

New Knowledge Adventures

Newsletter

April 2026

Class Information Form

The NKA "Call to Classes" is April 29th - May 20th. This is when Class Information Forms (CIF) are to be completed and submitted for the Fall 2026 Semester. Please ensure you use the revised CIF located at <https://cetrain.isu.edu/dce/nka/documents/> instead of the form in the Spring 2026 Semester Catalog. The respective submittal information is located at the bottom of the CIF.

NKA Annual Meeting

The NKA Luncheon and Annual Meeting will be held on Monday, May 11, 2026, at the Idaho State University, Pond Student Union Building, Wood River Room from 11:30 a.m. - 1:30 p.m. Please mark your calendars and watch your email for an invitation to this fun and entertaining event.

AARP Local Chapter

Did you know Pocatello has the only AARP local chapter in the state of Idaho? What are AARP local chapters? Chapters help turn AARP's national mission into action at the local level by fostering community engagement, social connection, and advocacy for members aged 50 years and older.

Our local Chapter No. 288, which formed in 1964, is looking for new members. Membership is only \$5 per year. Monthly meetings provide opportunities for members to meet in a social setting, expand their knowledge on a variety of issues and attend fun events.

If interested, please know you're welcome to join one of the monthly meetings. In April and May, the chapter will meet on the third Wednesday of each month at 12:30 p.m. at the Senior Activity Center.

June NKA Trip

Seats are still available for the June 16th day trip to Soda Springs and Chesterfield. Please register and send your \$75 check, made out to NKA, to Shanna Erickson, 3938 Aaron Ln, Pocatello, Idaho 83202, before May 16th.

A Note from United Seniors Project (USP)

The USP Board of Directors and USP Fundraising Committee sincerely thank everyone who supported the March 14th Pi Day fundraising event. Please visit the USP website at <https://unitedseniorsproject.org/> to learn more about USP and how to support their mission.

APRIL 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Barn Quilt Painting • 9:30-11:30
Fit and Fall Proof • 9:30-10:30
Line Dance/SAC • 1:00-2:00
Quilling • 1:00-3:00
Mahjong • 1:30-4:00
Texas Hold'em II • 3:00-5:00

2
Tai Chi, Adv. • 8:30-9:30
Line Dance, Adv. • 9:30-11:00
Chair Yoga • 10:00-11:30
Knitting on Looms • 10:00-11:30
Fun with Crochet • 1:30-3:30
Safari to Kenya • 1:30-3:00
Book and a Glass • 3:00-4:30

3
Pranayama • 9:00-10:00
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Greenway • 10:00-11:30
Qigong • 1:00-2:00
Square Dance
-Section 1 • 6:00-7:30
-Section 2 • 7:30-9:00

6
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Fit and Fall Proof • 9:30-10:30
Line Dance, Start • 12:00-12:50
Tai Chi, Inter. • 12:30-1:30
Line Dance, Beg. 1 • 1:00-1:55
Creative Writing • 2:00-4:00
Line Dance, Beg. 2 • 2:05-3:00
Glass Blowing, Pendants
-Section 6 • 6:00-7:00
Glass Blowing, Paperweight
-Section 6 • 7:30-8:30

7
Tai Chi, Adv. • 8:30-9:30
Line Dance, Inter. • 9:30-10:25
Crochet 101/102 • 10:00-11:30
Managing Stress • 10:00-11:30
Line Dance, Oldies • 10:35-11:30
Crochet Svc. Group • 1:00-2:30
Knitting • 1:30-3:30
Spanish Culture • 1:30-2:30
Team Trivia • 1:30-3:00

8
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Barn Quilt Painting • 9:30-11:30
Fit and Fall Proof • 9:30-10:30
Line Dance/SAC • 1:00-2:00
Mahjong • 1:30-4:00
Texas Hold'em II • 3:00-5:00
Beer/Off the Rails • 7:00-8:30

9
Tai Chi, Adv. • 8:30-9:30
Line Dance, Adv. • 9:30-11:00
iPhone 11 • 10:00-11:30
Knitting on Looms • 10:00-11:30
Mindful Ways • 10:00-11:30
Origami Boxes • 1:00-3:00
Fun with Crochet • 1:30-3:30
Oodles of Noodles • 2:00-3:00

10
Pranayama • 9:00-10:00
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Greenway • 10:00-11:30
Preview to Emme • Noon-1:00
Qigong • 1:00-2:00
Square Dance
-Section 1 • 6:00-7:30
-Section 2 • 7:30-9:00

