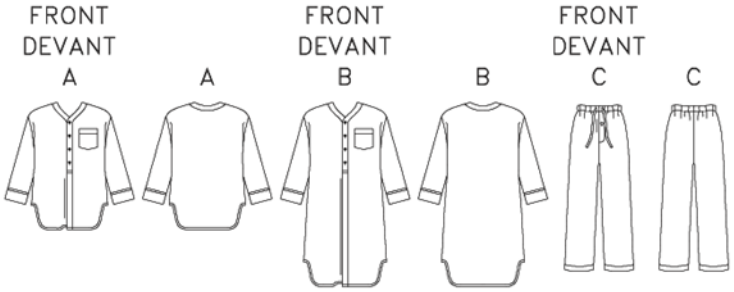
Supplies List: Beginning Garment Sewing
Continuing Education

Hanna Geshelin, M.Ed., teacher

Teacher provides pattern which becomes the property of student. Teacher also provides measuring and marking tools, and scissors. Students must provide fabric including interfacing, notions, 1 spool of matching sewing thread, and sewing pins.

Fabric must be woven cotton or cotton blends like quilting cotton. *Fabrics such as flannel, fleece and velour, and knits are not suitable for the purposes of this class. Please do not choose plaids or one-way designs as these present difficulties that we will not address in this class.*

Be careful purchasing thread because there are many types that are not suitable for sewing seams. For example, buttonhole, quilting, upholstery, and machine embroidery threads are not appropriate for garment sewing. Do not purchase pre-packaged, bargain interfacing.



NOTIONS: Nightshirt A, B: Four $^{5}/_{8}$" Buttons. **Pants C:** 1" Wide Elastic: $^{7}/_{8}$ yd. for Kids, $1^{1}/_{2}$ yds. for Adult, One $^{1}/_{2}$" Button.

Sizes (Adult sizes are chest measurements)

Adults: S (34-36), M (38-40), L (42-44), XL (46-48);

Kids: 3-4, 5-6, 7-8, 10-12

Fabric amounts below are given in yards

	Children's Sizes				Adult Sizes			
	3-4	5-6	7-8	10-12	S	M	L	XL
NIGHTSHIRT A	$1^{3}/_{4}$	2	$2^{1}/_{8}$	$2^{3}/_{8}$	$2^{7}/_{8}$	$3^{3}/_{8}$	$3^{1}/_{2}$	$3^{5}/_{8}$
45" wide	$1^{1}/_{4}$	$1^{1}/_{4}$	$1^{3}/_{8}$	$1^{1}/_{2}$	$1^{3}/_{4}$	$2^{3}/_{8}$	$2^{5}/_{8}$	$2^{5}/_{8}$
60" wide								
NIGHTSHIRT B	2	$2^{1}/_{8}$	$2^{1}/_{2}$	$3^{1}/_{8}$	$3^{3}/_{4}$	$4^{1}/_{4}$	$4^{3}/_{8}$	$4^{3}/_{8}$
45" wide	$1^{1}/_{2}$	$1^{5}/_{8}$	$1^{3}/_{4}$	$1^{7}/_{8}$	$2^{1}/_{4}$	3	3	$3^{3}/_{8}$
60" wide								
FUSIBLE INTERFACING A, B	$^{1}/_{2}$	$^{5}/_{8}$	$^{5}/_{8}$	$^{5}/_{8}$	$^{3}/_{4}$	$^{3}/_{4}$	$^{3}/_{4}$	$^{3}/_{4}$
18", 20"								
PANTS C	$1^{5}/_{8}$	$1^{3}/_{4}$	2	$2^{1}/_{2}$	$2^{5}/_{8}$	$2^{5}/_{8}$	$2^{5}/_{8}$	$2^{5}/_{8}$
45" wide	$1^{1}/_{4}$	$1^{3}/_{8}$	$1^{1}/_{2}$	$1^{3}/_{4}$	$2^{1}/_{8}$	$2^{1}/_{4}$	$2^{3}/_{8}$	$2^{5}/_{8}$
60" wide								