synonymous with any chopped, grated or shredded vegetable that has gone through a natural fermentation process. **Bring your own jar.**

Start Date: 09/03/25 **Days Taught:** W
Hours: 2 **Fee:** \$38
Bldg/Rm: RFC Kitchen **Times:** 6 pm – 8 pm (1 session)

Section 2- Sauerkraut

Sauerkraut is a highly nutritious food that provides fiber, vitamins, minerals, enzymes, and probiotics. Learn some of the many health benefits of sauerkraut. **Bring your own jar.**

Start Date: 09/08/25 **Days Taught:** M
Hours: 2 **Fee:** \$38
Bldg/Rm: RFC Kitchen **Times:** 6 pm – 8 pm (1 session)

Section 3- Sourdough Bread Starter

Sourdough baking basics class, you will learn how to make a starter and learn good maintenance practices, and how to make the sourdough bread. You will take home a sourdough starter, and a loaf of bread and all the instructional information. **Bring your own materials or materials are available to purchase at the time of the class.**

Start Date: 09/17/25 **Days Taught:** W
Hours: 2.5 **Fee:** \$40
Bldg/Rm: RFC Kitchen **Times:** 6 pm – 8:30 pm (1 session)

ROAR

Funding Options

Funding May Be Available for Qualifying Programs.



We encourage those interested in applying for funding to contact our office prior to application. Funding resources include: Sallie Mae WFT, WOA, Voc Rehab, Maximus, Deseret Industries, Idaho Launch, Equus, and Community Council of Idaho. Call us for more information.

(208) 282-3372 | cetrain.isu.edu



Idaho State
University

Continuing Education
and Workforce Training

ROAR

Recipe For Success

Culinary Life Prep Academy



Participants

This **12-week program** is designed to tackle the significant workforce shortages in the local food service industry while supporting individuals interested in a culinary focused career change and those reentering the workforce after extended employment gaps. Participants will train under a professional chef and learn soft skills from area experts. Training includes:

- **Food Service Training:** Hands-on learning to meet industry standards.
- **Leadership & Team Building:** Preparing participants to work collaboratively.
- **Soft Skills Development:** Resume building, interview techniques, and more.

Dates: Mon-Thursdays-August 25 - November 14

Location: ISU RFC B1-66 and Tech Cafe

Time: 9am-12pm

Fee: None



cetrain.isu.edu/culinaryskills

CONTINUING EDUCATION & WORKFORCE TRAINING

(208) 282-3372 | cetrain@isu.edu



**Idaho State
University**

Health and Wellness

Whether enhancing skills or starting a new career, our courses offer comprehensive training for success in high demand careers in healthcare.

NOTE: For any health course that exceeds three days in length, please consider other commitments and use discretion when registering for these time sensitive, high-competency courses. Handouts can be found at cetrain.isu.edu/handout.

CPR & FIRST AID (AHA)

All courses are approved by American Heart Association (AHA) and taught by certified AHA instructors.

AHA Heartsaver Basic First Aid #1915

The American Heart Association Heartsaver® Basic First Aid course equips you with the knowledge and confidence to respond to common emergencies such as bleeding, sprains, broken bones, shock, and more. Designed for anyone with little or no medical training, this hands-on course teaches essential first aid skills in a straightforward, practical way. Upon successful completion, participants receive a two-year Heartsaver First Aid certification card, empowering you to make a difference when it matters most. Does not include CPR. **Please call 208-282-3372 for information on available classes. Hours: 4**

AHA Heartsaver First Aid/CPR/AED #1933

This course is designed to teach lay responders critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course is ideal for health and fitness coaches, teachers and school staff, lifeguards, flight attendants, and anyone who needs a credential in first aid and CPR, including Certified Family Home.

Note: This course does not meet requirements for AHA Healthcare Provider BLS CPR.

ALL CLASSES: Hours: 6

Fee: \$65 (Includes textbook and certification card)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Summer 3	09/13/25	S	9am-3pm	RFC B166
1	10/31/25	F	9am-3pm	RFC B166
2	12/06/25	S	9am-3pm	RFC B166

AHA Heartsaver

Pediatric First Aid/CPR/AED #1916

This course meets American Heart Association (AHA) and Idaho Child Care Program (ICCP) requirements (meets daycare provider requirements for the Pocatello and Chubbuck area). Students will learn infant/child/adult CPR, obstructed airways, use of a barrier device, AED, hands-on training and pediatric first aid basics.

ALL CLASSES: Hours: 6

Fee: \$65 (Includes textbook and certification card)

This course is offered on a as needed basis. Please call 208-282-3372 to schedule.

AHA BLS Provider CPR #1930

This class teaches everything necessary to administer CPR in healthcare settings such as assessment of breathing and cardiac emergencies in adults, infants, and children with one-and-two rescuer CPR; adult and pediatric obstructed airway management; AED; and mouth-to-mouth ventilation.

ALL CLASSES: Hours: 5

Fee: \$65 (Includes manual)

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Summer 7	08/05/25	T	5pm-10pm	RFC B166
Summer 8	08/09/25	S	9am-2pm	RFC B166
Summer 9	08/14/25	TH	5pm-10pm	RFC B166
Summer 10	08/21/25	TH	5pm-10pm	RFC B166
1	09/10/25	W	5pm-10pm	RFC B166
2	9/27/25	S	9am-2pm	RFC B166
3*	9/29/25	M	9am-2pm	RFC B166
4	10/8/25	W	5pm-10pm	RFC B166
5	10/25/25	S	9am-2pm	RFC B166
6	10/29/25	W	5pm-10pm	RFC B166
7	11/5/25	W	5pm-10pm	RFC B166
8	11/18/25	T	5pm-10pm	RFC B166
9	11/22/25	S	9am-2pm	RFC B166
10	12/10/25	W	5pm-10pm	RFC B166
11	12/20/25	S	9am-2pm	RFC B166
Spring 1	01/03/26	S	9am-2pm	RFC B166

* Denotes high school CPR

AHA Heartcode BLS Provider CPR – Online Blended Learning #1929

Heartcode BLS Provider CPR is an online blended learning course most appropriate for those familiar with AHA BLS. Students will receive a 'key-code' via email to access the online component. Upon completing this part, they attend a structured BLS hands-on session with an AHA Instructor. To participate in the two-hour session, students must finish the online portion and present their course certificate to the instructor. **HANDS-ON: Hours: 2.5 Fee: \$65** (Includes online course, hands-on session w/ AHA instructor, & cert. card)

SECTION	START	DAYS	TIMES	BLDG/RM
Summer 5	08/18/25	M	5pm-7:30pm	RFC B166
Summer 6	08/27/25	W	5pm-7:30pm	RFC B166
Summer 7	09/05/25	F	5pm-7:30pm	RFC B166
Summer 8	09/18/25	TH	5pm-7:30pm	RFC B166
1	9/24/25	W	5pm-7:30pm	RFC B166
2	10/02/25	TH	5pm-7:30pm	RFC B166
3	10/06/25	M	1pm-3:30pm	RFC B166
4	10/23/25	TH	5pm-7:30pm	RFC B166
5	10/30/25	TH	5pm-7:30pm	RFC B166
6	11/03/25	M	5pm-7:30pm	RFC B166
7	11/07/25	F	5pm-7:30pm	RFC B166
8	11/13/25	TH	5pm-7:30pm	RFC B166
9	11/20/25	TH	5pm-7:30pm	RFC B166
10	12/04/25	TH	5pm-7:30pm	RFC B166
11	12/18/25	TH	5pm-7:30pm	RFC B166
Spring 1	01/06/26	T	5pm-7:30pm	RFC B166
Spring 2	01/09/26	F	5pm-7:30pm	RFC B166
Spring 3	01/22/26	TH	5pm-7:30pm	RFC B166

AHA BLS Provider CPR – Refresher #1937

This course is intended for individuals who have a current AHA BLS card who need recertification. Must have a current AHA BLS CPR card. If you do not have current card, please sign up for one of our AHA BLS CPR classes. **ALL CLASSES: Hours: 3.5 Fee: \$50**

SECTION	START DATE	DAYS	TIMES	BLDG/RM
Summer 3	08/13/25	W	5pm-8:30pm	RFC B166
Summer 4	09/17/25	W	5pm-8:30pm	RFC B166
1	10/15/25	W	5pm-8:30pm	RFC B166
2	11/12/25	W	5pm-8:30pm	RFC B166
3	12/17/25	W	5pm-8:30pm	RFC B166
Spring 1	01/21/26	W	5pm-8:30pm	RFC B166

ASSISTANCE WITH MEDICATIONS

Assistance with Medications #1940

Qualify yourself to assist with medications in assisted living, group home and certified family home settings. Upon completion, you will know the legal requirements, be able to identify safety factors involved, and know your responsibilities and restrictions when assisting with medications. Closed-book written exam and skills exam are conducted at the end of class. Begin studying the course manual* at least one week prior to the class. **This 8-hour course is taught in a one-day Saturday course or split between two 4 hour evenings. NOTE:** These classes are fully face to face; online courses are available on request.

