

Friends For Learning Newsletter

www.FriendsForLearning.com

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*Sponsored by ISU Continuing Education
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Elderhostel Institute Network*



From the Pen of our President

Well, the Spring Semester is winding down. We had a great line-up of presenters this semester and I would like to thank all of them and also their facilitators for the fantastic job they did. I believe everyone was pleased with the classes they attended. Joan Linde and her committee are now hard at work on the Fall 2013, Spring 2014, and even some Fall 2014 classes.

Keep in mind that HWE (Hiking, Walking & Exploring) events continue throughout the summer. If you are interested in participating and are not already registered, contact Jim Schaffer (milodoctor@gmail.com).

We are looking for some members willing to help us out facilitating classes this Fall. It is a very easy job and lots of fun. If you are interested in becoming a more active member, please call Joan Linde at 520-1207 and coordinate with her. One of the perks of facilitating a Limited Class is that you will never get put on the waiting list for that class. (ha ha).



**MARK YOUR CALENDARS
NOW!**

The annual FFL picnic will be held on

Wednesday, July 17

5:00-8:00 p.m.

Peterson Park in Ammon

DID YOU KNOW ...

that Colleen Sargent was the driving force behind Friends For Learning? I met with Colleen today to ask her about the early days of Friends for Learning. I asked what had motivated her to take on such a daunting task. Her response was that she had attended classes of similar organizations in Pocatello and St. George, Utah. She thought Idaho Falls would benefit from a similar organization. She also knew that Idaho Falls had a large population of people over 50 wanting to keep their minds and bodies active; *AND*, she knew that we had a large pool of people that would love to share

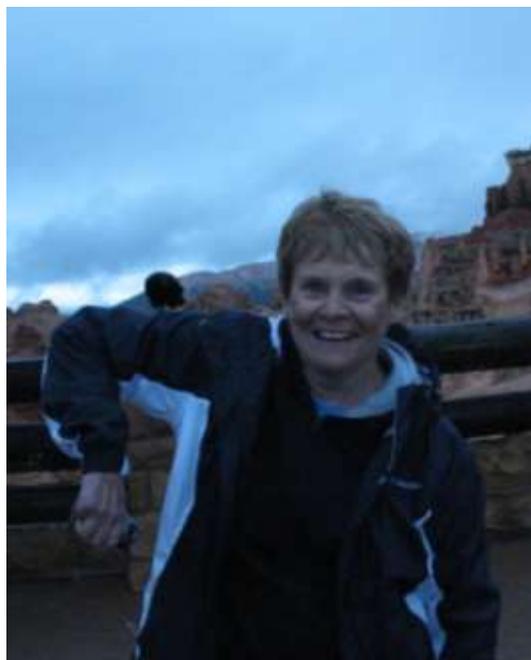
their talents.

Colleen and a group of friends (including Marylyn Hsu, Pinky Strong, and Carol Mobley) began discussions in 2001. Colleen met with ISU's Office of Continuing Education to ask for sponsorship and use of Idaho Falls facilities. It took ISU a while, but they consented in the fall of 2003. By that time By-laws had been written, officers chosen, programs planned, and advertising done. The new FFL offered classes for the spring semester, 2004. Membership numbered 34 people and 6 or 7 classes were offered. FFL had

become a full-time job for Colleen.

I expected a negative response when I asked Colleen if, at that time, she had imagined the organization would become what it is today. She gave me a very positive response, saying it is just as she expected it should be. She is very proud of the organization she started and the direction it is going, and she is happy that the members are willing to step up and take leadership roles.

NEW BOARD MEMBER ...



Marilyn Quast has agreed to be the new Historian for FFL.

Marilyn is an Idaho girl, having grown up in Twin Falls. She is a mother to two children. She is a career woman, having worked for School District 91 for ten years and later for the Department of Energy for 17 years until retiring in 20____. She is a grandmother to six grandchildren. And she is a really good friend to many.

Jackie Holm introduced Marilyn to Friends for Learning in 2006. She has been a member ever since. She serves on the planning committee for the Hiking, Walking and Exploring group. Her hobbies include biking, skiing, hiking, gardening, pinochle and travelling.

Marilyn says she will do her very best in her new position and hopes she will be able to fill the shoes of Teak Cummings, who has done an excellent job of photographing our classes and many of our activities.



The only thing I knew about Georgia O'Keeffe before this lecture was that she liked to paint on skulls. I know much more now—thanks to Jane Winston who shared her knowledge and her talent with us on February 19.



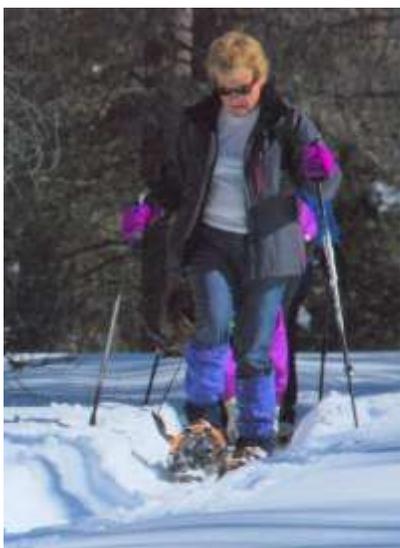
This man ... JIM FRANCIS ... makes you THINK. Jim is shown here with Alice Crockett at his presentation of Huck Finn, a Metaphor for U.S. History.



John and Nancy Galazin walked over 100 miles across an African nation, camping and sleeping in traditional tents.