13
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Fit and Fall Proof • 9:30-10:30
Tai Chi, Inter. • 12:30-1:30
Creative Writing • 2:00-4:00
Wire Wrapped Pendant
-Section 1 • 2:00
-Section 2 • 4:00
-Section 3 • 6:00

14
Tai Chi, Adv. • 8:30-9:30
Alzheimer's • 10:00-11:30
Crochet 101/102 • 10:00-11:30
Crochet Svc. Group • 1:00-2:30
Knitting • 1:30-3:30
Spanish Culture • 1:30-2:30
Team Trivia • 1:30-3:00

15
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Barn Quilt Painting • 9:30-11:30
Fit and Fall Proof • 9:30-10:30
Air Rifles • 10:00-11:30
Line Dance/SAC • 1:00-2:00
Mahjong • 1:30-4:00
NKA Annual Skit • 3:00-4:00
Texas Hold'em II • 3:00-5:00

16
Tai Chi, Adv. • 8:30-9:30
Knitting on Looms • 10:00-11:30
Mindful Ways • 10:00-11:30
Walking Video
(upstairs) • 10:00-11:30
Origami Boxes • 1:00-3:00
Fun with Crochet • 1:30-3:30
Glass Greenhouse • 6:00-8:00

17
Pranayama • 9:00-10:00
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Greenway • 10:00-11:30
Games and Goodies • 1:00-3:00
Qigong • 1:00-2:00
Symphony Preview • 4:00-5:00
Square Dance
-Section 1 • 6:00-7:30
-Section 2 • 7:30-9:00

20
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Fit and Fall Proof • 9:30-10:30
Strength Training • 10:00-11:30
Tai Chi, Inter. • 12:30-1:30
Creative Writing • 2:00-4:00
Glass Blowing, Pendants
-Section 7 • 6:00-7:00
Glass Blowing, Paperweight
-Section 7 • 7:30-8:30

21
Tai Chi, Adv. • 8:30-9:30
National Security • 10:00-11:30
Crochet Svc. Group • 1:00-2:30
Knitting • 1:30-3:30
Spanish Culture • 1:30-2:30
Team Trivia • 1:30-3:00
Dinner Opera • 6:00-8:00

22
Thanksgiving Point • 8:00
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Fit and Fall Proof • 9:30-10:30
HumTrack 2025 • 10:00-11:30
Line Dance/SAC • 1:00-2:00
Travel Training on the PRT
-Section 2 • 1:00-2:30
Mahjong • 1:30-4:00
NKA Annual Skit • 3:00-4:00
Texas Hold'em II • 3:00-5:00

23
Tai Chi, Adv. • 8:30-9:30
Mindful Ways • 10:00-11:30
RV Owner Basics • 10:00-11:30
Walking Video
(upstairs) • 10:00-11:30
Origami Boxes • 1:00-3:00
Oh My! Alhambra • 1:30-3:00
Fun with Crochet • 1:30-3:30

24
Pranayama • 9:00-10:00
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Greenway • 10:00-11:30
Qigong • 1:00-2:00
Square Dance
-Section 1 • 6:00-7:30
-Section 2 • 7:30-9:00

27
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Fit and Fall Proof • 9:30-10:30
Strength Training • 10:00-11:30
Tai Chi, Inter. • 12:30-1:30
Creative Writing • 2:00-4:00
Uncle Sam Gnome
-Section 1 • 2:00
-Section 2 • 4:00
-Section 3 • 6:00

28
Tai Chi, Adv. • 8:30-9:30
Hot Topics • 10:00-11:30
Mosaic Stone • 12:30-2:30
Crochet Svc. Group • 1:00-2:30
Knitting • 1:30-3:30
Spanish Culture • 1:30-2:30
Team Trivia • 1:30-3:00

29
Woodcarving, Beg. • 9:00-Noon
Woodcarving, Adv. • 9:00-Noon
Fit and Fall Proof • 9:30-10:30
Everest Camp • 10:00-11:30
Line Dance/SAC • 1:00-2:00
Mahjong • 1:30-4:00
NKA Annual Skit • 3:00-4:00

30
Tai Chi, Adv. • 8:30-9:30
Walking Video
(upstairs) • 10:00-11:30
Origami Boxes • 1:00-3:00
Fun with Crochet • 1:30-3:30

Saturday, April 4th | Water Aerobics • 8:30-9:30

The mission of NKA is to expand knowledge, stay vital, and explore new ideas in an informal, non-competitive environment.