*Required course manual available at cetrain.isu.edu/med

ALL CLASSES: Hours: 8 Fee: \$80

SECTION	START	DAYS	TIMES	BLDG/RM
Sm 7	08/11 & 08/12/25	M/T	5:30pm-9:30pm	RFC B166
Sm 8	08/16/25	S	9:00am-5:30pm	RFC B166
Sm 9	08/25 & 08/26/25	M/T	5:30pm-9:30pm	RFC B166
Sm 10	09/08 & 09/09/25	M/T	5:30pm-9:30pm	RFC B166
Sm 11	09/20/25	S	9:00am-5:30pm	RFC B166
Sm 12	09/22 & 09/23/25	M/T	5:30pm-9:30pm	RFC B166
1	10/06&10/07/25	M/T	5:30pm-9:30pm	RFC B166
2	10/18/25	S	9:00am-5:30pm	RFC B166
3	10/20&10/21/25	M/T	5:30pm-9:30pm	RFC B166
4	11/03&11/04/25	M/T	5:30pm-9:30pm	RFC B166
5	11/15/25	S	9:00am-5:30pm	RFC B166
6	11/17&11/18/25	M/T	5:30pm-9:30pm	RFC B166
7	12/01&12/02/25	M/T	5:30pm-9:30pm	RFC B166
8	12/13/25	S	9:00am-5:30pm	RFC B166
9	12/15&12/16/25	M/T	5:30pm-9:30pm	RFC B166
SP1	01/12&01/13/26	M/T	5:30pm-9:30pm	RFC B166
SP 2	01/17/26	S	9:00am-5:30pm	RFC B166
SP3	01/26&01/27/26	M/T	5:30pm-9:30pm	RFC B166

Certified Family Home Basic Medication Awareness and Infection Control #1939

The purpose of this course is to educate Certified Family Home (CFH) providers and substitute caregivers regarding medication safety and infection control. Participants will gain a basic understanding of medications including storing and caring for medications, six rights of medication oversight, medication side effects and warning signs, infection control, maintaining medication records and more. This course satisfies the requirements of **IDAPA 16.03.19.400.05:** "Each staff assisting with resident medications will have successfully completed a medication training under Section 100 of these rules." That section states under IDAPA 16.03.19.100.03.e: "Unless a licensed practical nurse, registered nurse, physician's assistant, or medical doctor, completion of a Department-approved medications course through an Idaho technical college." Successful completion of this course will consist of an open-book written test with a passing rate of 80% or greater and participation in the skills demonstration and testing.

Spanish course available. Call 208-282-3372 for details.

*Required course manual available at cetrain.isu.edu/med

ALL CLASSES: Hours: 5 Fee: \$80

SECTION	START	DAYS	TIMES	BLDG/RM
Summer 1	09/13/25	S	12 noon- 5pm	RFC B166
Fall 1	10/04/25	S	12 noon- 5pm	RFC B166
Fall 2	11/01/25	S	12 noon- 5pm	RFC B166
Spring 1	01/10/26	S	12 noon- 5pm	RFC B166

■ Denotes classes taught in Spanish

COMMUNITY HEALTH

Web Hybrid-Community Health Worker Training Core Competencies

#6501

This course is designed to provide core competencies for Community Health Workers (CHWs). It includes key concepts of public health, outreach, advocacy, community and individual assessment, social determinants of health, health education, navigating insurance, stages of behavior change, service coordination and more. This 13-week core course consists of 48 hours of a blend of live online and asynchronous training. **A grant covers the cost of this course.**

Start Dates: Check cetrain.isu.edu/CHW for dates & times

Fee: \$0

Bldg/Rm: ZOOM

Hours: 48

Web Hybrid-Community Health Worker Advanced#6551

The Community Health Worker Advanced course expands student's knowledge and skills and offers experiential learning through community or clinical tracks with a rotation at a preceptor site. **This course must be taken after The Community Health Worker Core Course has been completed.** This 13-week core course consists of 48 hours of blended, live-online and asynchronous training, and 48 Clinical hours. **A grant covers the cost of this course.**

Start Dates: Check cetrain.isu.edu/CHW for dates & times

Fee: \$0

Bldg/Rm: ZOOM

Hours: 96

DENTAL ASSISTING

Fundamentals of Dental Assisting w/Expanded Functions #1920

Learn the basic concepts and skills of dental assisting including: terminology, dental charting, cavity classification, rubber dams, four-handed dentistry and suctioning through classroom, on-line and lab learning in an intensive 13-week course.

ADDITIONAL COSTS INCLUDE: Scrubs, Textbook, BLS Healthcare Provider CPR Training Certification (**register at cetrain.isu.edu/cpr**). Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. **In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.** For more information please see the handout on cetrain.isu.edu/handout/

Fall

Start Dates: 08/11/25 to 12/03/25

Days Taught: M W + 2 Saturdays (TBA)

Hours: 105

Fee: \$650

Bldg/Rm: RFC B167

Times: 6pm– 9:30pm (30 sessions)

Spring

Start Dates: 01/12/26 to 05/06/26

Days Taught: M W + 2 Saturdays (TBA)

Hours: 105

Fee: \$650

Bldg/Rm: RFC B167

Times: 6pm– 9:30pm (30 sessions)

EMERGENCY MEDICAL TECHNICIAN

EMT – Basic #1925

Whether you're starting your career in emergency medicine or expanding your expertise, this course will equip you to deliver high-quality care as an EMT-Basic. Throughout this program, you'll gain essential skills in emergency medical care, from basic life support to advanced interventions. Our focus is on rapid assessment, decisive action, and compassionate treatment, preparing you to handle diverse medical emergencies with confidence and empathy. Upon completion, students must pass both a psychomotor skills exam and a national written exam for certification. This is an intensive course conducted over 16 weeks. Students attend 8-hours of class per week and participate in 7 Saturday Skills days. **In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.** Must be 18 years or older.

ADDITIONAL COSTS: Textbook, blood pressure cuff and stethoscope, immunizations, drug screening test, MyClinical Exchange Account skills and written certification exams, BLS Healthcare Provider CPR training certification. (**register at cetrain.isu.edu/cpr**).

NOTE: This course requires an application and interview.

Background checks are a course requirement. A failed background check will prevent participation in this course.

For more information, including additional costs, please see the handout on cetrain.isu.edu/emt.

Spring class priority given to applications submitted before Nov. 30. application deadline Dec. 15.

Fall 2026 applications will open May 2026.

SPRING

Start Dates: 01/06/26 to 05/02/26

Days Taught: T/TH: 6 – 10 pm (29 sessions)

SAT: 9 am – 5 pm (7 sessions)

Fee: \$1100 (fee includes background check)

Bldg/Rm: EAMES 131

Hours: 172

AEMT-Advanced #1147

The Advanced Emergency Medical Technician (AEMT) course is an intensive and comprehensive hybrid program which includes online progressive learning and in-person skills labs, clinicals and field (ambulance observation) components. The primary focus of the Advanced Emergency Medical Technician is to provide basic and limited advanced emergency medical care and transportation for critical and emergent patients who access the emergency medical system. This course meets the Idaho and national requirements to apply for certification as an Advanced EMT. This course is a 14-week course consisting of approximately 220 hours spread between online coursework, 54 hours of in-person lab/skills time, up to five 12-hour shifts in a clinical setting and ride-alongs with an ambulance crew. **Pre-requisite:** Must have achieved NREMT certification. Preference for EMT's with minimum 1 year of experience. **Additional Costs:** Textbook, blood pressure cuff and stethoscope, clinical facility required immunizations, drug screening test, MyClinical Exchange account, skills and written certification exams, American Heart Association ACLS training will be during class time but will have an additional fee. AEMT national testing fees are not included in the class. **NOTE:** This course requires an application and interview. Due to clinical requirements, a current background check is a course requirement. A failed background check will prevent participation in this course. For more information, including additional costs please see the handout on cetrain.isu.edu/emt for additional costs and course information.

Start Dates: 05/04/26 to 08/08/26

Days Taught: T/ TH: 6 pm– 10 pm (14 sessions)

Fee: \$1200 (fee includes background check)

Bldg/Rm: EAMES 131 Hours: 220

Resilience Training #1966

Responder Alliance was founded by Laura McGladrey, a first responder, psychiatric nurse practitioner, outdoor educator, and subject matter expert on stress injury and resilience. We equip responders and outdoor professionals with resilience skills to avoid burnout and find a greater sense of mission satisfaction.

Our tried-and-true method leverages our internationally recommended and proven tools and training to structure your organization's stress injury risk management work. Our tools are developed through collaboration between subject matter experts and field-based responders, and are designed to be user-friendly for self deployment and proactive mitigation.

Sign up for both sections for \$50 total (\$10 off). Apply coupon code RT2025 at checkout.

Session 1 - Stress Injury Awareness

This introductory session covers universal precautions to mitigate the risk of occupational stress injury. It covers

the Stress Continuum model, a tool for recognizing stress impact and improving team communication, and the Individual Resilience Plan, a model for developing long-term stress resilience.

Start Dates: Check back at our website

Days Taught: Check back at our website

Hours: 4

Fee: \$30

Bldg/Rm:

Times: 8 am – 12 pm (1 sessions)

Session 2- Incident Support Framework

This session builds on Stress Injury Awareness. It covers the Incident Support Framework, a structure for providing post-incident support within your organization. The framework includes the Incident Support Tool for recognition of Potentially Traumatic Events (PTEs) and guides responders through the 3-3-3 Traumatic Exposure Protocol, a science-based support structure to use following high-risk incidents.

