



2ND ANNUAL MENTAL HEALTH SYMPOSIUM

OCTOBER 4TH 2024
8AM-5PM

CHUBBUCK CITY HALL
290 E LINDEN AVE,
CHUBBUCK, ID

FEATURED SPEAKERS:

- ✓ NICHOLAS EVANS, LMSW
- ✓ MATT HARDIN, LCPC
- ✓ JOANN MARTINEZ, LCSW
- ✓ AMBER MICKELSEN, LCSW
- ✓ SARAH BYSTROM, LMSW
- ✓ TIFFANY LONG, LCPC

KEYNOTE SPEAKER:

- ✓ JANELL CLEMENT, LCSW

ADVANCE TICKETS:

\$50; 7 CEUs

PRE-REGISTER @
CETRAIN.ISU.EDU/MHF



AT THE DOOR:
\$60

3RD ANNUAL



5K FUN RUN

SATURDAY, 10/05/2024
10:00 AM



3RD ANNUAL BEST, LLC

Hustle *for* Mental Health



**SATURDAY
10/05/2024**

5K FUN RUN

**Lower Ross Park
2695 S 2nd Ave
Pocatello, ID 83204**

10:00 AM

**\$25/ person
\$75 for family:
Includes 3 shirts**

SCAN ME





Dear Community Supporter,

I am writing on behalf of Behavioral Enhancement Services & Treatment (BEST), LLC. Last year, BEST, LLC proudly partnered with ISU's Continuing Education and Workforce Training department to host the 2nd Annual BEST, LLC Hustle for Mental Health 5K/Fun Run. We successfully raised funds for The Center for Hope and Recovery South. With the help of several generous sponsors, we raised and donated a significant amount. BEST, LLC along with ISU's continual partnership, are excited to announce the 3rd Annual BEST, LLC Hustle for Mental Health 5K/Fun Run, scheduled for Saturday, October 5, 2024, at 10:00 am at Lower Ross Park.

This year's 5K donations will support Acorn Fund Pocatello, Inc., a local, volunteer-run 501(c)(3) nonprofit organization dedicated to assisting individuals experiencing homelessness and housing insecurity. Acorn Fund Pocatello Inc. helps these individuals obtain vital records and work clothing, enabling them to apply for and secure employment and housing.

Acorn Fund Pocatello, Inc. provides essential services such as replacing identification documents, including state ID cards, birth certificates, driver's licenses, and other supporting documents. Additionally, they purchase employment clothing and equipment, such as non-slip shoes, steel-toed work boots, scrubs, coveralls, and tools, to help individuals start new jobs. They also offer grants to partner organizations, host community drives, and collaborate with community members to fulfill Christmas wishes for clients of Aid for Friends and other groups.

BEST, LLC is seeking your company's support for this event in any way possible. Here are a few ways your company can contribute:

- Sponsor your employees (fully or partially) to participate in the Hustle for Mental Health 5K Fun Run (see attached price list).
- Donate to Acorn Fund Pocatello Inc. (All donations will be received and distributed by FASI*).
- Donate products for the great swag bag that will be provided to each participant.

We truly appreciate your time and attention to this great cause. Your support will enhance services for individuals struggling with mental illnesses, substance abuse, or other challenges, ultimately helping to make our community a better place.

Sincerely,

Heather Moore, BSN-RN
Co-Owner
Behavioral Enhancement Services & Treatment (BEST), LLC

*Financial Advocates of Southeast Idaho (FASI)



5K FUN RUN

Donation Form

Proceeds Will Be Donated to



Please Choose From the Following:

- \$100: 3 Entries & business logo on t-shirt
- \$200: 7 Entries & business logo on t-shirt
- \$300: 10 Entries & business logo on t-shirt
- \$500: 15 Entries & business logo on t-shirt
- \$1000: 25 Entries & business logo on t-shirt
- \$2500: 50 Entries & business logo on t-shirt
- \$5000: 50+ & business logo on t-shirt

Name: _____

Business: _____

Address: _____

Phone: _____

E-mail: _____

Date: _____

**Mail Form & Checks by
September 23rd to:**

Financial Advocates of
Southeast Idaho
1675 Curlew Dr.
Ammon, ID 83406

**Register for the 5K
ONLINE at:
cetrain.isu.edu/MHF**

*Email business logo and amount donated to amwels@idoc.idaho.gov.

To ensure your business logo is printed, please no later than September 23rd.

An email will be sent with a link to the online registration page and promo code for free entries

Make all checks payable to Financial Advocates of Southeast Idaho (FASI)

You may designate ACORN FUND POCATELLO, INC. in the memo line.

Your Contributions Are Greatly Appreciated!