

Continuing Education and Workforce Training

Butter Chicken

<u>INGREDIENTS</u>

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1lb Chicken Breast Boneless	Salt
1/4 cup Plain Yogurt	4 Tbsp Oil
2 Tbsp Ginger/Garlic Paste	4 Tbsp Butter
1 Tbsp for marinade	1 Med Onion, find dice
1 Tbsp for sauce	1 Tbsp Tomato paste, loosened with a little
4 tsp Mild Paprika	water
2 tsp for marinade	15 oz Tomato sauce, can
2 tsp for sauce (make sure its mild or curry	10-12 Cashews, soaked in hot water for 20 mins
will be too hot)	1 Bunch of Cilantro
2 tsp Garam Masla	2 tsp Sugar
1tsp for marinade	1/3 cup Heavy Cream
1tsp for sauce (see below to make your	1 Tbsp Lime Juice
own)	Salt to Taste

<u>HOMEMADE GARAM MASALA</u>

Easy way

1 Tbsp ground cumin
1-½ tsp ground coriander
1-½ tsp ground
cardamom
1-½ tsp ground black
pepper
1 tsp ground cinnamon
½ tsp ground cloves
½ tsp ground nutmeg
1 ground bay leaf

Better Way

1 Tbsp cumin seeds
1-½ tsp coriander seeds
1-½ tsp cardamom pods
1-½ tsp black peppercorns
1" piece of cinnamon
½ tsp cloves
½ tsp nutmeg
1 bay leaf
In a small fry pan, dry roast all of the seeds below at medium heat for about 3-4 mins. Make sure they don't burn. When done empty onto a plate and cool it off. Once cool, grind it all in a coffee grinder.