Start Dates: Check back at our website

Days Taught: Check back at our website

Hours: 4

Fee: \$30

Bldg/Rm:

Times: 1 pm – 4 pm (1 sessions)

HEALTH AND WELL-BEING**New: 28-Day Metabolic Jumpstart (Online) #1127**

Ready to reclaim your energy, reduce cravings, and feel your best? This 28-Day Metabolic Reset is a dietitian-approved, nutrient-dense program designed to help you create sustainable habits that nourish your body and mind. Whether you're struggling with low energy, poor digestion, brain fog, or imbalanced hormones, this program offers a practical and supportive approach to long-term wellness. In just four weeks, you'll learn how to: **Naturally balance blood sugar & eliminate cravings, support hormonal balance, boost brain health, memory & mental clarity, improve digestion, increase daily energy, enhance quality of sleep, decrease anxiety & mood swings.**

Start Date: 08/04/25

Hours: 5

Bldg/Rm: Online

Days Taught: M

Fee: \$294

**Times: 7:30 pm - 8:30 pm
(5 sessions)**

Cost includes: 2 In-body scans, workout advice, free gym membership for duration of the program, 27-page client success manual, complete 28-day recipe manual, 28 days of dietitian-approved meal guides, 4 weeks of sample printable grocery lists, dining out swap guide, client success checklist, goal-setting worksheet, measurement tracking worksheet, 28 daily motivational & inspirational emails, group coaching and accountability through live ZOOM meetings and WhatsApp community.

100-Days to a New You (Online) #1958

Embark on a 100-day journey to a healthier, more vibrant you. Whether you are just starting in nutrition, health, wellness, or seeking a reset, this course will provide you with essential tools to reach optimal health at any stage in life. Learn how to jumpstart your metabolism, stabilize blood sugar, balance hormones, and ward off metabolic diseases—all through clean eating, the power of blood sugar stabilization, and balancing hormones. Each day, you'll dive into engaging lessons delivered through our online portal, all centered around transforming your body, mind, and lifestyle, and daily routines. Discover time management strategies, the art of habit stacking, and essential tips for managing sleep, stress, nutrition, exercise, and hydration. You'll also learn to decode food labels, avoid harmful ingredients, and harness the power of macronutrients. Through simple 1% changes in your everyday habits, you'll unlock the path to achieving your health goals and more. Taught by a certified Nutrition Specialist/Personal Trainer with a Masters in Health Education with over 28 years of experience. Get ready to make healthy living your new way of life—let's start putting YOU first!

Start Date: 09/01/25**Days Taught: M****Hours: 9****Fee: \$597****Bldg/Rm: Online****Times: 7:30 pm - 8:30 pm
(9 sessions)**

Cost includes: Full access to the complete digital course and workbook—100 days of step-by-step guidance, audio version of the entire course for on-the-go learning, two InBody scans to track your transformation, 9 live Q&A Zoom sessions with a certified coach for personalized support, 100 days of motivational emails to keep you inspired and accountable, gym membership, fitness and nutrition guidance from a certified trainer and nutritionist, group coaching and accountability via live Zoom calls and a private WhatsApp community, practical tools: dining out tips, grab 'n go meals, weekly recipes, weekly local and global coaching opportunities, access to all recorded calls for flexible learning, ongoing support through a private Facebook group.

Demystifying Dementia Behaviors #1971

As the population ages, dementia (including Alzheimer's) increases. Caring for a person experiencing dementia can be challenging. What is normal and what isn't? What is the best way to respond to gain cooperation and maintain the dignity of the person while reducing caregiver stress and frustration? Intended for those interacting with people with Alzheimer's and related dementias on a regular basis.

SECTION 1 – Dementia Basics

A broad overview of dementia and the warning signs.

Start Date: 09/10/25**Days Taught: W****Hours: 1.5****Fee: \$15****Bldg/Rm: RFC 162****Times: 6 pm – 7:30 pm (1 session)****SECTION 2 – Dementia Behavior**

This two-hour *session* will dive more deeply into the stages of dementia and the difficult behaviors that may accompany them. Attendees will come away with strategies for how to deal with these behaviors and provide meaningful activities for their loved ones.

Start Date: 09/17/25**Days Taught: W****Hours: 2****Fee: \$15****Bldg/Rm: RFC 162****Times: 6 pm – 8 pm (1 session)****SECTION 3 – Dementia Essentials**

Information for support—including caregiver support, legal support, community support and available resources.

Start Date: 09/24/25**Days Taught: W****Hours: 1.5****Fee: \$15****Bldg/Rm: RFC 162****Times: 6 pm – 7:30 pm (1 session)****Joint Health #1965**

Join Us for a 4-Part Health Series with Dr. Kari Schultz! Led by local chiropractor, Dr. Kari Schultz, this engaging class series will explore four essential topics to help you take charge of your health:

- Joint Aches & Pains – What Can Be Done About It
- Ways to Boost Your Brain
- Strengthen Your Immune System
- Gut Health & Why It's Important

Each class will take a deep dive into one of these key areas, providing practical tips and insights to support your well-being. Don't miss this opportunity to learn how small changes can make a big impact on your health!

Start Date: 19/03/25**Days Taught: W****Hours: 4****Fee: \$65****Bldg/Rm: RFC 263****Times: 5:30pm – 6:30pm****Mental Health First Aid #1788**

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use challenge. In this 8-hour course, taught by a nationally certified Mental Health First Aid instructor, you will learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Learn about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well. Participants will receive an official Mental Health First Aid certificate.

Please call 208-282-3372 for information on scheduling additional classes. Hours: 8 classroom hours (+ 30-minute lunch break for full day classes)

Mental Health Awareness Week Special-Mental Health First Aid Course. Check back at cettrain.isu.edu/mhw

NURSING ASSISTANT – CNA

Certified Nurse Assistant (CNA)

Prepare yourself for employment opportunities as a nursing assistant in extended care facilities, hospitals, home-care and hospice situations. This course meets the following requirements for Idaho registration of nursing assistants:

1) 88 hours of classroom instruction

(including discussion, videos, hands-on lab experiences)

2) 32 hours clinical experience in health care facilities

3) Guidance preparing for manual skills testing and written exam as required by the State of Idaho for placement on state registry.

CNA courses are available with several options:

11-14 week–Daytime class: meets 5-6 hrs/session; twice/week.

14 week–Web Supplemented Daytime class: meets 6 hrs/skills session; every other week

20 week–Daytime class: meets 3 hrs/session; twice/week; allows student more time for learning and skill mastery.

ADDITIONAL COSTS INCLUDE: Textbooks, BLS Healthcare Provider CPR training certification (**register at cetrain.isu.edu/cpr**), clinical attire, clinical tools and immunizations.

Clinical hours may be outside normal class hours, but student will be provided clinical dates at least one month in advance. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully. For more information please see the handout at: **cetrain.isu.edu/cna**

CNA CLASSES: Hours 120 FEE: \$800 (including testing fees) Increase to \$850 in January.

CNA– Traditional Face To Face #1955

2025 Classes: Hours: 120 Fee: \$800 (includes testing fees)

SECTION	START	END	DAY	TIME	BLDG/RM
1	09/17/25	12/15/25	M/W	9am-3pm	RFC B163
Spring 1	01/22/26	06/04/26	T/TH	9am-12pm	RFC B163

CNA – Web Supplemented #1956

Do you want to take a CNA class but would rather take a portion of it online? This web-supplemented course reduces face-to-face time by almost half.

2025 Classes: Hours: 120 Fee: \$800 (includes testing fees)

SECTION	START	END	DAY	TIME	BLDG/RM
1	08/18/25	12/18/25	M-TH	9am-10am	Malad
2	10/04/25	01/10/26	S	9am-3pm	Bear Lake
3	09/06/25	11/22/25	S	9am-3pm	RFC B163
4	10/01/25	12/19/25	W/F	5pm-9pm	RFC B163
Spring 1	01/05/26	02/18/26	M/W	9am-3pm	RFC B163

CNA Manual Skills Prep #1953

Need additional guidance with the manual skills portion of the nursing assistant's role? The course includes web videos of each testable skill, a copy of all documents needed to prepare for the CNA manual skills exam, and four hours of face-to-face training with an Idaho-approved nursing assistant instructor.

Call to set up: 208-282-3372

Fee: \$250 (\$150 for ISU CNA students)

English as a Second Language (ESL) Health Course Prep #1963

ESL students entering health program are invited to join a supplemental prep class. Students will study various topics to strengthen English language skills and can provide help with basic pre-health vocabulary. This course is **recommended prior to registering for any of our health courses**. Students can attend any course sections, but the 18 week course is recommended as it will allow more time for learning and skill mastery. For more information please see the handout at: **cetrain.isu.edu/esl**

All Classes: Hours: 1.5 Fee: NONE

SEC.	REG.OPEN	REG. ENDS	DAY	TIME	BLDG/RM
1	on going		T/TH	2:30pm-4 pm	RFC TBD

OPEN ENROLLMENT 08/23/25 T/TH 1:00 – 3:00pm TBD
(flexible admission until 02/26/26, when registration ends)

Medication Assistant-Certified (MA-C) Web Supplemented #1975

The Medication Assistant-Certified (MA-C) is a CNA with specialized training in Medication Administration. This 120-hour course will cover the National Council of State Boards of Nursing (NCSBN) curriculum and will prepare students to take the MACE upon successful course completion. Topics will include ethical and legal responsibilities and consideration, basic pharmacology, medication safety, medication routes, drug classification and more.

Course can be run on an as-needed basis. Please call our office at 208-282-3372 for customized classes.

Please Note:
The Price of the CNA Courses will be increasing in January 2026.

ONLINE HEALTH PROGRAMS

Participants registered for the online health programs have 30 days to complete the course.

Basic EKG Interpretation #1901

This class covers concepts including basic heart anatomy and physiology, cardiac conduction, rhythm interpretation, distinguishing EKG from cardiac monitoring, and practice interpreting rhythm strips. Students will complete twelve hours of online training. At the completion, an online exam is required with 80% competency to pass.