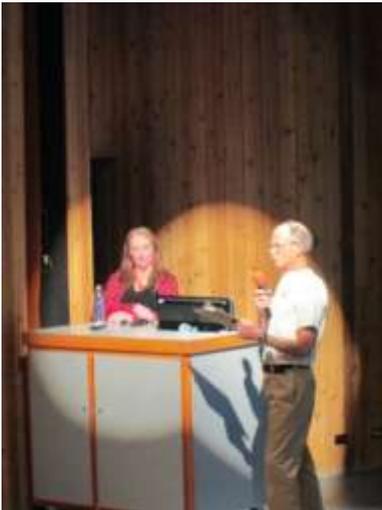


Yellowstone Ski and Snowshoe Trip, February, 2013

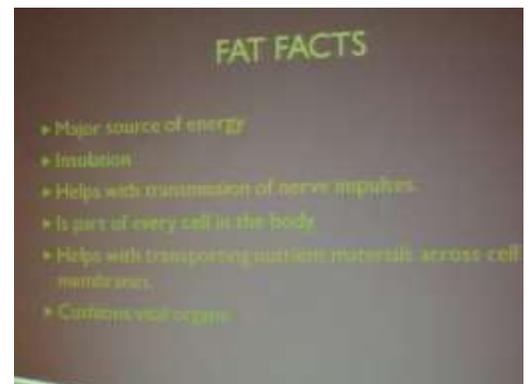




Meg Sorensen (left) introduced us to **Kalaupapa, Hawaii's Leper Colony** from 1866 until 1969. Shown at right is Father Damien, who helped those afflicted with Hansen's Disease (leprosy).

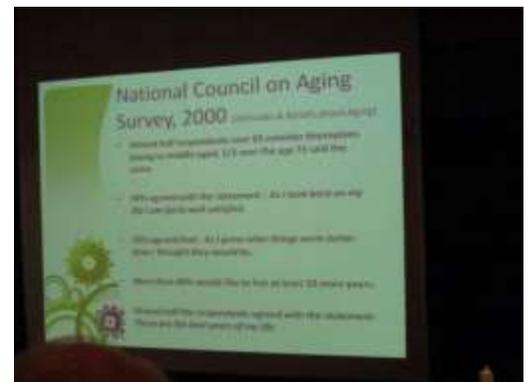


Alan Crockett presented two classes based upon the book "Younger Next Year: A Guide to Living Like 50 Until You're 80 and Beyond." Alan is shown here with Luana Tomchak, a registered Dietician who encouraged us to eat better and live longer.



Bitsey Blakeley is a fitness specialist. She encouraged us to get fit and get social. We were measured individually and many of us went to the YMCA for fitness assessments.

These were very worthwhile classes. Time well spent.



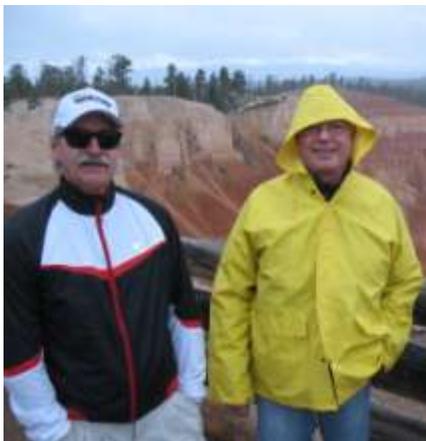
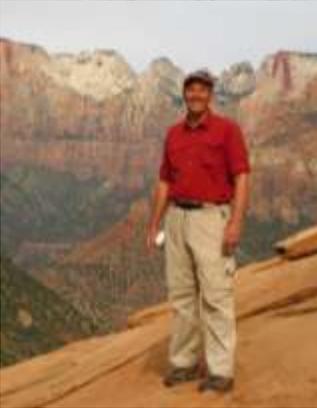
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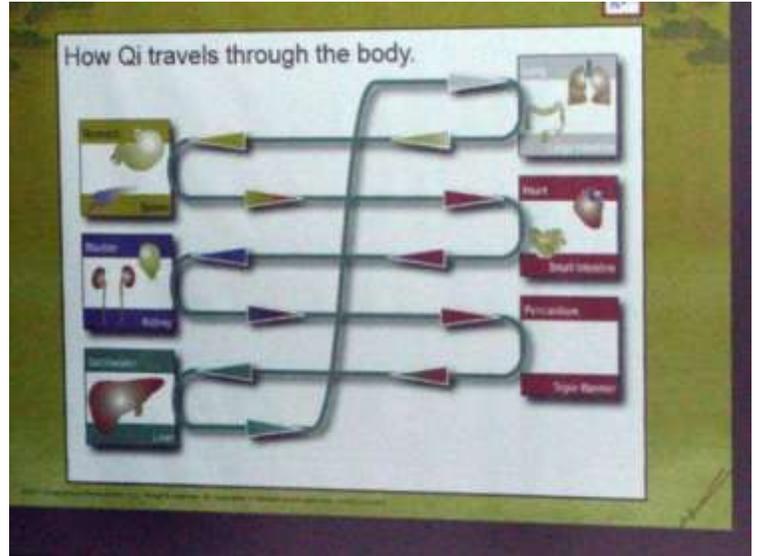


ZION NATIONAL PARK HIKING/BIKING TRIP





Eva Hynes presented a very informative class on Acupuncture.



Birds of Costa Rica

Linda Milam introduced us to the world of Costa Rican birds.