Register at: cetrain.isu.edu/ekg

Start Date: Anytime **Ends:** 30 days after registration
Hours: 12 **Fee:** \$40

OSHA Bloodborne Pathogens #6100

This user-friendly, online-based course allows students to complete the course at their own convenience. The OSHA Bloodborne Pathogen Standard is the focus, with current information about the three most devastating and common bloodborne pathogens. Online handouts and competency quizzes assure the student's competency.

Register at: cetrain.isu.edu/bbp

Start Date: Anytime **Ends:** 30 days after registration
Hours: 4 **Fee:** \$10

Effective Delegation for Healthcare #1934

For delegation to be appropriate, it is necessary to understand the Board of Nursing's standards, use effective communication skills, and provide instruction that leads to knowledge and competence. In 2014, limits on the role of unlicensed assistive personnel (UAP), such as the CNA, were removed from the rules of the Idaho Board of Nursing, allowing nurses more freedom in delegating tasks to UAPs. This online series clarifies how this change will promote high-quality, patient-focused, and cost-effective care in the community environment. **Register at:** cetrain.isu.edu/delegation

Start Date: Anytime **Ends:** 30 days after registration
Hours: 5.5 **Fee:** FREE



Medication Math #1902

Newly Revised! Do you struggle with math, but need to understand it to safely prescribe or administer medication? This course is for you! Concepts include conversion between systems of measurement, dimensional analysis, decimals and percentages, and applying the math to real-world scenarios. Self-paced course. **Participants have 30 days to complete the course.**

Register at: cetrain.isu.edu/medmath

Start Date: Anytime **Ends:** 30 days after registration
Hours: 6 **Fee:** \$10

Seizure Training #1936

This 1 hour course provides training on seizures including: what is a seizure? types of seizures, what to do when someone is experiencing a seizure, First Aid for seizures, creating a seizure plan and seizure statistics. This class is fully online, registered participants will receive 90 days to watch, review, and complete. A certificate will be available upon completion and successful submission of course work.

Start date: Anytime **Ends:** 90 days after registration
Hours: 1 **Fee:** FREE

PHLEBOTOMY TECHNICIAN

Phlebotomy Technician – Web Supplemented #1919

The ISU phlebotomy program prepares you to take a national certification exam upon course completion. Topics range from blood draws and laboratory procedures to employability skills and safety. **Due to clinical requirements, students must be 18 years or over to take this course.** Sixty hours of this 160-hour course are completed online with user-friendly videos, assignments, handouts and quizzes. Students will meet twice per week for the skills portion of the course, followed by 40 hours of clinical experience, and blood draws with a clinical agency. Clinical hours are likely to be out of normal course hours due to agency operating hours, but a clinical schedule will be provided in advance. Total clinical hours are dependent on students completing at least 100 blood draws. In alignment with state requirements, students are required to attend 100% of the course to complete the program successfully.

ADDITIONAL COSTS: Textbook, uniform, immunizations, MyClinicalExchange account, and BLS provider CPR certification course (register at cetrain.isu.edu/cpr). Some clinical sites may require a drug screen.

ADDITIONAL REQUIREMENTS: Health Insurance: All students are required to have health insurance before entering the clinical setting. Background Check: Background checks are a course requirement. A failed background check

will prevent course participation. For more information, including additional costs, please see the handout on

cetrain.isu.edu/phlebotomy

ALL CLASSES: Hours: 160 Fee: \$1000

SECTION	START	END	DAY	TIMES	BLDG/RM
Fall 1	10/08/25	03/18/26	W	2pm-5pm	RFC B167
Fall 2	12/02/25	04/16/26	T/TH	5:15pm-7:15pm	RFC B167

Phlebotomy for Health Care #1909

Are you a RN, LPN or Medical Assistant interested in mastering the essential skill of drawing blood for diagnostic purposes? Our Phlebotomy for Healthcare course is designed to provide comprehensive training in the art and science of phlebotomy. This course is ideal for individuals pursuing a career in healthcare or current healthcare professionals looking to enhance their skills. Customized training for individual facilities available. Please call our office to request a course.

Start Date: TBD

Hours: 6

Bldg/Rm: TBD

Check back at cetrain.isu.edu

Days Taught: TBD

Fee: \$250

Times: TBD

Phlebotomy Technician Certification Exam and Review

Prepare for the Phlebotomy Technician Certification Exam with a comprehensive review session offered through Idaho State University. Non-ISU students must provide proof of 40 clinical hours and a letter of recommendation from their supervisor. All fees are paid directly to the **American Society of Phlebotomy Technicians (ASPT)**. For more information, contact **Workforce Training** at (208) 282-3372 or visit cetrain.isu.edu/phlebotomy for more details

IV Basics #1907

This comprehensive IV Therapy Training course is designed to provide healthcare professionals, including nurses, paramedics, and medical assistants, with the knowledge and practical skills necessary to safely and effectively perform intravenous therapy. **Note:** This course is designed for healthcare professionals with prior medical training and knowledge. Successful completion of this course does not constitute a license to practice IV therapy, and participants should ensure they meet their local regulatory requirements for IV therapy practice. Customized training for individual facilities available. Please call our office to request a course.

Start Date: 09/12/25

Hours: 12

Bldg/Rm: TBD

Days Taught: F

Fee: \$250

Times: 1 pm – 5 pm
(3 sessions)

PHYSICAL THERAPY CEUs

Wilderness Physical Therapy:

Level 1 (Basic Competencies) #6560

5 modules offered for a total of 4.0 CEUs, These classes are designed and led by Physical Therapist Wilderness EMTs. It is intended for physical therapists, physical therapy assistants, and other healthcare professionals. A certificate will be available upon completion and successful submission of all course work. visit cetrain.isu.edu/wilderness for more details.

Start Date: Ongoing/Anytime

Hours: Varies by Course

Fee: Varies by Course

Bldg/Rm: Online/In-person

SEE PAGE 29 FOR MORE INFORMATION

SAVE THE DATE
Feb. 26-28, 2026

**Join us for our annual Emergency
Medicine Conference**

**Contact Hours Are
Available.**

cetrain.isu.edu/EMC



Featured Student Employees



Payton Smith • Customer Service

Hi, my name is Payton. I'm currently working toward my BSN degree and will be starting the Licensed Practical Nurse program this fall. My goal is to continue on through an Associate Degree Registered Nursing (ADRN) as well as the BSN completion program next year. I began my healthcare journey by taking the CNA course through CEWT, and I've been working here for the past year. That class gave me a strong foundation and helped me discover how much I love nursing. Being a CNA allowed me to work directly with patients, build real connections, and learn so much from the amazing staff around me here through CEWT.

Working with the Continuing Education and Workforce Training department has been one of the best parts of my experience. This department is filled with passionate, kind, and supportive people who truly care about helping students succeed. CEWT has given me the tools, confidence, and support I needed throughout all the courses I've taken. I'm also very excited to start teaching CPR courses with CEWT this fall, which gives me the chance to give back and help others learn important life-saving skills. I love working in this department because of the positive environment. CEWT isn't just a place to learn; it's a place where people believe in you and push you to reach your goals, and I'm so grateful to be a part of it.

To register for one of our CNA classes please visit:

cetrain.isu.edu/cna



Stevie Anne Hebert • Customer Service

Stevie is a front office aide in the Continuing Education and Workforce Training department and a senior at Idaho State University. She will graduate this spring with a bachelor's in social work and an associate's in criminology. After completing her master's degree, Stevie plans to pursue a career in juvenile delinquency case management, working with youth involved in the justice system.

Stevie has loved being part of the CEWT team for the past year and enjoys the positive, welcoming atmosphere of the office. When she is not working, Stevie enjoys spending time with her friends and family, spontaneous camping trips, painting with Bob Ross tutorials, reading, making jewelry, listening to music, styling new outfits, and hanging out with her cat, Summer.

To register for our classes please visit:
cetrain.isu.edu

Industrial Maintenance

Required knowledge for industrial tradespeople, including controls, PLC basics and fluid dynamics.

CONTROLS

PLC Training—Rockwell Studio 5000 #1203

Using the Rockwell Studio 5000/CompactLogix Programmable Logic Controllers (PLC), learn ladder logic format, I-O instructions, external devices, operating cycles, relays, timers, counters, sequencers, shift registers, analog applications, math blocks use of trending and data logging tools, as well as troubleshooting tools and techniques.

This course is taught by an industry expert with over 25 years of control experience.

Start Date: 10/06/25 **Days Taught:** M/W
Hours: 51 **Fee:** \$650
Bldg/Rm: ESTEC 202 **Times:** 6 pm – 9 pm (17 sessions)
Note: No Classes Thanksgiving Nov. 25-29

Personal/ Professional Development

ART, LITERATURE & CULTURE

Native Peoples of North America: Sustaining Land, Water, Culture, & Community (Online) #6144

This course is an introduction to the Anthropology of Native North America, focusing on Native American communities' relationships to land and water. The course provides a survey of Native cultures across North America while spotlighting Tribes in Idaho. Learners will read, watch, and discuss content covering varied North American cultures. The course uses a land-based learning approach, centering Native knowledges and voices, to explore human

relationships to the more-than-human environment and each other and features in-person and virtual field trips and guest lectures by Native land, water, language, and culture practitioners.

Start Date: 08/26-12/11/25 **Days Taught:** T/TH
Hours: 21 **Fee:** FREE
Bldg/Rm: ZOOM **Times:** 11 am - 12:25 pm
1 field trip (in person and/or virtual)
(may need to purchase text book)

No meeting during finals week or thanksgiving weeks

Beginning Photography (D/SLR) #1155

Basic understanding of photography. This class will discuss Aperture, Shutter Speed, ISO, and go over some Composition. **You will learn how to operate your own camera.** This class is geared for DSLR Cameras. On last day of class, weather permitting, we will venture out on campus to get some hands on experience. The class will have props for you to practice during class time. Bring your DSLR camera that you want to learn with. Students are encouraged to bring their camera's owner's manual, or be able to look it up online, or on your phone. The goal of this class is to make you feel more comfortable taking your camera out and gain an understanding of the basics. This is a beginner class.

Start Date: 09/04/25 **Days Taught:** TH
Hours: 8 **Fee:** \$50
Bldg/Rm: RFC 162 **Times:** 6 pm – 8 pm
(4 sessions)

Watercolor Pencil for Beginners #1225

For beginning learners interested in watercolor pencils. This class will demonstrate how to draw watercolor pencils and cover several drawing techniques. The first week will introduce materials and techniques needed for this class and the remaining seven weeks will draw a variety of flowers and fruits in autumn and winter.

Start Date: 09/03/25 **Days Taught:** W
Hours: 16 **Fee:** \$80
Bldg/Rm: TBD **Times:** 6 pm – 8pm (8 sessions)



Idaho State University

Continuing Education and Workforce Training

CRAFTS AND SEWING

Furniture Painting #1529

Bring a small piece of furniture from home like a chair, stool, side table, etc. and learn the art of using Dixie Belle Chalk Paint to transform your fixer upper projects. It's a fun DIY that anyone can do! Paint, brushes, and other materials provided.

Start Date: 09/02/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Fall Wreath Making #1778

Come enjoy making a one of a kind, classy fall style wreath. All materials will be provided to create a wreath that will be a perfect focal point for your front door or anywhere.

Start Date: 09/30/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30 pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Pumpkin Pour Painting #1898

Pumpkin Pour Painting is so easy, anyone (yes, anyone!) can do it. All it takes to make these colorful Halloween decorations is crafts paint and a few faux pumpkins. You will learn the easiest tips and tricks for creating gorgeous designs with paint poured directly out of the bottle—they're called pour paint pumpkins for a reason, after all! All supplies for the class are supplied.

Start Date: 10/07/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30 pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Mandala Rock Painting #1016

Keep calm and relax through the art of mandala rocks. Learn the history and meaning behind mandala art, and apply that knowledge to your own mandala rock art. Whatever you decide, you'll certainly enjoy this serene workshop, and share your newly-discovered art form with friends and family.

Start Date: 11/11/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Steampunk Jewelry #1794

Victorian inspired Steampunk Jewelry doesn't have to break the bank! Combining vintage, hardware, imagination, gadgetry, and science fiction, this style is sure to make people stop and stare. We not only dive into history, art, and science, but create custom one-of-a-kind pieces. All materials will be provided.

Start Date: 12/16/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Laser Cut Idaho #1234

Students will be painting/staining the three layers of wood and adhering them together. The finished product will be a wooden Idaho piece of art students can display.

Start Date: 10/21/25 **Days Taught:** T
Hours: 2.5 **Fee:** \$40
Times: 6 pm – 8:30pm (1 session)
Bldg/Rm: The Elwen Cottage, 334 N Main St.

Beginning Foiled Stained Glass #1881

Learn this technique used in the Tiffany studios to create many of their masterpieces. **REQUIRED SUPPLIES:** Students are required to bring eye protection, mask, gloves, Band-Aids and wear closed-toe shoes. Long hair must be tied back when using the grinder. If you are pregnant or nursing please do not register for this class. **Please contact the instructor (Lon Hamlin at 208-226-6044) to choose and pick up a pattern in advance. The instructor will give you a supply list when you call. You must be 18 years of age to take the class. Class size limited to 8.**

Section 1

Start Date: 09/08/25 **Days Taught:** M
Hours: 8 **Fee:** \$75
Bldg/Rm: T&T Weld Classroom
Times: 6 pm – 8 pm (4 sessions)

Section 2

Start Date: 09/09/25 **Days Taught:** T
Hours: 8 **Fee:** \$75
Bldg/Rm: T&T Weld Classroom
Times: 6 pm – 8 pm (4 sessions)



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Beginning Leaded Glass #1139

This class introduces students to the older techniques for creating an art glass panel. Students will create a small panel by cutting glass and fastening it together with strips of lead came and solder. **Please contact the instructor (Lon Hamlin at 208-226-6044) to choose and pick up a pattern in advance. The instructor will give you a supply list when you call. You must be 18 years of age to take the class. Class size limited to 8.**

Section 1

Start Date: 10/06/25 **Days Taught:** M
Hours: 8 **Fee:** \$75
Times: 6 pm – 8 pm (4 sessions)
Bldg/Rm: T&T Weld Classroom

Section 2

Start Date: 10/07/25 **Days Taught:** T
Hours: 8 **Fee:** \$75
Times: 6 pm – 8 pm (4 sessions)
Bldg/Rm: T&T Weld Classroom

FITNESS & DANCE

Ballroom Dancing #1280

These ballroom classes will move at a pace good for learning, including group exercises to become familiar and comfortable with dancing. **Partner required;** class fee (\$50) per person. You will need to bring your own water. Leather-soled shoes, and loose, breathable clothing is suggested.

Section 1 – Beginning Waltz

Waltz, sometimes called “Slow Waltz”, is one of the primary Ballroom Dances, and a favorite at weddings and Holiday parties. Waltz is done to $\frac{3}{4}$ time music, and this course teaches the basics of this fun, elegant and flowing dance.

Start Date: 09/09/25 **Days Taught:** T
Hours: 10 **Fee:** \$50
Bldg/Rm: Liberty Hall **Times:** 7 pm–9 pm (5 sessions)

Section 2 – Beginning American Rumba

Rumba began with Cuban and Latin American dance crazes. It is a slow, romantic dance done to 4/4 music with strong rhythms, and melodies influenced by Spanish and African flavors. Ballroom Rumba uses a box for its basic step. Unlike the Waltz and Foxtrot, Rumba tends to stay in one small spot, using small steps. This makes it very suitable for crowded dance floors. “Cuban Motion” is a major part of its styling. Samples of Rumba are available many places on-line: e.g., <https://www.youtube.com/watch?v=mCHKa2Pz-OY>

Start Date: 10/14/25 **Days Taught:** T
Hours: 10 **Fee:** \$50
Bldg/Rm: Liberty Hall **Times:** 7–9 pm (5 sessions)

Country Swing and Two-Step #1336

Grab your cowboy boots and get moving! Class focuses on the basics of Swing, Two-Step and various couple dances such as: 10-step Cotton-Eyed Joe, Waltz, and Amarillo. Practice and learn in a relaxed atmosphere that encourages you to master skills and look good doing them. **Partner required;** class fee (\$40) per person. You will need to bring your own water as there are no drinking fountains available.

Section 1

Start Date: 09/08/25 **Days Taught:** M
Hours: 12 **Fee:** \$40
Bldg/Rm: Liberty Hall **Times:** 7 pm–9 pm (6 sess.)

Section 2

Start Date: 10/27/25 **Days Taught:** M
Hours: 12 **Fee:** \$40
Bldg/Rm: Liberty Hall **Times:** 7 pm –9 pm (6 sess.)
No Class Nov. 24, 2025

Jiu Jitsu #1235

Section 1 - Youth BJJ Fundamentals (Ages 6-9)

This course is suitable for those with no grappling experience, and will teach a variety of fundamental movements and techniques, including takedowns, escapes, and submissions. Emphasis will also be given to using these skills for self-defense and anti-bullying situations. **Students should be showered, have their nails trimmed, and wear comfortable clothes without zippers to participate in class. It's also recommended to bring slip on shoes and a water bottle.** All classes will have a male and female coach present.

Start Date: 08/04/25 **Days Taught:** M/W
Hours: 8 **Fee:** \$90
Times: 5 pm – 6 pm (8 sessions)
Bldg/Rm: Colossal Fight Company: 300 N 5th Ave.

Section 2 - Young Adult BJJ Fundamentals (Ages 10-15)

This course will help beginner and intermediate grapplers learn and practice the fundamental movements of Jiu Jitsu. Topics will include takedowns, submissions, and sweeps, as well as rules and points in tournaments, conditioning, and self-defense. **Students should be showered, have their nails trimmed, and wear comfortable clothes without zippers to participate in class. It's also recommended to bring slip on shoes and a water bottle. A mouth guard is allowed but not required for the sparring portion of the class.** All classes will have a male and female coach present.

Start Date: 09/05/25 **Days Taught:** F
Hours: 4 **Fee:** \$45
Times: 5 pm – 6 pm (4 sessions)
Bldg/Rm: Colossal Fight Company: 300 N 5th Ave.

Section 3 - Little Giants Jiu Jitsu (Ages 4-5)

This course teaches 4 and 5 year olds body awareness, coordination, takedowns, and basic Jiu Jitsu movements such as passes and shrimps through games and drilling. **All students must be potty trained to participate. Slip-on shoes and a water bottle are recommended.** All classes will have a male and female coach present.

Start Date: 09/30/25 **Days Taught:** T
Hours: 3.75 **Fee:** \$45
Times: 5 pm – 5:45 pm (5 sessions)
Bldg/Rm: Colossal Fight Company: 300 N 5th Ave.

Nia #1218

Nia is a sensory-based movement practice that draws from martial arts (Tai Chi, Taekwondo, Aikido), dance arts (jazz dance, modern dance, Duncan dance) and healing arts (Duncan dance, yoga, Alexander Technique and Teachings of Moshe Feldenkrais). Nia is a great way to get in shape and offers a unique experience from traditional aerobic exercises. Instructor is a certified Nia and Yoga instructor.

Start Date: 09/15/25 **Days Taught:** M
Hours: 4 **Fee:** \$40
Bldg/Rm: Reed 208 **Times:** 6 pm - 7 pm (4 sessions)

Self Defense #1236

Self-Defense. This course combines Brazillian Jiu Jitsu, Muay Thai, and fundamental situational awareness skills to promote easy-to-learn techniques that exploit leverage and position to enable smaller, weaker persons to escape and defend themselves. This course is adaptable to your fitness level, and is suitable both for those with no martial arts experience, or those with experience but looking to focus on the techniques and skills applicable to self-defense. The course is taught by black belts in Brazillian Jiu Jitsu.

Start Date: 09/06/25 **Days Taught:** S
Hours: 3 **Fee:** \$40
Times: 9 am – 12 pm (1 session)
Bldg/Rm: Colossal Fight Company: 300 N 5th Ave.

Zumba #1113

In this class you will burn off calories by dancing to different kinds of lively tunes, often Latin-American inspired such as salsa, merengue and samba. You won't feel like you are exercising as you are dancing. Put on your comfy shoes, grab a friend and come party.

Start Date: TBD **Days Taught:** TBD
Hours: 8 **Fee:** \$40
Times: 6:30 pm – 7:30 pm (10 sessions)
Bldg/Rm: Reed Gym 208

HORSEMANSHIP

All riding lessons are western. Bring your own horse or use a program horse for an additional \$10 per class session. Call CEWT to make arrangements for a horse (limited availability).

Riding Instruction I #1052

Learn basic horsemanship skills. Each session begins with an informative equine-related lecture and continues with horse handling skills, riding techniques and instruction.

Minimum Age is 18.

Start Date: 09/03/25 **Days Taught:** W
Hours: 12 **Fee:** \$85
Times: 5 pm – 8 pm (4 sessions)
Bldg/Rm: Sweet Talk Ranch Arena,
 7727 W. Katsilometes Rd., Pocatello, ID

Riding Instruction II #1053

For the intermediate rider or those who have completed the Riding Instruction 1 class. Participants will learn topics ranging from balanced stops to pivots and so much more.

Minimum Age is 18.

Start Date: 10/01/25 **Days Taught:** W
Hours: 12 **Fee:** \$85
Times: 5 pm – 8 pm (4 sessions)
Bldg/Rm: Sweet Talk Ranch Arena,
 7727 W. Katsilometes Rd., Pocatello, ID

Riding Instruction III #1054

Are you a confident rider? Have you taken the Riding Instruction I and II classes? Here's your chance to explore advanced western riding techniques. Discussion will include improving your horse's body control, stops, pivots, and leads as well as learn several roll maneuvers. **Minimum Age is 18.**

Start Date: 10/29/25 **Days Taught:** W
Hours: 12 **Fee:** \$85
Times: 5 pm – 8 pm (4 sessions)
Bldg/Rm: Sweet Talk Ranch Arena,
 7727 W. Katsilometes Rd., Pocatello, ID



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LANGUAGES

Introduction to French #1809

An easy introduction. Learn the sounds, vocabulary and basic grammar that will enable you to converse and be understood.

Start Date: 09/08/25 **Days Taught:** M/W
Hours: 9 **Fee:** \$50
Bldg/Rm: RFC 262 **Times:** 5:30 pm – 7 pm (6 sessions)

Spanish the Silent Way #1129

The Silent Way by Oteg Categno is used to teach languages using the color system by which students will do most of the speaking and the instructor will play the role of the tutor. **New students are encouraged to sign up for the Thursday class.**

Session 1-This class is geared to intermediate students

Start Date: 09/16/25 **Days Taught:** T
Hours: 10 **Fee:** \$50
Bldg/Rm: RFC 379 **Times:** 6 pm – 8 pm (5 sessions)

Session 2-This class is geared to new/beginning students

Start Date: 09/18/25 **Days Taught:** TH
Hours: 10 **Fee:** \$50
Bldg/Rm: RCF 379 **Times:** 6 pm – 8 pm (5 sessions)

OUTDOOR ADVENTURE

Beginning Fly Fishing #1624

Perfect for those looking to break into the sport of fly fishing, but don't know where to start. Learn about the different types of flies, basic knots and rigging as well as casting and presentation techniques. The class will conclude with a morning of fishing. Students are responsible for their own transportation. **REQUIRED SUPPLIES:** fly rod, fly reel, fly line, baseball cap or other brimmed hat, sunglasses, shoes with closed toes. **Saturday location TBA.**

Start Date: 08/26/25 **Days:** T/TH, 6:30 pm–8:30 pm (4 sess.)
Hours: 12 **SAT (9/06), 7:30 pm–11:30am (1 sess.)**
Bldg/Rm: RFC 263 **Fee:** \$63

Intermediate Fly Fishing #1056

This course is for beginning fly anglers looking to expand their skills and catch fish in more diverse situations. We will be developing more familiarity with fly casting, including different methods for more diverse situations. We will learn how to fish rivers and streams, as well as insect identification and how to "match the hatch." Students are also encouraged to bring whatever flies or tackle they already have. Some classes held at diverse fishing locations near Pocatello, so students need to provide own transportation

to the meeting sites. **REQUIRED SUPPLIES:** fly rod, fly reel, fly line, baseball cap or other brimmed hat, sunglasses, shoes with closed toes. **Saturday location TBA.**

Start Date: 09/16/25 **Days:** T/TH, 6:30 pm –8:30 pm (2 sess.)
Hours: 8 **SAT(9/20), 7:30 am– 11:30am (1 sess.)**
Bldg/Rm: RFC 263 **Fee:** \$59

Beginning Fly Tying #1618

For those who want to tie their own flies, this class will cover the tools, skills, and base techniques of fly tying. Learn the different kinds of flies and their applications. Students will tie a variety of flies to suit most fishing situations. **Classes are for ages 16 and up, however, those 12 years of age to 17 may attend with a registered adult. Students must bring a fly-tying vice.**

Start Date: 11/11/25 **Days Taught:** T/TH
Hours: 8 **Fee:** \$59
Bldg/Rm: RFC 263 **Times:** 6:30 pm– 8:30 pm (4 sess.)

Intermediate Fly Tying #1619

This course is for beginning fly tiers who want to expand their skills and learn some new fly-tying techniques. We'll be skipping the basics and working on more complex fly patterns, using complicated materials, incorporating multiple materials, tying more realistic flies, and using standard materials in different ways to achieve different effects and appearances. Students should bring their own fly-tying tools (vice, bodkin, bobbin, thread, scissors) and are encouraged to bring other tools and materials as well. **Classes are for ages 16 and up, however, those 12 years of age to 17 may attend with a registered adult. Students must bring a fly-tying vice.**

Start Date: 12/02/25 **Days Taught:** T/TH
Hours: 8 **Fee:** \$59
Bldg/Rm: RFC 263 **Times:** 6:30 – 8:30 pm (4 sessions)

PERSONAL INTEREST

Paranormal Research #1223

The class will focus on the equipment used in the field (cameras, pendulums, dowsing rods, various electronic equipment, etc.), how to conduct an investigation, paranormal phenomenon, developing your own skill set for investigations and debunking. Class will feature guest speakers and will teach how to develop your natural abilities and will provide resources for the student. The class will consist of 5 weeks (2 hours per class) of classroom sessions followed by one paranormal investigation where the student can put their new skills to work.

Start Date: 09/12/25 **Days Taught:** F
Hours: 12 **Fee:** \$50
Bldg/Rm: RFC 108 S **Times:** 6 pm – 8 pm (5 sessions)

ONLINE Career Training

CERTIFICATION COURSES

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This provides you with the knowledge and understanding necessary to prepare for the American Council on Exercise (ACE) Certified Personal Trainer (CPT) certification exam and become an effective personal trainer.

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(Voucher Included)

Learn practical financial knowledge and effective counseling techniques to help your clients considerably improve their financial well-being.

Certified Virtual Assistant

Master the skills of a virtual assistant, and start your own virtual assistant business.

Certified Master Wedding and Event Planner

Get the training to jumpstart your career in event planning, and earn the Certified Master Wedding and Event Planner certification.

Certified Professional Life Coach

Master the skills and strategies endorsed by the International Coaching Federation (ICF) and the International Association of Professional Recovery Coaches (IAPRC). Earn your Certified Professional Coach (CPC) certification upon successfully completing the final exam.

Certified Supply Chain Professional (CSCP)

Train to become a Certified Supply Chain Professional (CSCP). This course covers all facets of supply chain management.

Certified Technical Writer

Learn how to write within any technical writing context, and develop your own portfolio. You will also prepare for the Certified Professional Technical Communicator exam.

Home Inspection Certificate

Learn about standards of practice, defects recognition, inspection guidelines, reporting methodologies, and liability management as you prepare to become a home inspector.

Human Resources Senior Manager

Prepare to take the Senior Professional Human Resources certification (SPHR) and the Senior Certified Professional (SHRM-SCP) to showcase your new skills.

Marketing Design Certificate

This course focuses on design for marketing and business: creating logos, advertisements, communications, and more. You'll learn Photoshop, Illustrator, and PowerPoint.

COURSE FEATURES:

- Facilitators and mentors to answer questions and for guidance
- Career Counselors assist through the transition from classroom to workplace
- Courses are all open-enrollment and self paced
- No additional charges - all materials are included
- Payment plans available

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- Media and Design
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Trades

Industries across the U.S. are looking for individuals skilled in welding, machining, and flagging certification. Take advantage of our courses which provide you with the skills you need for the job you want.

BUILDING CONSTRUCTION

Erosion Control / Storm Water #1190

Contractors, learn the new guidelines! Topics covered are federal and local erosion and sediment control requirements; responsible person requirements; local training and certification; best management practices; erosion control; sediment control; and the top 10 compliance problems.

After passing this class, you may apply for ESC certification from the City of Pocatello—additional fees apply.

Section 1

Start Date: 10/14/25 Days Taught: T
Hours: 4 Fee: \$45
Bldg/Rm: RFC 262 Times: 6 pm – 10 pm (1 session)

Section 2

Start Date: 11/11/25 Days Taught: T
Hours: 4 Fee: \$45
Bldg/Rm: RFC 262 Times: 6 pm – 10 pm (1 session)

CODE UPDATE

Understanding NEC Requirements for Solar Photovoltaic and Energy Storage Systems #1581

An insight and understanding of solar systems and energy storage (battery) systems according to the National Electric Board. **Books:** Solar Photovoltaic Systems by Mike Holt

Start Date: 10/03/25 Days Taught: F
Hours: 8 Fee: \$115
Bldg/Rm: RFC 108 S Times: 8 am – 5 pm (1 session)

Check Out our New
OSHA 10 Course!

DRAFTING

Introduction to AutoCAD Windows 2020 #1170

Want to learn the fundamentals of creating high precision technical graphics? Computer Aided Design (CAD) is used in many fields to increase the production and clarity of the design concept. Learn the concepts utilized by those in-demand, high paying jobs that utilize this valuable tool. Learn the alphabet of lines, basic AutoCAD commands used graphically in documenting your ideas, and then how to plot them to paper. While there are no prerequisites for this fundamental CAD course, you should be proficient in basic computer skills.

Start Date: 09/22/25 Days Taught: M/T
Hours: 25 Fee \$185
Bldg/Rm: EAMES 198 Times: 5:30 pm – 8 pm (10 sess.)

OSHA/SAFETY TRAINING

New: OSHA-10 #1122

The OSHA 10-hour training course provides entry-level workers with a basic overview of workplace safety and health hazards, focusing on recognition, avoidance, and prevention. It's a voluntary program that also covers workers' rights, employer responsibilities, and how to file an OSHA complaint. The course is offered in two main versions: OSHA 10 General Industry and OSHA 10 Construction.

Start Date: 11/18/25 Days Taught: T
Hours: 10 Fee: \$100
Bldg/Rm: VA202 Times: 1 pm - 4:30 pm (3 sessions)
No Class November 25

Certified Food Safety Manager #6521

This Certified Food Safety Manager Course (CFSM) covers food safety issues, regulations, and the techniques necessary to maintain a food safe environment. Handling food correctly is not only the law, but it improves public safety and lowers costs. Learn to implement essential food safety practices and create a culture of food safety. Food safety is critical to sales and the continued patronage of your establishment. Establishments found to violate food safety protocols are fined or closed—food safety is that important. The role of a food manager is crucial.

Now is the time to certify your department managers and food handlers as a Certified Food Safety Manager. **Registration deadline is October 03, 2025.**

Course conducted in English.

Start Date: 10/17/25 Days Taught: F
Hours: 8 Fee: \$130
Bldg/Rm: RFC 108 S Times: 8 am – 5 pm (1 session)

Idaho Police Officer Standards Certified Training (POST) #1477

This 15-week program follows the curriculum of Idaho POST, in Meridian. All of our instructors are police officers or retired police officers. The curriculum will cover everything from Drill and Ceremony, Domestic Violence, DUI/SFST, Crime prevention, Health and Fitness to EVOC, Defensive Tactics, Firearms, etc. The program is a mixture of book-work and hands-on training. At the end of the 15-weeks, the officer will take a certification exam in Patrol and Reserve. **This is a restricted course. Please contact the Law Enforcement program at ISU for details to register. Call Kendra at 208-282-3083.**

Start Date: 08/25/25 **Days Taught:** M/W/F, 8 am – 5 pm
T/TH, 7 am – 5 pm

Hours: 480
Bldg/Rm: LAW 104 **Fee:** \$850

MACHINING

Lathe Theory and Practice #1200

This course will provide you with hands-on training and classroom instruction, primarily on engine lathes and their uses, including threading, knurling, and cutting tapers, balls, and grooves. You will practice measuring techniques using both calipers and micrometers. You can complete the machinists hammer, a project which covers the full range of lathe capabilities in the 30 hour course, or you can choose to do other projects. **Suggested Tools: 10-inch adjustable wrench, Allen Wrench Set to 5/16, safety glasses (required), safety shoes (recommended), clothing should not be too loose. Students must be 18 years of age to attend the class, unless accompanied by an adult who is also taking the class.**

Start Date: 09/04/25 **Days Taught:** TH
Hours: 30 **Fee:** \$215
Bldg/Rm: EAMES Complex Machine Shop
Times: 6 pm – 9 pm (10 sessions)

Save the Date



May 13-15 2025

TRAFFIC CONTROL

Flagging #1195

In this class you will learn the responsibilities of the flagger: basic signals, flagging systems, signing, channeling devices and traffic control practices. This class meets requirements for training programs recognized by the Idaho Transportation Department. **Must have valid ID to present to instructor before obtaining your flagging card. Flagging cards will be mailed.**

Section 1

Start Date: 10/11/25 **Days Taught:** S
Hours: 8 **Fee:** \$140
Bldg/Rm: RFC 108 S **Times:** 8 am – 4 pm (1 session)

Section 2

Start Date: 11/01/25 **Days Taught:** S
Hours: 8 **Fee:** \$140
Bldg/Rm: RFC 108 S **Times:** 8 am – 4 pm (1 session)

WELDING

Beginning/Intermediate/Advanced Welding #1230

Re-tool your skills to take advantage of in-demand, high paying jobs in the manufacturing sectors. If you're an individual who likes building things, working with your mind and hands or simply enjoys seeing the results of your efforts, then we have just what you're looking for. These self-paced courses are designed for the beginner, intermediate, or experienced welder. SMAW and GMAW are taught at all levels. GTAW (TIG) will be covered only in the Intermediate/Advanced welding class. These topics will be covered: machine settings, preparation of materials, safety and welding in all positions. No welding equipment is required for the first night of class; it is two hours only. Three types of welding offered: Arc and Mig have similar equipment, however, they are taught separately. GTAW (TIG) will be covered only in the Intermediate/Advanced welding class. *No hobby welding or project building.* **Students must be 18 years of age to attend the class, unless accompanied by an adult who is also taking the class. All MUST attend the FIRST night to continue with the class.**

Section 1

Start Date: 08/28/25 **Days Taught:** TH
Hours: 30 **Fee:** \$350
Bldg/Rm: EAMES Welding Shop/Rm 500
Times: 6 pm – 10 pm (8 sessions)

Section 2

Start Date: 10/09/25 **Days Taught:** TH
Hours: 30 **Fee:** \$350
Bldg/Rm: EAMES Welding Shop/Rm 500
Times: 6 pm – 10 pm (8 sessions)
No Classes during Thanksgiving, Nov. 24 - 28



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- Medical Coding and Billing for Outpatient Services
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- Medical Office Manager
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- Mental Health Technician
- Microsoft Office 2019: Specialist
- Nutrition and Personal Trainer
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The Inside Track to Journeyman

An apprenticeship education is a combination of on-the-job training and related classroom instruction providing the practical and theoretical aspects of a highly skilled occupation. These four-year programs build concept upon concept, year after year, preparing the student for the journeyman exam required by the State of Idaho. It's an efficient and practical way to build the foundation for an in-demand and satisfying career.

Flexible Blended Learning Programs

The electrical, plumbing, and HVAC apprenticeship programs participate in the new blended curriculum at ISU Continuing Education Workforce Training (CEWT).

Blended classes are a combination of traditional instructor-led classes and online self-directed coursework. Blended classes give continuous access to assignments, allowing for more mobility and flexibility during the on-the-job training portion of the apprenticeship. For example, in addition to the blended classwork, the lectures are also streamed live so that students who cannot make it to classroom sessions can still participate in the live lecture. All coursework for the blended classes will be offered online on the Moodle platform, making it easy for students to track their progress.

College credits are available when all program criteria are met. Contact us to learn more!

Idaho State University's Apprenticeship Program is supported by the United States Department of Labor. A total of \$51,308, or 28.5 percent, of the program is financed with federal funds, and \$104,915, or 71.5 percent, is funded by other sources.

Earn as You Learn.

Apprenticeship Programs in Electrical, Plumbing and HVAC

Apprentices in our four-year programs learn to build real-world, career-defining skills through **on the job training**— while earning wages, college credits, and the know-how to become licensed a journeyman.

Don't just dream about your future... Make it!

FOR MORE INFORMATION

Program Coordinator: **Paul M. Dickey**
208-282-1077 • cetrain@isu.edu

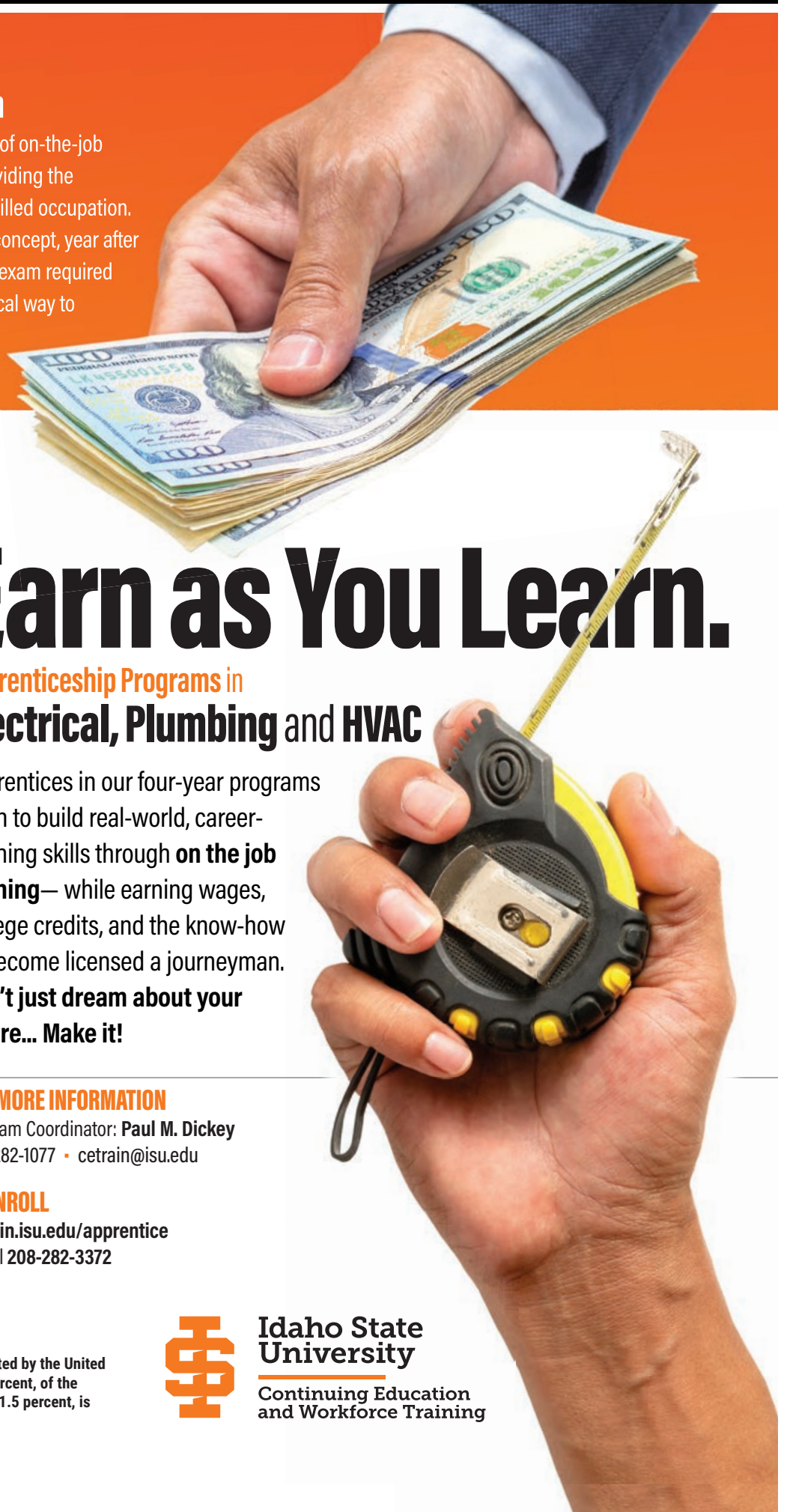
TO ENROLL

cetrain.isu.edu/apprentice
or call **208-282-3372**

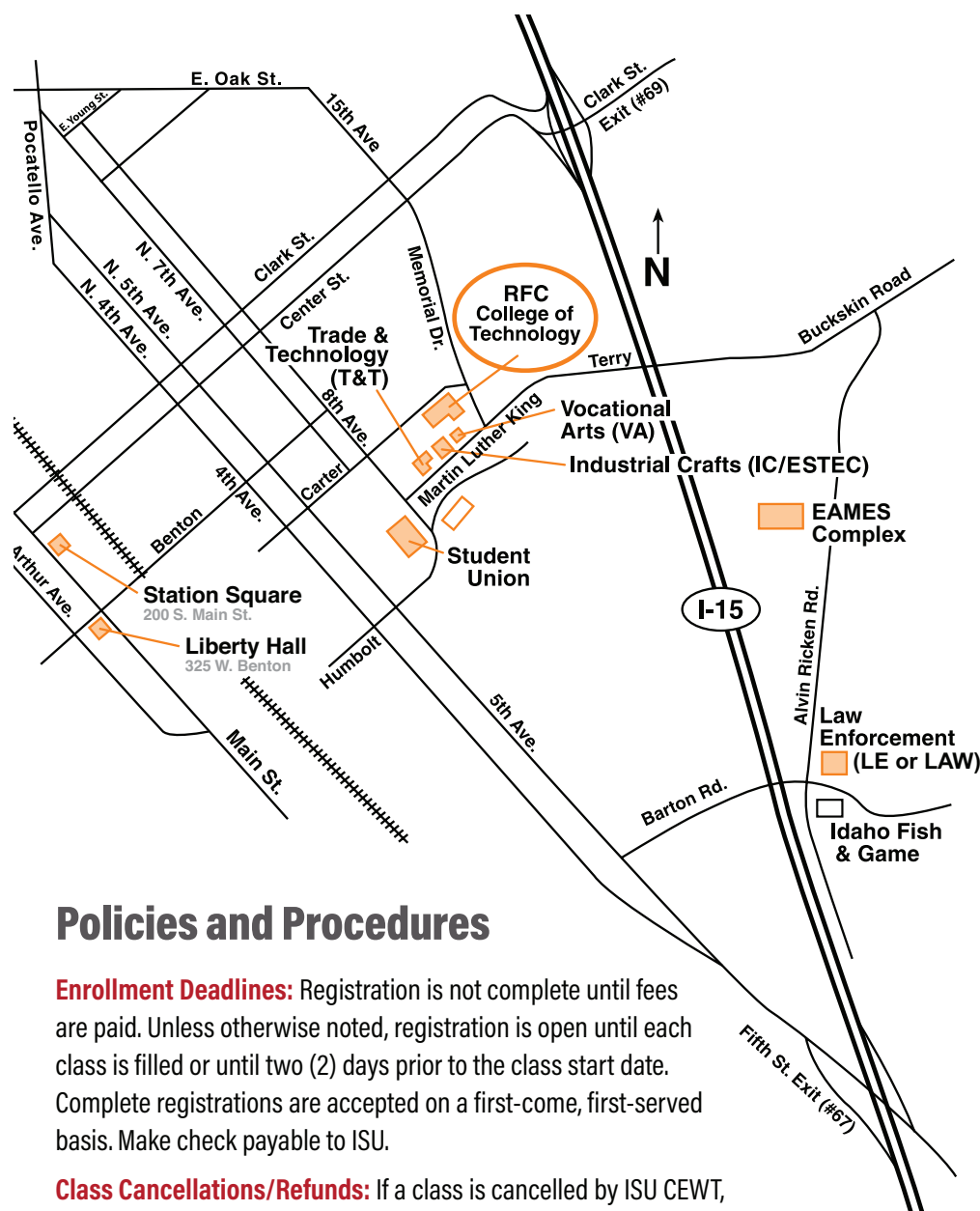


Idaho State University

Continuing Education
and Workforce Training



Registration Information



3 Easy Ways to Sign Up for Classes

ONLINE: cetrain.isu.edu Go online, create a profile, register and pay online with your Visa or MC.

BY PHONE: (208) 282-3372 Phone-in registration will be accepted using Visa or MasterCard. Call (208) 282-3372 any weekday from 8 a.m. to 5 p.m. We will take your information over the phone, mail you an invoice or take your credit card information, and upon receipt of payment, you will be officially registered for class(es).

IN PERSON: Come to the CEWT office located in the **Roy F. Christensen Building (#48), Suite 184** (777 Memorial Drive), in Pocatello and have one of our customer service associates help you with the process. Payment can be made with cash, check, credit card (Visa or MC), or a signed Purchase Order.



Idaho State University

Continuing Education and Workforce Training

Policies and Procedures

Enrollment Deadlines: Registration is not complete until fees are paid. Unless otherwise noted, registration is open until each class is filled or until two (2) days prior to the class start date. Complete registrations are accepted on a first-come, first-served basis. Make check payable to ISU.

Class Cancellations/Refunds: If a class is cancelled by ISU CEWT, a full refund will be issued. If a class is dropped by a student, it must be done at least two days prior to the class start date to receive a full refund less a \$15 processing fee. If a two-day notice is not given, no refund will be issued.

Snow Policies and School Closures: If the university is closed during the day because of bad weather or some other emergency, our night classes are also cancelled. We will make every attempt to reschedule classes for students. In the event that ISU is not closed and the weather is inclement, use your best judgement. If in doubt, call 208-282-3372.

AA/EEOC: Idaho State University subscribes to the principles and laws of the State of Idaho and the federal government, including applicable executive orders pertaining to civil rights. All rights,

privileges, and activities of the University are made available without regard to race, creed, color, sex, age, disability, national origin or veteran status. The University is an Equal Opportunity and Affirmative Action employer. Evidence of practices that are not consistent with such a policy should be reported to the Director of the Affirmative Action Office, located in the Museum Building, Room 422 or call 208-282-3964.

ADA: Students having questions about accessibility or requesting reasonable accommodations as indicated in the Americans with Disabilities Act (ADA) or Section 504, should contact the Director of Disability Services, located in Rendezvous Bldg., Room 125 or call 208-282-3599.



**Idaho State
University**

Continuing Education and Workforce Training
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